

2017 LWM Invitational, Sanction #: 367-S001

Juanita Aquatic Center, Kirkland WA

Results - LWM Meet

Women 18-24 50 Yard Freestyle

1	Caulfield, Miranda	19	Western	29.58
2	Monsen, Allie	21	Western	29.98
3	Sare, Madelynn	20	Western	31.40
4	Halverson, Millie	20	Central Washingt-35	31.56
5	Novack, Anna	19	Western	31.78
6	Berkman, Charlotte	18	Western	32.14
7	Easterly, Kristin	20	Central Washingt-35	32.86

Women 18-24 100 Yard Freestyle

1	Chan, Chelsea	24	Bainbridge Aquat-36	1:00.37
	28.72	31.65		
2	Monsen, Allie	21	Western	1:06.75
	32.26	34.49		
3	Halverson, Millie	20	Central Washingt-35	1:08.97
	32.80	36.17		
4	Novack, Anna	19	Western	1:10.36
	32.96	37.40		

Women 18-24 200 Yard Freestyle

1	DeLong, Jackie	22	Western	2:29.37
	34.70	38.37	39.10	37.20
2	Caulfield, Miranda	19	Western	2:34.22
	33.56	39.22	41.25	40.19

Women 18-24 50 Yard Backstroke

1	DeLong, Jackie	22	Western	34.42
2	Halverson, Millie	20	Central Washingt-35	35.18
3	Chan, Chelsea	24	Bainbridge Aquat-36	35.98

Women 18-24 100 Yard Backstroke

1	Halverson, Millie	20	Central Washingt-35	1:16.94
	37.45	39.49		
2	Baber, Caroline	20	Western	1:19.58
	38.24	41.34		

Women 18-24 50 Yard Breaststroke

1	McCrea, Ava	19	Western	35.98
2	Ben-Varon, Aliza	20	Western	37.11
3	Deardorff, Emily	19	Western	38.66
4	Sare, Madelynn	20	Western	40.33
5	Novack, Anna	19	Western	41.83
6	Easterly, Kristin	20	Central Washingt-35	43.08

Women 18-24 100 Yard Breaststroke

1	Chan, Chelsea	24	Bainbridge Aquat-36	1:18.29
	37.33	40.96		
2	Ben-Varon, Aliza	20	Western	1:20.27
	37.02	43.25		
3	DeLong, Jackie	22	Western	1:27.46
	41.23	46.23		

Women 18-24 200 Yard Breaststroke

1	Easterly, Kristin	20	Central Washingt-35	3:32.15
	45.57	52.97	55.29	58.32

Women 18-24 50 Yard Butterfly

1	McCrea, Ava	19	Western	31.43
2	Caulfield, Miranda	19	Western	32.33
3	Baber, Caroline	20	Western	34.51

4	Berkman, Charlotte	18	Western	34.52
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Women 18-24 100 Yard IM

1	Baber, Caroline	20	Western	1:21.13
	37.35	43.78		
2	Sare, Madelynn	20	Western	1:21.73
	38.34	43.39		

Women 18-24 200 Yard IM

1	Deardorff, Emily	19	Western	2:36.03
	34.06	39.17	47.15	35.65

Women 25-29 50 Yard Freestyle

1	Martin, Rachel	25	Lake Washington-36	27.72
2	Werchan, Felicia	27	Lake Washington-36	29.16

Women 25-29 100 Yard Freestyle

1	Werchan, Felicia	27	Lake Washington-36	1:05.59
	31.62	33.97		

Women 25-29 200 Yard Freestyle

1	Ferrel, Amelia	29	Lake Washington-36	2:15.08
	31.86	34.98	34.41	33.83

Women 25-29 100 Yard Breaststroke

1	Ferrel, Amelia	29	Lake Washington-36	1:15.42
	35.93	39.49		

Women 25-29 200 Yard Breaststroke

1	Ferrel, Amelia	29	Lake Washington-36	2:48.67
	39.63	44.48	43.01	41.55

Women 25-29 50 Yard Butterfly

1	Werchan, Felicia	27	Lake Washington-36	30.55
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Women 25-29 100 Yard IM

1	Werchan, Felicia	27	Lake Washington-36	1:14.33
	33.76	40.57		

Women 25-29 200 Yard IM

1	Martin, Rachel	25	Lake Washington-36	2:31.82
	31.71	39.30	43.52	37.29

Women 30-34 50 Yard Freestyle

1	Sheng, Elisa	34	Washington	29.34
2	Brooks, Kathleen	33	D'Bst Masters-36	32.34

Women 30-34 100 Yard Freestyle

1	Cox, Allison	32	Mercer Island Re-36	58.24
	28.56	29.68		
2	Sheng, Elisa	34	Washington	1:06.84
	31.30	35.54		
3	Brooks, Kathleen	33	D'Bst Masters-36	1:12.75
	35.53	37.22		

Women 30-34 200 Yard Freestyle

1	Cox, Allison	32	Mercer Island Re-36	2:06.64
	29.54	32.70	33.17	31.23
2	Brooks, Kathleen	33	D'Bst Masters-36	2:37.72
	35.75	39.79	41.61	40.57

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Results - LWM Meet

Women 30-34 500 Yard Freestyle

1	Cox, Allison	32	Mercer Island Re-36	5:39.43
	31.10	34.35	34.14	34.92
	34.13	34.34	34.48	34.79
	34.66	32.52		

Women 30-34 200 Yard Backstroke

1	Cox, Allison	32	Mercer Island Re-36	2:23.32
	32.82	37.03	37.58	35.89

Women 30-34 100 Yard Breaststroke

1	Brooks, Kathleen	33	D'Bst Masters-36	1:28.06
	42.18	45.88		

Women 30-34 100 Yard IM

1	Sheng, Elisa	34	Washington	1:17.52
	35.00	42.52		

Women 35-39 50 Yard Freestyle

1	Smith, Katy	35	YMCA	28.10
2	Gottschall, Hannah	36	YMCA	28.77
3	Baker, Laurel	38	Lake Washington-36	30.60

Women 35-39 100 Yard Freestyle

1	McHenry, Valerie	37	Lake Washington-36	1:02.08
	29.68	32.40		

Women 35-39 200 Yard Freestyle

1	Brown, Samantha	39	Snohomish	2:36.37
	34.89	38.34	41.15	41.99

Women 35-39 50 Yard Backstroke

1	Gottschall, Hannah	36	YMCA	33.35
2	Smith, Katy	35	YMCA	35.23

Women 35-39 100 Yard Backstroke

1	McHenry, Valerie	37	Lake Washington-36	1:12.03
	35.16	36.87		

Women 35-39 200 Yard Backstroke

1	McHenry, Valerie	37	Lake Washington-36	2:37.13
	36.22	39.44	40.83	40.64

Women 35-39 50 Yard Breaststroke

1	Smith, Katy	35	YMCA	37.36
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Women 35-39 200 Yard Breaststroke

1	Brown, Samantha	39	Snohomish	2:51.83
	38.86	43.26	44.94	44.77

Women 35-39 50 Yard Butterfly

1	Smith, Katy	35	YMCA	31.45
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Women 35-39 100 Yard IM

1	Gottschall, Hannah	36	YMCA	1:12.26
	33.18	39.08		
2	Brown, Samantha	39	Snohomish	1:23.54
	43.20	40.34		
3	Baker, Laurel	38	Lake Washington-36	1:25.84
	38.66	47.18		

Women 35-39 200 Yard IM

1	Gottschall, Hannah	36	YMCA	2:37.96
	35.56	39.56	46.78	36.06

Women 40-44 50 Yard Freestyle

1	Schwab, Katherine	40	Kenyon Masters-17	25.01
2	Havens, Melissa	40	UC36-36	29.12
3	McCulloch, Sara	43	Bainbridge Aquat-36	31.98

Women 40-44 100 Yard Freestyle

1	Schwab, Katherine	40	Kenyon Masters-17	56.50
	26.57	29.93		
2	Farinas, Jennifer	44	Bellevue Club-36	1:04.59
	31.33	33.26		
3	Havens, Melissa	40	UC36-36	1:05.67
	31.39	34.28		
4	Pelham, Kathy	44	Team Walker	1:06.86
	32.35	34.51		

Women 40-44 200 Yard Freestyle

1	Pelham, Kathy	44	Team Walker	2:27.08
	34.12	37.44	38.03	37.49
2	McCulloch, Sara	43	Bainbridge Aquat-36	2:38.70
	33.91	39.74	42.75	42.30

Women 40-44 500 Yard Freestyle

1	Pelham, Kathy	44	Team Walker	6:27.99
	34.67	37.97	38.95	39.08
	39.77	40.17	40.00	39.57
	39.59	38.22		

Women 40-44 50 Yard Backstroke

1	Schwab, Katherine	40	Kenyon Masters-17	30.48
2	Farinas, Jennifer	44	Bellevue Club-36	35.14
3	Havens, Melissa	40	UC36-36	37.73
4	McCulloch, Sara	43	Bainbridge Aquat-36	40.01

Women 40-44 100 Yard Backstroke

1	Farinas, Jennifer	44	Bellevue Club-36	1:12.63
	35.81	36.82		

Women 40-44 200 Yard Backstroke

1	Farinas, Jennifer	44	Bellevue Club-36	2:34.82
	36.45	39.00	39.41	39.96

Women 40-44 50 Yard Breaststroke

1	Havens, Melissa	40	UC36-36	42.26
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Women 40-44 100 Yard Breaststroke

1	Badran, Lianna	42	Lake Washington-36	1:19.04
	36.82	42.22		
2	McCulloch, Sara	43	Bainbridge Aquat-36	1:30.68
	42.84	47.84		

Women 40-44 200 Yard Breaststroke

1	Masse, Lorraine	44	Lake Washington-36	3:11.28
	41.80	47.32	50.88	51.28

Women 40-44 50 Yard Butterfly

1	Schwab, Katherine	40	Kenyon Masters-17	27.64
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Women 40-44 100 Yard IM

1	Schwab, Katherine	40	Kenyon Masters-17	1:04.36
				29.54 34.82
2	Masse, Lorraine	44	Lake Washington-36	1:20.94
				38.44 42.50
3	McCulloch, Sara	43	Bainbridge Aquat-36	1:22.81
				39.89 42.92

Women 40-44 200 Yard IM

1	Badran, Lianna	42	Lake Washington-36	2:31.00
				31.84 39.89 44.63 34.64
2	Farinas, Jennifer	44	Bellevue Club-36	2:41.61
				37.41 39.19 47.74 37.27

Women 45-49 50 Yard Freestyle

1	Beirne, Katherine	47	Peninsula Master-36	30.67
2	Cortani, Andrea	45	Peninsula Master-36	31.03
3	Wolfe, Amy	46	YMCA	34.87

Women 45-49 100 Yard Freestyle

1	Cortani, Andrea	45	Peninsula Master-36	1:09.27
				32.71 36.56
2	Wolfe, Amy	46	YMCA	1:16.71
				36.46 40.25
3	Balazic, MarySue	49	Snohomish	1:23.74
				40.34 43.40

Women 45-49 200 Yard Freestyle

1	Wolfe, Amy	46	YMCA	2:46.79
				37.87 42.26 43.44 43.22

Women 45-49 500 Yard Freestyle

1	Cortani, Andrea	45	Peninsula Master-36	6:28.37
				34.77 37.80 38.84 39.58
				40.08 40.03 40.13 39.90
				39.45 37.79

Women 45-49 50 Yard Backstroke

1	Wolfe, Amy	46	YMCA	41.30
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Women 45-49 50 Yard Breaststroke

1	Beirne, Katherine	47	Peninsula Master-36	38.11
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Women 45-49 100 Yard Breaststroke

1	Beirne, Katherine	47	Peninsula Master-36	1:24.72
				40.88 43.84

Women 45-49 50 Yard Butterfly

1	Wolfe, Amy	46	YMCA	46.68
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Women 45-49 100 Yard Butterfly

1	Denison, Stephanie	46	Sierra Marlins M-38	1:20.94
				36.81 44.13
2	Balazic, MarySue	49	Snohomish	1:41.62
				47.50 54.12

Women 45-49 100 Yard IM

1	Beirne, Katherine	47	Peninsula Master-36	1:20.05
				39.19 40.86
2	Cortani, Andrea	45	Peninsula Master-36	1:22.42
				38.92 43.50

3	Balazic, MarySue	49	Snohomish	1:43.93
				46.72 57.21

Women 45-49 200 Yard IM

1	Denison, Stephanie	46	Sierra Marlins M-38	2:51.20
				37.20 44.14 50.72 39.14

Women 50-54 100 Yard Freestyle

1	Speir, Kris	53	YMCA	1:12.28
				35.05 37.23
2	Hoffman, Wendy	54	Unattached to a-36	1:16.12
				36.92 39.20

Women 50-54 500 Yard Freestyle

1	Speir, Kris	53	YMCA	7:14.00
				37.65 42.94 45.17 45.23
				45.10 44.72 44.41 43.87
				43.81 41.10

Women 50-54 50 Yard Backstroke

1	Dennison, Ann	52	Gold's Eastside-36	34.94
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Women 50-54 50 Yard Breaststroke

1	Dennison, Ann	52	Gold's Eastside-36	38.32
2	Speir, Kris	53	YMCA	40.15

Women 50-54 100 Yard Breaststroke

1	Speir, Kris	53	YMCA	1:27.46
				41.21 46.25
2	Hoffman, Wendy	54	Unattached to a-36	1:37.31
				47.09 50.22

Women 50-54 100 Yard IM

1	Dennison, Ann	52	Gold's Eastside-36	1:16.70
				35.73 40.97
2	Hoffman, Wendy	54	Unattached to a-36	1:26.37
				41.98 44.39

Women 50-54 400 Yard IM

1	Hoffman, Wendy	54	Unattached to a-36	6:37.47
				43.46 50.35 51.68 52.52
				55.37 54.57 45.14 44.38

Women 55-59 50 Yard Freestyle

1	Hogan, Elizabeth	55	Peninsula Master-36	39.62
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Women 55-59 100 Yard Freestyle

1	Hogan, Elizabeth	55	Peninsula Master-36	1:24.87
				40.79 44.08

Women 55-59 50 Yard Breaststroke

1	Hogan, Elizabeth	55	Peninsula Master-36	53.59
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Women 55-59 100 Yard Butterfly

1	Hogan, Elizabeth	55	Peninsula Master-36	1:56.00
				53.67 1:02.33

Women 55-59 100 Yard IM

1	Hogan, Elizabeth	55	Peninsula Master-36	1:43.02
				52.27 50.75

Women 60-64 100 Yard Backstroke

1	Adkins-Narte, Heather	62	Bainbridge Aquat-36	2:14.21
				1:05.50 1:08.71

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Women 60-64 50 Yard Breaststroke

1	Adkins-Narte, Heather	62	Bainbridge Aquat-36	59.85
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Women 60-64 100 Yard Breaststroke

1	Adkins-Narte, Heather	62	Bainbridge Aquat-36	2:11.29
				1:00.73 1:10.56

Women 65-69 50 Yard Freestyle

1	Johnson, Barbara	67	Peninsula Master-36	51.92
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Women 65-69 100 Yard Freestyle

1	Johnson, Barbara	67	Peninsula Master-36	1:54.21
				54.22 59.99

Women 65-69 500 Yard Freestyle

1	Johnson, Barbara	67	Peninsula Master-36	10:26.69
				55.11 1:01.68 1:02.79 1:03.95
				1:04.87 1:03.07 1:04.83 1:04.11
				1:04.66 1:01.62

Women 70-74 50 Yard Freestyle

1	Welch, Sarah	70	Lake Washington-36	34.98
2	Dillon, Sally	70	Bellevue Club-36	36.41

Women 70-74 100 Yard Freestyle

1	Dillon, Sally	70	Bellevue Club-36	1:19.00
				38.59 40.41

Women 70-74 200 Yard Freestyle

1	Dillon, Sally	70	Bellevue Club-36	2:55.14
				39.86 44.57 45.66 45.05

Women 70-74 50 Yard Butterfly

1	Welch, Sarah	70	Lake Washington-36	40.55
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Men 18-24 50 Yard Freestyle

1	Griffin, Ben	23	Lake Washington-36	24.01
2	Philip, Jeevan	22	Husky Masters-36	25.26
3	Anderon, Jordan	18	Western	25.66
4	Schmidt, Conor	21	Central Washingt-35	26.57
5	Nixon, Blake	19	Western	27.03

Men 18-24 100 Yard Freestyle

1	Atwood, Justin	23	Western	53.53
				25.18 28.35
2	Griffin, Ben	23	Lake Washington-36	54.07
				25.35 28.72
3	Schmidt, Conor	21	Central Washingt-35	1:01.19
				28.52 32.67
4	Clark, Austin	21	Western	1:03.46
				29.99 33.47

Men 18-24 100 Yard Backstroke

1	Atwood, Justin	23	Western	1:01.01
				29.40 31.61
2	Anderon, Jordan	18	Western	1:06.59
				31.91 34.68

Men 18-24 200 Yard Backstroke

1	Atwood, Justin	23	Western	2:16.18
				30.23 33.72 36.05 36.18

Men 18-24 100 Yard Breaststroke

1	Philip, Jeevan	22	Husky Masters-36	1:09.24
				32.63 36.61

Men 18-24 50 Yard Butterfly

1	Philip, Jeevan	22	Husky Masters-36	26.35
2	Nixon, Blake	19	Western	29.37
3	Schmidt, Conor	21	Central Washingt-35	31.00
4	Clark, Austin	21	Western	31.18

Men 18-24 100 Yard IM

1	Griffin, Ben	23	Lake Washington-36	1:03.16
				29.49 33.67
2	Anderon, Jordan	18	Western	1:06.55
				31.11 35.44
3	Nixon, Blake	19	Western	1:13.52
				33.61 39.91
4	Clark, Austin	21	Western	1:16.62
				34.41 42.21

Men 18-24 200 Yard IM

1	Philip, Jeevan	22	Husky Masters-36	2:14.68
				26.87 35.74 39.13 32.94
2	Anderon, Jordan	18	Western	2:22.90
				30.61 36.72 42.96 32.61

Men 18-24 400 Yard IM

1	Philip, Jeevan	22	Husky Masters-36	4:45.62
				28.00 33.67 38.73 38.15
				40.51 39.91 34.22 32.43

Men 25-29 50 Yard Freestyle

1	Kotynia, Jakob	28	Lake Washington-36	23.09
2	Williamson, Eric	26	Washington	24.35
3	Liedtke, Matthew	27	Lake Washington-36	26.79

Men 25-29 100 Yard Freestyle

1	Williamson, Eric	26	Washington	55.15
				26.34 28.81
2	Ringstad, Brandon	25	Snohomish	58.84
				28.81 30.03

Men 25-29 50 Yard Backstroke

1	Kotynia, Jakob	28	Lake Washington-36	27.23
2	Liedtke, Matthew	27	Lake Washington-36	29.41
3	Williamson, Eric	26	Washington	30.72

Men 25-29 50 Yard Breaststroke

1	Kotynia, Jakob	28	Lake Washington-36	26.33
2	Liedtke, Matthew	27	Lake Washington-36	33.79

Men 25-29 100 Yard Breaststroke

1	Ringstad, Brandon	25	Snohomish	1:09.99
				32.57 37.42

Men 25-29 50 Yard Butterfly

1	Liedtke, Matthew	27	Lake Washington-36	25.29
2	Ringstad, Brandon	25	Snohomish	29.17

Men 25-29 100 Yard IM

1	Hao, Yawei	26	D'Bst Masters-36	1:00.35
				28.35 32.00

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(Men 25-29 100 Yard IM)

2	Williamson, Eric	26	Washington	1:04.10
	30.06	34.04		
3	Liedtke, Matthew	27	Lake Washington-36	1:04.62
	28.37	36.25		

Men 25-29 400 Yard IM

1	Hao, Yawei	26	D'Bst Masters-36	4:48.70
	28.78	33.52	38.48	38.40
	40.95	41.01	34.18	33.38

Men 30-34 50 Yard Freestyle

1	Eisner, Alex	32	UC36-36	24.63
2	Lugo, Manuel	33	YMCA	25.92
3	Wills, Evan	32	Snohomish	26.58

Men 30-34 100 Yard Freestyle

1	Lugo, Manuel	33	YMCA	59.77
	27.84	31.93		
2	Wills, Evan	32	Snohomish	1:00.21
	28.38	31.83		
3	Robertson, Ryan	30	Orca Swim Club-36	1:00.81
	28.95	31.86		

Men 30-34 200 Yard Freestyle

1	Eisner, Alex	32	UC36-36	2:05.32
	27.40	31.37	33.91	32.64
2	Lugo, Manuel	33	YMCA	2:13.62
	29.40	34.20	35.88	34.14

Men 30-34 50 Yard Backstroke

1	Robertson, Ryan	30	Orca Swim Club-36	30.89
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Men 30-34 100 Yard Backstroke

1	Robertson, Ryan	30	Orca Swim Club-36	1:11.41
	34.62	36.79		

Men 30-34 50 Yard Breaststroke

1	Wills, Evan	32	Snohomish	34.27
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Men 30-34 100 Yard Breaststroke

1	Conroy, Chris	31	Lake Washington-36	1:04.30
	30.14	34.16		

Men 30-34 200 Yard Breaststroke

1	Conroy, Chris	31	Lake Washington-36	2:22.06
	31.73	36.04	37.07	37.22

Men 30-34 50 Yard Butterfly

1	Eisner, Alex	32	UC36-36	26.85
2	Robertson, Ryan	30	Orca Swim Club-36	27.16
3	Lugo, Manuel	33	YMCA	29.37

Men 30-34 100 Yard Butterfly

1	Eisner, Alex	32	UC36-36	1:01.03
	28.71	32.32		

Men 30-34 100 Yard IM

1	Robertson, Ryan	30	Orca Swim Club-36	1:10.10
	31.31	38.79		
2	Lugo, Manuel	33	YMCA	1:10.90
	31.95	38.95		

Men 35-39 50 Yard Freestyle

1	Perry, Maxwell	38	UC36-36	23.20
2	Boger, Brandon	36	UC36-36	28.16

Men 35-39 100 Yard Freestyle

1	Perry, Maxwell	38	UC36-36	51.43
	23.95	27.48		
2	Cox, Gary	39	Husky Masters-36	56.96
	27.60	29.36		
3	Boger, Brandon	36	UC36-36	1:03.87
	30.68	33.19		

Men 35-39 200 Yard Freestyle

1	Boger, Brandon	36	UC36-36	2:28.35
	34.22	36.77	38.50	38.86

Men 35-39 50 Yard Breaststroke

---	Boger, Brandon	36	UC36-36	DQ
	One hand touch			

Men 35-39 50 Yard Butterfly

1	Cox, Gary	39	Husky Masters-36	28.33
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Men 35-39 100 Yard Butterfly

1	Cox, Gary	39	Husky Masters-36	1:09.06
	32.78	36.28		

Men 35-39 100 Yard IM

1	Perry, Maxwell	38	UC36-36	1:02.10
	28.60	33.50		

Men 40-44 50 Yard Freestyle

1	Woare, Matthew	42	Washington	25.23
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Men 40-44 100 Yard Freestyle

1	Woare, Matthew	42	Washington	55.07
	26.44	28.63		

Men 40-44 500 Yard Freestyle

1	Hagedorn, Chad	44	YMCA	5:55.34
	30.92		35.63	
	36.49	36.57	36.84	
		35.78		
2	Jelen, Doug	43	Puget Sound	6:07.45
	31.66	36.86	37.54	38.02
	37.74	38.07	37.88	37.73
	36.63	35.32		

Men 40-44 50 Yard Backstroke

1	Jelen, Doug	43	Puget Sound	28.23
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Men 40-44 100 Yard Backstroke

1	Jelen, Doug	43	Puget Sound	1:02.39
	30.11	32.28		

Men 40-44 200 Yard Backstroke

1	Jelen, Doug	43	Puget Sound	2:13.60
	31.27	33.94	34.54	33.85

Men 40-44 100 Yard Butterfly

1	Woare, Matthew	42	Washington	1:00.43
	28.32	32.11		

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Juanita Aquatic Center, Kirkland WA

Results - LWM Meet

Men 40-44 200 Yard IM

1	Woare, Matthew	42	Washington	2:21.52
	28.23	36.62	44.48	32.19

Men 45-49 50 Yard Freestyle

1	Alsberg, Maoz	48	Team Walker	23.75
2	Gray, Darren	48	Bainbridge Aquat-36	28.98
3	King, Victor	49	UC36-36	30.92
4	Klober, Roland	48	Lake Washington-36	31.98

Men 45-49 100 Yard Freestyle

1	Alsberg, Maoz	48	Team Walker	52.58
	25.74	26.84		
2	Klober, Roland	48	Lake Washington-36	1:10.79
	33.05	37.74		

Men 45-49 200 Yard Freestyle

1	Goldstein, Alex	48	Mercer Island Re-36	2:10.96
	29.98	32.45	34.22	34.31

Men 45-49 500 Yard Freestyle

1	Ness, Kerry	47	Skagit Valley Ma-36	7:47.72
	41.66	44.21	46.27	47.07
	47.21	47.67	48.08	48.40
	48.84	48.31		
2	Klober, Roland	48	Lake Washington-36	7:53.33
	38.23	42.88	46.94	50.08
	49.14	49.88	49.55	50.42
	49.43	46.78		

Men 45-49 100 Yard Backstroke

1	Goldstein, Alex	48	Mercer Island Re-36	1:09.42
	34.42	35.00		

Men 45-49 50 Yard Breaststroke

1	Carmosino, Vince	47	Team Walker	30.15
2	Ness, Kerry	47	Skagit Valley Ma-36	39.17
3	Klober, Roland	48	Lake Washington-36	39.85
4	King, Victor	49	UC36-36	43.94

Men 45-49 100 Yard Breaststroke

1	Carmosino, Vince	47	Team Walker	1:05.46
	30.00	35.46		
2	Van Pelt, Darren	47	Lake Washington-36	1:18.41
	37.29	41.12		
3	Ness, Kerry	47	Skagit Valley Ma-36	1:28.79
	42.53	46.26		

Men 45-49 200 Yard Breaststroke

1	Van Pelt, Darren	47	Lake Washington-36	2:52.93
	38.57	43.55	45.06	45.75
2	Ness, Kerry	47	Skagit Valley Ma-36	3:11.32
	44.33	48.20	49.30	49.49

Men 45-49 50 Yard Butterfly

1	Gray, Darren	48	Bainbridge Aquat-36	31.52
---	King, Victor	49	UC36-36	DQ
	One hand touch			

Men 45-49 100 Yard IM

1	Alsberg, Maoz	48	Team Walker	1:00.51
	28.58	31.93		
2	Gray, Darren	48	Bainbridge Aquat-36	1:15.41
	34.75	40.66		
3	Ness, Kerry	47	Skagit Valley Ma-36	1:22.34
	40.21	42.13		
4	King, Victor	49	UC36-36	1:29.53
	44.58	44.95		

Men 50-54 50 Yard Freestyle

1	Dickmann, Kurt	54	UC36-36	25.63
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Men 50-54 100 Yard Freestyle

1	Dickmann, Kurt	54	UC36-36	55.96
	26.47	29.49		

Men 50-54 200 Yard Freestyle

1	Porter, Michael	50	Lake Washington-36	2:08.54
	29.61	33.31	33.55	32.07
2	Dickmann, Kurt	54	UC36-36	2:10.04
	27.80	31.27	34.21	36.76

Men 50-54 50 Yard Backstroke

1	Sullivan, Scot	50	Oregon Masters-37	28.09
2	Powell, Robert	54	Bainbridge Aquat-36	39.38

Men 50-54 50 Yard Breaststroke

1	Phillips, Dan	53	Lake Washington-36	29.03
2	Sullivan, Scot	50	Oregon Masters-37	29.60

Men 50-54 100 Yard Breaststroke

1	Sullivan, Scot	50	Oregon Masters-37	1:08.29
	32.88	35.41		
2	Porter, Michael	50	Lake Washington-36	1:11.11
	33.33	37.78		
3	Powell, Robert	54	Bainbridge Aquat-36	1:25.90
	39.45	46.45		

Men 50-54 200 Yard Breaststroke

1	Phillips, Dan	53	Lake Washington-36	2:26.50
	32.37	37.15	38.16	38.82

Men 50-54 50 Yard Butterfly

1	Sullivan, Scot	50	Oregon Masters-37	26.08
2	Powell, Robert	54	Bainbridge Aquat-36	34.43

Men 50-54 100 Yard Butterfly

1	Porter, Michael	50	Lake Washington-36	1:01.01
	28.64	32.37		

Men 50-54 100 Yard IM

1	Phillips, Dan	53	Lake Washington-36	1:00.28
	28.62	31.66		
2	Porter, Michael	50	Lake Washington-36	1:01.99
	28.89	33.10		
3	Dickmann, Kurt	54	UC36-36	1:10.54
	32.49	38.05		
4	Powell, Robert	54	Bainbridge Aquat-36	1:21.13
	37.27	43.86		

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Men 50-54 200 Yard IM

1	Porter, Michael	50	Lake Washington-36	2:17.58
	28.41	36.78	41.19	31.20

Men 50-54 400 Yard IM

1	Sullivan, Scot	50	Oregon Masters-37	4:43.74
	31.24	35.06	36.62	36.37
	40.79	40.79	32.30	30.57

Men 55-59 50 Yard Freestyle

1	Pearson, Jay	55	Lake Washington-36	26.59
2	Webber, Paul	58	Bainbridge Aquat-36	27.43
3	Fullen, Warren	58	Blue Wave	29.06

Men 55-59 100 Yard Freestyle

1	Colbeck, Pete	55	North End Otters-36	52.86
	25.53	27.33		
2	Webber, Paul	58	Bainbridge Aquat-36	1:01.82
	29.63	32.19		

Men 55-59 200 Yard Freestyle

1	Colbeck, Pete	55	North End Otters-36	1:57.18
	27.59	29.64	29.92	30.03

Men 55-59 500 Yard Freestyle

1	Colbeck, Pete	55	North End Otters-36	5:25.95
	30.41	32.77	33.03	32.92
	33.12	32.85	32.74	32.88
	33.09	32.14		

Men 55-59 50 Yard Backstroke

1	Pearson, Jay	55	Lake Washington-36	31.69
2	Fullen, Warren	58	Blue Wave	34.87

Men 55-59 200 Yard Backstroke

1	Haynie, Carl	56	Team Walker	2:11.83
	30.91	32.35	34.29	34.28
2	Moore, Robert	56	Logger Masters-36	2:28.57
	35.06	37.42	37.97	38.12

Men 55-59 50 Yard Breaststroke

1	Pearson, Jay	55	Lake Washington-36	34.57
2	Sonoda, Rod	57	Orca Swim Club-36	43.48

Men 55-59 100 Yard Breaststroke

1	Espinosa, Leo	56	D'Bst Masters-36	1:18.27
	36.87	41.40		
2	Timmons, Jack	56	D'Bst Masters-36	1:24.82
	40.54	44.28		
3	Sonoda, Rod	57	Orca Swim Club-36	1:32.45
	44.19	48.26		

Men 55-59 200 Yard Breaststroke

1	Haynie, Carl	56	Team Walker	2:35.25
	34.82	39.60	40.61	40.22
2	Timmons, Jack	56	D'Bst Masters-36	3:08.34
	41.43	47.75	48.28	50.88

Men 55-59 50 Yard Butterfly

1	Pearson, Jay	55	Lake Washington-36	30.01
2	Webber, Paul	58	Bainbridge Aquat-36	31.08
3	Fullen, Warren	58	Blue Wave	31.89

4	Sonoda, Rod	57	Orca Swim Club-36	39.95
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Men 55-59 100 Yard Butterfly

1	Moore, Robert	56	Logger Masters-36	1:06.22
	31.54	34.68		
2	Webber, Paul	58	Bainbridge Aquat-36	1:11.32
	33.75	37.57		

Men 55-59 100 Yard IM

1	Haynie, Carl	56	Team Walker	1:01.13
	28.40	32.73		
2	Espinosa, Leo	56	D'Bst Masters-36	1:12.44
	34.46	37.98		
3	Fullen, Warren	58	Blue Wave	1:12.72
	33.07	39.65		
4	Timmons, Jack	56	D'Bst Masters-36	1:27.41
	43.20	44.21		
5	Sonoda, Rod	57	Orca Swim Club-36	1:32.12
	44.71	47.41		

Men 55-59 400 Yard IM

1	Moore, Robert	56	Logger Masters-36	5:18.87
	32.30	37.12	39.15	39.80
	45.01	47.96	38.88	38.65

Men 60-64 50 Yard Freestyle

1	Crist, Bruce	60	Sawtooth	27.21
2	Waterbury, Chip	62	Orca Swim Club-36	43.38

Men 60-64 100 Yard Freestyle

1	Crist, Bruce	60	Sawtooth	1:01.44
	29.62	31.82		
2	Waterbury, Chip	62	Orca Swim Club-36	1:42.17
	47.71	54.46		

Men 60-64 500 Yard Freestyle

1	Underbrink, Dan	60	MYM-36	6:52.34
	35.65	40.44	42.49	42.48
	41.31	42.18	42.09	43.00
	42.31	40.39		

Men 60-64 50 Yard Backstroke

1	Crist, Bruce	60	Sawtooth	33.34
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Men 60-64 100 Yard Backstroke

1	Crist, Bruce	60	Sawtooth	1:13.68
	36.01	37.67		

Men 60-64 200 Yard Backstroke

1	Underbrink, Dan	60	MYM-36	3:00.80
	42.88	45.47	47.44	45.01

Men 60-64 50 Yard Breaststroke

1	Adcock, Richard	61	YMCA	35.56
2	Underbrink, Dan	60	MYM-36	38.57

Men 60-64 100 Yard Breaststroke

1	Adcock, Richard	61	YMCA	1:21.42
	38.36	43.06		

Men 60-64 200 Yard Breaststroke

1	MacDonald, Lee	64	Puget Sound	2:54.72
	39.75	44.79	45.59	44.59

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(Men 60-64 200 Yard Breaststroke)

2	Adcock, Richard	61	YMCA	2:59.97
	41.63	47.10	46.77	44.47
3	Underbrink, Dan	60	MYM-36	3:01.58
	42.14	46.70	47.50	45.24

Men 60-64 100 Yard IM

1	Crist, Bruce	60	Sawtooth	1:13.61
	35.46	38.15		

Men 60-64 200 Yard IM

1	MacDonald, Lee	64	Puget Sound	2:37.57
	34.17	43.67	42.31	37.42

Men 60-64 400 Yard IM

1	Underbrink, Dan	60	MYM-36	6:16.57
	39.71	49.03	53.39	49.58
	52.71	49.26	43.13	39.76

Men 65-69 50 Yard Freestyle

1	Hayes, William	65	Lake Washington-36	28.20
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Men 65-69 100 Yard Freestyle

1	Hayes, William	65	Lake Washington-36	1:01.52
	28.20	33.32		
2	Zilz, Lenny	66	Mercer Island Re-36	1:13.29
	35.94	37.35		

Men 65-69 200 Yard Freestyle

1	Stretch, James	65	Bainbridge Aquat-36	2:31.18
	34.30	37.55	40.13	39.20

Men 65-69 50 Yard Backstroke

1	Fogg, Stephen	68	Stanwood-Camano-	37.00
2	Stretch, James	65	Bainbridge Aquat-36	37.20
3	Hayes, William	65	Lake Washington-36	37.93

Men 65-69 100 Yard Backstroke

---	Fogg, Stephen	68	Stanwood-Camano-	DQ
	Delay initiating turn after past vertical			
	39.39	43.44		

Men 65-69 200 Yard Backstroke

1	Stretch, James	65	Bainbridge Aquat-36	2:53.54
	41.75	43.35	44.18	44.26
2	Fogg, Stephen	68	Stanwood-Camano-	3:14.02
	1:31.78	51.55	50.69	

Men 65-69 50 Yard Breaststroke

1	Zilz, Lenny	66	Mercer Island Re-36	36.66
2	Hayes, William	65	Lake Washington-36	41.26

Men 65-69 100 Yard Breaststroke

1	Zilz, Lenny	66	Mercer Island Re-36	1:20.78
	37.39	43.39		

Men 65-69 100 Yard IM

1	Hayes, William	65	Lake Washington-36	1:21.32
	39.76	41.56		
2	Zilz, Lenny	66	Mercer Island Re-36	1:21.49
	42.01	39.48		

3	Stretch, James	65	Bainbridge Aquat-36	1:22.55
	37.84	44.71		

Men 70-74 50 Yard Backstroke

1	Galvani, Bill	70	Bainbridge Aquat-36	45.41
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Men 70-74 200 Yard Backstroke

1	McColly, Michael	71	Lake Washington-36	2:41.69
	38.64	41.08	41.81	40.16

Men 70-74 50 Yard Breaststroke

1	Peterson, Steve	70	YMCA	36.22
2	Galvani, Bill	70	Bainbridge Aquat-36	41.56

Men 70-74 100 Yard Breaststroke

1	Peterson, Steve	70	YMCA	1:19.88
	37.61	42.27		
2	Galvani, Bill	70	Bainbridge Aquat-36	1:31.52
	43.93	47.59		

Men 70-74 200 Yard Breaststroke

1	Peterson, Steve	70	YMCA	2:53.48
	42.04	44.34	44.53	42.57
2	Galvani, Bill	70	Bainbridge Aquat-36	3:20.61
	46.18	51.30	51.80	51.33

Men 70-74 100 Yard IM

1	Galvani, Bill	70	Bainbridge Aquat-36	1:36.49
	49.22	47.27		

Men 70-74 200 Yard IM

1	Peterson, Steve	70	YMCA	2:46.74
	38.57	44.05	45.56	38.56

Men 75-79 50 Yard Freestyle

1	Davis, Bob	75	Washington	41.69
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Men 75-79 100 Yard Freestyle

1	Davis, Bob	75	Washington	1:32.29
	42.65	49.64		

Men 75-79 200 Yard Freestyle

1	Davis, Bob	75	Washington	3:33.03
	43.63	53.46	57.63	58.31

Men 75-79 50 Yard Breaststroke

1	Truong, Dominique	78	Unattached to a-36	46.64
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Men 75-79 100 Yard Breaststroke

1	Truong, Dominique	78	Unattached to a-36	1:46.24
	48.72	57.52		

Men 80-84 500 Yard Freestyle

1	Rehfeldt, Don	82	Unattached to a-36	11:02.70
	55.46	1:03.30	1:07.18	1:07.14
	1:08.84	1:08.98	1:08.57	1:08.83
	1:08.35	1:06.05		

Men 80-84 50 Yard Breaststroke

1	Rehfeldt, Don	82	Unattached to a-36	58.51
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Men 80-84 100 Yard Breaststroke

1	Rehfeldt, Don	82	Unattached to a-36	2:11.61
	59.47	1:12.14		

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Results - LWM Meet

Men 80-84 200 Yard Breaststroke

1	Rehfeldt, Don	82	Unattached to a-36	4:56.05
	1:04.53	1:15.30	1:19.90	1:16.32

Women 18+ 200 Yard Freestyle Relay

1	Western Washingt-36	A		1:55.58
	1) McCrea, Ava W19	2) Ben-Varon, Aliza W20		
	3) Monsen, Allie W21	4) Deardorff, Emily W19		
	28.70	29.08	29.37	28.43
2	Western Washingt-36	B		2:05.74
	1) Baber, Caroline W20	2) Berkman, Charlotte W18		
	3) Novack, Anna W19	4) Sare, Madelynn W20		
	32.63	32.08	30.47	30.56

Women 18+ 200 Yard Medley Relay

1	Western Washingt-36	A		2:14.56
	1) DeLong, Jackie W22	2) McCrea, Ava W19		
	3) Baber, Caroline W20	4) Ben-Varon, Aliza W20		
	34.49		29.01	
2	Western Washingt-36	B		2:20.76
	1) Monsen, Allie W21	2) Sare, Madelynn W20		
	3) Caulfield, Miranda W19	4) Berkman, Charlotte W18		
	35.87	41.35	32.52	31.02

Women 25+ 200 Yard Freestyle Relay

1	Lake Washington-36	A		1:54.89
	1) Badran, Lianna W42	2) Baker, Laurel W38		
	3) Werchan, Felicia W27	4) McHenry, Valerie W37		
	28.16	30.99	28.71	27.03

Women 25+ 200 Yard Medley Relay

1	Lake Washington-36	A		2:04.09
	1) McHenry, Valerie W37	2) Ferrel, Amelia W29		
	3) Badran, Lianna W42	4) Martin, Rachel W25		
	32.54	33.76	30.31	27.48

Women 35+ 200 Yard Freestyle Relay

1	YMCA Pierce/Kits-36	A		2:05.01
	1) Smith, Katy W35	2) Wolfe, Amy W46		
	3) Speir, Kris W53	4) Gottschall, Hannah W36		
	29.40	35.33	31.84	28.44

Women 35+ 200 Yard Medley Relay

1	YMCA Pierce/Kits-36	A		2:18.75
	1) Wolfe, Amy W46	2) Speir, Kris W53		
	3) Smith, Katy W35	4) Gottschall, Hannah W36		
		31.21	28.29	

Women 45+ 200 Yard Freestyle Relay

1	Peninsula Master-36	A		2:32.75
	1) Beirne, Katherine W47	2) Cortani, Andrea W45		
	3) Hogan, Elizabeth W55	4) Johnson, Barbara W67		
	31.00	31.04	40.56	50.15

Women 45+ 200 Yard Medley Relay

1	Peninsula Master-36	A		2:54.20
	1) Hogan, Elizabeth W55	2) Beirne, Katherine W47		
	3) Cortani, Andrea W45	4) Johnson, Barbara W67		
	48.69	38.52	38.72	48.27

Men 18+ 200 Yard Freestyle Relay

1	Lake Washington-36	A		1:41.13
	1) Porter, Michael M50	2) Liedtke, Matthew M27		
	3) Pearson, Jay M55	4) Griffin, Ben M23		
	24.72	26.03	26.32	24.06
2	Western Washingt-36	A		1:44.17
	1) Atwood, Justin M23	2) Anderon, Jordan M18		
	3) Clark, Austin M21	4) Nixon, Blake M19		
	23.89	26.29	28.00	25.99

Men 18+ 200 Yard Medley Relay

1	Western Washingt-36	A		2:01.12
	1) Atwood, Justin M23	2) Anderon, Jordan M18		
	3) Nixon, Blake M19	4) Clark, Austin M21		
	28.15	34.08	29.36	29.53

Men 25+ 200 Yard Medley Relay

1	Lake Washington-36	A		1:49.76
	1) Kotynia, Jakub M28	2) Conroy, Chris M31		
	3) Porter, Michael M50	4) Pearson, Jay M55		
	27.02	28.88	27.42	26.44

Men 45+ 200 Yard Medley Relay

1	Bainbridge Aquat-36	A		2:19.32
	1) Stretch, James M65	2) Gray, Darren M48		
	3) Powell, Robert M54	4) Webber, Paul M58		
	38.13	38.68	34.51	28.00

Mixed 18+ 200 Yard Medley Relay

1	Western Washingt-36	A		2:05.98
	1) Deardorff, Emily W19	2) Anderon, Jordan M18		
	3) Atwood, Justin M23	4) Caulfield, Miranda W19		
	34.21	34.76	26.04	30.97
2	YMCA Pierce/Kits-36	A		2:07.22
	1) Gottschall, Hannah W36	2) Peterson, Steve M70		
	3) Hagedorn, Chad M44	4) Smith, Katy W35		
	33.77	36.04	28.84	28.57
3	Western Washingt-36	B		2:21.30
	1) Clark, Austin M21	2) DeLong, Jackie W22		
	3) Nixon, Blake M19	4) Novack, Anna W19		
	37.58	40.47	32.61	30.64

Mixed 25+ 200 Yard Freestyle Relay

1	Lake Washington-36	A		1:46.62
	1) McHenry, Valerie W37	2) Porter, Michael M50		
	3) Baker, Laurel W38	4) Kotynia, Jakub M28		
	27.87	25.11	30.74	22.90
2	YMCA Pierce/Kits-36	A		1:51.77
	1) Smith, Katy W35	2) Hagedorn, Chad M44		
	3) Gottschall, Hannah W36	4) Lugo, Manuel M33		
	29.00	27.49	28.31	26.97

Mixed 25+ 200 Yard Medley Relay

1	Lake Washington-36	A		1:55.21
	1) McHenry, Valerie W37	2) Kotynia, Jakub M28		
	3) Porter, Michael M50	4) Baker, Laurel W38		
	33.41	26.49	27.94	27.37

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Mixed 35+ 200 Yard Medley Relay

1	Bainbridge Aquat-36	A		2:46.80
	1) Galvani, Bill M70		2) Adkins-Narte, Heather W62	
	3) Gray, Darren M48		4) McCulloch, Sara W43	
	42.79	58.93	32.13	32.95