

2023 Taos High-Altitude Gobbler Swim Meet Masters Swim Competition

November 18, 2023

Warm up: 12:30 pm

Meet Director: Greta Brown
taostigersharks@gmail.com

Meet Entry Chair: Maya Burnett y Velarde
taosswim.entries@gmail.com

Meet Referee: Thomas Mc Laughlin
tpm@pobox.com

Administrative Official: Maya Burnett y Velarde
taosswim.entries@gmail.com

Hosts: Taos Swim Club, Inc.,
Masters Team
(575) 779-3648

Location: Taos Youth and Family Center
407 Paseo Del Canon E
Taos, NM 87571
575-562-8172

Sanction: Sanctioned by NM LMSC #423-S004 for USMS

Disclaimer: In granting this approval, it is understood and agreed that USA Swimming, Inc. (USA-S), New Mexico Swimming (NMSI), Taos Swim Club, Inc, Taos Youth and Family Center, Town of Taos, NM, and all meet officials shall be held free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event, which includes warm-up session and including the consumption of any food or drink provided by host team. Damage to the facility, when proved, will cause the offending swimmer if unattached or the offending swimmer's club, if attached, to be held accountable for repairs.

Facility: The Taos Youth and Family Aquatic Center is an indoor pool located on the west side of the Taos Youth and Family Center at 407 Paseo del Canon E, Taos, NM. The facility altitude is approximately 7010 ft. It is an 8-lane, 25 yard pool. Lanes 1-6 will be used for competition, Lane 7 will be left empty, and Lane 8 utilized for continuous

warm-up and warm-down during the conduct of the meet. All 8 lanes will be used for the warm-up prior to the start of the meet. The pool is equipped with non-turbulent lane lines and Colorado Timing System with touch pads at the finish end. The water depth at the starting end is 7 ft and 3-1/2 ft at the shallow end. During the competition there will be no diving in the warm-down lane and circle swimming only. Entry into the warm-down lane is from the shallow end only. The length of the competition course is on file with USMS. There are separate male and female locker rooms with restroom facilities. Smoking is not allowed anywhere in the facility and glass containers are prohibited inside and outside the facility. Outdoor patio seating is available. Indoor spectator seating available poolside.

Format:

- * This is a Short Course, Pre-seeded. Timed Finals meet.
- * A timeline will be published for guidance only.
- * 2023 USMS rules will govern this meet.
- * There will be a positive check-in for the 500 free.
- * The meet will be published with heat sheets available on Meet Mobile.

Eligibility:

- * Open to all 2023 USMS registered swimmers
- * All USMS registrations will be verified.
- * No on-deck registrations will be allowed.
- * No deck entries will be allowed.

Proof of Registration: USMS registration must be verified to compete.

Coaches: A coaches' meeting may be called at the discretion of the Meet Referee.

ENTRIES:

Entry Deadline and Procedure:

Entries are due to the entry chair by Wednesday, November 8th, 2023 at 10:00 pm. Email your entries to taosswim.entries@gmail.com

USMS Entries:

1. Masters swimmers should complete the Taos High-Altitude Gobbler entry form at the end of this document, and include your USMS number where indicated.
2. Sign and date the attached USMS waiver form.

3. Email a copy of your entry form and your signed USMS waiver form to taosswim.entries@gmail.com

Fees: \$50 entry fee. Includes up to 5 individual events plus 2 relays, pool usage fees and a host-provided potluck beginning at 11:30 am. Entry fees may be paid by cash or check the day of the event or by sending a check payable to: Taos Swim Club Inc. Do not mail cash. Mail payments to:

Taos Swim Club, Inc.
C/O Taos Youth and Family Center
407 Paseo del Canon East
Taos, NM 87571

All entry fees must be received prior to the start of warm-up.

Entry Limits: Swimmers may compete in up to 5 individual events and two relays. No deck entries will be accepted. All entries will be seeded and swum slowest to fastest. Each swimmer must provide someone to count their laps for the 500. Lap counters provided.

Check in: Positive check-in is required for the 500 free and all relays at the admin table. The check-in time will be 30 minutes before the start of competition events. Relay cards will be distributed to a coach or team representative to declare relay swimmers and swim order. Completed relay cards must be returned to the Clerk of the Course.

Scoring: There will be no scoring for individual events or relays.

Awards: No ribbons will be given.

Rules: 2023 USMS rules govern this meet in any area not explicitly covered in this announcement.

Warm up: A 30-minute warm-up will start at 12:30 pm. Swimmers must enter the water using a 3-point entry from the right side of the block in a cautious manner. No diving from the blocks or pool edge during general warm-up. Dive starts will be allowed from 12:50 – 12:58 pm in designated lanes. Dive starts will be one-way only.

Disabled Swimmers: Disabled swimmers are welcome. The swimmer (or swimmer's coach) is responsible for notifying the meet referee, prior to the competition of any disability of the swimmer and the requested modification, if any. The swimmer/coach shall provide any required assistant(s) or equipment.

Timeline Adjustments: Rest time between events may be added as needed.

Heat Sheets and Results: Heat sheets will be available via Meet Mobile. Printed copies will be posted as well as two copies printed for each team. Results will be published on Meet Mobile and emailed to each coach and unattached swimmer.

MEET RULES AND RESTRICTIONS

Facility Restrictions: The Town of Taos and the Taos Youth and Family Center prohibit smoking, vaping or the use of other tobacco products anywhere on the premises. No glass containers will be allowed anywhere inside or outside the Taos Youth and Family Center. There are no pets allowed on the deck. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Use of profanity is prohibited. Overflow space will be provided on the patio. Any violation of the above rules may result in an individual's removal from the premises.

Starting Block Area: Spectators are not allowed behind the blocks at any time during the meet. The starting block area is reserved for swimmers, officials, coaches and timers only. Timers and other volunteers may not use any recording devices, including cell phones in this area.

Recording Devices: Use of audio and visual recording devices are not permitted in changing rooms, rest rooms, showers, locker rooms, or behind the blocks. Flash photography is not allowed at the start of any event.

Drones: Operation of a drone or any other flying apparatus is prohibited over the venue at any time athletes, coaches, officials, and spectators are present.

Deck Changing: Deck changing is prohibited.

Shaving: Shaving is not permitted in the facility during the event, including in the showers or locker rooms.

Swimwear: All athletes entered in the competition must comply with current USMS swimming rules regarding swimwear. The referee shall have the authority to bar offenders from competition until they comply with the rules. Any kind of tape on the body is not permitted unless approved by the referee.

**Event Session
November 18, 2023**

Note: The facility is being used for a high school meet in the morning. There is a small chance this could cause a delay in the projected time-line.

| | |
|----------|--------------------------------------|
| 11:00 am | Event Check-In begins |
| 11:30 am | Host provided Potluck lunch |
| 12:30 pm | Positive Check-in for 500 and Relays |
| 12:30pm | Warm-up commences |
| 12:50pm | Dive starts in designated lanes |
| 12:58pm | Clear pool |
| 1:00pm | National Anthem & Event Commences |

Events

| | |
|----|---------------------------|
| 1 | Mixed 200 Medley Relay |
| 2 | Mixed 100 IM |
| 3 | Mixed 200 Freestyle |
| 4 | Mixed 50 Butterfly |
| 5 | Mixed 100 Backstroke |
| 6 | Mixed 50 Breaststroke |
| 7 | Mixed 100 Freestyle |
| 8 | Mixed 50 Backstroke |
| 9 | Mixed 100 Breaststroke |
| 10 | Mixed 50 Freestyle |
| 11 | Mixed 100 Fly |
| 12 | Mixed 500 Freestyle |
| 13 | Mixed 200 IM |
| 14 | Mixed 200 Freestyle Relay |



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 I agree not to participate in USMS activities for a minimum of 10 days from the date the symptoms started, until the symptoms have subsided or I have been cleared by a doctor. If I test positive for COVID-19 within 10 days following participation in a USMS activity, I will notify the USMS event director, coach or club administrator immediately.
- 5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

| | | | | |
|----------------------------------|------------|----|--|----------------------------|
| Last Name | First Name | MI | Sex (check) <input type="checkbox"/> <input type="checkbox"/> | Date of Birth (mm/dd/yyyy) |
| Street Address, City, State, Zip | | | | |
| Signature of Participant | | | Date Signed | |

Revised 04/28/2022