

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 18-24 50 Yard Freestyle**

ZONE: 24.90 Z 4/29/1990 KAREN SERESUN PNA
PNA: 24.90 P 4/29/1990 KAREN SERESUN

Name	Age	Team	Seed Time	Finals Time
1 Johnshoy, Barbara	24	Skagit Valley Masters Swimming	27.50	26.95
2 Ellis, Danielle	19	Gig Harbor Old Swimmers Team	31.08	27.70
3 Jones, Amelia	22	Gig Harbor Old Swimmers Team	35.00	27.87
4 Lecoq, Michela	19	Western Washington University	27.76	28.18
5 Leaf, Lindsay	22	Gig Harbor Old Swimmers Team	32.00	28.75
6 Kleint, Nancy	23	Phinney Ridge Swim Club	30.00	29.30
7 Dowdle, Angela	22	Western Washington University	28.00	29.33
8 Lowder, Kaitlyn	18	Western Washington University	29.31	29.75
9 Shafer, Sarah	22	Lake Washington Masters	40.00	35.13
--- Obermire, Ashland	23	South Sound Masters Swimmers	33.48	NS

Women 18-24 100 Yard Freestyle

ZONE: 54.74 Z 5/18/1997 ILA BARLEAN PNA
PNA: 54.74 P 5/18/1997 ILA BARLEAN

1 Forelli, Krissy	23	Gig Harbor Old Swimmers Team	1:00.00	56.26
			27.29	56.26 (28.97)
2 Ellis, Danielle	19	Gig Harbor Old Swimmers Team	1:02.08	1:00.40
			28.24	1:00.40 (32.16)
3 Johnshoy, Barbara	24	Skagit Valley Masters Swimming	1:00.00	1:02.08
			29.02	1:02.08 (33.06)
4 Dowdle, Angela	22	Western Washington University	1:00.00	1:02.19
			30.09	1:02.19 (32.10)
5 Kleint, Nancy	23	Phinney Ridge Swim Club	1:04.50	1:03.66
			30.34	1:03.66 (33.32)
6 Davis, Natalie	24	Blue Wave Aquatics	1:30.00	1:12.15
			35.83	1:12.15 (36.32)
7 Shafer, Sarah	22	Lake Washington Masters	1:30.00	1:14.44
			35.68	1:14.44 (38.76)

Women 18-24 200 Yard Freestyle

ZONE: 2:00.47 Z 5/4/1986 DENISE STUNTZNER OREG
PNA: 2:03.26 P 11/17/1991 PAMELA STALTER

1 Forelli, Krissy	23	Gig Harbor Old Swimmers Team	2:04.00	1:59.42Z
			28.01	57.50 (29.49) 1:28.51 (31.01) 1:59.42 (30.91)
2 Cox, Miranda	23	Blue Wave Aquatics	2:02.21	2:09.78
			29.96	1:02.42 (32.46) 1:35.78 (33.36) 2:09.78 (34.00)
3 Dowdle, Angela	22	Western Washington University	2:15.00	2:12.47
			30.81	1:03.99 (33.18) 1:38.02 (34.03) 2:12.47 (34.45)
4 Lowder, Kaitlyn	18	Western Washington University	2:23.19	2:21.47
			32.68	1:08.35 (35.67) 1:45.24 (36.89) 2:21.47 (36.23)
5 Shafer, Sarah	22	Lake Washington Masters	4:00.00	2:43.60
			39.14	1:20.96 (41.82) 2:03.37 (42.41) 2:43.60 (40.23)
--- Turley, Rachel	21	Blue Wave Aquatics	2:50.00	SCR

Women 18-24 500 Yard Freestyle

ZONE: 5:23.20 Z 4/6/1986 LISA OBRIEN PNA
PNA: 5:23.20 P 4/6/1986 LISA OBRIEN

1 Lecoq, Michela	19	Western Washington University	6:05.57	5:54.96
			31.70	1:06.24 (34.54) 1:41.80 (35.56) 2:18.08 (36.28)
			2:54.69 (36.61)	3:31.04 (36.35) 4:07.55 (36.51) 4:44.55 (37.00)
			5:21.10 (36.55)	5:54.96 (33.86)

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2	Dowdle, Angela	22	Western Washington University	6:00.00	5:59.26
	33.11	1:09.51 (36.40)	1:46.61 (37.10)	2:23.86 (37.25)	
	3:00.55 (36.69)	3:37.02 (36.47)	4:13.30 (36.28)	4:49.37 (36.07)	
	5:24.99 (35.62)	5:59.26 (34.27)			
3	Kleint, Nancy	23	Phinney Ridge Swim Club	6:30.00	6:11.24
	32.42	1:08.02 (35.60)	1:45.18 (37.16)	3:02.44 (1:17.26)	
	3:40.51 (38.07)	4:18.30 (37.79)	4:56.47 (38.17)	5:34.31 (37.84)	
	6:11.24 (36.93)	6:11.24 ()			
4	Ellis, Danielle	19	Gig Harbor Old Swimmers Team	7:04.08	6:21.64
	32.42	1:08.98 (36.56)	1:46.36 (37.38)	2:24.92 (38.56)	
	3:03.86 (38.94)	3:43.08 (39.22)	4:22.86 (39.78)	5:02.92 (40.06)	
	5:43.05 (40.13)	6:21.64 (38.59)			
5	Lowder, Kaitlyn	18	Western Washington University	6:41.02	6:31.90
	34.20	1:11.81 (37.61)	1:50.53 (38.72)	2:30.15 (39.62)	
	3:10.43 (40.28)	3:51.56 (41.13)	4:32.86 (41.30)	5:14.05 (41.19)	
	5:54.83 (40.78)	6:31.90 (37.07)			
6	Shafer, Sarah	22	Lake Washington Masters	9:00.00	7:26.29
	39.36	1:22.50 (43.14)	2:07.19 (44.69)	2:52.15 (44.96)	
	3:37.65 (45.50)	4:22.64 (44.99)	5:08.09 (45.45)	5:54.25 (46.16)	
	6:40.55 (46.30)	7:26.29 (45.74)			
---	Cox, Miranda	23	Blue Wave Aquatics	5:15.45	SCR

Women 18-24 1000 Yard Freestyle

ZONE: 11:00.74 Z 3/24/1996 CRISTY RYERSON OREG

PNA: 11:21.00 P 5/20/2007 STEPHANIE MILLER

1	Anderson, Sydney	18	Western Washington University	12:28.00	12:00.85
	33.72	1:09.84 (36.12)	1:46.64 (36.80)	2:23.44 (36.80)	
	3:00.00 (36.56)	3:36.53 (36.53)	4:12.71 (36.18)	4:48.66 (35.95)	
	5:24.95 (36.29)	6:00.72 (35.77)	6:36.60 (35.88)	7:12.47 (35.87)	
	7:48.31 (35.84)	8:25.37 (37.06)	9:01.89 (36.52)	9:37.76 (35.87)	
	10:14.04 (36.28)	10:50.22 (36.18)	11:25.93 (35.71)	12:00.85 (34.92)	
2	Dowdle, Angela	22	Western Washington University	13:00.00	12:36.09
	35.68	1:14.58 (38.90)	1:53.74 (39.16)	2:32.53 (38.79)	
	3:11.01 (38.48)	3:49.66 (38.65)	4:27.27 (37.61)	5:05.60 (38.33)	
	5:44.52 (38.92)	6:22.27 (37.75)	6:59.99 (37.72)	7:37.86 (37.87)	
	8:15.38 (37.52)	8:52.73 (37.35)	9:29.91 (37.18)	10:07.21 (37.30)	
	10:44.55 (37.34)	11:22.02 (37.47)	11:59.79 (37.77)	12:36.09 (36.30)	
3	Shafer, Sarah	22	Lake Washington Masters	18:00.00	15:13.02
	40.46	1:24.08 (43.62)	2:08.83 (44.75)	2:53.52 (44.69)	
	3:39.11 (45.59)	4:25.25 (46.14)	5:11.42 (46.17)	5:57.57 (46.15)	
	6:44.54 (46.97)	7:30.89 (46.35)	8:17.53 (46.64)	9:04.09 (46.56)	
	9:50.20 (46.11)	10:36.80 (46.60)	11:23.39 (46.59)	12:09.78 (46.39)	
	12:56.07 (46.29)	13:43.21 (47.14)	14:28.82 (45.61)	15:13.02 (44.20)	

Women 18-24 1650 Yard Freestyle

ZONE: 17:55.50 Z 4/6/1986 LISA OBRIEN PNA

PNA: 17:55.50 P 4/6/1986 LISA OBRIEN

---	Cox, Miranda	23	Blue Wave Aquatics	18:23.67	SCR
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Women 18-24 50 Yard Backstroke

ZONE: 28.57 Z 5/4/2008 SHONA PIERCE PNA

PNA: 28.57 P 5/4/2008 SHONA PIERCE

1	Davis, Natalie	24	Blue Wave Aquatics	45.00	39.26
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2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 18-24 100 Yard Backstroke**

ZONE: 59.90 Z 5/18/1997 M.JENKINS PNA
PNA: 59.90 P 5/18/1997 M.JENKINS

1	Minehan, Jill	24	Ohana Swim Team	1:04.42	1:03.60
	31.29				1:03.60 (32.31)
---	Johnshoy, Barbara	24	Skagit Valley Masters Swimming	1:20.00	NS

Women 18-24 200 Yard Backstroke

ZONE: 2:10.34 Z 5/18/1997 M.JENKINS PNA
PNA: 2:10.34 P 5/18/1997 M.JENKINS

1	Johnshoy, Barbara	24	Skagit Valley Masters Swimming	2:45.00	2:50.04
	38.98				1:22.02 (43.04) 2:06.59 (44.57) 2:50.04 (43.45)

Women 18-24 50 Yard Breaststroke

ZONE: 30.88 Z 10/10/2009 PALOMA DINKEL PNA
PNA: 30.88 P 10/10/2009 PALOMA DINKEL

1	Braggin, Jacquelyn	24	Husky Masters	36.00	35.88
2	Leaf, Lindsay	22	Gig Harbor Old Swimmers Team	42.00	36.73
3	Ellis, Danielle	19	Gig Harbor Old Swimmers Team	42.08	37.49
4	Davis, Natalie	24	Blue Wave Aquatics	45.00	44.00

Women 18-24 100 Yard Breaststroke

ZONE: 1:06.05 Z 10/10/2009 PALOMA DINKEL PNA
PNA: 1:06.05 P 10/10/2009 PALOMA DINKEL

1	Braggin, Jacquelyn	24	Husky Masters	1:14.00	1:16.92
	36.60				1:16.92 (40.32)
2	Leaf, Lindsay	22	Gig Harbor Old Swimmers Team	1:30.00	1:20.70
	37.82				1:20.70 (42.88)

Women 18-24 50 Yard Butterfly

ZONE: 27.00 Z 5/18/1997 M.JENKINS PNA
PNA: 27.00 P 5/18/1997 M.JENKINS

1	Minehan, Jill	24	Ohana Swim Team	28.00	26.77 Z
2	Bogachus, Brett	24	Bellevue Club	27.75	28.00
3	Lecoq, Michela	19	Western Washington University	30.31	29.69
4	Dowdle, Angela	22	Western Washington University	33.00	32.78
5	Davis, Natalie	24	Blue Wave Aquatics	40.00	38.53

Women 18-24 100 Yard Butterfly

ZONE: 59.48 Z 5/18/1997 M.JENKINS PNA
PNA: 59.48 P 5/18/1997 M.JENKINS

1	Minehan, Jill	24	Ohana Swim Team	1:00.43	58.91 Z
	28.20				58.91 (30.71)
2	Bogachus, Brett	24	Bellevue Club	1:01.81	1:02.94
	29.30				1:02.94 (33.64)
3	Lecoq, Michela	19	Western Washington University	1:06.89	1:06.56
	31.26				1:06.56 (35.30)
4	Johnshoy, Barbara	24	Skagit Valley Masters Swimming	1:30.00	1:19.60
	35.53				1:19.60 (44.07)

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ZONE: 2:14.81 Z 4/6/1986 DENISE STUNTZNER OREG

PNA: 2:15.39 P 2/20/2011 JILL MINEHAN

---	Minehan, Jill	24	Ohana Swim Team	2:15.39	DQ
	Shoulders not at or past vertical towards breast off the wall				
	29.66	1:03.21 (33.55)	1:37.95 (34.74)	DQ (35.22)	
---	Cox, Miranda	23	Blue Wave Aquatics	2:12.08	NS

Women 18-24 100 Yard IM

ZONE: 1:02.94 Z 4/5/1992 PAMELA STALTER PNA

PNA: 1:02.94 P 4/5/1992 PAMELA STALTER

1	Minehan, Jill	24	Ohana Swim Team	1:06.65	1:03.25
	28.21	1:03.25 (35.04)			
2	Forelli, Krissy	23	Gig Harbor Old Swimmers Team	1:09.00	1:04.75
	30.35	1:04.75 (34.40)			
3	Bogachus, Brett	24	Bellevue Club	1:04.31	1:05.06
	30.31	1:05.06 (34.75)			
4	Braggin, Jacquelyn	24	Husky Masters	1:10.00	1:11.77
	35.41	1:11.77 (36.36)			
5	Leaf, Lindsay	22	Gig Harbor Old Swimmers Team	1:20.00	1:12.82
	33.16	1:12.82 (39.66)			
---	Turley, Rachel	21	Blue Wave Aquatics	1:20.00	SCR

Women 18-24 200 Yard IM

ZONE: 2:13.25 Z 10/10/2009 PALOMA DINKEL PNA

PNA: 2:13.25 P 10/10/2009 PALOMA DINKEL

1	Forelli, Krissy	23	Gig Harbor Old Swimmers Team	2:25.00	2:16.39
	30.16	1:05.34 (35.18)	1:46.40 (41.06)	2:16.39 (29.99)	

Women 18-24 400 Yard IM

ZONE: 4:54.55 Z 5/20/2007 MEIKA WEINER INW

PNA: 4:54.92 P 5/20/2007 STEPHANIE MILLER

1	Bogachus, Brett	24	Bellevue Club	4:58.15	5:02.44
	31.29	1:07.97 (36.68)	1:47.38 (39.41)	2:27.00 (39.62)	
	3:09.04 (42.04)	3:52.32 (43.28)	4:27.83 (35.51)	5:02.44 (34.61)	
2	Cox, Miranda	23	Blue Wave Aquatics	4:55.23	5:06.25
	31.42	1:06.64 (35.22)	1:46.61 (39.97)	2:25.69 (39.08)	
	3:11.22 (45.53)	3:57.29 (46.07)	4:32.36 (35.07)	5:06.25 (33.89)	
3	Johnshoy, Barbara	24	Skagit Valley Masters Swimming	7:00.00	6:09.67
	37.90	1:26.68 (48.78)	2:13.70 (47.02)	3:01.41 (47.71)	
	3:52.66 (51.25)	4:46.08 (53.42)	5:28.63 (42.55)	6:09.67 (41.04)	

Women 25-29 50 Yard Freestyle

ZONE: 23.19 Z 2/21/2010 MEGAN JENDRICK PNA

PNA: 23.19 P 2/21/2010 MEGAN JENDRICK

1	Klov Dahl, Jenny	26	Skagit Valley Masters Swimming	26.12	26.22
2	Shults, Rebecca	27	Unattached Pna	26.79	26.84
3	Tourigny, Brittany	27	Greenlake Aquaducks	29.99	28.01
4	Brooks, Kathleen	27	Downtown/Bellevue Swim Team	35.00	33.49

Women 25-29 100 Yard Freestyle

ZONE: 49.70 Z 2/21/2010 MEGAN JENDRICK PNA

PNA: 49.70 P 2/21/2010 MEGAN JENDRICK

1	Klov Dahl, Jenny	26	Skagit Valley Masters Swimming	57.83	58.16
	27.47	58.16 (30.69)			

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2	Brooks, Kathleen	27	Downtown/Bellevue Swim Team	1:17.33	1:15.49
	36.49		1:15.49 (39.00)		
3	Ekemo, Morgan	27	Lake Washington Masters	1:28.00	1:29.15
	41.29		1:29.15 (47.86)		

Women 25-29 500 Yard Freestyle

ZONE: 5:08.39 Z 2/27/2002 SARA QUAN OREG

PNA: 5:13.04 P 5/18/2003 CASEY MURPHY

1	Brooks, Kathleen	27	Downtown/Bellevue Swim Team	7:16.99	7:14.54
	36.50		1:18.09 (41.59)	2:01.33 (43.24)	2:45.93 (44.60)
	3:30.88 (44.95)		4:16.18 (45.30)	5:01.74 (45.56)	5:47.08 (45.34)
	6:32.09 (45.01)		7:14.54 (42.45)		
2	Ekemo, Morgan	27	Lake Washington Masters	7:50.00	8:31.46
	45.25		1:34.14 (48.89)	2:24.91 (50.77)	3:17.99 (53.08)
	4:09.40 (51.41)		5:01.52 (52.12)	5:54.49 (52.97)	6:48.33 (53.84)
	7:39.39 (51.06)		8:31.46 (52.07)		

Women 25-29 50 Yard Backstroke

ZONE: 26.37 Z 2/21/2010 MEGAN JENDRICK PNA

PNA: 26.37 P 2/21/2010 MEGAN JENDRICK

1	Klov Dahl, Jenny	26	Skagit Valley Masters Swimming	30.85	30.36
2	Shults, Rebecca	27	Unattached Pna	30.77	30.44

Women 25-29 100 Yard Backstroke

ZONE: 59.46 Z 3/11/2006 LAUREN THIES MACO

PNA: 1:01.77 P 5/20/2007 MEGAN LIVINGSTON

1	Klov Dahl, Jenny	26	Skagit Valley Masters Swimming	1:05.00	1:05.39
	31.75		1:05.39 (33.64)		
2	Shults, Rebecca	27	Unattached Pna	1:07.82	1:05.60
	31.16		1:05.60 (34.44)		
3	Tourigny, Brittany	27	Greenlake Aquaducks	1:07.83	1:06.53
	31.99		1:06.53 (34.54)		

Women 25-29 50 Yard Breaststroke

ZONE: 27.14 Z 2/21/2010 MEGAN JENDRICK PNA

PNA: 27.14 P 2/21/2010 MEGAN JENDRICK

1	Forinash, Debra	28	Husky Masters	32.00	33.96
2	Matayoshi, Brook	29	South Sound Masters Swimmers	38.99	39.01
3	Brooks, Kathleen	27	Downtown/Bellevue Swim Team	41.51	41.12
---	Cummings, Stephanie	26	Blue Wave Aquatics	45.00	NS

Women 25-29 100 Yard Breaststroke

ZONE: 59.58 Z 2/6/2010 MEGAN JENDRICK PNA

PNA: 59.58 P 2/6/2010 MEGAN JENDRICK

1	Tourigny, Brittany	27	Greenlake Aquaducks	1:12.17	1:11.49
	33.99		1:11.49 (37.50)		
2	Matayoshi, Brook	29	South Sound Masters Swimmers	1:25.00	1:23.76
	39.28		1:23.76 (44.48)		
3	Brooks, Kathleen	27	Downtown/Bellevue Swim Team	1:28.44	1:26.41
	41.41		1:26.41 (45.00)		
---	Cummings, Stephanie	26	Blue Wave Aquatics	1:30.00	NS

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ZONE: 2:09.05 Z 2/6/2010 MEGAN JENDRICK PNA

PNA: 2:09.05 P 2/6/2010 MEGAN JENDRICK

1	Tourigny, Brittany	27	Greenlake Aquaducks	2:32.79	2:36.52
	36.50	1:16.38 (39.88)	1:56.78 (40.40)	2:36.52 (39.74)	

Women 25-29 50 Yard Butterfly

ZONE: 24.86 Z 2/21/2010 MEGAN JENDRICK PNA

PNA: 24.86 P 2/21/2010 MEGAN JENDRICK

---	Mott, Erika	26	Blue Wave Aquatics	38.00	NS
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Women 25-29 100 Yard Butterfly

ZONE: 57.09 Z 5/14/2006 LAUREN THIES MACO

PNA: 59.92 P 5/20/2007 MEGAN LIVINGSTON

1	Tourigny, Brittany	27	Greenlake Aquaducks	1:08.08	1:06.04
	30.26	1:06.04 (35.78)			

Women 25-29 100 Yard IM

ZONE: 54.43 Z 2/6/2010 MEGAN JENDRICK PNA

PNA: 54.43 P 2/6/2010 MEGAN JENDRICK

1	Tourigny, Brittany	27	Greenlake Aquaducks	1:06.97	1:06.06
	30.65	1:06.06 (35.41)			
2	Forinash, Debra	28	Husky Masters	1:10.00	1:06.87
	31.15	1:06.87 (35.72)			
3	Matayoshi, Brook	29	South Sound Masters Swimmers	1:18.00	1:15.45
	34.79	1:15.45 (40.66)			
---	Cummings, Stephanie	26	Blue Wave Aquatics	1:20.00	NS
---	Mott, Erika	26	Blue Wave Aquatics	1:25.00	NS

Women 30-34 50 Yard Freestyle

ZONE: 24.29 Z 3/7/1993 GRACIE GODDARD OREG

PNA: 24.99 P 5/18/1997 TRISHA SCHWERZLER

1	Matlock, Shannon	33	Lake Washington Masters	27.50	26.24
2	Reichmann, Heather	30	Greenlake Aquaducks	26.79	26.67
3	Coulter, Tamara	34	Central Area Aquatics Team	27.00	26.98
4	Kolp, Allison	30	Ymcapkc Sound Aquatic	27.71	27.46
5	Litsch, Diana	31	Gig Harbor Old Swimmers Team	29.98	30.14
6	Mahar, Rachel	33	Blue Wave Aquatics	35.00	33.90
7	Trettevik, Kate	31	North End Otters	37.85	34.74
---	Alder, Emily	32	Phinney Ridge Swim Club	28.95	NS

Women 30-34 100 Yard Freestyle

ZONE: 52.87 Z 4/5/1992 GRACIE GODDARD OREG

PNA: 54.18 P 4/13/2008 COLLEEN PHILIPPS

1	Philipps, Colleen	34	Little Lebowski Urban Achiever	57.50	54.62
	26.57	54.62 (28.05)			
2	Reichmann, Heather	30	Greenlake Aquaducks	1:00.00	58.44
	27.44	58.44 (31.00)			
3	Matlock, Shannon	33	Lake Washington Masters	1:00.00	58.65
	28.56	58.65 (30.09)			
4	Kolp, Allison	30	Ymcapkc Sound Aquatic	59.19	59.77
	28.72	59.77 (31.05)			
5	Casey, Shannon	33	Blue Wave Aquatics	1:06.89	1:03.34
	30.33	1:03.34 (33.01)			

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6	Mahar, Rachel	33	Blue Wave Aquatics	1:10.00	1:15.53
	35.62		1:15.53 (39.91)		
---	Alder, Emily	32	Phinney Ridge Swim Club	1:03.95	NS
---	Trettevik, Kate	31	North End Otters	1:45.52	NS

Women 30-34 200 Yard Freestyle

ZONE: 1:57.24 Z 4/29/1990 LEISSA MILLS OREG

PNA: 1:59.02 P 4/13/2008 COLLEEN PHILIPPS

1	Philipps, Colleen	34	Little Lebowski Urban Achiever	2:06.00	2:01.11
	28.23		59.21 (30.98) 1:30.29 (31.08) 2:01.11 (30.82)		
2	Chamberlin, Melissa	30	Downtown/Bellevue Swim Team	2:03.99	2:02.93
	29.37		1:00.87 (31.50) 1:32.53 (31.66) 2:02.93 (30.40)		
3	Rea, Maureen	34	Little Lebowski Urban Achiever	2:35.00	2:11.51
	31.10		1:03.86 (32.76) 1:37.67 (33.81) 2:11.51 (33.84)		
4	Matlock, Shannon	33	Lake Washington Masters	2:10.00	2:14.47
	30.10		1:03.20 (33.10) 1:38.08 (34.88) 2:14.47 (36.39)		
5	Casey, Shannon	33	Blue Wave Aquatics	2:18.98	2:15.73
	30.60		1:03.93 (33.33) 1:39.41 (35.48) 2:15.73 (36.32)		

Women 30-34 500 Yard Freestyle

ZONE: 5:11.86 Z 4/26/1992 LEISSA MILLS OREG

PNA: 5:19.88 P 4/11/2010 COLLEEN PHILIPPS

1	Chamberlin, Melissa	30	Downtown/Bellevue Swim Team	5:22.92	5:29.32
	30.18		1:02.91 (32.73) 1:36.76 (33.85) 2:10.41 (33.65)		
	2:43.60 (33.19)		3:16.89 (33.29) 3:50.18 (33.29) 4:23.63 (33.45)		
	4:57.08 (33.45)		5:29.32 (32.24)		
2	Casey, Shannon	33	Blue Wave Aquatics	5:42.81	6:06.42
	31.30		1:06.28 (34.98) 1:42.90 (36.62) 2:19.96 (37.06)		
	2:57.72 (37.76)		3:35.37 (37.65) 4:13.40 (38.03) 4:51.61 (38.21)		
	5:29.41 (37.80)		6:06.42 (37.01)		

Women 30-34 50 Yard Backstroke

ZONE: 28.04 Z 4/11/2010 TAMARA COULTER PNA

PNA: 28.04 P 4/11/2010 TAMARA COULTER

1	Coulter, Tamara	34	Central Area Aquatics Team	29.80	29.05
2	Lindsay, Sarah	32	Samena Masters	45.00	43.00
3	Trettevik, Kate	31	North End Otters	55.85	48.47

Women 30-34 100 Yard Backstroke

ZONE: 1:00.35 Z 4/11/2010 TAMARA COULTER PNA

PNA: 1:00.35 P 4/11/2010 TAMARA COULTER

1	Coulter, Tamara	34	Central Area Aquatics Team	1:03.00	1:02.05
	30.37		1:02.05 (31.68)		
2	Casey, Shannon	33	Blue Wave Aquatics	1:19.76	1:12.89
	35.87		1:12.89 (37.02)		

Women 30-34 200 Yard Backstroke

ZONE: 2:09.33 Z 4/5/1992 ZENA HERRMANN PNA

PNA: 2:09.33 P 4/5/1992 ZENA HERRMANN

1	Coulter, Tamara	34	Central Area Aquatics Team	2:18.00	2:17.81
	31.97		1:06.50 (34.53) 1:41.98 (35.48) 2:17.81 (35.83)		

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 30-34 50 Yard Breaststroke**

ZONE: 31.83 Z 5/14/2002 CARA HAFNER OREG
PNA: 32.74 P 5/20/2001 LINDA HEGERBERG

1	Lewis, Crissy	33	Lake Washington Masters	37.83	38.57
---	Trettevik, Kate	31	North End Otters	48.50	NS

Women 30-34 100 Yard Breaststroke

ZONE: 1:09.10 Z 5/14/2002 CARA HAFNER OREG
PNA: 1:10.56 P 5/20/2001 LINDA HEGERBERG

1	Chamberlin, Melissa	30	Downtown/Bellevue Swim Team	1:11.29	1:09.78P
				34.67	1:09.78 (35.11)
---	Trettevik, Kate	31	North End Otters	1:50.94	NS

Women 30-34 200 Yard Breaststroke

ZONE: 2:28.44 Z 2/20/2011 M.CHAMBERLIN PNA
PNA: 2:28.44 P 2/20/2011 M.CHAMBERLIN

1	Chamberlin, Melissa	30	Downtown/Bellevue Swim Team	2:26.79	2:25.83Z
				33.92	1:11.09 (37.17)
					1:48.61 (37.52)
					2:25.83 (37.22)

Women 30-34 50 Yard Butterfly

ZONE: 26.61 Z 5/17/2002 KATHY BLANDFORD AKMS
PNA: 27.09 P 5/18/1997 TRISHA SCHWERZLER

1	Philipps, Colleen	34	Little Lebowski Urban Achiever	33.00	28.82
2	Coulter, Tamara	34	Central Area Aquatics Team	29.00	29.58
3	Molen, Melody	30	Blue Wave Aquatics	39.30	29.64
4	Kolp, Allison	30	Ymcapkc Sound Aquatic	29.71	29.85
5	Matlock, Shannon	33	Lake Washington Masters	30.00	30.08
6	Lewis, Crissy	33	Lake Washington Masters	32.00	32.34
7	Casey, Shannon	33	Blue Wave Aquatics	35.32	33.84
8	Litsch, Diana	31	Gig Harbor Old Swimmers Team	40.00	34.47

Women 30-34 100 Yard Butterfly

ZONE: 59.07 Z 5/17/2002 KATHY BLANDFORD AKMS
PNA: 1:00.12 P 4/14/1991 TAMI BENNETT

1	Rea, Maureen	34	Little Lebowski Urban Achiever	1:25.00	1:05.29
				30.95	1:05.29 (34.34)
2	Molen, Melody	30	Blue Wave Aquatics	1:30.13	1:08.15
				31.46	1:08.15 (36.69)
3	Lewis, Crissy	33	Lake Washington Masters	1:13.00	1:13.97
				33.14	1:13.97 (40.83)

Women 30-34 100 Yard IM

ZONE: 1:03.24 Z 5/18/1997 BARBARA MISENER AKMS
PNA: 1:03.43 P 4/13/2008 MEGAN LIVINGSTON

1	Chamberlin, Melissa	30	Downtown/Bellevue Swim Team	1:05.59	1:04.58
				30.61	1:04.58 (33.97)
2	Philipps, Colleen	34	Little Lebowski Urban Achiever	1:10.00	1:04.68
				30.39	1:04.68 (34.29)
3	Matlock, Shannon	33	Lake Washington Masters	1:12.00	1:09.76
				33.03	1:09.76 (36.73)
4	Casey, Shannon	33	Blue Wave Aquatics	1:17.23	1:13.75
				34.28	1:13.75 (39.47)
5	Lewis, Crissy	33	Lake Washington Masters	1:13.29	1:15.06
				34.21	1:15.06 (40.85)
---	Trettevik, Kate	31	North End Otters	1:50.00	NS

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ZONE: 2:13.21 Z 5/20/2007 MAUREEN REA PNA
PNA: 2:13.21 P 5/20/2007 MAUREEN REA

1	Matlock, Shannon	33	Lake Washington Masters	2:30.00	2:33.72
	32.38	1:12.10 (39.72)	1:57.21 (45.11)	2:33.72 (36.51)	
---	Philipps, Colleen	34	Little Lebowski Urban Achiever	2:22.00	NS

Women 30-34 400 Yard IM

ZONE: 4:49.69 Z 4/11/2010 COLLEEN PHILIPPS PNA
PNA: 4:49.69 P 4/11/2010 COLLEEN PHILIPPS

1	Chamberlin, Melissa	30	Downtown/Bellevue Swim Team	4:47.93	4:54.34
	32.38	1:09.39 (37.01)	1:46.60 (37.21)	2:24.52 (37.92)	
	3:04.62 (40.10)	3:44.04 (39.42)	4:19.54 (35.50)	4:54.34 (34.80)	

Women 35-39 50 Yard Freestyle

ZONE: 24.66 Z 5/21/1995 GRACIE GODDARD OREG
PNA: 24.82 P 1/30/2009 MEGAN OESTING

1	Roberts, Taunya	37	Blue Wave Aquatics	28.00	27.50
2	Ashmann, Chericka	37	South Sound Masters Swimmers	29.33	29.76
3	Blank, Beth	36	Skagit Valley Masters Swimming	30.53	30.00
4	Trowbridge, Michelle	37	Ymcapkc Sound Aquatic	30.00	31.05
5	Gow, Sherry	37	Ymcapkc Sound Aquatic	50.00	39.39

Women 35-39 100 Yard Freestyle

ZONE: 53.40 Z 12/7/1997 GRACIE GODDARD OREG
PNA: 54.06 P 4/11/2009 KIMBERLY JETER

1	Tomtan-Brayman, Brenda	37	Issaquah Swim Team	1:10.00	59.66
	28.74	59.66 (30.92)			
2	Blank, Beth	36	Skagit Valley Masters Swimming	1:06.41	1:06.70
	31.63	1:06.70 (35.07)			
3	Ashmann, Chericka	37	South Sound Masters Swimmers	1:10.55	1:08.83
	33.49	1:08.83 (35.34)			
4	Behrens, Michelle	38	Ymcapkc Sound Aquatic	1:07.00	1:09.56
	33.56	1:09.56 (36.00)			
5	Trowbridge, Michelle	37	Ymcapkc Sound Aquatic	1:10.00	1:10.69
	33.40	1:10.69 (37.29)			
---	Ohlson-Kiehn, Kristen	39	Skagit Valley Masters Swimming	1:24.21	NS

Women 35-39 200 Yard Freestyle

ZONE: 1:57.50 Z 5/21/1995 ROBYNN MASTERS UTAH
PNA: 1:58.10 P 5/9/1996 MARGEE CURRAN

1	Tomtan-Brayman, Brenda	37	Issaquah Swim Team	2:20.00	2:08.81
	30.02	1:02.65 (32.63)	1:36.06 (33.41)	2:08.81 (32.75)	
2	Roberts, Taunya	37	Blue Wave Aquatics	2:08.00	2:09.24
	29.63	1:02.43 (32.80)	1:35.77 (33.34)	2:09.24 (33.47)	
3	Aginian, Marla	38	Seattle Athletic Club	2:55.00	2:31.95
	34.85	1:13.59 (38.74)	1:54.47 (40.88)	2:31.95 (37.48)	
4	Christy, Aimee	38	South Sound Masters Swimmers	2:40.00	2:35.44
	33.74	1:11.53 (37.79)	1:53.08 (41.55)	2:35.44 (42.36)	
5	Ohlson-Kiehn, Kristen	39	Skagit Valley Masters Swimming	3:03.27	2:56.11
	42.58	1:26.50 (43.92)	2:11.62 (45.12)	2:56.11 (44.49)	
6	Zaro, Bridget	39	Bainbridge Aquatic Masters	3:45.00	3:07.07
	41.07	1:27.50 (46.43)	2:17.94 (50.44)	3:07.07 (49.13)	
7	Fowler, Shari	39	North End Otters	1:55.00	3:24.09
	44.75	1:36.77 (52.02)	2:32.65 (55.88)	3:24.09 (51.44)	

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		ZONE: 5:13.65 Z 5/21/1995	ROBYNN MASTERS			UTAH
		PNA: 5:15.13 P 5/9/1996	MARGEE CURRAN			
1	Tomtan-Brayman, Brenda	37	Issaquah Swim Team	6:10.00		5:45.12
	30.39	1:03.65 (33.26)	1:38.41 (34.76)	2:13.62 (35.21)		
	2:48.93 (35.31)	3:23.94 (35.01)	3:59.50 (35.56)	4:35.34 (35.84)		
	5:10.96 (35.62)	5:45.12 (34.16)				
2	Schneider, Janet	37	Samena Masters	8:20.00		8:01.36
	42.46	1:28.99 (46.53)	2:16.86 (47.87)	3:07.83 (50.97)		
	3:56.94 (49.11)	4:47.18 (50.24)	5:36.69 (49.51)	6:26.31 (49.62)		
	7:15.06 (48.75)	8:01.36 (46.30)				
3	Atwood, Carrie	36	Samena Masters	9:00.00		9:00.06
	41.83	1:31.01 (49.18)	2:24.77 (53.76)	3:20.06 (55.29)		
	4:17.02 (56.96)	5:14.34 (57.32)	6:11.26 (56.92)	7:07.89 (56.63)		
	8:04.88 (56.99)	9:00.06 (55.18)				
---	Ohlson-Kiehn, Kristen	39	Skagit Valley Masters Swimming	8:25.12		SCR

Women 35-39 1000 Yard Freestyle

		ZONE: 10:41.76 Z 5/21/1995	ROBYNN MASTERS			UTAH
		PNA: 10:43.03 P 5/9/1996	MARGEE CURRAN			
1	Tomtan-Brayman, Brenda	37	Issaquah Swim Team	12:20.00		11:42.63
	31.38	1:05.92 (34.54)	1:41.23 (35.31)	2:16.86 (35.63)		
	2:52.62 (35.76)	3:28.54 (35.92)	4:04.53 (35.99)	4:40.58 (36.05)		
	5:16.86 (36.28)	5:52.48 (35.62)	6:27.93 (35.45)	7:02.90 (34.97)		
	7:38.32 (35.42)	8:13.50 (35.18)	8:48.59 (35.09)	9:23.64 (35.05)		
	9:58.70 (35.06)	10:34.08 (35.38)	11:08.80 (34.72)	11:42.63 (33.83)		
2	Fowler, Shari	39	North End Otters	22:00.00		20:30.04
	49.21	1:46.96 (57.75)	2:48.02 (1:01.06)	3:49.04 (1:01.02)		
	4:50.43 (1:01.39)	5:52.25 (1:01.82)	6:53.67 (1:01.42)	7:54.97 (1:01.30)		
	8:57.03 (1:02.06)	10:03.36 (1:06.33)	11:07.92 (1:04.56)	12:11.56 (1:03.64)		
	13:16.25 (1:04.69)	14:19.13 (1:02.88)	15:23.38 (1:04.25)	16:26.20 (1:02.82)		
	17:29.56 (1:03.36)	18:33.72 (1:04.16)	19:35.13 (1:01.41)	20:30.04 (54.91)		

Women 35-39 1650 Yard Freestyle

		ZONE: 17:39.45 Z 5/21/1995	ROBYNN MASTERS			UTAH
		PNA: 18:08.10 P 2/16/1997	MARGEE CURRAN			
1	Tomtan-Brayman, Brenda	37	Issaquah Swim Team	22:30.00		19:48.60
	31.16	1:05.77 (34.61)	1:41.39 (35.62)	2:17.18 (35.79)		
	2:53.22 (36.04)	3:29.60 (36.38)	4:06.09 (36.49)	4:42.64 (36.55)		
	5:19.19 (36.55)	5:55.98 (36.79)	6:32.67 (36.69)	7:09.27 (36.60)		
	7:46.37 (37.10)	8:22.98 (36.61)	8:59.37 (36.39)	9:35.79 (36.42)		
	10:12.63 (36.84)	10:49.40 (36.77)	11:26.12 (36.72)	12:02.95 (36.83)		
	12:39.08 (36.13)	13:15.28 (36.20)	13:51.08 (35.80)	14:27.09 (36.01)		
	15:03.44 (36.35)	15:39.51 (36.07)	16:15.55 (36.04)	16:51.48 (35.93)		
	17:27.71 (36.23)	18:03.82 (36.11)	18:39.35 (35.53)	19:14.75 (35.40)	19:48.60 (33.85)	
2	Tomac, Julia	35	Unattached Pna	26:00.00		27:02.88
	39.66	1:23.76 (44.10)	2:09.90 (46.14)	2:56.93 (47.03)		
	3:44.41 (47.48)	4:32.64 (48.23)	5:21.25 (48.61)	6:10.15 (48.90)		
	6:58.04 (47.89)	7:47.01 (48.97)	8:35.45 (48.44)	9:24.24 (48.79)		
	10:12.63 (48.39)	11:01.75 (49.12)	11:50.42 (48.67)	12:39.29 (48.87)		
	13:28.11 (48.82)	14:17.49 (49.38)	15:07.27 (49.78)	15:57.20 (49.93)		
	16:47.87 (50.67)	17:38.71 (50.84)	18:29.31 (50.60)	19:20.43 (51.12)		
	20:11.65 (51.22)	21:02.69 (51.04)	21:53.78 (51.09)	22:46.04 (52.26)		
	23:38.72 (52.68)	24:30.23 (51.51)	25:21.78 (51.55)	26:12.37 (50.59)	27:02.88 (50.51)	

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---	Tomac, Jayna	39	Oregon Masters	20:40.00	X20:09.62
	32.13	1:06.92 (34.79)	1:43.31 (36.39)	2:20.25 (36.94)	
	2:56.69 (36.44)	3:33.27 (36.58)	4:09.65 (36.38)	4:45.97 (36.32)	
	5:22.44 (36.47)	5:59.19 (36.75)	6:35.85 (36.66)	7:12.90 (37.05)	
	7:49.65 (36.75)	8:26.25 (36.60)	9:03.40 (37.15)	9:40.38 (36.98)	
	10:17.09 (36.71)	10:54.36 (37.27)	11:31.22 (36.86)	12:08.54 (37.32)	
	12:45.99 (37.45)	13:23.36 (37.37)	14:00.21 (36.85)	14:37.45 (37.24)	
	15:14.24 (36.79)	15:51.72 (37.48)	16:29.02 (37.30)	17:06.13 (37.11)	
	17:43.25 (37.12)	18:20.39 (37.14)	18:57.06 (36.67)	19:34.12 (37.06)	20:09.62 (35.50)

Women 35-39 50 Yard Backstroke

ZONE: 27.60 Z 2/5/2011 SHERI HART PNA

PNA: 27.60 P 2/5/2011 SHERI HART

1	Roberts, Taunya	37	Blue Wave Aquatics	32.00	31.47
2	Ashmann, Chericka	37	South Sound Masters Swimmers	36.56	37.14
3	Trowbridge, Michelle	37	Ymcapkc Sound Aquatic	42.00	40.34
4	Atwood, Carrie	36	Samena Masters	55.00	50.22

Women 35-39 100 Yard Backstroke

ZONE: 58.98 Z 2/5/2011 SHERI HART PNA

PNA: 58.98 P 2/5/2011 SHERI HART

1	Roberts, Taunya	37	Blue Wave Aquatics	1:08.00	1:08.04
	33.61	1:08.04 (34.43)			
2	Whiteside, Tina	36	Blue Wave Aquatics	1:21.24	1:21.11
	38.75	1:21.11 (42.36)			
3	Behrens, Michelle	38	Ymcapkc Sound Aquatic	1:25.00	1:21.42
	40.22	1:21.42 (41.20)			
4	Trowbridge, Michelle	37	Ymcapkc Sound Aquatic	1:27.00	1:24.26
	41.31	1:24.26 (42.95)			

Women 35-39 200 Yard Backstroke

ZONE: 2:10.93 Z 5/18/1997 ZENA COURTNEY PNA

PNA: 2:10.93 P 5/18/1997 ZENA COURTNEY

1	Tomtan-Brayman, Brenda	37	Issaquah Swim Team	2:38.00	2:27.77
	36.15	1:13.23 (37.08)	1:50.81 (37.58)	2:27.77 (36.96)	
2	Roberts, Taunya	37	Blue Wave Aquatics	2:28.00	2:28.39
	34.97	1:13.52 (38.55)	1:52.17 (38.65)	2:28.39 (36.22)	
3	Whiteside, Tina	36	Blue Wave Aquatics	2:56.65	2:57.01
	40.08	1:24.36 (44.28)	2:10.59 (46.23)	2:57.01 (46.42)	

Women 35-39 50 Yard Breaststroke

ZONE: 32.17 Z 5/4/2008 JAYNA TOMAC OREG

PNA: 33.36 P 4/10/2005 LINDA HEGERBERG

1	Ashmann, Chericka	37	South Sound Masters Swimmers	43.12	40.90
2	Ohlson-Kiehn, Kristen	39	Skagit Valley Masters Swimming	45.70	44.07
3	Zaro, Bridget	39	Bainbridge Aquatic Masters	47.68	46.11
---	Fowler, Shari	39	North End Otters	1:10.00	DQ

Downward butterfly kick

Women 35-39 100 Yard Breaststroke

ZONE: 1:09.52 Z 5/4/2008 JAYNA TOMAC OREG

PNA: 1:11.40 P 4/11/2010 JEAN DILLON

1	Ohlson-Kiehn, Kristen	39	Skagit Valley Masters Swimming	2:00.00	1:38.02
	48.07	1:38.02 (49.95)			

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2	Zaro, Bridget	39	Bainbridge Aquatic Masters	1:35.00	1:40.71
	47.60		1:40.71 (53.11)		

Women 35-39 200 Yard Breaststroke

ZONE: 2:35.27 Z 5/4/2008 JAYNA TOMAC OREG

PNA: 2:35.69 P 4/15/2007 LINDA HEGERBERG

1	Behrens, Michelle	38	Ymcapkc Sound Aquatic	3:07.00	3:08.83
	43.58		1:30.92 (47.34)	2:19.72 (48.80)	3:08.83 (49.11)
---	Ohlson-Kiehn, Kristen	39	Skagit Valley Masters Swimming	3:37.19	NS

Women 35-39 50 Yard Butterfly

ZONE: 27.59 Z 5/18/2003 VALERIE JENKINS OREG

PNA: 27.92 P 4/10/1994 WENDY BOGLIOLI

1	Roberts, Taunya	37	Blue Wave Aquatics	31.00	30.14
2	Blank, Beth	36	Skagit Valley Masters Swimming	32.66	32.53
3	Christy, Aimee	38	South Sound Masters Swimmers	33.37	32.98
4	Aginian, Marla	38	Seattle Athletic Club	1:00.00	35.75
5	Clarke, Heather	39	Lake Washington Masters	40.00	38.55
6	Fowler, Shari	39	North End Otters	55.00	46.23

Women 35-39 100 Yard Butterfly

ZONE: 1:00.42 Z 4/30/2000 SUSANNE SIMPSON INW

PNA: 1:01.50 P 5/18/1997 ZENA COURTNEY

1	Clarke, Heather	39	Lake Washington Masters	1:35.00	1:41.08
	43.68		1:41.08 (57.40)		

Women 35-39 100 Yard IM

ZONE: 1:01.34 Z 2/5/2011 SHERI HART PNA

PNA: 1:01.34 P 2/5/2011 SHERI HART

1	Blank, Beth	36	Skagit Valley Masters Swimming	1:14.78	1:14.69
	34.32		1:14.69 (40.37)		
2	Aginian, Marla	38	Seattle Athletic Club	1:50.00	1:19.72
	39.28		1:19.72 (40.44)		
3	Ashmann, Chericka	37	South Sound Masters Swimmers	1:20.07	1:20.63
	36.05		1:20.63 (44.58)		
4	Neely, Wendy	36	Blue Wave Aquatics	1:30.18	1:25.60
	39.09		1:25.60 (46.51)		
5	Clarke, Heather	39	Lake Washington Masters	1:40.00	1:30.18
	41.25		1:30.18 (48.93)		
6	Fowler, Shari	39	North End Otters	2:15.00	1:48.25
	51.44		1:48.25 (56.81)		
---	Zaro, Bridget	39	Bainbridge Aquatic Masters	1:50.00	DQ
	Shoulders past vertical toward breast - back				
	47.88		DQ (49.48)		

Women 35-39 200 Yard IM

ZONE: 2:20.97 Z 5/20/2001 LISA WILSON PNA

PNA: 2:20.97 P 5/20/2001 LISA WILSON

1	Blank, Beth	36	Skagit Valley Masters Swimming	2:49.34	2:50.39
	34.23		1:18.62 (44.39)	2:08.61 (49.99)	2:50.39 (41.78)
2	Behrens, Michelle	38	Ymcapkc Sound Aquatic	2:52.00	2:52.72
	38.52		1:22.98 (44.46)	2:14.12 (51.14)	2:52.72 (38.60)

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3	Neely, Wendy	36	Blue Wave Aquatics	3:03.57	3:04.53
	42.63	1:28.48 (45.85)	2:21.80 (53.32)	3:04.53 (42.73)	
4	Whiteside, Tina	36	Blue Wave Aquatics	3:05.93	3:05.50
	40.11	1:25.89 (45.78)	2:21.72 (55.83)	3:05.50 (43.78)	
5	Trowbridge, Michelle	37	Ymcapkc Sound Aquatic	3:06.00	3:08.03
	46.50	1:32.74 (46.24)	2:29.70 (56.96)	3:08.03 (38.33)	

Women 35-39 400 Yard IM

ZONE: 4:46.23 Z 5/8/1998 ROBYNN MASTERS UTAH

PNA: 5:02.64 P 5/20/2001 LISA WILSON

1	Neely, Wendy	36	Blue Wave Aquatics	6:23.52	6:30.04
	42.10	1:31.57 (49.47)	2:18.41 (46.84)	3:06.36 (47.95)	
	4:00.64 (54.28)	4:56.25 (55.61)	5:43.13 (46.88)	6:30.04 (46.91)	
2	Whiteside, Tina	36	Blue Wave Aquatics	6:29.64	6:37.48
	40.95	1:32.80 (51.85)	2:22.05 (49.25)	3:10.67 (48.62)	
	4:08.36 (57.69)	5:06.09 (57.73)	5:52.05 (45.96)	6:37.48 (45.43)	

Women 40-44 50 Yard Freestyle

ZONE: 24.87 Z 4/25/2004 LISA DAHL PNA

PNA: 24.87 P 4/25/2004 LISA DAHL

1	Johansson, Hanna	44	Issaquah Swim Team	28.87	28.46
2	Poehlman, Yuriko	41	Tigers	28.76	28.71
3	Kim, Nellis	40	Blue Wave Aquatics	29.20	29.30
4	Kucinski, Christine	42	Lake Washington Masters	32.31	30.96
5	Bohannon, Jennifer	40	Skagit Valley Masters Swimming	30.92	31.17
6	Hare, Stephanie	41	Blue Wave Aquatics	32.76	32.19
7	Holt, Megan	40	Blue Wave Aquatics	34.40	32.85
8	Moore, Kathy	44	Unattached Pna	31.12	33.87
9	McCandless, Diana	41	South Sound Masters Swimmers	39.00	34.28

Women 40-44 100 Yard Freestyle

ZONE: 55.73 Z 5/4/2008 VALERIE JENKINS OREG

PNA: 56.52 P 4/14/1996 JO MOORE

1	Vander Haegen, Geraldine	43	South Sound Masters Swimmers	1:04.49	1:01.41
	30.02	1:01.41 (31.39)			
2	Johansson, Hanna	44	Issaquah Swim Team	1:03.87	1:02.72
	30.23	1:02.72 (32.49)			
3	Rosen, Liz	41	Mercer Island Redwoods	1:12.00	1:08.28
	32.79	1:08.28 (35.49)			
4	Bohannon, Jennifer	40	Skagit Valley Masters Swimming	1:10.67	1:09.51
	33.40	1:09.51 (36.11)			
5	Hare, Stephanie	41	Blue Wave Aquatics	1:12.89	1:11.63
	33.50	1:11.63 (38.13)			
6	Antilla, Kristine	42	Ohana Swim Team	1:12.69	1:12.60
	33.48	1:12.60 (39.12)			
7	Richards, Kelly	41	Blue Wave Aquatics	1:10.00	1:13.00
	34.73	1:13.00 (38.27)			
8	Holt, Megan	40	Blue Wave Aquatics	1:13.00	1:13.53
	35.20	1:13.53 (38.33)			
9	Moore, Kathy	44	Unattached Pna	1:13.02	1:21.87
	38.40	1:21.87 (43.47)			
10	Montiel, Julie	40	Blue Wave Aquatics	1:23.00	1:25.59
	41.47	1:25.59 (44.12)			

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--- Johnson, Diana 40 Blue Wave Aquatics 1:24.00 NS

Women 40-44 200 Yard Freestyle

ZONE: 1:56.14 Z 5/17/2002 SUZANNE SIMPSON INWM

PNA: 2:06.18 P 2/5/2011 HALEIGH WERNER

1 Vander Haegen, Geraldine 43 South Sound Masters Swimmers 2:19.70 2:17.98
 32.37 1:07.69 (35.32) 1:43.65 (35.96) 2:17.98 (34.33)
 2 Johansson, Hanna 44 Issaquah Swim Team 2:30.00 2:20.39
 31.82 1:07.58 (35.76) 1:44.30 (36.72) 2:20.39 (36.09)

Women 40-44 500 Yard Freestyle

ZONE: 5:13.14 Z 5/17/2002 SUZANNE SIMPSON INWM

PNA: 5:33.72 P 5/20/2001 ZENA COURTNEY

1 Vander Haegen, Geraldine 43 South Sound Masters Swimmers 6:16.51 6:06.48
 32.29 1:08.31 (36.02) 1:46.25 (37.94) 2:24.08 (37.83)
 3:01.91 (37.83) 3:39.40 (37.49) 4:17.04 (37.64) 4:54.25 (37.21)
 5:31.33 (37.08) 6:06.48 (35.15)
 2 Rosen, Liz 41 Mercer Island Redwoods 6:30.00 6:26.50
 34.90 1:12.36 (37.46) 1:51.26 (38.90) 2:30.42 (39.16)
 3:10.37 (39.95) 3:50.28 (39.91) 4:30.36 (40.08) 5:10.25 (39.89)
 5:49.63 (39.38) 6:26.50 (36.87)
 3 Kim, Nellis 40 Blue Wave Aquatics 6:39.70 6:35.07
 34.63 1:13.34 (38.71) 1:53.86 (40.52) 2:34.93 (41.07)
 3:16.07 (41.14) 3:56.54 (40.47) 4:37.39 (40.85) 5:17.86 (40.47)
 5:58.00 (40.14) 6:35.07 (37.07)
 4 Bohannon, Jennifer 40 Skagit Valley Masters Swimming 8:08.69 7:32.79
 39.16 1:21.45 (42.29) 2:06.32 (44.87) 2:53.00 (46.68)
 3:38.58 (45.58) 4:26.87 (48.29) 5:14.54 (47.67) 6:03.27 (48.73)
 6:50.59 (47.32) 7:32.79 (42.20)
 5 McCandless, Diana 41 South Sound Masters Swimmers 8:20.00 8:05.78
 40.31 1:26.93 (46.62) 2:16.80 (49.87) 3:08.27 (51.47)
 3:59.32 (51.05) 4:50.34 (51.02) 5:41.74 (51.40) 6:32.02 (50.28)
 7:20.92 (48.90) 8:05.78 (44.86)
 6 Singer, Shannon 41 Skagit Valley Masters Swimming 7:30.00 8:13.93
 42.07 1:29.21 (47.14) 2:19.34 (50.13) 3:13.00 (53.66)
 4:01.55 (48.55) 4:50.76 (49.21) 5:41.35 (50.59) 6:31.86 (50.51)
 7:24.22 (52.36) 8:13.93 (49.71)
 7 Montiel, Julie 40 Blue Wave Aquatics 7:53.21 8:15.45
 42.47 1:29.22 (46.75) 2:19.28 (50.06) 3:10.46 (51.18)
 4:02.00 (51.54) 4:52.96 (50.96) 5:44.49 (51.53) 6:35.56 (51.07)
 7:26.72 (51.16) 8:15.45 (48.73)
 --- Hope, Carolyn 40 North End Otters 8:10.00 NS

Women 40-44 1000 Yard Freestyle

ZONE: 10:55.87 Z 5/20/2001 SUZANNE SIMPSON INWM

PNA: 11:32.86 P 5/17/2002 LISA WILSON

1 Armstrong, Mary 43 Monroe YMCA Masters 14:00.00 12:32.74
 32.43 1:07.95 (35.52) 1:44.78 (36.83) 2:21.38 (36.60)
 2:58.93 (37.55) 3:37.00 (38.07) 4:15.25 (38.25) 4:53.62 (38.37)
 5:32.23 (38.61) 6:10.54 (38.31) 6:49.04 (38.50) 7:28.00 (38.96)
 8:06.99 (38.99) 8:45.43 (38.44) 9:24.32 (38.89) 10:03.25 (38.93)
 10:42.27 (39.02) 11:20.01 (37.74) 11:57.87 (37.86) 12:32.74 (34.87)

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2	Singer, Shannon	41	Skagit Valley Masters Swimming	15:45.00	16:00.31
	40.61		1:25.69 (45.08)	2:14.32 (48.63)	3:03.68 (49.36)
	3:53.06 (49.38)		4:42.18 (49.12)	5:30.69 (48.51)	6:20.26 (49.57)
	7:09.72 (49.46)		7:59.81 (50.09)	8:49.32 (49.51)	9:37.77 (48.45)
	10:26.98 (49.21)		11:15.39 (48.41)	12:02.96 (47.57)	12:51.88 (48.92)
	13:41.01 (49.13)		14:29.67 (48.66)	15:17.97 (48.30)	16:00.31 (42.34)

Women 40-44 1650 Yard Freestyle

ZONE: 17:53.81 Z 5/17/2002 SUZANNE SIMPSON INWM
PNA: 19:48.09 P 4/30/2000 MAGGIE KINSELLA

1	Werner, Haleigh	42	South Sound Masters Swimmers	19:45.00	19:15.09P
			22:17.58 ()	19:15.09 ()	
2	Vander Haegen, Geraldine	43	South Sound Masters Swimmers	21:39.00	21:24.52
	34.00		1:11.87 (37.87)	1:50.83 (38.96)	2:29.88 (39.05)
	3:08.87 (38.99)		3:48.08 (39.21)	4:27.16 (39.08)	5:06.05 (38.89)
	5:45.35 (39.30)		6:24.19 (38.84)	7:03.59 (39.40)	7:42.98 (39.39)
	8:22.15 (39.17)		9:01.21 (39.06)	9:40.58 (39.37)	10:19.76 (39.18)
	10:58.48 (38.72)		11:37.41 (38.93)	12:16.28 (38.87)	12:55.58 (39.30)
	13:34.47 (38.89)		14:13.74 (39.27)	14:52.81 (39.07)	15:32.13 (39.32)
	16:12.15 (40.02)		16:51.42 (39.27)	17:30.44 (39.02)	18:09.52 (39.08)
	18:48.71 (39.19)		19:28.59 (39.88)	20:07.65 (39.06)	20:46.35 (38.70)
					21:24.52 (38.17)
3	Rosen, Liz	41	Mercer Island Redwoods	22:00.00	22:22.97
	37.07		1:17.31 (40.24)	1:58.39 (41.08)	2:39.91 (41.52)
	3:21.44 (41.53)		4:02.53 (41.09)	4:43.48 (40.95)	5:24.51 (41.03)
	6:05.64 (41.13)		6:46.59 (40.95)	7:27.63 (41.04)	8:08.79 (41.16)
	8:50.30 (41.51)		9:31.21 (40.91)	10:12.25 (41.04)	10:53.25 (41.00)
	11:33.55 (40.30)		12:14.63 (41.08)	12:55.13 (40.50)	13:35.78 (40.65)
	14:15.96 (40.18)		14:56.67 (40.71)	15:37.43 (40.76)	16:17.77 (40.34)
	16:58.68 (40.91)		17:39.50 (40.82)	18:20.60 (41.10)	19:01.41 (40.81)
	19:42.44 (41.03)		20:23.07 (40.63)	21:04.11 (41.04)	21:43.87 (39.76)
					22:22.97 (39.10)
4	Richards, Kelly	41	Blue Wave Aquatics	23:36.00	24:28.42
	40.16		1:23.90 (43.74)	2:52.98 (1:29.08)	3:37.97 (44.99)
	4:22.88 (44.91)		5:07.81 (44.93)	5:52.54 (44.73)	6:37.83 (45.29)
	7:22.85 (45.02)		8:08.19 (45.34)	8:53.85 (45.66)	9:38.73 (44.88)
	10:23.40 (44.67)		11:07.93 (44.53)	11:52.75 (44.82)	12:37.36 (44.61)
	13:22.25 (44.89)		14:06.85 (44.60)	14:51.78 (44.93)	15:36.57 (44.79)
	16:21.33 (44.76)		17:05.91 (44.58)	17:50.79 (44.88)	18:35.54 (44.75)
	19:20.29 (44.75)		20:04.52 (44.23)	20:49.04 (44.52)	21:33.25 (44.21)
	22:17.32 (44.07)		23:01.52 (44.20)	23:45.39 (43.87)	24:28.42 (43.03)
					24:28.42 ()
5	McCandless, Diana	41	South Sound Masters Swimmers	28:00.00	28:17.02
	42.60		1:32.91 (50.31)	2:24.44 (51.53)	3:13.53 (49.09)
	4:03.96 (50.43)		4:54.26 (50.30)	5:46.27 (52.01)	6:37.39 (51.12)
	7:29.26 (51.87)		8:22.14 (52.88)	9:14.08 (51.94)	10:05.74 (51.66)
	10:58.72 (52.98)		11:49.62 (50.90)	12:41.02 (51.40)	13:33.06 (52.04)
	14:24.37 (51.31)		15:16.32 (51.95)	16:08.03 (51.71)	17:00.39 (52.36)
	17:52.68 (52.29)		18:43.85 (51.17)	19:35.54 (51.69)	20:26.79 (51.25)
	21:18.84 (52.05)		22:11.43 (52.59)	23:03.66 (52.23)	23:55.83 (52.17)
	24:49.35 (53.52)		25:42.08 (52.73)	26:34.00 (51.92)	27:27.51 (53.51)
					28:17.02 (49.51)

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6	Singer, Shannon	41	Skagit Valley Masters Swimming	30:00.00	28:44.35
	47.98	1:39.48 (51.50)	2:32.29 (52.81)	3:25.50 (53.21)	
	4:18.73 (53.23)	5:11.82 (53.09)	6:04.36 (52.54)	6:57.44 (53.08)	
	7:50.27 (52.83)	8:43.31 (53.04)	9:34.73 (51.42)	10:27.85 (53.12)	
	11:20.64 (52.79)	12:14.13 (53.49)	13:07.08 (52.95)	14:01.23 (54.15)	
	14:53.52 (52.29)	15:45.83 (52.31)	16:37.94 (52.11)	17:29.90 (51.96)	
	18:21.58 (51.68)	19:12.50 (50.92)	20:04.68 (52.18)	20:57.65 (52.97)	
	21:50.10 (52.45)	22:41.80 (51.70)	23:35.30 (53.50)	24:26.81 (51.51)	
	25:17.87 (51.06)	26:09.79 (51.92)	27:01.47 (51.68)	27:53.08 (51.61)	28:44.35 (51.27)
---	Wulff, Eva	44	Blue Wave Aquatics	35:00.00	DNF
	Did not finish				
	55.79	1:56.44 (1:00.65)	3:02.70 (1:06.26)	4:07.93 (1:05.23)	
	5:12.04 (1:04.11)	6:16.23 (1:04.19)	7:20.49 (1:04.26)	8:26.10 (1:05.61)	
	9:31.31 (1:05.21)	10:35.97 (1:04.66)	11:41.74 (1:05.77)	12:46.74 (1:05.00)	
	13:52.33 (1:05.59)	14:57.88 (1:05.55)	16:02.84 (1:04.96)	17:08.25 (1:05.41)	
	18:12.68 (1:04.43)	19:18.49 (1:05.81)	20:24.80 (1:06.31)	21:30.71 (1:05.91)	
	22:34.38 (1:03.67)	23:42.34 (1:07.96)	24:48.68 (1:06.34)	25:55.32 (1:06.64)	
	27:02.35 (1:07.03)	28:08.76 (1:06.41)	29:15.65 (1:06.89)	30:21.55 (1:05.90)	
	31:27.20 (1:05.65)	32:31.07 (1:03.87)	33:36.23 (1:05.16)		

Women 40-44 50 Yard Backstroke

ZONE: 27.12 Z 5/4/2008 VALERIE JENKINS OREG
PNA: 29.03 P 5/20/2001 ZENA COURTNEY

1	Kim, Nellis	40	Blue Wave Aquatics	39.01	38.53
2	Hare, Stephanie	41	Blue Wave Aquatics	40.04	38.97
3	Kucinski, Christine	42	Lake Washington Masters	42.40	39.36
4	Moore, Kathy	44	Unattached Pna	37.40	41.67
5	McCandless, Diana	41	South Sound Masters Swimmers	44.00	45.03

Women 40-44 100 Yard Backstroke

ZONE: 1:00.17 Z 4/25/2004 VALERIE JENKINS OREG
PNA: 1:02.73 P 5/20/2001 ZENA COURTNEY

1	Werner, Haleigh	42	South Sound Masters Swimmers	1:16.00	1:11.76
	35.23	1:11.76 (36.53)			
2	Richards, Kelly	41	Blue Wave Aquatics	1:32.00	1:21.38
	40.00	1:21.38 (41.38)			
3	Antilla, Kristine	42	Ohana Swim Team	1:25.92	1:24.82
	41.93	1:24.82 (42.89)			

Women 40-44 50 Yard Breaststroke

ZONE: 31.77 Z 5/23/2010 SHANNON CORBEAU OREG
PNA: 32.07 P 4/11/2009 MARY ARMSTRONG

1	Armstrong, Mary	43	Monroe YMCA Masters	32.50	32.25
2	Sullivan, Suna	43	Gold's Eastside Masters	37.22	37.50
3	Kim, Nellis	40	Blue Wave Aquatics	39.73	37.94
4	Antilla, Kristine	42	Ohana Swim Team	38.97	38.91
5	Bohannon, Jennifer	40	Skagit Valley Masters Swimming	42.08	39.76
6	Hope, Carolyn	40	North End Otters	50.00	42.88
7	Moore, Kathy	44	Unattached Pna	43.41	43.89
8	Wilson, Andrea	42	Bainbridge Aquatic Masters	44.19	44.75
---	Johnson, Diana	40	Blue Wave Aquatics	41.54	NS

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ZONE: 1:10.52		Z 4/11/2009	MARY ARMSTRONG	PNA	
PNA: 1:10.52		P 4/11/2009	MARY ARMSTRONG		
1	Armstrong, Mary	43	Monroe YMCA Masters	1:15.00	1:12.29
	33.82	1:12.29 (38.47)			
2	Johansson, Hanna	44	Issaquah Swim Team	1:21.91	1:22.30
	39.75	1:22.30 (42.55)			
3	Sullivan, Suna	43	Gold's Eastside Masters	1:22.13	1:22.50
	38.48	1:22.50 (44.02)			
4	Kim, Nellis	40	Blue Wave Aquatics	1:24.49	1:24.73
	39.16	1:24.73 (45.57)			
5	Antilla, Kristine	42	Ohana Swim Team	1:23.96	1:26.28
	41.10	1:26.28 (45.18)			
6	Bohannon, Jennifer	40	Skagit Valley Masters Swimming	1:33.92	1:30.42
	41.65	1:30.42 (48.77)			
7	Hope, Carolyn	40	North End Otters	1:45.00	1:34.05
	44.92	1:34.05 (49.13)			
8	Wulff, Eva	44	Blue Wave Aquatics	5:30.00	1:50.02
	53.93	1:50.02 (56.09)			
---	Johnson, Diana	40	Blue Wave Aquatics	1:37.00	NS

Women 40-44 200 Yard Breaststroke

ZONE: 2:38.86		Z 5/4/1986	GINGER PIERSON	OREG	
PNA: 2:41.20		P 4/30/2000	TONYA BERG		
1	Outerson, Jenell	43	Blue Wave Aquatics	3:05.05	3:00.85
	43.50	1:29.45 (45.95)	2:15.54 (46.09)	3:00.85 (45.31)	
2	Antilla, Kristine	42	Ohana Swim Team	3:06.50	3:13.25
	44.76	1:33.57 (48.81)	2:23.97 (50.40)	3:13.25 (49.28)	
3	Hope, Carolyn	40	North End Otters	3:20.00	3:20.76
	44.46	1:34.69 (50.23)	2:27.40 (52.71)	3:20.76 (53.36)	
---	Johnson, Diana	40	Blue Wave Aquatics	3:27.00	NS
---	Sullivan, Suna	43	Gold's Eastside Masters	3:01.50	NS

Women 40-44 50 Yard Butterfly

ZONE: 27.19		Z 5/17/2002	SUZANNE SIMPSON	INWM	
PNA: 27.64		P 4/25/2004	LISA DAHL		
1	Outerson, Jenell	43	Blue Wave Aquatics	30.58	31.89
2	Poehlman, Yuriko	41	Tigers	33.35	32.25
3	Johansson, Hanna	44	Issaquah Swim Team	32.00	33.13
4	Holt, Megan	40	Blue Wave Aquatics	38.52	37.00
5	Wilson, Andrea	42	Bainbridge Aquatic Masters	37.61	38.41
6	Moore, Kathy	44	Unattached Pna	36.05	38.87
7	Hope, Carolyn	40	North End Otters	45.00	42.27
---	Johnson, Diana	40	Blue Wave Aquatics	40.97	NS

Women 40-44 100 Yard Butterfly

ZONE: 59.72		Z 5/20/2001	SUZANNE SIMPSON	INWM	
PNA: 1:01.99		P 5/18/1997	CAMILLE THOMPSON		
1	Outerson, Jenell	43	Blue Wave Aquatics	1:09.50	1:14.14
	34.51	1:14.14 (39.63)			
2	Holt, Megan	40	Blue Wave Aquatics	1:30.00	1:28.58
	39.11	1:28.58 (49.47)			
3	Wilson, Andrea	42	Bainbridge Aquatic Masters	1:30.00	1:30.12
	42.39	1:30.12 (47.73)			

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ZONE: 2:10.34 Z 5/20/2001 SUZANNE SIMPSON INWM
PNA: 2:18.99 P 4/14/1996 CAMILLE THOMPSON

--- Singer, Shannon 41 Skagit Valley Masters Swimming 4:00.00 NS

Women 40-44 100 Yard IM

ZONE: 1:02.98 Z 4/11/2010 SHANNON CORBEAU OREG
PNA: 1:03.86 P 4/25/2004 LISA DAHL

1	Armstrong, Mary	43	Monroe YMCA Masters	1:10.00	1:07.17
	31.60		1:07.17 (35.57)		
2	Vander Haegen, Geraldine	43	South Sound Masters Swimmers	1:15.00	1:11.60
	34.04		1:11.60 (37.56)		
3	Sullivan, Suna	43	Gold's Eastside Masters	1:13.64	1:13.54
	35.23		1:13.54 (38.31)		
4	Outerson, Jenell	43	Blue Wave Aquatics	1:10.23	1:13.66
	34.75		1:13.66 (38.91)		
5	Antilla, Kristine	42	Ohana Swim Team	1:22.50	1:23.06
	39.25		1:23.06 (43.81)		
6	Bohannon, Jennifer	40	Skagit Valley Masters Swimming	1:30.00	1:23.60
	40.38		1:23.60 (43.22)		
7	Holt, Megan	40	Blue Wave Aquatics	1:28.09	1:26.63
	40.57		1:26.63 (46.06)		
8	Wilson, Andrea	42	Bainbridge Aquatic Masters	1:25.34	1:27.48
	39.54		1:27.48 (47.94)		
9	Montiel, Julie	40	Blue Wave Aquatics	1:40.00	1:38.39
	47.57		1:38.39 (50.82)		

Women 40-44 200 Yard IM

ZONE: 2:14.98 Z 5/18/2008 ELLEN REYNOLDS SAWS
PNA: 2:22.03 P 5/17/2002 LISA WILSON

1	Werner, Haleigh	42	South Sound Masters Swimmers	2:35.00	2:27.29
	31.89		1:11.42 (39.53) 1:53.35 (41.93) 2:27.29 (33.94)		
2	Outerson, Jenell	43	Blue Wave Aquatics	2:32.39	2:40.48
	34.17		1:16.95 (42.78) 2:05.05 (48.10) 2:40.48 (35.43)		
3	Johansson, Hanna	44	Issaquah Swim Team	2:40.35	2:40.59
	34.65		1:17.01 (42.36) 2:04.30 (47.29) 2:40.59 (36.29)		
4	Holt, Megan	40	Blue Wave Aquatics	3:05.00	3:12.10
	39.80		1:32.02 (52.22) 2:28.86 (56.84) 3:12.10 (43.24)		
5	Hope, Carolyn	40	North End Otters	3:30.00	3:20.11
	44.71		1:36.25 (51.54) 2:32.60 (56.35) 3:20.11 (47.51)		
6	McCandless, Diana	41	South Sound Masters Swimmers	3:37.00	3:30.97
	45.44		1:44.36 (58.92) 3:31.04 (1:46.68) 3:30.97 ()		
7	Singer, Shannon	41	Skagit Valley Masters Swimming	3:45.00	3:31.30
	42.13		1:40.19 (58.06) 2:43.34 (1:03.15) 3:31.30 (47.96)		
---	Sullivan, Suna	43	Gold's Eastside Masters	2:42.00	NS

Women 40-44 400 Yard IM

ZONE: 4:50.73 Z 5/18/2008 ELLEN REYNOLDS SAWS
PNA: 4:56.90 P 5/20/2001 ZENA COURTNEY

1	Vander Haegen, Geraldine	43	South Sound Masters Swimmers	5:50.00	5:41.14
	39.38		1:25.16 (45.78) 2:09.03 (43.87) 2:51.10 (42.07)		
	3:38.79 (47.69)		4:27.27 (48.48) 5:05.42 (38.15) 5:41.14 (35.72)		
2	Outerson, Jenell	43	Blue Wave Aquatics	5:27.80	5:41.26
	35.70		1:16.27 (40.57) 2:03.71 (47.44) 2:49.18 (45.47)		
	3:38.38 (49.20)		4:26.78 (48.40) 5:05.86 (39.08) 5:41.26 (35.40)		

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Women 40-44 400 Yard IM)**

3	Singer, Shannon	41	Skagit Valley Masters Swimming	6:53.00	7:32.54
	42.27	1:41.43 (59.16)	2:45.53 (1:04.10)	3:47.31 (1:01.78)	
	4:48.93 (1:01.62)	5:50.81 (1:01.88)	6:43.52 (52.71)	7:32.54 (49.02)	

Women 45-49 50 Yard Freestyle

ZONE: 24.63 Z 5/23/2010 LISA A DAHL PNA
PNA: 24.63 P 5/23/2010 LISA A DAHL

1	Dahl, Lisa	49	Central Area Aquatics Team	24.63	25.78
2	Gengler Dahl, Sarah	48	Central Area Aquatics Team	26.00	26.51
3	Stenfjord, Tani	45	Greenlake Aquaducks	27.40	27.41
4	Gilmore, Suzan	48	Unattached Pna	34.00	29.87
5	Mishel, Tatyana	47	Mercer Island Redwoods	30.00	30.20
6	Turley, Angela	47	Blue Wave Aquatics	39.52	35.67
---	Rasmussen, Joni	48	Ohana Swim Team	41.23	NS
---	Fleenor, Susan	46	Lake Washington Masters	34.00	NS

Women 45-49 100 Yard Freestyle

ZONE: 53.71 Z 5/23/2010 ELLEN REYNOLDS SAWS
PNA: 54.63 P 5/23/2010 LISA A DAHL

1	Gengler Dahl, Sarah	48	Central Area Aquatics Team	59.00	57.73
	28.01	57.73 (29.72)			
2	Dahl, Lisa	49	Central Area Aquatics Team	55.55	58.67
	28.65	58.67 (30.02)			
3	Stenfjord, Tani	45	Greenlake Aquaducks	59.86	59.33
	28.78	59.33 (30.55)			
4	Bullock, Sarah	45	Bainbridge Aquatic Masters	1:06.00	1:00.23
	28.92	1:00.23 (31.31)			
5	Mishel, Tatyana	47	Mercer Island Redwoods	1:06.00	1:05.74
	31.86	1:05.74 (33.88)			
6	Gilmore, Suzan	48	Unattached Pna	1:15.00	1:05.96
	31.73	1:05.96 (34.23)			
7	Huntamer, Nancy	46	North End Otters	1:20.96	1:17.82
	37.56	1:17.82 (40.26)			
8	Oden, Lauren	48	Samena Masters	1:25.00	1:18.68
	37.28	1:18.68 (41.40)			
9	Turley, Angela	47	Blue Wave Aquatics	1:30.00	1:22.42
	39.01	1:22.42 (43.41)			
---	Fleenor, Susan	46	Lake Washington Masters	1:20.00	NS

Women 45-49 200 Yard Freestyle

ZONE: 1:56.99 Z 5/23/2010 ELLEN REYNOLDS SAWS
PNA: 2:06.33 P 5/20/2001 MARY LIPPOLD

1	Stenfjord, Tani	45	Greenlake Aquaducks	2:20.90	2:11.88
	30.54	1:03.63 (33.09)	1:37.83 (34.20)	2:11.88 (34.05)	
2	Pearson McJunkin, Jill	47	Lake Washington Masters	2:55.00	2:35.99
	35.62	1:15.45 (39.83)	1:56.80 (41.35)	2:35.99 (39.19)	
3	Peterson, Terrie	48	Monroe YMCA Masters	3:20.00	3:05.00
	41.72	1:28.99 (47.27)	2:17.48 (48.49)	3:05.00 (47.52)	
---	Whitney, Jamie	46	Bainbridge Aquatic Masters	2:31.03	NS

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 45-49 500 Yard Freestyle**

ZONE: 5:22.00		Z	5/22/2005	SUSANNE SIMPSON	INWM	
PNA: 5:30.78		P	5/20/2007	LISA PACE		
1	Bullock, Sarah	45	Bainbridge Aquatic Masters	5:55.00	5:55.69	
	30.27	1:03.27 (33.00)	1:38.15 (34.88)	2:13.66 (35.51)		
	2:50.40 (36.74)	3:26.90 (36.50)	4:03.81 (36.91)	4:41.22 (37.41)		
	5:18.93 (37.71)	5:55.69 (36.76)				
2	Stenfjord, Tani	45	Greenlake Aquaducks	5:55.10	5:59.21	
	31.58	1:05.96 (34.38)	1:41.32 (35.36)	2:17.70 (36.38)		
	2:54.39 (36.69)	3:30.92 (36.53)	4:08.02 (37.10)	4:45.17 (37.15)		
	5:22.58 (37.41)	5:59.21 (36.63)				
3	Speir, Kris	47	Ohana Swim Team	6:40.00	6:55.65	
	36.23	1:16.19 (39.96)	1:57.58 (41.39)	2:40.00 (42.42)		
	3:22.90 (42.90)	4:06.16 (43.26)	4:49.57 (43.41)	5:32.73 (43.16)		
	6:15.13 (42.40)	6:55.65 (40.52)				
4	Schuster, Belinda	46	Skagit Valley Masters Swimming	7:15.00	7:22.95	
	38.76	1:22.23 (43.47)	2:07.62 (45.39)	2:53.25 (45.63)		
	3:38.69 (45.44)	4:25.65 (46.96)	5:11.89 (46.24)	5:57.91 (46.02)		
	6:43.01 (45.10)	7:22.95 (39.94)				
---	Huntamer, Nancy	46	North End Otters	8:06.80	SCR	

Women 45-49 1000 Yard Freestyle

ZONE: 10:55.12		Z	5/22/2005	SUSANNE SIMPSON	INWM	
PNA: 11:46.19		P	5/18/2003	JO MOORE		
1	Fordham, Jennifer	47	Monroe YMCA Masters	14:30.00	14:28.97	
	37.22	1:19.54 (42.32)	2:02.97 (43.43)	2:46.48 (43.51)		
	3:30.14 (43.66)	4:14.48 (44.34)	4:59.03 (44.55)	5:44.38 (45.35)		
	6:29.10 (44.72)	7:13.91 (44.81)	7:58.19 (44.28)	8:42.50 (44.31)		
	9:27.49 (44.99)	10:11.75 (44.26)	10:55.44 (43.69)	11:38.43 (42.99)		
	12:21.42 (42.99)	13:04.07 (42.65)	13:47.16 (43.09)	14:28.97 (41.81)		

Women 45-49 1650 Yard Freestyle

ZONE: 18:03.61		Z	5/22/2005	SUSANNE SIMPSON	INWM	
PNA: 20:03.58		P	5/17/2002	JO MOORE		
1	North, Donnie	45	North End Otters	26:05.00	26:17.88	
	41.12	1:25.94 (44.82)	2:12.77 (46.83)	3:00.20 (47.43)		
	3:48.03 (47.83)	4:36.22 (48.19)	5:24.71 (48.49)	6:12.11 (47.40)		
	7:00.27 (48.16)	7:48.71 (48.44)	8:36.98 (48.27)	9:25.30 (48.32)		
	10:14.31 (49.01)	11:02.47 (48.16)	11:50.83 (48.36)	12:38.89 (48.06)		
	13:26.22 (47.33)	14:13.90 (47.68)	15:02.33 (48.43)	15:50.22 (47.89)		
	16:38.55 (48.33)	17:26.54 (47.99)	18:14.76 (48.22)	19:03.06 (48.30)		
	19:51.50 (48.44)	20:40.11 (48.61)	21:28.41 (48.30)	22:16.64 (48.23)		
	23:04.49 (47.85)	23:53.26 (48.77)	24:41.95 (48.69)	25:30.44 (48.49)	26:17.88 (47.44)	
2	Huntamer, Nancy	46	North End Otters	28:30.00	27:07.63	
	42.98	1:31.00 (48.02)	2:19.96 (48.96)	3:09.69 (49.73)		
	3:58.98 (49.29)	4:48.88 (49.90)	5:38.42 (49.54)	6:27.79 (49.37)		
	7:17.64 (49.85)	8:07.79 (50.15)	8:57.63 (49.84)	9:47.43 (49.80)		
	10:36.90 (49.47)	11:26.25 (49.35)	12:15.87 (49.62)	13:06.07 (50.20)		
	13:55.61 (49.54)	14:45.69 (50.08)	15:35.53 (49.84)	16:25.00 (49.47)		
	17:14.32 (49.32)	18:03.72 (49.40)	18:53.87 (50.15)	19:43.43 (49.56)		
	20:33.12 (49.69)	21:23.00 (49.88)	22:12.43 (49.43)	23:02.05 (49.62)		
	23:51.54 (49.49)	24:40.84 (49.30)	25:30.84 (50.00)	26:20.12 (49.28)	27:07.63 (47.51)	

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ZONE: 27.69 Z 5/23/2010 ELLEN REYNOLDS		SAWS			
PNA: 30.05 P 5/10/2009 LISA DAHL					
1	Gengler Dahl, Sarah	48	Central Area Aquatics Team	32.00	31.14
2	Fordham, Jennifer	47	Monroe YMCA Masters	35.05	34.91
3	Diddams, Margaret	49	North End Otters	36.10	35.11
4	Mishel, Tatyana	47	Mercer Island Redwoods	40.00	35.73
---	Rasmussen, Joni	48	Ohana Swim Team	57.17	NS

Women 45-49 100 Yard Backstroke

ZONE: 57.83 Z 5/23/2010 ELLEN REYNOLDS		SAWS			
PNA: 1:05.05 P 5/20/2007 ZENA COURTNEY					
1	Gengler Dahl, Sarah	48	Central Area Aquatics Team	1:08.00	1:07.37
	33.24	1:07.37 (34.13)			
*2	Diddams, Margaret	49	North End Otters	1:18.94	1:17.01
	37.98	1:17.01 (39.03)			
*2	Fordham, Jennifer	47	Monroe YMCA Masters	1:15.68	1:17.01
	36.64	1:17.01 (40.37)			
4	Schuster, Belinda	46	Skagit Valley Masters Swimming	1:45.00	1:31.45
	43.85	1:31.45 (47.60)			
---	Rasmussen, Joni	48	Ohana Swim Team	2:00.00	NS

Women 45-49 200 Yard Backstroke

ZONE: 2:07.62 Z 5/23/2010 ELLEN REYNOLDS		SAWS			
PNA: 2:19.72 P 5/20/2007 ZENA COURTNEY					
1	Fordham, Jennifer	47	Monroe YMCA Masters	2:46.57	2:45.39
	38.92	1:20.57 (41.65)	2:03.83 (43.26)	2:45.39 (41.56)	
2	Diddams, Margaret	49	North End Otters	2:50.49	2:47.00
	39.65	1:21.69 (42.04)	2:04.81 (43.12)	2:47.00 (42.19)	

Women 45-49 50 Yard Breaststroke

ZONE: 33.50 Z 5/10/2009 LISA DAHL		PNA			
PNA: 33.50 P 5/10/2009 LISA DAHL					
1	Dahl, Lisa	49	Central Area Aquatics Team	35.55	35.11
2	Voss, Julie	47	Lake Washington Masters	40.00	36.22
3	Speir, Kris	47	Ohana Swim Team	38.75	37.42
4	McCaig, Carol	48	Lake Washington Masters	38.50	37.76
5	Olsen, Kris	46	Lake Washington Masters	38.84	38.45
6	Diddams, Margaret	49	North End Otters	39.64	40.67
7	Pearson McJunkin, Jill	47	Lake Washington Masters	44.00	42.78
8	Peterson, Terrie	48	Monroe YMCA Masters	45.00	42.85
---	Whitney, Jamie	46	Bainbridge Aquatic Masters	38.87	NS
---	Rasmussen, Joni	48	Ohana Swim Team	52.14	NS

Women 45-49 100 Yard Breaststroke

ZONE: 1:11.61 Z 5/14/2002 COLETTE CRABBE		OREG			
PNA: 1:16.94 P 4/10/2005 TONYA BERG					
1	Voss, Julie	47	Lake Washington Masters	1:30.00	1:19.90
	37.79	1:19.90 (42.11)			
2	McCaig, Carol	48	Lake Washington Masters	1:28.00	1:22.13
	39.10	1:22.13 (43.03)			
3	Speir, Kris	47	Ohana Swim Team	1:25.72	1:23.01
	39.37	1:23.01 (43.64)			
---	Rasmussen, Joni	48	Ohana Swim Team	2:02.17	NS

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--- Whitney, Jamie 46 Bainbridge Aquatic Masters 1:28.01 NS

Women 45-49 200 Yard Breaststroke

ZONE: 2:35.43 Z 5/14/2002 COLETTE CRABBE OREG

PNA: 2:46.16 P 4/10/2005 TONYA BERG

1 Speir, Kris 47 Ohana Swim Team 3:05.00 3:06.25
 43.43 1:31.38 (47.95) 2:19.92 (48.54) 3:06.25 (46.33)
 2 North, Donnie 45 North End Otters 3:12.40 3:18.16
 44.83 1:34.05 (49.22) 2:25.64 (51.59) 3:18.16 (52.52)

Women 45-49 50 Yard Butterfly

ZONE: 26.36 Z 5/23/2010 LISA A DAHL PNA

PNA: 26.36 P 5/23/2010 LISA A DAHL

1 Dahl, Lisa 49 Central Area Aquatics Team 26.36 27.82
 2 Stenfjord, Tani 45 Greenlake Aquaducks 31.20 30.29
 3 Olsen, Kris 46 Lake Washington Masters 32.95 32.97
 4 Voss, Julie 47 Lake Washington Masters 35.00 33.10
 5 Schuster, Belinda 46 Skagit Valley Masters Swimming 36.00 33.49
 6 Gilmore, Suzan 48 Unattached Pna 40.00 35.53
 7 Pearson McJunkin, Jill 47 Lake Washington Masters 37.00 35.73
 8 Peterson, Terrie 48 Monroe YMCA Masters 42.00 37.04

Women 45-49 100 Yard Butterfly

ZONE: 59.39 Z 5/4/2008 ARLENE DELMAGE OREG

PNA: 1:04.75 P 5/22/2005 MARY LIPPOLD

1 Gilmore, Suzan 48 Unattached Pna 2:00.00 1:14.42
 34.96 1:14.42 (39.46)
 2 Schuster, Belinda 46 Skagit Valley Masters Swimming 1:30.00 1:17.75
 37.25 1:17.75 (40.50)
 3 Peterson, Terrie 48 Monroe YMCA Masters 1:43.00 1:35.92
 41.44 1:35.92 (54.48)

Women 45-49 200 Yard Butterfly

ZONE: 2:14.69 Z 5/4/2008 ARLENE DELMAGE OREG

PNA: 2:25.05 P 5/17/2002 MARY LIPPOLD

1 Bullock, Sarah 45 Bainbridge Aquatic Masters 3:00.00 2:38.35
 33.85 1:12.04 (38.19) 1:54.98 (42.94) 2:38.35 (43.37)
 --- Schuster, Belinda 46 Skagit Valley Masters Swimming 3:00.00 NS

Women 45-49 100 Yard IM

ZONE: 1:02.87 Z 5/23/2010 LISA A DAHL PNA

PNA: 1:02.87 P 5/23/2010 LISA A DAHL

1 Stenfjord, Tani 45 Greenlake Aquaducks 1:11.25 1:09.18
 32.26 1:09.18 (36.92)
 2 Voss, Julie 47 Lake Washington Masters 1:25.00 1:15.14
 36.27 1:15.14 (38.87)
 3 Speir, Kris 47 Ohana Swim Team 1:17.18 1:16.44
 36.09 1:16.44 (40.35)
 4 Olsen, Kris 46 Lake Washington Masters 1:15.11 1:16.95
 35.06 1:16.95 (41.89)
 5 McCaig, Carol 48 Lake Washington Masters 1:20.50 1:17.57
 37.16 1:17.57 (40.41)

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6	Peterson, Terrie	48	Monroe YMCA Masters	1:35.00	1:28.69
	41.08		1:28.69 (47.61)		
---	Whitney, Jamie	46	Bainbridge Aquatic Masters	1:18.19	NS

Women 45-49 200 Yard IM

ZONE: 2:11.08 Z 5/23/2010 ELLEN REYNOLDS SAWS
PNA: 2:19.88 P 5/20/2007 LISA PACE

1	Bullock, Sarah	45	Bainbridge Aquatic Masters	2:40.00	2:36.05
	32.32		1:11.94 (39.62) 2:01.06 (49.12)	2:36.05 (34.99)	
2	Fordham, Jennifer	47	Monroe YMCA Masters	2:52.92	2:53.64
	38.80		1:20.57 (41.77) 2:12.01 (51.44)	2:53.64 (41.63)	
3	North, Donnie	45	North End Otters	3:05.00	3:08.23
	42.47		1:31.89 (49.42) 2:23.37 (51.48)	3:08.23 (44.86)	

Women 45-49 400 Yard IM

ZONE: 4:42.95 Z 4/15/2010 ELLEN REYNOLDS SAWS
PNA: 5:00.13 P 5/20/2007 LISA PACE

1	Fordham, Jennifer	47	Monroe YMCA Masters	6:20.18	6:10.26
	40.07		1:28.46 (48.39) 2:14.96 (46.50)	2:59.76 (44.80)	
	3:51.58 (51.82)		4:43.11 (51.53) 5:27.91 (44.80)	6:10.26 (42.35)	
2	Schuster, Belinda	46	Skagit Valley Masters Swimming	6:45.00	6:43.84
	42.07		1:28.73 (46.66) 2:21.10 (52.37)	3:14.39 (53.29)	
	4:16.82 (1:02.43)		5:16.98 (1:00.16) 6:01.19 (44.21)	6:43.84 (42.65)	

Women 50-54 50 Yard Freestyle

ZONE: 25.63 Z 5/4/2008 K ANDRUS-HUGHES OREG
PNA: 26.33 P 5/20/2007 MARY LIPPOLD

1	Menkens, Michelle	54	Blue Wave Aquatics	32.00	30.15
2	Dillan, Gloria	51	North End Otters	31.50	30.32
3	Zappone, Peggy	52	Skagit Valley Masters Swimming	30.82	31.51
4	Moore, Sheila	52	Lake Washington Masters	33.97	33.12
---	Clutter, Cynthia	51	Hydropower Masters Swim Club	34.51	X33.61
---	Forelli, Maria	53	Gig Harbor Old Swimmers Team	48.00	NS
---	Speedy, Sandi	52	Skagit Valley Masters Swimming	48.00	SCR

Women 50-54 100 Yard Freestyle

ZONE: 56.59 Z 5/4/2008 K ANDRUS-HUGHES OREG
PNA: 58.54 P 5/20/2007 MARY LIPPOLD

1	Moore, Sheila	52	Lake Washington Masters	1:13.50	1:12.28
	35.05		1:12.28 (37.23)		
2	Zappone, Peggy	52	Skagit Valley Masters Swimming	1:10.33	1:13.33
	33.73		1:13.33 (39.60)		
3	Ellwanger, Kimberly	52	South Sound Masters Swimmers	1:25.29	1:19.04
	36.42		1:19.04 (42.62)		
---	Speedy, Sandi	52	Skagit Valley Masters Swimming	1:50.00	SCR

Women 50-54 200 Yard Freestyle

ZONE: 2:07.91 Z 5/20/2007 MARY LIPPOLD PNA
PNA: 2:07.91 P 5/20/2007 MARY LIPPOLD

1	Moore, Sheila	52	Lake Washington Masters	2:45.96	2:34.45
	35.60		1:15.14 (39.54) 1:54.74 (39.60)	2:34.45 (39.71)	
2	Hickel, Jessie	52	Blue Wave Aquatics	2:28.00	2:35.13
	36.66		1:15.47 (38.81) 1:54.93 (39.46)	2:35.13 (40.20)	

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3	Farin, Lisa	53	Seattle Athletic Club	2:45.00	2:45.47
	38.47	1:20.52 (42.05)	2:03.69 (43.17)	2:45.47 (41.78)	
---	Speedy, Sandi	52	Skagit Valley Masters Swimming	3:58.00	SCR

Women 50-54 500 Yard Freestyle

ZONE: 5:45.06 Z 5/17/2002 BARB GUNDRED PNA
PNA: 5:45.06 P 5/17/2002 BARB GUNDRED

1	Moore, Sheila	52	Lake Washington Masters	6:55.00	6:52.81
	36.01	1:15.77 (39.76)	1:57.29 (41.52)	2:39.88 (42.59)	
	3:22.23 (42.35)	4:05.04 (42.81)	4:47.21 (42.17)	5:29.59 (42.38)	
	6:12.25 (42.66)	6:52.81 (40.56)			
2	Sullivan, Linda	54	Blue Wave Aquatics	7:32.81	7:52.87
	45.00	1:32.22 (47.22)	2:20.78 (48.56)	3:09.55 (48.77)	
	3:57.39 (47.84)	4:44.72 (47.33)	5:33.07 (48.35)	6:22.13 (49.06)	
	7:08.90 (46.77)	7:52.87 (43.97)			
3	Underbrink, Mary	51	Monroe YMCA Masters	9:00.00	9:51.67
	49.09	1:46.10 (57.01)	2:45.57 (59.47)	3:47.50 (1:01.93)	
	4:49.50 (1:02.00)	5:52.40 (1:02.90)	6:53.11 (1:00.71)	7:53.77 (1:00.66)	
	8:54.08 (1:00.31)	9:51.67 (57.59)			
---	Clutter, Cynthia	51	Hydropower Masters Swim Club	7:05.00	X6:54.44
	36.87	1:17.51 (40.64)	1:59.48 (41.97)	2:42.06 (42.58)	
	3:24.79 (42.73)	4:07.38 (42.59)	4:50.15 (42.77)	5:32.63 (42.48)	
	6:14.66 (42.03)	6:54.44 (39.78)			
---	Speedy, Sandi	52	Skagit Valley Masters Swimming	10:00.00	SCR
---	Boyer, Diane	50	Blue Wave Aquatics	6:55.79	SCR

Women 50-54 1000 Yard Freestyle

ZONE: 12:00.62 Z 5/17/2002 BARB GUNDRED PNA
PNA: 12:00.62 P 5/17/2002 BARB GUNDRED

1	Moore, Sheila	52	Lake Washington Masters	15:00.00	14:03.60
	38.21	1:20.33 (42.12)	2:03.36 (43.03)	2:46.22 (42.86)	
	3:29.05 (42.83)	4:11.74 (42.69)	4:54.73 (42.99)	5:37.23 (42.50)	
	6:19.65 (42.42)	7:02.19 (42.54)	7:44.84 (42.65)	8:27.21 (42.37)	
	9:09.75 (42.54)	9:52.41 (42.66)	10:34.87 (42.46)	11:16.73 (41.86)	
	11:58.62 (41.89)	12:40.56 (41.94)	13:22.69 (42.13)	14:03.60 (40.91)	
2	Hickel, Jessie	52	Blue Wave Aquatics	13:45.00	14:06.99
	38.88	1:20.12 (41.24)	2:02.51 (42.39)	2:44.64 (42.13)	
	3:27.40 (42.76)	4:10.98 (43.58)	4:55.30 (44.32)	5:37.82 (42.52)	
	6:20.25 (42.43)	7:02.73 (42.48)	7:45.93 (43.20)	8:27.88 (41.95)	
	9:11.79 (43.91)	9:53.69 (41.90)	10:36.59 (42.90)	11:19.01 (42.42)	
	12:02.29 (43.28)	12:44.91 (42.62)	13:28.01 (43.10)	14:06.99 (38.98)	
3	Main, Susan	52	North End Otters	16:00.00	16:33.60
	43.10	1:31.65 (48.55)	2:22.55 (50.90)	3:14.25 (51.70)	
	4:05.24 (50.99)	4:56.39 (51.15)	5:47.48 (51.09)	6:38.44 (50.96)	
	7:27.75 (49.31)	8:17.96 (50.21)	9:11.55 (53.59)	10:02.04 (50.49)	
	10:51.42 (49.38)	11:41.04 (49.62)	12:31.56 (50.52)	13:21.91 (50.35)	
	14:10.87 (48.96)	14:59.50 (48.63)	15:47.23 (47.73)	16:33.60 (46.37)	
4	Foster, Mary	51	Blue Wave Aquatics	20:00.00	18:52.52
	45.86	1:39.41 (53.55)	2:34.27 (54.86)	3:30.26 (55.99)	
	4:26.35 (56.09)	5:23.39 (57.04)	6:20.81 (57.42)	7:18.25 (57.44)	
	8:15.93 (57.68)	9:12.80 (56.87)	10:10.50 (57.70)	11:08.65 (58.15)	
	12:07.02 (58.37)	13:05.60 (58.58)	14:03.82 (58.22)	15:02.54 (58.72)	
	16:01.13 (58.59)	16:59.08 (57.95)	17:56.81 (57.73)	18:52.52 (55.71)	

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Women 50-54 1000 Yard Freestyle)**

---	Clutter, Cynthia	51	Hydropower Masters Swim Club	14:10.00	X14:13.08
	36.80	1:18.09 (41.29)	2:00.66 (42.57)	2:43.70 (43.04)	
	3:27.14 (43.44)	4:10.54 (43.40)	4:53.91 (43.37)	5:37.46 (43.55)	
	6:20.76 (43.30)	7:04.19 (43.43)	7:47.49 (43.30)	8:30.94 (43.45)	
	9:13.97 (43.03)	9:57.22 (43.25)	10:40.35 (43.13)	11:23.53 (43.18)	
	12:06.99 (43.46)	12:50.17 (43.18)	13:32.55 (42.38)	14:13.08 (40.53)	
---	Speedy, Sandi	52	Skagit Valley Masters Swimming	20:30.00	SCR

Women 50-54 1650 Yard Freestyle

ZONE: 20:02.62 Z 4/11/2010 MARY SWEAT OREG

PNA: 20:06.43 P 5/20/2007 JO MOORE

1	Foster, Mary	51	Blue Wave Aquatics	32:00.00	31:24.29
	45.92	1:40.07 (54.15)	2:35.31 (55.24)	3:31.47 (56.16)	
	4:28.12 (56.65)	5:25.08 (56.96)	6:21.38 (56.30)	7:18.87 (57.49)	
	8:16.64 (57.77)	9:14.71 (58.07)	10:12.21 (57.50)	11:10.27 (58.06)	
	12:09.33 (59.06)	13:07.72 (58.39)	14:06.32 (58.60)	15:05.38 (59.06)	
	16:03.83 (58.45)	17:01.40 (57.57)	17:59.62 (58.22)	18:57.31 (57.69)	
	19:55.46 (58.15)	20:53.60 (58.14)	21:51.82 (58.22)	22:49.63 (57.81)	
	23:48.27 (58.64)	24:45.65 (57.38)	25:43.11 (57.46)	26:41.27 (58.16)	
	27:39.18 (57.91)	28:36.48 (57.30)	29:33.01 (56.53)	30:29.71 (56.70)	31:24.29 (54.58)
---	Sullivan, Linda	54	Blue Wave Aquatics	27:00.00	SCR

Women 50-54 50 Yard Backstroke

ZONE: 29.08 Z 5/4/2008 K ANDRUS-HUGHES OREG

PNA: 31.07 P 5/18/2003 BARB GUNDRED

1	Ellwanger, Kimberly	52	South Sound Masters Swimmers	42.52	42.66
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Women 50-54 100 Yard Backstroke

ZONE: 1:02.67 Z 5/4/2008 K ANDRUS-HUGHES OREG

PNA: 1:06.44 P 5/17/2002 BARB GUNDRED

1	Ellwanger, Kimberly	52	South Sound Masters Swimmers	1:30.44	1:30.85
	44.56	1:30.85 (46.29)			

Women 50-54 200 Yard Backstroke

ZONE: 2:18.08 Z 5/23/2010 K ANDRUS-HUGHES OREG

PNA: 2:24.87 P 1/19/2003 BARB GUNDRED

1	Hickel, Jessie	52	Blue Wave Aquatics	2:58.00	3:01.60
	45.28	1:30.73 (45.45)	2:17.10 (46.37)	3:01.60 (44.50)	
2	Farin, Lisa	53	Seattle Athletic Club	3:17.50	3:14.38
	46.66	1:36.11 (49.45)	2:26.62 (50.51)	3:14.38 (47.76)	

Women 50-54 50 Yard Breaststroke

ZONE: 34.46 Z 5/4/2008 COLETTE CRABBE OREG

PNA: 35.78 P 5/20/2007 ANDRA JAUNZEME

1	Berg, Tonya	52	Greenlake Aquaducks	36.00	36.14
2	Ball, Laurie	53	Blue Wave Aquatics	38.50	37.50
3	Zappone, Peggy	52	Skagit Valley Masters Swimming	39.52	40.53
4	Boyer, Diane	50	Blue Wave Aquatics	39.00	40.61
5	Sullivan, Linda	54	Blue Wave Aquatics	44.00	46.41
6	Underbrink, Mary	51	Monroe YMCA Masters	54.76	49.50
---	Clutter, Cynthia	51	Hydropower Masters Swim Club	42.51	X41.42
---	Speedy, Sandi	52	Skagit Valley Masters Swimming	1:00.00	SCR

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 50-54 100 Yard Breaststroke**

ZONE: 1:14.37 Z 5/23/2010 COLETTE CRABBE		OREG	
PNA: 1:17.09 P 5/18/2003 A.LITZENBERGER			
1	Berg, Tonya	52 Greenlake Aquaducks	1:20.00 1:18.16
	37.03	1:18.16 (41.13)	
2	Boyer, Diane	50 Blue Wave Aquatics	1:28.00 1:26.98
	41.89	1:26.98 (45.09)	
3	Zappone, Peggy	52 Skagit Valley Masters Swimming	1:29.34 1:31.01
	43.11	1:31.01 (47.90)	
4	Piennett, Cindy	53 Blue Wave Aquatics	2:15.00 1:50.26
	51.67	1:50.26 (58.59)	
5	Foster, Mary	51 Blue Wave Aquatics	2:30.00 1:50.60
	52.75	1:50.60 (57.85)	
6	Underbrink, Mary	51 Monroe YMCA Masters	2:00.00 1:52.28
	51.57	1:52.28 (1:00.71)	
---	Clutter, Cynthia	51 Hydropower Masters Swim Club	1:35.00 X1:32.13
	44.26	1:32.13 (47.87)	
---	Fox, Christina	50 Oregon Masters	1:33.00 X1:32.14
	43.66	1:32.14 (48.48)	
---	Ball, Laurie	53 Blue Wave Aquatics	1:23.00 NS

Women 50-54 200 Yard Breaststroke

ZONE: 2:41.73 Z 5/23/2010 COLETTE CRABBE		OREG	
PNA: 2:47.75 P 5/20/2007 ANDRA JAUNZEME			
1	Berg, Tonya	52 Greenlake Aquaducks	2:55.00 2:51.11
	37.92	1:20.51 (42.59) 2:05.00 (44.49)	2:51.11 (46.11)
2	Foster, Mary	51 Blue Wave Aquatics	5:00.00 3:48.79
	51.58	1:50.05 (58.47) 2:50.19 (1:00.14)	3:48.79 (58.60)
---	Fox, Christina	50 Oregon Masters	3:22.00 X3:18.27
	44.49	1:34.56 (50.07) 2:25.86 (51.30)	3:18.27 (52.41)

Women 50-54 50 Yard Butterfly

ZONE: 28.10 Z 4/10/2005 ROBIN PARISI		MACO	
PNA: 29.49 P 5/18/2003 CHARLOTTE DAVIS			
1	Dillan, Gloria	51 North End Otters	34.90 33.82
2	Menkens, Michelle	54 Blue Wave Aquatics	39.00 34.33
3	Foster, Mary	51 Blue Wave Aquatics	1:30.00 51.14
---	Farin, Lisa	53 Seattle Athletic Club	40.90 NS

Women 50-54 100 Yard Butterfly

ZONE: 1:03.45 Z 4/10/2005 ROBIN PARISI		MACO	
PNA: 1:03.93 P 5/20/2007 MARY LIPPOLD			
1	Dillan, Gloria	51 North End Otters	1:19.33 1:17.01
	36.58	1:17.01 (40.43)	
2	Hickel, Jessie	52 Blue Wave Aquatics	1:40.00 1:26.60
	42.40	1:26.60 (44.20)	

Women 50-54 100 Yard IM

ZONE: 1:05.66 Z 4/10/2005 ROBIN PARISI		MACO	
PNA: 1:09.06 P 5/20/2001 CHARLOTTE DAVIS			
1	Berg, Tonya	52 Greenlake Aquaducks	1:30.00 1:15.14
	35.45	1:15.14 (39.69)	
2	Dillan, Gloria	51 North End Otters	1:18.20 1:16.56
	35.77	1:16.56 (40.79)	

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Women 50-54 100 Yard IM)**

3	Ball, Laurie	53	Blue Wave Aquatics	1:24.00	1:19.98
	37.94	1:19.98 (42.04)			
4	Zappone, Peggy	52	Skagit Valley Masters Swimming	1:29.00	1:24.66
	38.46	1:24.66 (46.20)			
5	Farin, Lisa	53	Seattle Athletic Club	1:42.50	1:31.28
	42.93	1:31.28 (48.35)			
6	Main, Susan	52	North End Otters	1:40.00	1:34.26
	44.57	1:34.26 (49.69)			
7	Sullivan, Linda	54	Blue Wave Aquatics	1:35.00	1:34.62
	48.14	1:34.62 (46.48)			
8	Underbrink, Mary	51	Monroe YMCA Masters	1:48.82	1:48.58
	52.16	1:48.58 (56.42)			
---	Boyer, Diane	50	Blue Wave Aquatics	1:21.57	NS

Women 50-54 200 Yard IM

ZONE: 2:23.94 Z 5/23/2010 COLETTE CRABBE OREG

PNA: 2:30.73 P 5/18/2003 CHARLOTTE DAVIS

1	Dillan, Gloria	51	North End Otters	2:50.50	2:48.14
	35.93	1:18.30 (42.37)	2:07.55 (49.25)	2:48.14 (40.59)	
---	Fox, Christina	50	Oregon Masters	3:03.00	X3:02.29
	42.94	1:30.34 (47.40)	2:20.75 (50.41)	3:02.29 (41.54)	
---	Boyer, Diane	50	Blue Wave Aquatics	3:00.92	NS

Women 50-54 400 Yard IM

ZONE: 5:07.47 Z 5/23/2010 COLETTE CRABBE OREG

PNA: 5:21.56 P 4/10/2004 CHARLOTTE DAVIS

1	Hickel, Jessie	52	Blue Wave Aquatics	6:30.00	6:16.40
	46.92	1:37.60 (50.68)	2:24.70 (47.10)	3:13.05 (48.35)	
	4:07.14 (54.09)	4:58.99 (51.85)	5:37.77 (38.78)	6:16.40 (38.63)	

Women 55-59 50 Yard Freestyle

ZONE: 26.99 Z 5/10/2009 CHARLOTTE DAVIS PNA

PNA: 26.99 P 5/10/2009 CHARLOTTE DAVIS

1	Lippold, Mary	55	North End Otters	27.80	28.24
2	Glassman, Debbie	57	Columbia Athletic Masters-Pine	29.10	28.80
3	Abrams, Kathleen	55	Unattached Pna	31.00	31.11
4	Blackburn, Jean	59	Blue Wave Aquatics	33.94	32.58
5	Cunningham, Patti	57	Blue Wave Aquatics	35.46	34.92
6	Duggan, Pat	57	Blue Wave Aquatics	37.71	39.09
7	Morris, Kathy	55	South Sound Masters Swimmers	39.95	44.01
8	Lotz, Jacqui	55	Monroe YMCA Masters	49.30	49.93
---	Herrin, Carole	57	Lake Washington Masters	50.00	NS

Women 55-59 100 Yard Freestyle

ZONE: 59.08 Z 5/22/2005 CHARLOTTE DAVIS PNA

PNA: 59.08 P 5/22/2005 CHARLOTTE DAVIS

1	Lippold, Mary	55	North End Otters	1:03.00	1:03.15
	31.35	1:03.15 (31.80)			
2	Glassman, Debbie	57	Columbia Athletic Masters-Pine	1:06.90	1:06.55
	32.39	1:06.55 (34.16)			
3	Abrams, Kathleen	55	Unattached Pna	1:10.00	1:08.20
	33.02	1:08.20 (35.18)			

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Women 55-59 100 Yard Freestyle)**

4	Blackburn, Jean	59	Blue Wave Aquatics	1:18.94	1:16.99
	36.40				1:16.99 (40.59)
5	Chapman, Linda	55	Lake Washington Masters	1:19.00	1:18.03
	36.85				1:18.03 (41.18)
6	Cunningham, Patti	57	Blue Wave Aquatics	1:25.00	1:19.33
	38.52				1:19.33 (40.81)
7	Duggan, Pat	57	Blue Wave Aquatics	1:23.59	1:26.87
	43.38				1:26.87 (43.49)
8	Lotz, Jacqui	55	Monroe YMCA Masters	1:53.00	1:52.75
	53.32				1:52.75 (59.43)

Women 55-59 200 Yard Freestyle

ZONE: 2:13.76 Z 4/9/2006 CHARLOTTE DAVIS PNA

PNA: 2:13.76 P 4/9/2006 CHARLOTTE DAVIS

1	Kassen, Elizabeth	59	South Sound Masters Swimmers	2:32.00	2:31.25
	34.02				1:12.46 (38.44) 1:52.38 (39.92) 2:31.25 (38.87)
2	Chapman, Linda	55	Lake Washington Masters	2:50.00	2:45.50
	36.69				1:18.36 (41.67) 2:02.73 (44.37) 2:45.50 (42.77)
3	Duggan, Pat	57	Blue Wave Aquatics	2:57.22	3:04.65
	42.59				1:30.18 (47.59) 2:18.21 (48.03) 3:04.65 (46.44)
4	Keeney, Linda	56	North End Otters	3:50.00	3:36.18
	48.21				1:44.90 (56.69) 2:41.05 (56.15) 3:36.18 (55.13)
---	Hair, Margaret	56	Hydropower Masters Swim Club	2:35.00	X2:31.38
	34.62				1:12.37 (37.75) 1:52.13 (39.76) 2:31.38 (39.25)

Women 55-59 500 Yard Freestyle

ZONE: 5:53.66 Z 5/20/2007 BARB GUNDRED PNA

PNA: 5:53.66 P 5/20/2007 BARB GUNDRED

1	Lippold, Mary	55	North End Otters	6:20.00	6:07.69
	33.80				1:10.20 (36.40) 1:48.14 (37.94) 2:25.95 (37.81)
	3:03.39 (37.44)				3:40.94 (37.55) 4:18.10 (37.16) 4:55.30 (37.20)
	5:32.07 (36.77)				6:07.69 (35.62)
2	Kassen, Elizabeth	59	South Sound Masters Swimmers	6:47.00	6:48.35
	34.88				1:14.41 (39.53) 1:55.45 (41.04) 2:37.06 (41.61)
	3:19.28 (42.22)				4:01.72 (42.44) 4:43.99 (42.27) 5:26.01 (42.02)
	6:08.19 (42.18)				6:48.35 (40.16)
3	Chapman, Linda	55	Lake Washington Masters	7:16.00	7:30.75
	37.47				1:18.73 (41.26) 2:02.87 (44.14) 2:48.00 (45.13)
	3:34.69 (46.69)				4:21.11 (46.42) 5:08.18 (47.07) 5:55.90 (47.72)
	6:43.48 (47.58)				7:30.75 (47.27)
4	Duggan, Pat	57	Blue Wave Aquatics	7:53.31	8:09.65
	45.40				1:33.25 (47.85) 2:24.27 (51.02) 3:14.56 (50.29)
	4:05.14 (50.58)				4:56.75 (51.61) 5:47.06 (50.31) 6:36.39 (49.33)
	7:24.63 (48.24)				8:09.65 (45.02)
---	Hair, Margaret	56	Hydropower Masters Swim Club	7:00.00	X6:53.92
	36.83				1:17.50 (40.67) 1:59.16 (41.66) 2:41.00 (41.84)
	3:23.21 (42.21)				4:05.79 (42.58) 4:48.19 (42.40) 5:30.46 (42.27)
	6:13.01 (42.55)				6:53.92 (40.91)

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ZONE: 12:11.10 Z 5/20/2007		BARB GUNDRED		PNA	
PNA: 12:11.10 P 5/20/2007		BARB GUNDRED			
1	Lippold, Mary	55	North End Otters	12:46.50	12:53.59
	34.85	1:11.85 (37.00)	1:50.23 (38.38)	2:28.94 (38.71)	
	3:07.99 (39.05)	3:47.02 (39.03)	4:26.26 (39.24)	5:05.36 (39.10)	
	5:44.27 (38.91)	6:23.45 (39.18)	7:02.58 (39.13)	7:41.67 (39.09)	
	8:21.13 (39.46)	9:00.44 (39.31)	9:40.15 (39.71)	10:19.35 (39.20)	
	10:58.86 (39.51)	11:37.63 (38.77)	12:15.95 (38.32)	12:53.59 (37.64)	
2	Abrams, Kathleen	55	Unattached Pna	12:45.00	13:06.29
	35.58	1:14.20 (38.62)	1:53.66 (39.46)	2:33.41 (39.75)	
	3:13.13 (39.72)	3:52.86 (39.73)	4:32.78 (39.92)	5:12.79 (40.01)	
	5:52.58 (39.79)	6:32.28 (39.70)	7:11.92 (39.64)	7:51.79 (39.87)	
	8:31.58 (39.79)	9:11.15 (39.57)	9:50.92 (39.77)	10:30.26 (39.34)	
	11:09.68 (39.42)	11:49.41 (39.73)	12:28.23 (38.82)	13:06.29 (38.06)	
3	Kassen, Elizabeth	59	South Sound Masters Swimmers	13:50.00	13:57.51
	35.66	1:16.48 (40.82)	1:58.62 (42.14)	2:40.85 (42.23)	
	3:23.24 (42.39)	4:05.98 (42.74)	4:48.91 (42.93)	5:31.77 (42.86)	
	6:14.46 (42.69)	6:57.13 (42.67)	7:39.75 (42.62)	8:22.55 (42.80)	
	9:04.80 (42.25)	9:47.43 (42.63)	10:29.90 (42.47)	11:11.13 (41.23)	
	11:53.60 (42.47)	12:35.91 (42.31)	13:17.89 (41.98)	13:57.51 (39.62)	
4	Keeney, Linda	56	North End Otters	22:00.00	20:29.35
	52.31	1:49.74 (57.43)	2:50.11 (1:00.37)	3:51.92 (1:01.81)	
	4:54.05 (1:02.13)	5:56.45 (1:02.40)	6:59.17 (1:02.72)	8:01.66 (1:02.49)	
	9:04.50 (1:02.84)	10:07.23 (1:02.73)	11:10.06 (1:02.83)	12:13.49 (1:03.43)	
	13:14.49 (1:01.00)	14:17.27 (1:02.78)	15:19.14 (1:01.87)	16:21.90 (1:02.76)	
	17:24.64 (1:02.74)	18:27.04 (1:02.40)	19:29.59 (1:02.55)	20:29.35 (59.76)	
---	Hair, Margaret	56	Hydropower Masters Swim Club	14:20.00	X14:17.53
	38.05	1:19.60 (41.55)	2:02.08 (42.48)	2:44.80 (42.72)	
	3:28.57 (43.77)	4:12.27 (43.70)	4:55.91 (43.64)	5:39.23 (43.32)	
	6:22.60 (43.37)	7:06.00 (43.40)	7:49.42 (43.42)	8:32.89 (43.47)	
	9:16.16 (43.27)	9:59.20 (43.04)	10:42.49 (43.29)	11:25.95 (43.46)	
	12:09.32 (43.37)	12:52.76 (43.44)	13:35.91 (43.15)	14:17.53 (41.62)	

Women 55-59 1650 Yard Freestyle

ZONE: 21:22.63 Z 4/23/1989		LAVELLE STOINOFF		MACO	
PNA: 21:40.40 P 5/21/2001		SUZANNE DILLS			
1	Abrams, Kathleen	55	Unattached Pna	22:00.00	21:56.13
	36.59	1:15.50 (38.91)	1:56.14 (40.64)	2:37.20 (41.06)	
	3:17.55 (40.35)	3:57.56 (40.01)	4:38.14 (40.58)	5:18.41 (40.27)	
	5:58.09 (39.68)	6:38.52 (40.43)	7:18.54 (40.02)	7:58.61 (40.07)	
	8:38.91 (40.30)	9:18.97 (40.06)	9:59.35 (40.38)	10:39.39 (40.04)	
	11:19.55 (40.16)	11:59.63 (40.08)	12:40.00 (40.37)	13:20.10 (40.10)	
	14:00.34 (40.24)	14:40.71 (40.37)	15:21.16 (40.45)	16:01.52 (40.36)	
	16:41.42 (39.90)	17:20.98 (39.56)	18:00.69 (39.71)	18:40.36 (39.67)	
	19:19.84 (39.48)	19:59.34 (39.50)	20:38.71 (39.37)	21:18.09 (39.38)	21:56.13 (38.04)

Women 55-59 50 Yard Backstroke

ZONE: 35.01 Z 2000		JOY WARD		OREG	
PNA: 36.99 P 4/10/1999		PINKY WALKER			
1	Glassman, Debbie	57	Columbia Athletic Masters-Pine	39.10	37.85
2	Severin, Jennifer	56	North End Otters	55.00	43.69
3	Lotz, Jacqui	55	Monroe YMCA Masters	59.00	55.20

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1	Glassman, Debbie	57	Columbia Athletic Masters-Pine	1:21.60	1:19.73
	39.79		1:19.73 (39.94)		
2	Abrams, Kathleen	55	Unattached Pna	1:25.00	1:19.90
	39.03		1:19.90 (40.87)		
3	Severin, Jennifer	56	North End Otters	1:35.00	1:33.30
	45.04		1:33.30 (48.26)		
---	Hair, Margaret	56	Hydropower Masters Swim Club	1:25.00	X1:24.50
	40.95		1:24.50 (43.55)		

Women 55-59 200 Yard Backstroke**ZONE: 2:28.88 Z 5/20/2007 BARB GUNDRED PNA****PNA: 2:28.88 P 5/20/2007 BARB GUNDRED**

1	Abrams, Kathleen	55	Unattached Pna	2:55.00	2:52.32
	41.19		1:25.25 (44.06) 2:09.73 (44.48)	2:52.32 (42.59)	
2	Severin, Jennifer	56	North End Otters	3:25.00	3:20.49
	46.90		1:37.86 (50.96) 2:29.73 (51.87)	3:20.49 (50.76)	
---	Wells, Lynn	57	Seattle Athletic Club	3:45.00	NS

Women 55-59 50 Yard Breaststroke**ZONE: 35.06 Z 5/14/2002 GINGER PIERSON MACO****PNA: 36.21 P 5/4/2008 ANDRA JAUNZEME**

1	Chapman, Linda	55	Lake Washington Masters	42.20	40.78
2	Severin, Jennifer	56	North End Otters	1:10.00	48.74
3	Adkins-Narte, Heather	56	Bainbridge Aquatic Masters	55.31	58.72
4	Lotz, Jacqui	55	Monroe YMCA Masters	1:00.00	58.74
5	Morris, Kathy	55	South Sound Masters Swimmers	53.64	1:12.13

Women 55-59 100 Yard Breaststroke**ZONE: 1:17.43 Z 4/25/2004 GINGER PIERSON MACO****PNA: 1:18.23 P 5/4/2008 ANDRA JAUNZEME**

1	Chapman, Linda	55	Lake Washington Masters	1:36.00	1:29.93
	43.24		1:29.93 (46.69)		
2	Adkins-Narte, Heather	56	Bainbridge Aquatic Masters	2:08.00	2:01.17
	57.67		2:01.17 (1:03.50)		

Women 55-59 200 Yard Breaststroke**ZONE: 2:50.32 Z 5/4/2008 ANDRA JAUNZEME PNA****PNA: 2:50.32 P 5/4/2008 ANDRA JAUNZEME**

1	Kassen, Elizabeth	59	South Sound Masters Swimmers	3:18.00	3:17.85
	43.89		1:33.97 (50.08) 2:26.22 (52.25) 3:17.85 (51.63)		
2	Adkins-Narte, Heather	56	Bainbridge Aquatic Masters	4:20.00	4:18.16
	56.83		2:00.68 (1:03.85) 3:10.03 (1:09.35) 4:18.16 (1:08.13)		
---	Chapman, Linda	55	Lake Washington Masters	3:29.00	NS

Women 55-59 50 Yard Butterfly**ZONE: 29.90 Z 5/14/2006 CHARLOTTE DAVIS PNA****PNA: 29.90 P 5/14/2006 CHARLOTTE DAVIS**

1	Lippold, Mary	55	North End Otters	33.25	32.50
2	Blackburn, Jean	59	Blue Wave Aquatics	39.81	38.23
3	Keeney, Linda	56	North End Otters	55.00	47.86
4	Adkins-Narte, Heather	56	Bainbridge Aquatic Masters	1:08.84	1:08.72

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---	Morris, Kathy	55	South Sound Masters Swimmers	49.90		DQ
	Non-simultaneous touch					
---	Thompson, Camille	56	Lake Washington Masters	32.00		NS

Women 55-59 100 Yard Butterfly

ZONE: 1:08.31 Z 5/14/2006 CHARLOTTE DAVIS PNA
PNA: 1:08.31 P 5/14/2006 CHARLOTTE DAVIS

1	Lippold, Mary	55	North End Otters	1:15.50		1:12.46
	34.40		1:12.46 (38.06)			
---	Thompson, Camille	56	Lake Washington Masters	1:12.00		NS

Women 55-59 100 Yard IM

ZONE: 1:08.54 Z 5/10/2009 CHARLOTTE DAVIS PNA
PNA: 1:08.54 P 5/10/2009 CHARLOTTE DAVIS

1	Kassen, Elizabeth	59	South Sound Masters Swimmers	1:20.00		1:21.88
	38.64		1:21.88 (43.24)			
2	Blackburn, Jean	59	Blue Wave Aquatics	1:30.06		1:29.65
	43.93		1:29.65 (45.72)			
3	Cunningham, Patti	57	Blue Wave Aquatics	1:33.37		1:30.62
	45.24		1:30.62 (45.38)			
4	Severin, Jennifer	56	North End Otters	1:35.00		1:35.51
	45.23		1:35.51 (50.28)			
5	Keeney, Linda	56	North End Otters	2:15.00		1:51.46
	50.24		1:51.46 (1:01.22)			
6	Adkins-Narte, Heather	56	Bainbridge Aquatic Masters	2:08.59		2:05.99
	1:05.69		2:05.99 (1:00.30)			
7	Lotz, Jacqui	55	Monroe YMCA Masters	2:12.00		2:09.34
	1:01.56		2:09.34 (1:07.78)			
8	Morris, Kathy	55	South Sound Masters Swimmers	2:04.50		2:10.19
	57.47		2:10.19 (1:12.72)			
---	Hair, Margaret	56	Hydropower Masters Swim Club	1:18.00		X1:17.04
	36.22		1:17.04 (40.82)			
---	Thompson, Camille	56	Lake Washington Masters	1:12.00		NS

Women 55-59 200 Yard IM

ZONE: 2:29.14 Z 5/22/2005 CHARLOTTE DAVIS PNA
PNA: 2:29.14 P 5/22/2005 CHARLOTTE DAVIS

1	Kassen, Elizabeth	59	South Sound Masters Swimmers	2:55.00		3:01.18
	39.04		1:26.83 (47.79) 2:21.06 (54.23) 3:01.18 (40.12)			
2	Morris, Kathy	55	South Sound Masters Swimmers	4:10.40		4:40.77
	57.71		2:09.44 (1:11.73) 3:39.15 (1:29.71) 4:40.77 (1:01.62)			
3	Adkins-Narte, Heather	56	Bainbridge Aquatic Masters	4:16.00		4:43.29
	1:12.75		2:27.64 (1:14.89) 3:31.27 (1:03.63) 4:43.29 (1:12.02)			
---	Severin, Jennifer	56	North End Otters	3:45.00		NS

Women 55-59 400 Yard IM

ZONE: 5:20.36 Z 5/20/2007 CHARLOTTE DAVIS PNA
PNA: 5:20.36 P 5/20/2007 CHARLOTTE DAVIS

---	Hair, Margaret	56	Hydropower Masters Swim Club	6:00.00		X6:03.78
	39.83		1:23.93 (44.10) 2:12.79 (48.86) 3:02.89 (50.10)			
	3:51.50 (48.61)		4:41.87 (50.37) 5:23.35 (41.48) 6:03.78 (40.43)			
---	Wells, Lynn	57	Seattle Athletic Club	8:30.00		NS

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ZONE: 27.36 Z 5/23/2010		CHARLOTTE M DAVIS		PNA	
PNA: 27.36 P 5/23/2010		CHARLOTTE M DAVIS			
1	Dillon, Sally	64	Bellevue Club	32.85	32.73
---	Wigney, Wendy	60	Monroe YMCA Masters	1:59.00	NS
---	LeClercq, Toni	63	Bellevue Club	31.89	NS

Women 60-64 100 Yard Freestyle

ZONE: 59.41 Z 5/23/2010		CHARLOTTE M DAVIS		PNA	
PNA: 59.41 P 5/23/2010		CHARLOTTE M DAVIS			
1	Dillon, Sally	64	Bellevue Club	1:10.03	1:10.24
	34.53		1:10.24 (35.71)		
2	Williams, Judy	62	Blue Wave Aquatics	1:26.73	1:28.81
	41.83		1:28.81 (46.98)		
3	Wigney, Wendy	60	Monroe YMCA Masters	2:09.00	1:33.09
	41.84		1:33.09 (51.25)		

Women 60-64 200 Yard Freestyle

ZONE: 2:14.03 Z 3/12/2011		CHARLOTTE DAVIS		PNA	
PNA: 2:14.03 P 3/12/2011		CHARLOTTE DAVIS			
1	Davis, Charlotte	60	North End Otters	2:14.00	2:15.36
	32.43		1:07.08 (34.65)	1:42.07 (34.99)	2:15.36 (33.29)
2	Dillon, Sally	64	Bellevue Club	2:35.49	2:35.11
	35.64		1:15.01 (39.37)	1:55.31 (40.30)	2:35.11 (39.80)
---	Welch, Sarah	64	Central Area Aquatics Team	3:00.50	NS
---	Moore, Jane	60	Blue Wave Aquatics	3:45.00	NS

Women 60-64 500 Yard Freestyle

ZONE: 6:22.62 Z 4/25/1993		LAVELLE STOINOFF		MACO	
PNA: 6:36.56 P 5/20/2007		SUZANNE DILLS			
1	Davis, Charlotte	60	North End Otters	9:00.00	6:05.56Z
	34.43		1:11.65 (37.22)	1:49.38 (37.73)	2:27.28 (37.90)
	3:05.02 (37.74)		3:41.61 (36.59)	4:17.93 (36.32)	4:54.86 (36.93)
	5:31.69 (36.83)		6:05.56 (33.87)		
2	Williams, Judy	62	Blue Wave Aquatics	8:00.00	8:22.28
	43.17		1:31.50 (48.33)	2:21.51 (50.01)	3:12.95 (51.44)
	4:05.09 (52.14)		4:56.72 (51.63)	5:48.86 (52.14)	6:40.66 (51.80)
	7:33.18 (52.52)		8:22.28 (49.10)		
3	Moore, Jane	60	Blue Wave Aquatics	10:00.00	9:52.55
	53.92		1:51.98 (58.06)	2:51.39 (59.41)	3:50.77 (59.38)
	4:52.53 (1:01.76)		5:53.28 (1:00.75)	6:54.38 (1:01.10)	7:55.32 (1:00.94)
	8:56.05 (1:00.73)		9:52.55 (56.50)		
---	Ensign, Jeanne	64	Greenlake Aquaducks	8:56.44	SCR
---	Casey, Kathrine	62	Ft. Steilacoom	8:20.00	SCR

Women 60-64 1000 Yard Freestyle

ZONE: 13:12.73 Z 4/25/1993		LAVELLE STOINOFF		MACO	
PNA: 13:35.73 P 5/20/2007		SUZANNE DILLS			
1	Dillon, Sally	64	Bellevue Club	14:20.17	14:26.77
	36.57		1:18.03 (41.46)	2:00.79 (42.76)	2:44.10 (43.31)
	3:27.96 (43.86)		4:12.02 (44.06)	4:55.98 (43.96)	5:40.43 (44.45)
	6:24.81 (44.38)		7:09.12 (44.31)	7:52.79 (43.67)	8:37.08 (44.29)
	9:20.89 (43.81)		10:05.19 (44.30)	10:50.07 (44.88)	11:34.34 (44.27)
	12:18.52 (44.18)		13:02.72 (44.20)	13:45.54 (42.82)	14:26.77 (41.23)
---	Preissler, Stella	61	Gold's Eastside Masters	14:50.00	SCR

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---	Casey, Kathrine	62	Ft. Steilacoom	17:00.00	SCR
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Women 60-64 1650 Yard Freestyle

ZONE:	22:02.41	Z	5/22/2005	SUZANNE DILLS	INWM
PNA:	22:23.10	P	5/20/2007	SUZANNE DILLS	

---	Casey, Kathrine	62	Ft. Steilacoom	27:00.00	SCR
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Women 60-64 50 Yard Backstroke

ZONE:	33.87	Z	2/5/2011	CHARLOTTE DAVIS	PNA
PNA:	33.87	P	2/5/2011	CHARLOTTE DAVIS	

1	Davis, Charlotte	60	North End Otters	33.50	33.63Z
2	Dillon, Sally	64	Bellevue Club	43.44	43.75
3	Wigney, Wendy	60	Monroe YMCA Masters	2:06.00	49.10
4	Moore, Jane	60	Blue Wave Aquatics	1:00.00	53.94
---	Casey, Kathrine	62	Ft. Steilacoom	45.00	NS

Women 60-64 100 Yard Backstroke

ZONE:	1:12.42	Z	2/20/2011	CHARLOTTE DAVIS	PNA
PNA:	1:12.42	P	2/20/2011	CHARLOTTE DAVIS	

1	Davis, Charlotte	60	North End Otters	1:12.03	1:11.90Z
	36.55		1:11.90 (35.35)		
---	Preissler, Stella	61	Gold's Eastside Masters	1:20.64	NS
---	Casey, Kathrine	62	Ft. Steilacoom	1:35.00	NS

Women 60-64 200 Yard Backstroke

ZONE:	2:50.94	Z	4/21/2006	JOY WARD	OREG
PNA:	2:53.49	P	4/11/2010	SUZANNE DILLS	

1	Linville, Jan	63	Seattle Athletic Club	3:20.00	3:14.29
	45.64		1:34.43 (48.79) 2:25.00 (50.57)	3:14.29 (49.29)	
---	Casey, Kathrine	62	Ft. Steilacoom	3:20.00	NS
---	Moore, Jane	60	Blue Wave Aquatics	4:30.00	NS

Women 60-64 50 Yard Breaststroke

ZONE:	36.30	Z	5/14/2006	GINGER PIERSON	MACO
PNA:	39.26	P	2/20/2011	CHARLOTTE DAVIS	

1	LeClercq, Toni	63	Bellevue Club	41.37	41.46
2	Dillon, Sally	64	Bellevue Club	42.44	42.43
3	Preissler, Stella	61	Gold's Eastside Masters	50.25	44.31

Women 60-64 100 Yard Breaststroke

ZONE:	1:19.98	Z	5/4/2008	GINGER PIERSON	OREG
PNA:	1:29.76	P	5/20/2007	SALLY DILLON	

1	LeClercq, Toni	63	Bellevue Club	1:35.00	1:31.92
	44.56		1:31.92 (47.36)		

Women 60-64 50 Yard Butterfly

ZONE:	29.86	Z	5/23/2010	CHARLOTTE M DAVIS	PNA
PNA:	29.86	P	5/23/2010	CHARLOTTE M DAVIS	

1	LeClercq, Toni	63	Bellevue Club	35.27	36.29
2	Linville, Jan	63	Seattle Athletic Club	50.00	39.28
---	Welch, Sarah	64	Central Area Aquatics Team	36.21	NS

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ZONE: 1:10.65 Z 2/5/2011 CHARLOTTE DAVIS PNA

PNA: 1:10.65 P 2/5/2011 CHARLOTTE DAVIS

--- Welch, Sarah 64 Central Area Aquatics Team 1:22.66 NS

Women 60-64 200 Yard Butterfly

ZONE: 2:56.09 Z 5/14/2006 GINGER PIERSON MACO

PNA: 2:59.13 P 5/10/2009 SARAH WELCH

--- Welch, Sarah 64 Central Area Aquatics Team 3:05.50 NS

Women 60-64 100 Yard IM

ZONE: 1:08.64 Z 5/23/2010 CHARLOTTE M DAVIS PNA

PNA: 1:08.64 P 5/23/2010 CHARLOTTE M DAVIS

1	LeClercq, Toni	63	Bellevue Club	1:20.77	1:21.25
	38.76		1:21.25 (42.49)		
2	Preissler, Stella	61	Gold's Eastside Masters	1:25.45	1:21.52
	36.75		1:21.52 (44.77)		
3	Linville, Jan	63	Seattle Athletic Club	1:55.00	1:30.65
	42.14		1:30.65 (48.51)		
4	Williams, Judy	62	Blue Wave Aquatics	1:40.00	1:39.21
	47.09		1:39.21 (52.12)		

Women 60-64 200 Yard IM

ZONE: 2:31.84 Z 5/23/2010 CHARLOTTE M DAVIS PNA

PNA: 2:31.84 P 5/23/2010 CHARLOTTE M DAVIS

1	Welch, Sarah	64	Central Area Aquatics Team	3:00.50	3:06.38
	38.80		1:29.68 (50.88) 2:23.88 (54.20)	3:06.38 (42.50)	
---	Preissler, Stella	61	Gold's Eastside Masters	3:20.00	NS
---	LeClercq, Toni	63	Bellevue Club	3:02.80	NS

Women 60-64 400 Yard IM

ZONE: 5:27.07 Z 5/23/2010 CHARLOTTE M DAVIS PNA

PNA: 5:27.07 P 5/23/2010 CHARLOTTE M DAVIS

1	Davis, Charlotte	60	North End Otters	5:30.00	5:27.67
	35.06		1:14.22 (39.16) 1:57.84 (43.62)	2:39.66 (41.82)	
	3:28.17 (48.51)		4:16.07 (47.90) 4:53.98 (37.91)	5:27.67 (33.69)	
---	Welch, Sarah	64	Central Area Aquatics Team	6:30.30	NS

Women 65-69 50 Yard Freestyle

ZONE: 31.53 Z 5/20/2007 BARBARA FRID OREG

PNA: 32.98 P 5/24/1981 DAWN MUSSELMAN

--- Ward, Joy 68 Oregon Masters 33.00 X32.04P

Women 65-69 200 Yard Freestyle

ZONE: 2:24.66 Z 5/23/2010 SUZANNE L DILLS PNA

PNA: 2:24.66 P 5/23/2010 SUZANNE L DILLS

1	Dills, Suzanne	65	Bellevue Club	2:31.10	2:27.62
	34.34		1:11.64 (37.30) 1:49.81 (38.17)	2:27.62 (37.81)	

Women 65-69 500 Yard Freestyle

ZONE: 6:29.37 Z 5/23/2010 SUZANNE L DILLS PNA

PNA: 6:29.37 P 5/23/2010 SUZANNE L DILLS

1	Dills, Suzanne	65	Bellevue Club	6:34.78	6:36.23
	35.83		1:14.95 (39.12) 1:55.13 (40.18)	2:35.48 (40.35)	
	3:15.54 (40.06)		3:56.07 (40.53) 4:36.49 (40.42)	5:17.18 (40.69)	
	5:57.28 (40.10)		6:36.23 (38.95)		

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ZONE: 13:51.06 Z 5/16/1999 LAVELLE STOINOFF MACO
PNA: 15:32.28 P 4/13/2008 PINKY WALKER

1	Dills, Suzanne	65	Bellevue Club	13:35.12	13:33.36Z
	36.68	1:17.92 (41.24)	1:59.70 (41.78)	2:41.35 (41.65)	
	3:22.79 (41.44)	4:03.92 (41.13)	4:44.41 (40.49)	5:25.46 (41.05)	
	6:06.35 (40.89)	6:47.23 (40.88)	7:27.68 (40.45)	8:08.08 (40.40)	
	8:49.45 (41.37)	9:30.20 (40.75)	10:11.09 (40.89)	10:51.83 (40.74)	
	11:32.51 (40.68)	12:13.20 (40.69)	12:54.00 (40.80)	13:33.36 (39.36)	
---	Magee, Carolyn	65	Hydropower Masters Swim Club	16:45.00	X16:52.66
	44.76	1:35.77 (51.01)	2:27.56 (51.79)	3:19.22 (51.66)	
	4:10.21 (50.99)	5:01.39 (51.18)	5:52.44 (51.05)	6:44.29 (51.85)	
	7:35.50 (51.21)	8:26.67 (51.17)	9:17.33 (50.66)	10:08.99 (51.66)	
	11:00.35 (51.36)	11:51.65 (51.30)	12:42.68 (51.03)	13:34.43 (51.75)	
	14:24.74 (50.31)	15:15.28 (50.54)	16:05.10 (49.82)	16:52.66 (47.56)	

Women 65-69 50 Yard Backstroke

ZONE: 36.62 Z 5/10/2009 JOY WARD OREG
PNA: 38.86 P 1/19/2008 PINKY WALKER

---	Ward, Joy	68	Oregon Masters	39.00	X36.56Z
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Women 65-69 50 Yard Breaststroke

ZONE: 41.19 Z 5/20/2007 BARBARA FRID OREG
PNA: 46.45 P 10/25/2008 FRANCESCA DRUM

---	Pierson, Ginger	65	Oregon Masters	43.00	X39.80Z
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Women 65-69 100 Yard Breaststroke

ZONE: 1:31.64 Z 4/22/2007 BARBARA FRID OREG
PNA: 1:44.95 P 4/1/1990 MURIEL FLYNN

---	Pierson, Ginger	65	Oregon Masters	1:30.00	X1:26.18Z
	40.77	1:26.18 (45.41)			

Women 65-69 200 Yard Breaststroke

ZONE: 3:20.79 Z 5/10/1998 LAVELLE STOINOFF MACO
PNA: 3:45.71 P 3/5/1988 MURIEL FLYNN

---	Pierson, Ginger	65	Oregon Masters	3:30.00	X3:11.22Z
	43.64	1:31.99 (48.35)	2:21.33 (49.34)	3:11.22 (49.89)	

Women 65-69 50 Yard Butterfly

ZONE: 34.01 Z 5/20/2007 BARBARA FRID OREG
PNA: 37.26 P 5/23/2010 SUZANNE L DILLS

---	Ward, Joy	68	Oregon Masters	38.00	X37.21
---	Magee, Carolyn	65	Hydropower Masters Swim Club	39.87	X41.92

Women 65-69 100 Yard Butterfly

ZONE: 1:25.29 Z 5/23/2010 SUZANNE L DILLS PNA
PNA: 1:25.29 P 5/23/2010 SUZANNE L DILLS

---	Ward, Joy	68	Oregon Masters	1:32.00	X1:29.20
	41.49	1:29.20 (47.71)			
---	Magee, Carolyn	65	Hydropower Masters Swim Club	1:37.00	X1:35.39
	45.28	1:35.39 (50.11)			

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 65-69 200 Yard Butterfly**

ZONE: 3:21.90 Z 1/26/2008 JOY WARD OREG
PNA: 5:34.34 P 4/10/2004 CHAYA AMIAD

--- Magee, Carolyn 65 Hydropower Masters Swim Club 3:40.00 X3:40.47
 47.75 1:43.92 (56.17) 2:43.73 (59.81) 3:40.47 (56.74)
 --- Dills, Suzanne 65 Bellevue Club 3:30.45 NS

Women 65-69 100 Yard IM

ZONE: 1:19.27 Z 5/23/2010 SUZANNE L DILLS PNA
PNA: 1:19.27 P 5/23/2010 SUZANNE L DILLS

1 Dills, Suzanne 65 Bellevue Club 1:19.39 1:21.69
 38.11 1:21.69 (43.58)
 --- Pierson, Ginger 65 Oregon Masters 1:30.00 XNS

Women 65-69 200 Yard IM

ZONE: 2:52.51 Z 5/23/2010 SUZANNE L DILLS PNA
PNA: 2:52.51 P 5/23/2010 SUZANNE L DILLS

--- Magee, Carolyn 65 Hydropower Masters Swim Club 3:35.00 X3:26.87
 46.16 1:40.19 (54.03) 2:40.76 (1:00.57) 3:26.87 (46.11)
 --- Pierson, Ginger 65 Oregon Masters 3:30.00 XNS

Women 65-69 400 Yard IM

ZONE: 6:01.14 Z 5/23/2010 SUZANNE L DILLS PNA
PNA: 6:01.14 P 5/23/2010 SUZANNE L DILLS

--- Magee, Carolyn 65 Hydropower Masters Swim Club 7:10.00 X7:12.55
 44.91 1:38.20 (53.29) 2:35.58 (57.38) 3:32.72 (57.14)
 4:33.82 (1:01.10) 5:35.99 (1:02.17) 6:25.34 (49.35) 7:12.55 (47.21)

Women 70-74 50 Yard Backstroke

ZONE: 42.32 Z 4/29/2001 BARBARA JACKSON MM
PNA: 44.64 P 5/26/1984 DAWN MUSSELMAN

1 Getzendaner, Janet 70 North End Otters 52.01 50.71

Women 70-74 100 Yard Backstroke

ZONE: 1:28.63 Z 3/16/2003 LAVELLE STOINOFF OREG
PNA: 1:39.01 P 5/26/1984 DAWN MUSSELMAN

1 Getzendaner, Janet 70 North End Otters 1:49.99 1:50.51
 55.27 1:50.51 (55.24)

Women 70-74 200 Yard Backstroke

ZONE: 3:03.24 Z 3/16/2003 LAVELLE STOINOFF OREG
PNA: 3:33.83 P 2/16/1997 PATRICIA DOTSON

1 Getzendaner, Janet 70 North End Otters 3:56.55 3:52.72
 54.82 1:54.37 (59.55) 2:55.28 (1:00.91) 3:52.72 (57.44)

Women 75-79 50 Yard Freestyle

ZONE: 41.70 Z 3/25/2006 BARBARA JACKSON MM
PNA: 43.50 P 2/5/2011 PEG CLOUTIER

1 Cloutier, Peg 76 South Sound Masters Swimmers 44.00 44.82
 2 Sisco, Marilynn 77 South Sound Masters Swimmers 50.38 51.62
 --- Haase, Jane 79 Hydropower Masters Swim Club 57.00 X55.60

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 75-79 100 Yard Freestyle**

ZONE: 1:39.66 Z 2/5/2011 PEG CLOUTIER PNA

PNA: 1:39.66 P 2/5/2011 PEG CLOUTIER

1	Cloutier, Peg	76	South Sound Masters Swimmers	1:39.66	1:39.68
	47.94				1:39.68 (51.74)
2	Sisco, Marilynn	77	South Sound Masters Swimmers	2:01.08	1:53.93
	54.79				1:53.93 (59.14)
---	Haase, Jane	79	Hydropower Masters Swim Club	2:10.00	XNS

Women 75-79 500 Yard Freestyle

ZONE: 10:12.46 Z 1/31/1998 PAULINE STANGEL OREG

PNA: 10:54.17 P 4/25/1993 PAT MATTHIESEN

1	Cloutier, Peg	76	South Sound Masters Swimmers	9:30.00	9:52.87 Z
	49.51				1:48.25 (58.74) 2:49.88 (1:01.63) 3:51.06 (1:01.18)
	4:52.26 (1:01.20)				5:54.11 (1:01.85) 6:54.73 (1:00.62) 7:54.16 (59.43)
	8:55.18 (1:01.02)				9:52.87 (57.69)

Women 75-79 50 Yard Backstroke

ZONE: 45.24 Z 4/3/2005 BARBARA JACKSON MM

PNA: 48.93 P 7/29/2007 GLORIA TOLARO

1	Sisco, Marilynn	77	South Sound Masters Swimmers	1:00.38	59.00
---	Haase, Jane	79	Hydropower Masters Swim Club	1:20.00	X1:24.33

Women 75-79 100 Yard Backstroke

ZONE: 1:38.46 Z 4/3/2005 BARBARA JACKSON MM

PNA: 1:54.85 P 4/9/2006 BERNICE PHILLIPS

1	Sisco, Marilynn	77	South Sound Masters Swimmers	2:18.79	2:13.01
	1:04.47				2:13.01 (1:08.54)

Women 75-79 50 Yard Breaststroke

ZONE: 54.09 Z 4/10/1999 MURIEL FLYNN PNA

PNA: 54.09 P 4/10/1999 MURIEL FLYNN

---	Haase, Jane	79	Hydropower Masters Swim Club	1:35.00	X1:29.79
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Women 75-79 100 Yard IM

ZONE: 1:56.91 Z 4/9/2000 BETTY KERCHEVAL PNA

PNA: 1:56.91 P 4/9/2000 BETTY KERCHEVAL

---	Haase, Jane	79	Hydropower Masters Swim Club	2:48.26	X2:58.01
	1:23.90				2:58.01 (1:34.11)

Women 80-84 200 Yard Freestyle

ZONE: 4:05.01 Z 1/26/2002 PAULINE STANGEL OREG

PNA: 4:07.67 P 2/5/2011 GLORIA TOLARO

1	Kavadas, Janet	80	North End Otters	5:00.00	4:53.20
	1:06.63				2:19.45 (1:12.82) 3:36.39 (1:16.94) 4:53.20 (1:16.81)

Women 80-84 500 Yard Freestyle

ZONE: 11:17.24 Z 3/24/1996 EVA MULLER OREG

PNA: 12:03.50 P 4/10/1999 PAT MATTHIESEN

---	Kavadas, Janet	80	North End Otters	12:00.00	SCR
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Women 80-84 100 Yard Breaststroke

ZONE: 2:01.00 Z 4/13/2003 MURIEL FLYNN PNA

PNA: 2:01.00 P 4/13/2003 MURIEL FLYNN

1	Kavadas, Janet	80	North End Otters	3:15.00	2:52.78
	1:21.94				2:52.78 (1:30.84)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 18-24 50 Yard Freestyle**

ZONE: 20.41 Z 4/9/2000		MICHAEL BURTON		OREG	
PNA: 21.04 P 5/4/2008		BRIAN GOLDMAN			
1	Cunningham, Tommy	20	Blue Wave Aquatics	22.19	21.86
2	Chapman, Chris	23	Lake Washington Masters	22.02	22.49
3	Grigas, Garrett	20	Issaquah Swim Team	24.37	23.96
4	Delano, Scott	23	Gig Harbor Old Swimmers Team	24.00	24.46
5	Phelan, Cole	19	Western Washington University	25.00	24.57
6	Whitefield, Benjamin	21	Western Washington University	25.64	24.98
7	Sage, Andrew	21	Western Washington University	25.36	25.06
8	Renggli, Chris	23	Phinney Ridge Swim Club	24.87	25.46
9	Ringstad, Brandon	19	Husky Masters	32.00	25.96
10	Bourgeois, Daryl	24	Orca Swim Club	32.15	31.30

Men 18-24 100 Yard Freestyle

ZONE: 45.90 Z 4/26/1992		JOHN KEPPELER		MACO	
PNA: 47.77 P 4/10/2004		ELLIOTT KOLBE			
*1	Chapman, Chris	23	Lake Washington Masters	48.01	48.07
	23.06	48.07	(25.01)		
*1	Cunningham, Tommy	20	Blue Wave Aquatics	47.99	48.07
	23.05	48.07	(25.02)		
3	Grigas, Garrett	20	Issaquah Swim Team	53.88	52.77
	25.10	52.77	(27.67)		
4	Postetter, David	24	Lake Washington Masters	52.97	52.96
	24.91	52.96	(28.05)		
5	Whitefield, Benjamin	21	Western Washington University	54.86	53.74
	25.98	53.74	(27.76)		
6	Phelan, Cole	19	Western Washington University	54.08	54.43
	26.12	54.43	(28.31)		
7	Delano, Scott	23	Gig Harbor Old Swimmers Team	56.00	55.15
	26.17	55.15	(28.98)		
8	Sage, Andrew	21	Western Washington University	58.19	56.20
	27.60	56.20	(28.60)		
9	Renggli, Chris	23	Phinney Ridge Swim Club	55.89	56.65
	27.08	56.65	(29.57)		
10	Ringstad, Brandon	19	Husky Masters	59.00	56.73
	27.93	56.73	(28.80)		
11	Bourgeois, Daryl	24	Orca Swim Club	1:10.46	1:12.82
	34.44	1:12.82	(38.38)		

Men 18-24 200 Yard Freestyle

ZONE: 1:41.45 Z 4/26/1992		JOHN KEPPELER		MACO	
PNA: 1:44.59 P 4/10/2004		ELLIOTT KOLBE			
1	Chapman, Chris	23	Lake Washington Masters	1:48.10	1:47.11
	24.94	51.77	(26.83)	1:18.92	(27.15)
				1:47.11	(28.19)
2	Grigas, Garrett	20	Issaquah Swim Team	2:00.00	1:56.32
	25.75	54.75	(29.00)	1:25.71	(30.96)
				1:56.32	(30.61)
3	Phelan, Cole	19	Western Washington University	2:05.00	2:03.01
	27.91	59.22	(31.31)	1:31.19	(31.97)
				2:03.01	(31.82)
4	Delano, Scott	23	Gig Harbor Old Swimmers Team	2:00.00	2:07.41
	26.95	57.81	(30.86)	1:31.97	(34.16)
				2:07.41	(35.44)
5	Sage, Andrew	21	Western Washington University	2:11.54	2:09.31
	29.99	1:02.91	(32.92)	1:37.38	(34.47)
				2:09.31	(31.93)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 18-24 500 Yard Freestyle****ZONE: 4:49.97 Z 5/20/2007 DAVID WHITBECK PNA****PNA: 4:49.97 P 5/20/2007 DAVID WHITBECK**

1	Sage, Andrew	21	Western Washington University	6:04.76	5:58.69
	30.15	1:05.03 (34.88)	1:40.29 (35.26)	2:18.01 (37.72)	
	2:55.14 (37.13)	3:31.55 (36.41)	4:09.07 (37.52)	4:46.96 (37.89)	
	5:24.42 (37.46)	5:58.69 (34.27)			
2	Wilkin, Casey	20	Blue Wave Aquatics	7:30.00	8:10.93
	36.29	1:19.30 (43.01)	2:05.67 (46.37)	2:55.83 (50.16)	
	3:47.18 (51.35)	4:40.19 (53.01)	5:32.32 (52.13)	6:26.70 (54.38)	
	7:19.61 (52.91)	8:10.93 (51.32)			
---	Grigas, Garrett	20	Issaquah Swim Team	5:30.00	SCR

Men 18-24 1000 Yard Freestyle**ZONE: 9:59.78 Z 4/11/2009 EDDIE SWITAJ PNA****PNA: 9:59.78 P 4/11/2009 EDDIE SWITAJ**

1	Wilkin, Casey	20	Blue Wave Aquatics	17:00.00	17:18.64
	39.58	1:25.72 (46.14)	2:16.28 (50.56)	3:07.84 (51.56)	
	4:00.59 (52.75)	4:55.54 (54.95)	5:50.58 (55.04)	6:45.57 (54.99)	
	7:40.55 (54.98)	8:34.77 (54.22)	9:27.61 (52.84)	10:21.24 (53.63)	
	11:15.02 (53.78)	12:08.28 (53.26)	13:01.08 (52.80)	13:53.07 (51.99)	
	14:45.47 (52.40)	15:36.80 (51.33)	16:30.75 (53.95)	17:18.64 (47.89)	

Men 18-24 1650 Yard Freestyle**ZONE: 17:00.46 Z 5/16/1994 TODD STRUCKMAN MM****PNA: 17:01.93 P 4/6/1986 PETE COLBECK**

---	Wilkin, Casey	20	Blue Wave Aquatics	30:00.00	SCR
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Men 18-24 50 Yard Backstroke**ZONE: 24.19 Z 4/26/1992 JOHN KEPPELER MACO****PNA: 24.54 P 4/11/2010 CHRIS CHAPMAN**

1	Postetter, David	24	Lake Washington Masters	28.00	28.58
2	Phelan, Cole	19	Western Washington University	30.00	29.13
3	Bourgeois, Daryl	24	Orca Swim Club	37.76	35.46

Men 18-24 100 Yard Backstroke**ZONE: 51.22 Z 10/19/1991 JOHN KEPPELER MACO****PNA: 52.56 P 2/20/2011 TAYLOR BRUGH**

1	Chiu, Bryson	23	Mercer Island Redwoods	54.00	52.71
	25.53	52.71 (27.18)			
2	Chapman, Chris	23	Lake Washington Masters	54.03	53.66
	25.17	53.66 (28.49)			
3	Postetter, David	24	Lake Washington Masters	1:00.00	1:01.52
	29.70	1:01.52 (31.82)			
4	Lei, Cheok Hei	18	Ymcapkc Sound Aquatic	1:16.00	1:03.08
	31.02	1:03.08 (32.06)			
5	Bourgeois, Daryl	24	Orca Swim Club	1:40.08	1:21.50
	40.59	1:21.50 (40.91)			

Men 18-24 200 Yard Backstroke**ZONE: 1:50.28 Z 4/26/1992 JOHN KEPPELER MACO****PNA: 1:58.98 P 4/10/2005 ROBERT HOWELLS**

1	Raygor, Adam	21	Ohana Swim Team	2:38.00	2:17.23
	32.23	1:06.70 (34.47)	1:42.93 (36.23)	2:17.23 (34.30)	

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 18-24 50 Yard Breaststroke**

ZONE: 25.64 Z 4/9/2000 MICHAEL BURTON OREG
PNA: 26.69 P 4/10/2004 ELLIOTT KOLBE

1	Cunningham, Tommy	20	Blue Wave Aquatics	28.59	28.29
2	Ringstad, Brandon	19	Husky Masters	33.50	31.53
3	Raygor, Adam	21	Ohana Swim Team	34.00	32.38

Men 18-24 100 Yard Breaststroke

ZONE: 55.86 Z 4/9/2000 MICHAEL BURTON OREG
PNA: 59.63 P 4/10/2004 ELLIOTT KOLBE

1	Lei, Cheok Hei	18	Ymcapkc Sound Aquatic	1:14.00	1:06.41
	30.77		1:06.41 (35.64)		
2	Ringstad, Brandon	19	Husky Masters	1:11.00	1:11.41
	33.71		1:11.41 (37.70)		
3	Raygor, Adam	21	Ohana Swim Team	1:15.50	1:13.10
	33.01		1:13.10 (40.09)		
4	Wilkin, Casey	20	Blue Wave Aquatics	1:35.00	1:22.55
	38.47		1:22.55 (44.08)		

Men 18-24 200 Yard Breaststroke

ZONE: 2:09.49 Z 2/20/2011 BRYSON CHIU PNA
PNA: 2:09.49 P 2/20/2011 BRYSON CHIU

1	Chiu, Bryson	23	Mercer Island Redwoods	2:10.00	2:08.41 Z
	29.19		1:01.62 (32.43)	1:34.57 (32.95)	2:08.41 (33.84)
2	Wilkin, Casey	20	Blue Wave Aquatics	3:15.00	3:09.52
	40.10		1:27.75 (47.65)	2:18.56 (50.81)	3:09.52 (50.96)

Men 18-24 50 Yard Butterfly

ZONE: 23.19 Z 4/11/2009 BRIAN GOLDMAN PNA
PNA: 23.19 P 4/11/2009 BRIAN GOLDMAN

1	Postetter, David	24	Lake Washington Masters	26.00	26.46
2	Delano, Scott	23	Gig Harbor Old Swimmers Team	28.00	26.90
3	Renggli, Chris	23	Phinney Ridge Swim Club	26.90	27.86
4	Whitefield, Benjamin	21	Western Washington University	29.09	28.92

Men 18-24 100 Yard Butterfly

ZONE: 51.92 Z 2/20/2011 CHRIS CHAPMAN PNA
PNA: 51.92 P 2/20/2011 CHRIS CHAPMAN

1	Chapman, Chris	23	Lake Washington Masters	52.17	51.03 Z
	23.35		51.03 (27.68)		
2	Postetter, David	24	Lake Washington Masters	57.00	58.86
	27.16		58.86 (31.70)		
3	Renggli, Chris	23	Phinney Ridge Swim Club	1:00.00	1:05.29
	30.28		1:05.29 (35.01)		

Men 18-24 100 Yard IM

ZONE: 53.74 Z 2/20/2011 BRYSON CHIU PNA
PNA: 53.74 P 2/20/2011 BRYSON CHIU

1	Cunningham, Tommy	20	Blue Wave Aquatics	56.20	55.57
	25.47		55.57 (30.10)		
2	Postetter, David	24	Lake Washington Masters	58.99	1:00.63
	27.09		1:00.63 (33.54)		
3	Lei, Cheok Hei	18	Ymcapkc Sound Aquatic	1:04.00	1:01.22
	29.88		1:01.22 (31.34)		

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4	Raygor, Adam	21	Ohana Swim Team	1:08.00	1:03.73
	29.21		1:03.73 (34.52)		
5	Whitefield, Benjamin	21	Western Washington University	1:06.17	1:05.19
	30.92		1:05.19 (34.27)		
6	Wilkin, Casey	20	Blue Wave Aquatics	1:25.00	1:19.54
	37.88		1:19.54 (41.66)		

Men 18-24 200 Yard IM

ZONE: 1:59.35 Z 10/16/2004 ELLIOTT KOLBE PNA

PNA: 1:59.35 P 10/16/2004 ELLIOTT KOLBE

1	Chiu, Bryson	23	Mercer Island Redwoods	2:00.00	1:59.34Z
	25.32		55.85 (30.53) 1:29.76 (33.91)	1:59.34 (29.58)	
2	Grigas, Garrett	20	Issaquah Swim Team	2:20.00	2:15.94
	27.79		1:05.09 (37.30) 1:45.90 (40.81)	2:15.94 (30.04)	

Men 18-24 400 Yard IM

ZONE: 4:04.34 Z 4/26/1992 JOHN KEPPELER MACO

PNA: 4:25.17 P 4/10/2005 ROBERT HOWELLS

---	Grigas, Garrett	20	Issaquah Swim Team	5:00.00	DQ
	Non-simultaneous touch - breast				
	29.93		1:04.73 (34.80) 1:44.25 (39.52)	2:25.64 (41.39)	
	3:08.27 (42.63)		3:51.79 (43.52) 4:25.69 (33.90)	DQ (33.42)	

Men 25-29 50 Yard Freestyle

ZONE: 20.71 Z 3/12/1983 JEFF ROLAN UTAH

PNA: 21.79 P 7/6/1991 CRAIG MALLERY

1	Morin, Justin	25	Central Area Aquatics Team	23.00	22.99
2	Conroy, Chris	25	Lake Washington Masters	24.00	24.19
3	Thompson, Matt	28	Orca Swim Club	25.53	24.78
4	Klein, Cameron	27	Downtown/Bellevue Swim Team	26.08	26.27
---	Rice, Jordan	26	North End Otters	23.24	NS

Men 25-29 100 Yard Freestyle

ZONE: 46.01 Z 3/12/1983 JEFF ROLAN UTAH

PNA: 47.58 P 5/18/1997 PATON MCCLUNG

1	Rydinski, Evan	25	Unattached Pna	50.50	49.84
	23.91		49.84 (25.93)		
2	Yung, Cejih	25	Lake Washington Masters	51.00	50.98
	24.48		50.98 (26.50)		
3	Conroy, Chris	25	Lake Washington Masters	52.50	51.51
	25.21		51.51 (26.30)		
4	Wensman, Mike	28	Blue Wave Aquatics	1:00.00	53.49
	26.13		53.49 (27.36)		
5	Thompson, Matt	28	Orca Swim Club	56.24	55.33
	26.60		55.33 (28.73)		
6	Latham, James	29	Monroe YMCA Masters	1:02.00	55.44
	26.52		55.44 (28.92)		

Men 25-29 200 Yard Freestyle

ZONE: 1:38.64 Z 4/30/1995 JOHN KEPPELER OREG

PNA: 1:48.04 P 4/10/1988 MARK AMBERSON

1	Rydinski, Evan	25	Unattached Pna	1:50.80	1:48.29
	25.00		52.02 (27.02) 1:19.92 (27.90)	1:48.29 (28.37)	

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 25-29 200 Yard Freestyle)**

2	Yung, Cejih	25	Lake Washington Masters	1:53.00	1:50.04
	25.44	52.78 (27.34)	1:20.85 (28.07)	1:50.04 (29.19)	
3	Conroy, Chris	25	Lake Washington Masters	1:57.00	1:56.03
	26.91	56.04 (29.13)	1:26.19 (30.15)	1:56.03 (29.84)	
4	Wensman, Mike	28	Blue Wave Aquatics	2:00.00	1:56.63
	27.44	57.09 (29.65)	1:27.44 (30.35)	1:56.63 (29.19)	
5	Latham, James	29	Monroe YMCA Masters	2:12.00	2:04.35
	27.79	58.05 (30.26)	1:30.37 (32.32)	2:04.35 (33.98)	
6	Klein, Cameron	27	Downtown/Bellevue Swim Team	2:08.99	2:08.18
	30.76	1:03.59 (32.83)	1:36.62 (33.03)	2:08.18 (31.56)	
7	Carlisle, Patrick	25	Ymcapkc Sound Aquatic	2:08.90	2:09.30
	32.13	1:05.50 (33.37)	1:38.10 (32.60)	2:09.30 (31.20)	

Men 25-29 500 Yard Freestyle

ZONE: 4:45.53 Z 5/23/1993 DENNIS TESCH UTAH

PNA: 4:53.40 P 4/9/1989 PETE COLBECK

1	Rydinski, Evan	25	Unattached Pna	5:08.00	5:01.18
	26.61	55.70 (29.09)	1:25.15 (29.45)	1:55.23 (30.08)	
	2:25.89 (30.66)	2:56.42 (30.53)	3:27.53 (31.11)	3:58.74 (31.21)	
	4:30.38 (31.64)	5:01.18 (30.80)			
2	Yung, Cejih	25	Lake Washington Masters	5:05.00	5:03.12
	27.06	56.00 (28.94)	1:25.85 (29.85)	1:56.33 (30.48)	
	2:27.34 (31.01)	2:58.49 (31.15)	3:30.17 (31.68)	4:01.77 (31.60)	
	4:33.25 (31.48)	5:03.12 (29.87)			
3	Klein, Cameron	27	Downtown/Bellevue Swim Team	5:43.76	5:54.43
	33.41	1:09.93 (36.52)	1:46.35 (36.42)	2:23.27 (36.92)	
	2:59.12 (35.85)	3:35.51 (36.39)	4:10.75 (35.24)	4:46.68 (35.93)	
	5:21.69 (35.01)	5:54.43 (32.74)			
---	Carlisle, Patrick	25	Ymcapkc Sound Aquatic	6:05.83	SCR
---	Latham, James	29	Monroe YMCA Masters	6:05.00	SCR

Men 25-29 1000 Yard Freestyle

ZONE: 9:58.43 Z 5/20/1993 DENNIS TESCH UTAH

PNA: 10:12.44 P 3/5/1988 PETE COLBECK

1	Chapman, Jayden	25	Blue Wave Aquatics	25:00.00	21:27.16
	49.46	1:45.00 (55.54)	2:47.83 (1:02.83)	3:50.33 (1:02.50)	
	4:54.12 (1:03.79)	5:57.87 (1:03.75)	7:04.98 (1:07.11)	8:11.37 (1:06.39)	
	9:15.99 (1:04.62)	10:20.92 (1:04.93)	11:25.44 (1:04.52)	12:32.08 (1:06.64)	
	13:38.39 (1:06.31)	14:46.46 (1:08.07)	15:54.55 (1:08.09)	17:03.28 (1:08.73)	
	18:10.91 (1:07.63)	19:19.45 (1:08.54)	20:25.87 (1:06.42)	21:27.16 (1:01.29)	

Men 25-29 1650 Yard Freestyle

ZONE: 16:23.31 Z 5/20/1993 DENNIS TESCH UTAH

PNA: 17:08.91 P 3/14/1987 PETE COLBECK

1	Rydinski, Evan	25	Unattached Pna	17:40.00	17:35.88
		27:07.77 ()	17:35.88 ()		

Men 25-29 50 Yard Backstroke

ZONE: 24.77 Z 2/1990 TOM ROTH AKMS

PNA: 25.07 P 10/19/1997 JON PAUOLE

1	Klein, Cameron	27	Downtown/Bellevue Swim Team	32.51	30.85
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2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 25-29 200 Yard Backstroke**

ZONE: 1:48.47 Z 4/30/1995 JOHN KEPPELER OREG

PNA: 1:58.38 P 10/19/1997 JON PAUOLE

1	Klein, Cameron	27	Downtown/Bellevue Swim Team	2:32.44	2:28.08
	34.89	1:13.10 (38.21)	1:51.72 (38.62)	2:28.08 (36.36)	
2	Carlisle, Patrick	25	Ymcapkc Sound Aquatic	2:34.88	2:37.64
	37.17	1:17.10 (39.93)	1:58.20 (41.10)	2:37.64 (39.44)	

Men 25-29 50 Yard Breaststroke

ZONE: 27.20 Z 5/21/1993 DAVE DOLL UTAH

PNA: 27.44 P 4/9/1995 JODY BRADEN

1	Morin, Justin	25	Central Area Aquatics Team	30.00	28.06
2	Conroy, Chris	25	Lake Washington Masters	31.00	30.62
3	Rice, Jordan	26	North End Otters	29.99	31.47
4	Klein, Cameron	27	Downtown/Bellevue Swim Team	34.69	33.77
---	Wilkins, Paul	29	British Columbia Masters	31.31	X29.76
---	Cleary, Kevin	27	Oregon Masters	31.35	X29.78

Men 25-29 100 Yard Breaststroke

ZONE: 59.23 Z 5/18/1987 JOHN BRYANT PNA

PNA: 59.23 P 5/18/1987 JOHN BRYANT

1	Yung, Cejih	25	Lake Washington Masters	1:01.00	59.37
	27.78	59.37 (31.59)			
2	Morin, Justin	25	Central Area Aquatics Team	1:02.99	59.98
	28.42	59.98 (31.56)			
3	Conroy, Chris	25	Lake Washington Masters	1:08.00	1:08.31
	32.26	1:08.31 (36.05)			
4	Ruggeri, Luke	28	Downtown/Bellevue Swim Team	1:18.00	1:14.82
	35.71	1:14.82 (39.11)			
---	Cleary, Kevin	27	Oregon Masters	1:07.80	X1:06.43
	31.06	1:06.43 (35.37)			

Men 25-29 200 Yard Breaststroke

ZONE: 2:10.08 Z 5/16/1999 GREGORY LATTA OREG

PNA: 2:11.13 P 4/5/1992 JUSTIN FARABEE

1	Yung, Cejih	25	Lake Washington Masters	2:20.00	2:11.51
	29.45	1:02.20 (32.75)	1:35.92 (33.72)	2:11.51 (35.59)	
2	Morin, Justin	25	Central Area Aquatics Team	2:20.99	2:15.48
	29.37	1:03.19 (33.82)	1:38.70 (35.51)	2:15.48 (36.78)	
3	Carlisle, Patrick	25	Ymcapkc Sound Aquatic	2:48.33	2:48.09
	37.67	1:21.04 (43.37)	2:05.57 (44.53)	2:48.09 (42.52)	

Men 25-29 50 Yard Butterfly

ZONE: 22.77 Z 3/10/1982 JEFF ROLAN UTAH

PNA: 23.12 P 10/19/1997 JON PAUOLE

1	Ruggeri, Luke	28	Downtown/Bellevue Swim Team	27.70	26.86
2	Rice, Jordan	26	North End Otters	27.40	27.24
3	Thompson, Matt	28	Orca Swim Club	27.49	27.38
---	Wilkins, Paul	29	British Columbia Masters	24.50	X24.17
---	Cleary, Kevin	27	Oregon Masters	27.00	X26.85

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	ZONE:	49.85	Z	1/11/1982	JEFF ROLAN		UTAH
	PNA:	51.24	P	10/19/1997	JON PAUOLE		
1	Ruggeri, Luke			28	Downtown/Bellevue Swim Team	1:01.20	1:00.70
		27.65					1:00.70 (33.05)
2	Rice, Jordan			26	North End Otters	1:01.00	1:01.13
		28.34					1:01.13 (32.79)
---	Wilkins, Paul			29	British Columbia Masters	54.80	X54.97
		26.15					54.97 (28.82)

Men 25-29 200 Yard Butterfly

	ZONE:	1:54.98	Z	5/18/1997	WILLIAM ZOLNA		OREG
	PNA:	1:59.30	P	6/1/1975	ALAN BELL		
---	Rice, Jordan			26	North End Otters	2:25.00	DQ
	Alternating Kick						
		29.98					1:03.92 (33.94) 1:41.50 (37.58) DQ (41.36)

Men 25-29 100 Yard IM

	ZONE:	53.66	Z	4/9/1995	JODY BRADEN		PNA
	PNA:	53.66	P	4/9/1995	JODY BRADEN		
1	Morin, Justin			25	Central Area Aquatics Team	59.99	56.82
		26.87					56.82 (29.95)
2	Rice, Jordan			26	North End Otters	1:01.00	1:01.55
		28.68					1:01.55 (32.87)
3	Conroy, Chris			25	Lake Washington Masters	1:01.50	1:02.62
		30.12					1:02.62 (32.50)
4	Latham, James			29	Monroe YMCA Masters	1:10.00	1:03.33
		29.11					1:03.33 (34.22)
5	Ruggeri, Luke			28	Downtown/Bellevue Swim Team	1:08.00	1:05.16
		30.10					1:05.16 (35.06)
---	Wilkins, Paul			29	British Columbia Masters	57.50	X57.40
		26.42					57.40 (30.98)

Men 25-29 200 Yard IM

	ZONE:	1:56.29	Z	5/16/1999	GREGORY LATTA		OREG
	PNA:	1:59.23	P	4/9/1995	JODY BRADEN		
1	Latham, James			29	Monroe YMCA Masters	2:40.00	2:20.88
		29.32					1:06.68 (37.36) 1:48.46 (41.78) 2:20.88 (32.42)
2	Carlisle, Patrick			25	Ymcapkc Sound Aquatic	2:33.43	2:31.72
		37.24					1:16.58 (39.34) 1:58.36 (41.78) 2:31.72 (33.36)

Men 25-29 400 Yard IM

	ZONE:	4:11.49	Z	5/18/1997	KYLE KIMBALL		OREG
	PNA:	4:19.01	P	4/10/2004	BRENT NORDYKE		
1	Yung, Cejih			25	Lake Washington Masters	4:45.00	4:19.98
		26.54					56.97 (30.43) 1:31.03 (34.06) 2:04.69 (33.66)
		2:41.19 (36.50)					3:17.85 (36.66) 3:49.58 (31.73) 4:19.98 (30.40)
---	Carlisle, Patrick			25	Ymcapkc Sound Aquatic	5:20.47	NS

Men 30-34 50 Yard Freestyle

	ZONE:	21.47	Z	2/14/1998	PAT HAYES		UTAH
	PNA:	21.59	P	3/31/1985	DAVE HANNULA		
1	Buckmaster, Matthew			33	Unattached Pna	23.74	23.69
2	Brayman, Brook			34	Blue Wave Aquatics	24.00	23.83
3	Bush, Gabe			33	Blue Wave Aquatics	25.34	25.30

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4	Wineman, Patrick	30	Olympic Aquatic Club	26.68	26.99
5	Aki, John	34	Lake Washington Masters	32.55	32.33

Men 30-34 100 Yard Freestyle

ZONE: 45.85 Z 4/11/2009 BRIAN WISNIEWSKI				PNA	
PNA: 45.85 P 4/11/2009 BRIAN WISNIEWSKI					
1	Wisniewski, Brian	33	Husky Masters	49.00	48.84
	23.64		48.84 (25.20)		
2	Buckmaster, Matthew	33	Unattached Pna	50.24	50.24
	24.15		50.24 (26.09)		
3	Brayman, Brook	34	Blue Wave Aquatics	52.00	51.39
	24.92		51.39 (26.47)		
4	Bush, Gabe	33	Blue Wave Aquatics	55.90	55.87
	27.25		55.87 (28.62)		
5	Wineman, Patrick	30	Olympic Aquatic Club	58.48	59.65
	28.94		59.65 (30.71)		
6	Aki, John	34	Lake Washington Masters	1:13.00	1:14.33
	35.68		1:14.33 (38.65)		

Men 30-34 200 Yard Freestyle

ZONE: 1:40.22 Z 4/11/2009 BRIAN WISNIEWSKI				PNA	
PNA: 1:40.22 P 4/11/2009 BRIAN WISNIEWSKI					
1	Buckmaster, Matthew	33	Unattached Pna	1:52.68	1:50.31
	25.52		53.16 (27.64) 1:21.72 (28.56)		1:50.31 (28.59)
2	Brayman, Brook	34	Blue Wave Aquatics	1:55.00	1:53.47
	25.92		54.25 (28.33) 1:23.54 (29.29)		1:53.47 (29.93)
3	Aki, John	34	Lake Washington Masters	3:10.00	2:51.61
	39.85		1:24.46 (44.61) 2:09.99 (45.53)		2:51.61 (41.62)
---	Adams, James	33	Hydropower Masters Swim Club	2:07.71	X2:06.07
	27.09		58.80 (31.71) 1:31.58 (32.78)		2:06.07 (34.49)

Men 30-34 500 Yard Freestyle

ZONE: 4:44.28 Z 4/30/1995 JEFF STILING				MACO	
PNA: 4:50.06 P 12/13/1998 JAY BENNER					
1	Wisniewski, Brian	33	Husky Masters	5:00.00	4:52.68
	26.57		55.20 (28.63) 1:24.66 (29.46)		1:54.63 (29.97)
	2:24.85 (30.22)		2:55.32 (30.47) 3:25.19 (29.87)		3:54.81 (29.62)
	4:23.97 (29.16)		4:52.68 (28.71)		
2	Brayman, Brook	34	Blue Wave Aquatics	5:21.41	5:12.02
	27.68		58.11 (30.43) 1:29.56 (31.45)		2:01.36 (31.80)
	2:32.76 (31.40)		3:04.49 (31.73) 3:36.55 (32.06)		4:08.83 (32.28)
	4:40.87 (32.04)		5:12.02 (31.15)		
3	Buckmaster, Matthew	33	Unattached Pna	5:18.67	5:19.02
	28.19		58.69 (30.50) 1:30.32 (31.63)		2:02.75 (32.43)
	2:35.66 (32.91)		3:08.36 (32.70) 3:41.14 (32.78)		4:14.29 (33.15)
	4:47.31 (33.02)		5:19.02 (31.71)		
---	Takahashi, Jason	34	Downtown/Bellevue Swim Team	5:25.00	SCR

Men 30-34 1000 Yard Freestyle

ZONE: 9:47.93 Z 4/30/2000 DENNIS TESCH				UTAH	
PNA: 10:14.57 P 4/23/1989 BRAD WILLIAMS					
---	Takahashi, Jason	34	Downtown/Bellevue Swim Team	11:20.00	SCR
---	Bush, Gabe	33	Blue Wave Aquatics	11:44.16	SCR

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ZONE: 15:51.57 Z 5/12/1996 JEFF ERWIN SAWS
PNA: 17:38.02 P 4/23/1989 BRAD WILLIAMS

1 Takahashi, Jason 34 Downtown/Bellevue Swim Team 18:45.00 19:47.87
 29:02.50 () 19:47.87 ()

Men 30-34 50 Yard Backstroke

ZONE: 24.82 Z 4/9/2000 PAUL WATSON OREG
PNA: 25.64 P 4/9/2000 ED WARDIAN

1 Wisniewski, Brian 33 Husky Masters 25.00 25.31 P
 2 Wineman, Patrick 30 Olympic Aquatic Club 33.63 33.18
 3 Aki, John 34 Lake Washington Masters 41.00 41.33

Men 30-34 100 Yard Backstroke

ZONE: 53.59 Z 4/9/2000 PAUL WATSON OREG
PNA: 54.01 P 4/11/2009 BRIAN WISNIEWSKI

1 Wineman, Patrick 30 Olympic Aquatic Club 1:13.10 1:14.12
 35.65 1:14.12 (38.47)

Men 30-34 200 Yard Backstroke

ZONE: 1:56.33 Z 4/11/2009 BRIAN WISNIEWSKI PNA
PNA: 1:56.33 P 4/11/2009 BRIAN WISNIEWSKI

1 Takahashi, Jason 34 Downtown/Bellevue Swim Team 2:13.40 2:13.39
 31.44 1:04.83 (33.39) 1:39.16 (34.33) 2:13.39 (34.23)
 --- Adams, James 33 Hydropower Masters Swim Club 2:12.34 X2:15.94
 31.25 1:05.36 (34.11) 1:40.78 (35.42) 2:15.94 (35.16)

Men 30-34 50 Yard Breaststroke

ZONE: 26.78 Z 4/29/1990 ROBERT JACKSON PNA
PNA: 26.78 P 4/29/1990 ROBERT JACKSON

1 Hartman, Robert 33 Downtown/Bellevue Swim Team 31.47 32.14
 --- Adams, James 33 Hydropower Masters Swim Club 32.32 X31.18

Men 30-34 100 Yard Breaststroke

ZONE: 58.51 Z 5/2/2004 GREGORY LATTA OREG
PNA: 59.20 P 4/29/1990 ROBERT JACKSON

--- Hartman, Robert 33 Downtown/Bellevue Swim Team 1:08.00 NS

Men 30-34 50 Yard Butterfly

ZONE: 22.93 Z 4/30/2000 MICHAEL SORENSEN AKMS
PNA: 23.34 P 4/29/1990 BRENT KRANTZ

1 Buckmaster, Matthew 33 Unattached Pna 26.55 26.02
 2 Bush, Gabe 33 Blue Wave Aquatics 27.99 27.66
 3 Hartman, Robert 33 Downtown/Bellevue Swim Team 30.18 30.31
 4 Aki, John 34 Lake Washington Masters 49.00 41.69

Men 30-34 100 Yard Butterfly

ZONE: 50.46 Z 5/16/1999 MICHAEL SORENSEN AKMS
PNA: 52.28 P 4/5/1992 STEVE VELA

1 Bush, Gabe 33 Blue Wave Aquatics 1:03.03 1:01.75
 29.13 1:01.75 (32.62)

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ZONE: 53.83		Z 4/7/2002	GREGORY LATTA		OREG	
PNA: 53.84		P 5/26/1984	DAVID HANNULA			
1	Wisniewski, Brian	33	Husky Masters	58.50	57.17	
	25.58	57.17 (31.59)				
2	Buckmaster, Matthew	33	Unattached Pna	1:02.41	1:00.60	
	28.40	1:00.60 (32.20)				
3	Bush, Gabe	33	Blue Wave Aquatics	1:05.42	1:05.25	
	30.23	1:05.25 (35.02)				
4	Hartman, Robert	33	Downtown/Bellevue Swim Team	1:06.32	1:06.26	
5	Aki, John	34	Lake Washington Masters	1:41.00	1:33.16	
	43.57	1:33.16 (49.59)				
---	Adams, James	33	Hydropower Masters Swim Club	1:00.41	X59.76	
	27.65	59.76 (32.11)				

Men 30-34 200 Yard IM

ZONE: 1:56.51		Z 4/7/2002	GREGORY LATTA		OREG	
PNA: 2:00.84		P 4/5/1992	STEVE VELA			
1	Brayman, Brook	34	Blue Wave Aquatics	2:10.00	2:08.07	
	27.55	1:00.77 (33.22)	1:38.97 (38.20)	2:08.07 (29.10)		
2	Takahashi, Jason	34	Downtown/Bellevue Swim Team	2:13.00	2:16.18	
	28.00	1:01.74 (33.74)	1:42.63 (40.89)	2:16.18 (33.55)		
3	Hartman, Robert	33	Downtown/Bellevue Swim Team	2:25.99	2:24.49	
	31.18	1:10.43 (39.25)	1:50.14 (39.71)	2:24.49 (34.35)		

Men 30-34 400 Yard IM

ZONE: 4:14.76		Z 5/14/2002	BILL ZOLNA		OREG	
PNA: 4:17.68		P 4/23/1989	BRAD WILLIAMS			
1	Wisniewski, Brian	33	Husky Masters	4:25.00	4:17.81	
	27.52	59.48 (31.96)	1:33.39 (33.91)	2:06.22 (32.83)		
	2:43.82 (37.60)	3:21.70 (37.88)	3:51.20 (29.50)	4:17.81 (26.61)		
2	Brayman, Brook	34	Blue Wave Aquatics	4:41.00	4:33.30	
	28.43	1:00.58 (32.15)	1:36.37 (35.79)	2:11.59 (35.22)		
	2:50.90 (39.31)	3:30.30 (39.40)	4:02.41 (32.11)	4:33.30 (30.89)		
3	Takahashi, Jason	34	Downtown/Bellevue Swim Team	4:49.03	4:51.91	
	29.68	1:04.47 (34.79)	1:40.91 (36.44)	2:17.59 (36.68)		
	2:59.74 (42.15)	3:42.55 (42.81)	4:18.44 (35.89)	4:51.91 (33.47)		
4	Hartman, Robert	33	Downtown/Bellevue Swim Team	5:30.00	5:16.56	
	32.63	1:11.39 (38.76)	1:54.46 (43.07)	2:37.42 (42.96)		
	3:19.15 (41.73)	4:01.08 (41.93)	4:39.37 (38.29)	5:16.56 (37.19)		
---	Adams, James	33	Hydropower Masters Swim Club	4:29.48	X4:35.01	
	26.91	58.47 (31.56)	1:34.62 (36.15)	2:10.15 (35.53)		
	2:50.72 (40.57)	3:31.92 (41.20)	4:04.13 (32.21)	4:35.01 (30.88)		

Men 35-39 50 Yard Freestyle

ZONE: 21.11		Z 4/30/2000	PAT HAYES		UTAH	
PNA: 22.11		P 7/5/1997	CRAIG MALLERY			
1	Urquhart, Mark	36	Phinney Ridge Swim Club	24.30	23.47	
2	Inman, Andrew	36	Downtown/Bellevue Swim Team	24.93	24.43	
3	Greisen, Doug	38	Lake Washington Masters	29.00	28.97	
4	Durkin, Chris	36	South Sound Masters Swimmers	36.00	38.68	
---	Auer, Jonah	38	Blue Wave Aquatics	24.50	NS	
---	Johnson, Mitchell	38	Blue Wave Aquatics	29.62	NS	

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ZONE: 46.04 Z 4/30/2000		PAT HAYES		UTAH	
PNA: 49.34 P 7/5/1997		CRAIG MALLERY			
1	Urquhart, Mark	36	Phinney Ridge Swim Club	52.50	52.13
	24.79	52.13 (27.34)			
2	Auer, Jonah	38	Blue Wave Aquatics	57.25	53.98
	25.68	53.98 (28.30)			
3	Inman, Andrew	36	Downtown/Bellevue Swim Team	56.84	55.47
	26.01	55.47 (29.46)			
4	Greisen, Doug	38	Lake Washington Masters	1:06.00	1:04.87
	31.73	1:04.87 (33.14)			
---	Johnson, Mitchell	38	Blue Wave Aquatics	1:15.49	NS
---	Durkin, Chris	36	South Sound Masters Swimmers	1:15.00	NS
---	Brittle, Zach	37	North End Otters	1:03.42	NS

Men 35-39 200 Yard Freestyle

ZONE: 1:41.80 Z 4/30/2000		PAT HAYES		UTAH	
PNA: 1:49.31 P 5/10/2009		KIRK NELSON			
1	Walker, Jon	36	South Sound Masters Swimmers	1:55.00	1:55.44
	26.94	56.02 (29.08)	1:25.41 (29.39)	1:55.44 (30.03)	
2	Urquhart, Mark	36	Phinney Ridge Swim Club	2:01.00	1:58.59
	27.23	57.25 (30.02)	1:27.83 (30.58)	1:58.59 (30.76)	
3	Greisen, Doug	38	Lake Washington Masters	2:30.00	2:29.65
	32.80	1:11.47 (38.67)	1:50.85 (39.38)	2:29.65 (38.80)	
---	Ferguson, David	37	British Columbia Masters	1:55.70	X1:54.79
	26.70	55.68 (28.98)	1:25.42 (29.74)	1:54.79 (29.37)	

Men 35-39 500 Yard Freestyle

ZONE: 4:43.56 Z 5/18/1997		JEFF STILING		MACO	
PNA: 4:53.45 P 5/10/2009		KIRK NELSON			
1	Walker, Jon	36	South Sound Masters Swimmers	5:15.00	5:17.19
	27.74	58.12 (30.38)	1:29.52 (31.40)	2:01.50 (31.98)	
	2:33.76 (32.26)	3:06.28 (32.52)	3:39.00 (32.72)	4:12.19 (33.19)	
	4:45.02 (32.83)	5:17.19 (32.17)			
2	Alex, Casey	38	Unattached Pna	5:30.50	5:26.41
	28.84	1:00.75 (31.91)	1:33.43 (32.68)	2:05.87 (32.44)	
	2:38.36 (32.49)	3:11.32 (32.96)	3:43.99 (32.67)	4:17.03 (33.04)	
	4:52.22 (35.19)	5:26.41 (34.19)			
3	Greisen, Doug	38	Lake Washington Masters	6:50.00	6:45.76
	35.05	1:15.14 (40.09)	1:56.82 (41.68)	2:39.14 (42.32)	
	3:20.74 (41.60)	4:03.04 (42.30)	4:45.70 (42.66)	5:27.29 (41.59)	
	6:07.82 (40.53)	6:45.76 (37.94)			
---	Durkin, Chris	36	South Sound Masters Swimmers	7:44.94	SCR

Men 35-39 1000 Yard Freestyle

ZONE: 10:01.95 Z 5/15/2002		TIMOTHY NELSON		OREG	
PNA: 10:13.00 P 4/11/2009		KIRK NELSON			
1	Greisen, Doug	38	Lake Washington Masters	14:30.00	14:05.72
	35.67	1:17.48 (41.81)	2:00.74 (43.26)	2:42.65 (41.91)	
	3:25.30 (42.65)	4:07.66 (42.36)	4:49.93 (42.27)	5:33.28 (43.35)	
	6:16.69 (43.41)	7:00.18 (43.49)	7:43.39 (43.21)	8:26.59 (43.20)	
	9:09.05 (42.46)	9:52.99 (43.94)	10:36.15 (43.16)	11:20.27 (44.12)	
	12:03.14 (42.87)	12:44.42 (41.28)	13:25.89 (41.47)	14:05.72 (39.83)	

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 35-39 1650 Yard Freestyle**

ZONE: 15:53.88 Z 5/18/2003 JEFF ERWIN SAWS
PNA: 16:59.11 P 5/20/2007 DAVID KAYS

1	Greisen, Doug	38	Lake Washington Masters	24:45.00	23:58.40
	35.64	1:15.49 (39.85)	1:57.18 (41.69)	2:40.05 (42.87)	
	3:23.29 (43.24)	4:06.25 (42.96)	4:50.59 (44.34)	5:33.66 (43.07)	
	6:16.82 (43.16)	7:00.55 (43.73)	7:43.96 (43.41)	8:27.02 (43.06)	
	9:09.29 (42.27)	9:53.21 (43.92)	10:36.47 (43.26)	11:20.69 (44.22)	
	12:05.69 (45.00)	12:50.02 (44.33)	13:34.27 (44.25)	14:19.31 (45.04)	
	15:03.96 (44.65)	15:49.50 (45.54)	16:34.51 (45.01)	17:20.06 (45.55)	
	18:05.68 (45.62)	18:50.86 (45.18)	19:35.40 (44.54)	20:19.77 (44.37)	
	21:04.17 (44.40)	21:49.48 (45.31)	22:33.49 (44.01)	23:17.89 (44.40)	23:58.40 (40.51)

Men 35-39 100 Yard Backstroke

ZONE: 53.40 Z 5/16/1999 STEVE GEORGE OREG
PNA: 53.58 P 5/18/2003 EDWARD WARDIAN

1	Jelen, Doug	37	Gold's Eastside Masters	58.10	59.40
	28.76	59.40 (30.64)			
2	Urquhart, Mark	36	Phinney Ridge Swim Club	1:02.00	1:00.47
	28.69	1:00.47 (31.78)			

Men 35-39 200 Yard Backstroke

ZONE: 1:55.83 Z 5/16/1999 STEVE GEORGE OREG
PNA: 1:56.17 P 5/18/2003 EDWARD WARDIAN

1	Jelen, Doug	37	Gold's Eastside Masters	2:09.17	2:08.93
	30.52	1:03.56 (33.04)	1:36.35 (32.79)	2:08.93 (32.58)	

Men 35-39 50 Yard Breaststroke

ZONE: 27.07 Z 4/21/2006 GREG LATTA OREG
PNA: 27.46 P 4/29/1990 RICK COLELLA

1	Brittle, Zach	37	North End Otters	32.04	31.75
2	Inman, Andrew	36	Downtown/Bellevue Swim Team	33.57	32.72
3	Denton, Joe	39	Orca Swim Club	37.12	33.38
---	Hooper, James	39	British Columbia Masters	31.31	X29.83
---	Ferguson, David	37	British Columbia Masters	31.31	X32.44
---	Johnson, Mitchell	38	Blue Wave Aquatics	46.00	NS

Men 35-39 100 Yard Breaststroke

ZONE: 59.56 Z 4/21/2006 GREG LATTA OREG
PNA: 1:00.65 P 4/14/1991 RICK COLELLA

1	Brittle, Zach	37	North End Otters	1:10.37	1:09.37
	32.50	1:09.37 (36.87)			
2	Inman, Andrew	36	Downtown/Bellevue Swim Team	1:13.21	1:10.22
	33.13	1:10.22 (37.09)			
3	Denton, Joe	39	Orca Swim Club	1:13.85	1:14.90
	34.82	1:14.90 (40.08)			
---	Hooper, James	39	British Columbia Masters	1:07.10	X1:04.84
	30.66	1:04.84 (34.18)			
---	Tujo, Christian	39	Oregon Masters	1:07.50	X1:12.55
	34.14	1:12.55 (38.41)			

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 35-39 200 Yard Breaststroke**

ZONE: 2:11.59 Z 4/29/1990 RICK COLELLA PNA
PNA: 2:11.59 P 4/29/1990 RICK COLELLA

1	Inman, Andrew	36	Downtown/Bellevue Swim Team	2:45.00	2:35.14
				35.03	1:14.62 (39.59)
					1:54.46 (39.84)
					2:35.14 (40.68)
---	Tujo, Christian	39	Oregon Masters	2:28.00	X2:41.65
				38.00	1:20.09 (42.09)
					2:01.27 (41.18)
					2:41.65 (40.38)
---	Brittle, Zach	37	North End Otters	2:40.19	NS

Men 35-39 50 Yard Butterfly

ZONE: 23.06 Z 5/18/2003 MICHAEL SORENSEN AKMS
PNA: 24.08 P 4/10/2004 AMON EMEKA

1	Brittle, Zach	37	North End Otters	29.16	29.77
2	Denton, Joe	39	Orca Swim Club	31.12	30.26
---	Alex, Casey	38	Unattached Pna	25.94	DQ
					False start
---	Auer, Jonah	38	Blue Wave Aquatics	27.50	NS

Men 35-39 100 Yard Butterfly

ZONE: 50.30 Z 5/18/2003 MICHAEL SORENSEN AKMS
PNA: 52.45 P 5/18/1997 STEVEN VELA

1	Alex, Casey	38	Unattached Pna	57.59	56.53
				26.25	56.53 (30.28)
2	Jelen, Doug	37	Gold's Eastside Masters	57.20	57.51
				27.21	57.51 (30.30)
---	Ferguson, David	37	British Columbia Masters	58.50	X58.40
				26.94	58.40 (31.46)
---	Tujo, Christian	39	Oregon Masters	57.90	X1:01.19
				28.63	1:01.19 (32.56)
---	Auer, Jonah	38	Blue Wave Aquatics	59.00	NS

Men 35-39 200 Yard Butterfly

ZONE: 1:52.56 Z 6/20/2001 DENNIS BAKER OREG
PNA: 2:01.31 P 5/18/1997 STEVEN VELA

1	Jelen, Doug	37	Gold's Eastside Masters	2:06.42	2:08.64
				29.13	1:02.27 (33.14)
					1:35.26 (32.99)
					2:08.64 (33.38)
---	Tujo, Christian	39	Oregon Masters	2:13.70	X2:29.79
				34.13	1:13.47 (39.34)
					1:53.99 (40.52)
					2:29.79 (35.80)

Men 35-39 100 Yard IM

ZONE: 54.12 Z 4/30/2000 PAT HAYES UTAH
PNA: 55.68 P 4/29/1990 DAVID HANNULA

1	Urquhart, Mark	36	Phinney Ridge Swim Club	1:01.10	1:01.33
				27.75	1:01.33 (33.58)
2	Alex, Casey	38	Unattached Pna	59.73	1:01.87
				28.91	1:01.87 (32.96)
3	Brittle, Zach	37	North End Otters	1:09.52	1:09.81
				33.52	1:09.81 (36.29)
---	Ferguson, David	37	British Columbia Masters	1:02.50	X1:01.02
				27.74	1:01.02 (33.28)
---	Hooper, James	39	British Columbia Masters	1:02.78	X1:01.38
				30.05	1:01.38 (31.33)
---	Tujo, Christian	39	Oregon Masters	1:00.00	X1:05.53
				31.04	1:05.53 (34.49)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 35-39 200 Yard IM**

ZONE: 1:57.43		Z 4/21/2006	GREG LATTA	OREG	
PNA: 2:01.58		P 5/18/1997	DAVID SANTOS		
1	Jelen, Doug	37	Gold's Eastside Masters	2:11.83	2:12.48
	27.59	1:00.93 (33.34)	1:41.85 (40.92)	2:12.48 (30.63)	
2	Urquhart, Mark	36	Phinney Ridge Swim Club	2:19.00	2:14.64
	27.95	1:03.55 (35.60)	1:43.20 (39.65)	2:14.64 (31.44)	
---	Alex, Casey	38	Unattached Pna	2:15.50	NS
---	Denton, Joe	39	Orca Swim Club	2:25.55	NS
---	Tujo, Christian	39	Oregon Masters	2:13.50	XNS

Men 35-39 400 Yard IM

ZONE: 4:12.83		Z 5/18/1997	JEFF STILING	MACO	
PNA: 4:23.10		P 5/18/1997	STEVEN VELA		
1	Jelen, Doug	37	Gold's Eastside Masters	4:40.70	4:37.80
	28.63	1:01.12 (32.49)	1:37.49 (36.37)	2:12.76 (35.27)	
	2:54.38 (41.62)	3:36.28 (41.90)	4:07.63 (31.35)	4:37.80 (30.17)	
2	Walker, Jon	36	South Sound Masters Swimmers	4:45.00	4:43.98
	29.25	1:03.31 (34.06)	1:40.79 (37.48)	2:17.20 (36.41)	
	2:58.46 (41.26)	3:40.05 (41.59)	4:12.70 (32.65)	4:43.98 (31.28)	

Men 40-44 50 Yard Freestyle

ZONE: 21.98		Z 5/12/1996	RICK ABBOTT	AKMS	
PNA: 22.63		P 5/20/2007	MATS NYGREN		
1	Stewart, Jeffrey	40	West Seattle YMCA Dolphins	24.38	24.02
2	Porter, Michael	44	Lake Washington Masters	25.00	25.03
3	Florsheim, Alan	44	Issaquah Swim Team	24.95	25.62
4	McKay, Greg	43	Lake Washington Masters	26.80	26.12
5	Gilmore, Robert	41	Downtown/Bellevue Swim Team	26.54	26.38
6	Eldred, Marcus	43	Skagit Valley Masters Swimming	26.94	26.78
7	Marshall, David	43	Unattached Pna	29.63	28.52
8	Cullen, Emmet	40	Blue Wave Aquatics	35.00	31.12
---	Bockius, Ted	44	Unattached Pna	23.32	NS
---	Smith, Bryan	43	Gold's Eastside Masters	25.72	NS
---	Nygren, Mats	44	Lake Washington Masters	23.75	NS

Men 40-44 100 Yard Freestyle

ZONE: 48.17		Z 5/12/1996	RICK ABBOTT	AKMS	
PNA: 50.02		P 10/25/2008	JOHN KEPPELER		
1	Axel, Bradford	42	Downtown/Bellevue Swim Team	53.00	51.66
	24.71	51.66 (26.95)			
2	Stewart, Jeffrey	40	West Seattle YMCA Dolphins	54.83	53.02
	25.45	53.02 (27.57)			
3	Porter, Michael	44	Lake Washington Masters	54.20	54.10
	26.58	54.10 (27.52)			
4	Larson, Dan	44	Monroe YMCA Masters	56.44	54.71
	26.21	54.71 (28.50)			
5	Margrave, David	40	Husky Masters	56.00	57.43
	28.62	57.43 (28.81)			
6	Gilmore, Robert	41	Downtown/Bellevue Swim Team	58.26	57.97
	27.37	57.97 (30.60)			
7	McKay, Greg	43	Lake Washington Masters	59.63	59.07
	28.30	59.07 (30.77)			

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 40-44 100 Yard Freestyle)**

8	Eldred, Marcus	43	Skagit Valley Masters Swimming	1:00.00	59.58
	28.68		59.58 (30.90)		
9	Marshall, David	43	Unattached Pna	1:09.00	1:04.23
	31.01		1:04.23 (33.22)		
10	Cullen, Emmet	40	Blue Wave Aquatics	1:15.00	1:09.95
	33.18		1:09.95 (36.77)		
---	Keppeler, John	43	Bainbridge Aquatic Masters	50.41	NS
---	Bockius, Ted	44	Unattached Pna	50.45	NS
---	Florsheim, Alan	44	Issaquah Swim Team	56.48	NS
---	Nygren, Mats	44	Lake Washington Masters	51.50	NS
---	Nelson, Kirk	40	Husky Masters	52.89	NS
---	Norman, Charles	44	South Sound Masters Swimmers	57.50	NS

Men 40-44 200 Yard Freestyle

ZONE: 1:43.69 Z 4/10/2005 DENNIS BAKER OREG

PNA: 1:45.58 P 5/20/2007 MATS NYGREN

1	Larson, Dan	44	Monroe YMCA Masters	2:03.44	2:00.25
	27.31		56.76 (29.45) 1:27.80 (31.04)	2:00.25 (32.45)	
2	Margrave, David	40	Husky Masters	2:10.00	2:11.45
	32.42		1:05.70 (33.28) 1:39.01 (33.31)	2:11.45 (32.44)	
3	Gilmore, Robert	41	Downtown/Bellevue Swim Team	2:10.00	2:15.93
	30.31		1:03.33 (33.02) 1:38.94 (35.61)	2:15.93 (36.99)	
4	Marshall, David	43	Unattached Pna	2:44.00	2:29.67
	35.39		1:12.93 (37.54) 1:51.90 (38.97)	2:29.67 (37.77)	
---	Bockius, Ted	44	Unattached Pna	1:52.40	NS
---	Keppeler, John	43	Bainbridge Aquatic Masters	1:50.38	NS
---	Nygren, Mats	44	Lake Washington Masters	1:51.00	NS

Men 40-44 500 Yard Freestyle

ZONE: 4:41.58 Z 4/21/2006 DENNIS BAKER OREG

PNA: 4:47.89 P 5/20/2007 MATS NYGREN

1	Gray, Julian	40	Lake Washington Masters	5:17.17	5:10.77
	27.48		57.79 (30.31) 1:28.72 (30.93)	1:59.90 (31.18)	
	2:31.49 (31.59)		3:03.43 (31.94) 3:35.36 (31.93)	4:07.41 (32.05)	
	4:39.41 (32.00)		5:10.77 (31.36)		
2	Larson, Dan	44	Monroe YMCA Masters	5:44.44	5:31.07
	29.75		1:02.24 (32.49) 1:35.70 (33.46)	2:09.63 (33.93)	
	2:43.51 (33.88)		3:16.95 (33.44) 3:51.00 (34.05)	4:25.03 (34.03)	
	4:58.42 (33.39)		5:31.07 (32.65)		
3	Winter, Doug	42	Newport Hills Masters	5:37.97	5:34.97
	29.78		1:02.49 (32.71) 1:35.59 (33.10)	2:09.17 (33.58)	
	2:43.63 (34.46)		3:17.80 (34.17) 3:52.44 (34.64)	4:27.15 (34.71)	
	5:01.55 (34.40)		5:34.97 (33.42)		
4	Ness, Kerry	41	Skagit Valley Masters Swimming	7:35.00	7:48.48
	42.36		1:26.38 (44.02) 2:13.35 (46.97)	3:01.35 (48.00)	
	3:49.08 (47.73)		4:36.81 (47.73) 5:25.67 (48.86)	6:14.10 (48.43)	
	7:02.43 (48.33)		7:48.48 (46.05)		
---	Bockius, Ted	44	Unattached Pna	5:11.72	SCR
---	Morgan, Jason	41	Blue Wave Aquatics	5:30.00	SCR
---	Nelson, Kirk	40	Husky Masters	5:00.88	SCR
---	Nygren, Mats	44	Lake Washington Masters	5:05.00	SCR

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 40-44 1000 Yard Freestyle**

ZONE: 9:57.25 Z 5/10/2009		DAVID KAYS		PNA	
PNA: 9:57.25 P 5/10/2009		DAVID KAYS			
1	Gray, Julian	40	Lake Washington Masters	11:11.11	10:43.52
	28.28	59.33 (31.05)	1:31.11 (31.78)	2:02.88 (31.77)	
	2:34.92 (32.04)	3:06.91 (31.99)	3:39.09 (32.18)	4:11.57 (32.48)	
	4:44.09 (32.52)	5:16.67 (32.58)	5:49.50 (32.83)	6:22.01 (32.51)	
	6:54.82 (32.81)	7:27.63 (32.81)	8:00.68 (33.05)	8:33.56 (32.88)	
	9:06.47 (32.91)	9:39.51 (33.04)	10:11.93 (32.42)	10:43.52 (31.59)	
2	Winter, Doug	42	Newport Hills Masters	11:52.00	11:34.51
	30.79	1:04.64 (33.85)	1:38.84 (34.20)	2:13.47 (34.63)	
	2:48.25 (34.78)	3:23.10 (34.85)	3:57.91 (34.81)	4:32.98 (35.07)	
	5:08.16 (35.18)	5:43.10 (34.94)	6:18.27 (35.17)	6:53.34 (35.07)	
	7:28.47 (35.13)	8:03.25 (34.78)	8:38.62 (35.37)	9:13.96 (35.34)	
	9:49.09 (35.13)	10:24.45 (35.36)	11:00.03 (35.58)	11:34.51 (34.48)	
3	Morgan, Jason	41	Blue Wave Aquatics	12:00.00	11:43.97
	31.32	1:05.35 (34.03)	1:39.98 (34.63)	2:14.88 (34.90)	
	2:50.09 (35.21)	3:25.64 (35.55)	4:01.16 (35.52)	4:37.02 (35.86)	
	5:12.88 (35.86)	5:48.79 (35.91)	6:24.82 (36.03)	7:00.75 (35.93)	
	7:36.68 (35.93)	8:12.53 (35.85)	8:48.24 (35.71)	9:23.88 (35.64)	
	9:59.35 (35.47)	10:34.93 (35.58)	11:10.40 (35.47)	11:43.97 (33.57)	
---	Kays, David	43	Pro Sports Club	10:35.00	SCR
---	Bockius, Ted	44	Unattached Pna	10:54.96	SCR
---	Nelson, Kirk	40	Husky Masters	10:51.34	SCR
---	Nygren, Mats	44	Lake Washington Masters	10:10.00	SCR

Men 40-44 1650 Yard Freestyle

ZONE: 16:33.50 Z 4/21/2006		DENNIS BAKER		OREG	
PNA: 16:54.00 P 5/10/2009		DAVID KAYS			
1	Morgan, Jason	41	Blue Wave Aquatics	20:00.00	19:34.19
		28:44.32 ()	19:34.19 ()		
2	Margrave, David	40	Husky Masters	21:30.00	21:51.46
	35.45	1:13.88 (38.43)	1:53.64 (39.76)	2:34.43 (40.79)	
	3:14.80 (40.37)	3:55.03 (40.23)	4:34.81 (39.78)	5:14.46 (39.65)	
	5:54.15 (39.69)	6:34.06 (39.91)	7:14.15 (40.09)	7:53.60 (39.45)	
	8:33.40 (39.80)	9:13.19 (39.79)	9:53.02 (39.83)	10:32.86 (39.84)	
	11:12.65 (39.79)	11:52.09 (39.44)	12:31.50 (39.41)	13:11.33 (39.83)	
	13:51.16 (39.83)	14:30.95 (39.79)	15:10.22 (39.27)	15:50.66 (40.44)	
	16:30.56 (39.90)	17:10.24 (39.68)	17:50.16 (39.92)	18:30.09 (39.93)	
	19:11.27 (41.18)	19:51.34 (40.07)	20:32.23 (40.89)	21:12.77 (40.54)	21:51.46 (38.69)
3	Eldred, Marcus	43	Skagit Valley Masters Swimming	20:00.00	22:14.91
		23:40.57 ()	22:14.91 ()		
4	Kennedy, Mike	42	Unattached Pna	21:58.00	22:17.51
	35.94	1:13.95 (38.01)	1:53.52 (39.57)	2:33.83 (40.31)	
	3:14.15 (40.32)	3:54.41 (40.26)	4:34.57 (40.16)	5:14.82 (40.25)	
	5:55.26 (40.44)	6:35.45 (40.19)	7:16.40 (40.95)	7:57.43 (41.03)	
	8:38.54 (41.11)	9:19.75 (41.21)	10:00.95 (41.20)	10:42.00 (41.05)	
	11:22.98 (40.98)	12:04.13 (41.15)	12:44.86 (40.73)	13:25.88 (41.02)	
	14:06.63 (40.75)	14:47.59 (40.96)	15:28.71 (41.12)	16:09.65 (40.94)	
	16:50.54 (40.89)	17:31.74 (41.20)	18:12.47 (40.73)	18:53.28 (40.81)	
	19:34.04 (40.76)	20:15.75 (41.71)	20:57.00 (41.25)	21:37.98 (40.98)	22:17.51 (39.53)
---	Van Steenvort, Van	43	Blue Wave Aquatics	32:00.00	SCR
---	Bockius, Ted	44	Unattached Pna	17:55.10	SCR

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 40-44 50 Yard Backstroke**

ZONE: 25.61 Z 5/20/2001		STEVE GEORGE		OREG	
PNA: 26.54 P 4/5/1992		GARY HAFER			
1	Keppeler, John	43	Bainbridge Aquatic Masters	25.55	25.38Z
2	Stewart, Jeffrey	40	West Seattle YMCA Dolphins	27.99	28.62
3	Florsheim, Alan	44	Issaquah Swim Team	30.58	31.35
4	Gilmore, Robert	41	Downtown/Bellevue Swim Team	34.49	32.57
5	Marshall, David	43	Unattached Pna	39.00	39.11
6	Ness, Kerry	41	Skagit Valley Masters Swimming	42.00	43.07
---	Smith, Bryan	43	Gold's Eastside Masters	29.92	NS

Men 40-44 100 Yard Backstroke

ZONE: 55.18 Z 5/20/2001		STEVE GEORGE		OREG	
PNA: 55.57 P 10/9/2010		JOHN KEPPELER			
1	Keppeler, John	43	Bainbridge Aquatic Masters	55.57	54.04Z
	25.93		54.04 (28.11)		
2	Axel, Bradford	42	Downtown/Bellevue Swim Team	59.00	1:00.20
	29.27		1:00.20 (30.93)		
3	Porter, Michael	44	Lake Washington Masters	1:08.00	1:03.29
	30.53		1:03.29 (32.76)		
4	Larson, Dan	44	Monroe YMCA Masters	1:08.44	1:06.28
	32.77		1:06.28 (33.51)		
5	Margrave, David	40	Husky Masters	1:08.00	1:11.20
	36.13		1:11.20 (35.07)		

Men 40-44 200 Yard Backstroke

ZONE: 2:00.32 Z 5/20/2001		STEVE GEORGE		OREG	
PNA: 2:01.65 P 5/20/2007		MATS NYGREN			
1	Keppeler, John	43	Bainbridge Aquatic Masters	2:10.00	1:58.09Z
	26.85		56.55 (29.70)	1:27.09 (30.54)	1:58.09 (31.00)
2	Nelson, Kirk	40	Husky Masters	2:15.00	2:19.49
	34.08		1:09.71 (35.63)	1:45.03 (35.32)	2:19.49 (34.46)
---	Nygren, Mats	44	Lake Washington Masters	2:07.00	NS

Men 40-44 50 Yard Breaststroke

ZONE: 27.42 Z 4/9/2000		ROBERT JACKSON		UNAT	
PNA: 27.42 P 4/9/2000		ROBERT JACKSON			
1	Berg, Roy	42	Mercer Island Redwoods	29.99	28.45
2	Doherty, Todd	40	Bellevue Club	29.80	28.93
3	Eldred, Marcus	43	Skagit Valley Masters Swimming	34.85	33.01
4	Gilmore, Robert	41	Downtown/Bellevue Swim Team	40.00	34.12
5	Florsheim, Alan	44	Issaquah Swim Team	33.49	34.32
6	Margrave, David	40	Husky Masters	34.00	34.35
7	Hansson, Johan	41	Monroe YMCA Masters	36.00	37.05
8	Ness, Kerry	41	Skagit Valley Masters Swimming	40.00	38.15

Men 40-44 100 Yard Breaststroke

ZONE: 59.95 Z 4/9/2000		ROBERT JACKSON		UNAT	
PNA: 59.95 P 4/9/2000		ROBERT JACKSON			
1	Doherty, Todd	40	Bellevue Club	1:05.49	1:03.74
	30.23		1:03.74 (33.51)		
2	Kays, David	43	Pro Sports Club	1:08.00	1:04.63
	31.16		1:04.63 (33.47)		

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 40-44 100 Yard Breaststroke)**

3	Stewart, Jeffrey	40	West Seattle YMCA Dolphins	1:13.63	1:10.96
	33.46		1:10.96 (37.50)		
4	Norman, Charles	44	South Sound Masters Swimmers	1:10.20	1:10.99
	33.50		1:10.99 (37.49)		
5	Eldred, Marcus	43	Skagit Valley Masters Swimming	1:12.00	1:14.66
	34.06		1:14.66 (40.60)		
6	Florsheim, Alan	44	Issaquah Swim Team	1:14.38	1:16.01
	35.78		1:16.01 (40.23)		
7	Hansson, Johan	41	Monroe YMCA Masters	1:18.00	1:21.57
	37.98		1:21.57 (43.59)		
8	Ness, Kerry	41	Skagit Valley Masters Swimming	1:30.00	1:25.56
	40.34		1:25.56 (45.22)		

Men 40-44 200 Yard Breaststroke

ZONE: 2:12.85 Z 4/5/1992 RICK COLELLA PNA

PNA: 2:12.85 P 4/5/1992 RICK COLELLA

1	Doherty, Todd	40	Bellevue Club	2:27.96	2:22.36
	31.82		1:07.70 (35.88) 1:44.42 (36.72) 2:22.36 (37.94)		
2	Ness, Kerry	41	Skagit Valley Masters Swimming	3:15.00	3:14.69
	43.36		1:32.12 (48.76) 2:23.49 (51.37) 3:14.69 (51.20)		
---	Norman, Charles	44	South Sound Masters Swimmers	2:34.47	NS
---	Nelson, Kirk	40	Husky Masters	2:34.70	NS

Men 40-44 50 Yard Butterfly

ZONE: 24.04 Z 5/17/2002 DAVID MCALPINE PNA

PNA: 24.04 P 5/17/2002 DAVID MCALPINE

1	Gray, Julian	40	Lake Washington Masters	27.50	25.05
2	Smith, Bryan	43	Gold's Eastside Masters	28.88	28.21
3	Norman, Charles	44	South Sound Masters Swimmers	27.50	28.38
4	Margrave, David	40	Husky Masters	28.00	28.56

Men 40-44 100 Yard Butterfly

ZONE: 51.50 Z 4/14/2002 DENNIS BAKER OREG

PNA: 53.19 P 4/14/2002 DAVID MCALPINE

1	Gray, Julian	40	Lake Washington Masters	58.58	54.95
	25.76		54.95 (29.19)		
2	Winter, Doug	42	Newport Hills Masters	1:02.23	1:00.99
	28.29		1:00.99 (32.70)		
3	Porter, Michael	44	Lake Washington Masters	1:03.00	1:01.58
	28.96		1:01.58 (32.62)		
4	Nelson, Kirk	40	Husky Masters	59.54	1:01.74
	29.36		1:01.74 (32.38)		
5	Norman, Charles	44	South Sound Masters Swimmers	1:04.10	1:02.89
	28.72		1:02.89 (34.17)		
6	Stewart, Jeffrey	40	West Seattle YMCA Dolphins	1:09.99	1:04.86
	30.45		1:04.86 (34.41)		
7	Smith, Bryan	43	Gold's Eastside Masters	1:02.55	1:06.60
	29.62		1:06.60 (36.98)		

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 40-44 200 Yard Butterfly**

	ZONE:	1:50.61	Z	4/14/2002	DENNIS BAKER		OREG
	PNA:	2:03.02	P	4/25/1993	RICK COLELLA		
1	Gray, Julian			40	Lake Washington Masters	2:06.06	2:04.84
		27.50		58.73 (31.23)	1:30.91 (32.18)	2:04.84 (33.93)	
2	Kays, David			43	Pro Sports Club	2:09.00	2:07.55
		28.51		1:00.86 (32.35)	1:33.95 (33.09)	2:07.55 (33.60)	

Men 40-44 100 Yard IM

	ZONE:	55.19	Z	4/11/2010	GREGORY LATTA		OREG
	PNA:	55.81	P	4/14/2002	DAVID MCALPINE		
1	Berg, Roy			42	Mercer Island Redwoods	55.99	55.24P
		25.58		55.24 (29.66)			
2	Doherty, Todd			40	Bellevue Club	59.14	57.91
		27.65		57.91 (30.26)			
3	Porter, Michael			44	Lake Washington Masters	1:03.00	1:01.41
		28.50		1:01.41 (32.91)			
4	Stewart, Jeffrey			40	West Seattle YMCA Dolphins	1:06.99	1:02.94
		30.06		1:02.94 (32.88)			
5	Winter, Doug			42	Newport Hills Masters	1:05.65	1:03.64
		29.93		1:03.64 (33.71)			
6	Larson, Dan			44	Monroe YMCA Masters	1:07.44	1:05.13
		29.81		1:05.13 (35.32)			
7	Florsheim, Alan			44	Issaquah Swim Team	1:04.57	1:05.85
		30.53		1:05.85 (35.32)			
8	Gilmore, Robert			41	Downtown/Bellevue Swim Team	1:08.49	1:06.55
		30.80		1:06.55 (35.75)			
9	Ness, Kerry			41	Skagit Valley Masters Swimming	1:22.00	1:19.52
		37.64		1:19.52 (41.88)			
---	Smith, Bryan			43	Gold's Eastside Masters	1:08.88	NS
---	Hansson, Johan			41	Monroe YMCA Masters	1:10.00	NS

Men 40-44 200 Yard IM

	ZONE:	2:00.23	Z	4/11/2004	DENNIS BAKER		OREG
	PNA:	2:01.45	P	5/20/2001	DAVID SANTOS		
1	Doherty, Todd			40	Bellevue Club	2:10.73	2:07.58
		27.48		1:01.30 (33.82)	1:38.08 (36.78)	2:07.58 (29.50)	
2	Winter, Doug			42	Newport Hills Masters	2:32.00	2:22.53
		28.45		1:07.46 (39.01)	1:48.87 (41.41)	2:22.53 (33.66)	
3	Larson, Dan			44	Monroe YMCA Masters	2:32.44	2:23.99
		30.03		1:06.04 (36.01)	1:52.48 (46.44)	2:23.99 (31.51)	
---	Norman, Charles			44	South Sound Masters Swimmers	2:24.75	NS

Men 40-44 400 Yard IM

	ZONE:	4:20.17	Z	4/11/2004	DENNIS BAKER		OREG
	PNA:	4:22.20	P	5/20/2001	DAVID SANTOS		
1	Kays, David			43	Pro Sports Club	4:30.00	4:28.81
		28.44		1:00.39 (31.95)	1:37.69 (37.30)	2:13.55 (35.86)	
		2:51.32 (37.77)		3:29.42 (38.10)	3:59.61 (30.19)	4:28.81 (29.20)	
2	Porter, Michael			44	Lake Washington Masters	5:08.00	5:06.07
		29.45		1:03.21 (33.76)	1:44.69 (41.48)	2:26.18 (41.49)	
		3:11.06 (44.88)		3:57.43 (46.37)	4:32.57 (35.14)	5:06.07 (33.50)	

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 45-49 50 Yard Freestyle**

ZONE: 22.50 Z 5/20/2007		BRAD HERING		PNA	
PNA: 22.50 P 5/20/2007		BRAD HERING			
1	Seibert, Rich	46	Central Area Aquatics Team	24.50	24.54
2	Barber, Bryan	48	Unattached Pna	26.00	25.28
3	Flury, Walt	47	Unattached Pna	25.00	25.30
4	Sullenberger, Jon	48	South Sound Masters Swimmers	26.41	25.59
5	Bosselmann, Chip	49	Ymcapkc Sound Aquatic	29.00	26.21
6	Cory, Rod	47	Ohana Swim Team	27.09	26.56
7	Tacke, John	47	Blue Wave Aquatics	28.00	27.69
8	Nguyen, Dung	47	Blue Wave Aquatics	45.00	37.16
---	Cleaver, Oliver	47	Sawtooth Masters	23.90	X24.73

Men 45-49 100 Yard Freestyle

ZONE: 49.33 Z 2/16/2002		RICK ABBOTT		AKMS	
PNA: 50.55 P 4/15/2007		BRAD HERING			
1	Seibert, Rich	46	Central Area Aquatics Team	53.00	55.08
	26.67		55.08 (28.41)		
2	Barber, Bryan	48	Unattached Pna	58.00	56.43
	26.63		56.43 (29.80)		
3	Smith, Daniel	48	Blue Wave Aquatics	54.79	56.48
	26.93		56.48 (29.55)		
4	Flury, Walt	47	Unattached Pna	54.00	56.65
	26.64		56.65 (30.01)		
5	Bosselmann, Chip	49	Ymcapkc Sound Aquatic	59.00	57.19
	27.97		57.19 (29.22)		
6	Sullenberger, Jon	48	South Sound Masters Swimmers	1:01.14	58.67
	28.34		58.67 (30.33)		
7	Cory, Rod	47	Ohana Swim Team	59.64	59.63
	28.63		59.63 (31.00)		
8	Tacke, John	47	Blue Wave Aquatics	1:00.00	1:00.96
	29.58		1:00.96 (31.38)		
9	Collins, Peter	46	Monroe YMCA Masters	1:05.00	1:08.61
	33.14		1:08.61 (35.47)		
10	Severns, Chris	49	Blue Wave Aquatics	1:10.00	1:09.00
	33.76		1:09.00 (35.24)		
11	Lapin, Arthur	45	Blue Wave Aquatics	1:20.00	1:15.17
	35.24		1:15.17 (39.93)		
---	Cleaver, Oliver	47	Sawtooth Masters	52.60	X54.71
	26.30		54.71 (28.41)		

Men 45-49 200 Yard Freestyle

ZONE: 1:45.04 Z 5/20/2007		DENNIS BAKER		OREG	
PNA: 1:50.19 P 5/20/2007		PETE COLBECK			
1	Valley, Eric	49	South Sound Masters Swimmers	2:00.00	2:02.16
	29.11		1:00.56 (31.45)	1:31.66 (31.10)	2:02.16 (30.50)
2	Pearson, Jay	49	Lake Washington Masters	2:08.84	2:07.04
	29.78		1:02.35 (32.57)	1:35.17 (32.82)	2:07.04 (31.87)
3	Matthews, Scott	49	Blue Wave Aquatics	2:24.38	2:18.79
	31.93		1:06.98 (35.05)	1:43.40 (36.42)	2:18.79 (35.39)
4	Cory, Rod	47	Ohana Swim Team	2:22.01	2:21.81
	30.98		1:05.26 (34.28)	1:42.07 (36.81)	2:21.81 (39.74)
5	Collins, Peter	46	Monroe YMCA Masters	2:25.00	2:22.92
	34.19		1:10.53 (36.34)	1:47.09 (36.56)	2:22.92 (35.83)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 45-49 200 Yard Freestyle)**

--- Lizarazo, Marco 45 Ohana Swim Team 4:00.00 NS

Men 45-49 500 Yard Freestyle

ZONE: 4:39.10 Z 5/20/2007 DENNIS BAKER OREG

PNA: 4:57.65 P 5/20/2001 STEVE SUSSEX

1 Smith, Daniel 48 Blue Wave Aquatics 5:26.24 5:34.76
 29.30 1:01.88 (32.58) 1:35.43 (33.55) 2:09.43 (34.00)
 2:43.47 (34.04) 3:17.79 (34.32) 3:52.22 (34.43) 4:26.79 (34.57)
 5:01.29 (34.50) 5:34.76 (33.47)

2 Matthews, Scott 49 Blue Wave Aquatics 6:34.46 6:25.55
 33.61 1:09.80 (36.19) 1:48.41 (38.61) 2:27.86 (39.45)
 3:08.37 (40.51) 3:48.58 (40.21) 4:28.95 (40.37) 5:08.99 (40.04)
 5:48.83 (39.84) 6:25.55 (36.72)

3 Collins, Peter 46 Monroe YMCA Masters 6:30.00 6:39.69
 34.50 1:12.33 (37.83) 1:50.93 (38.60) 2:29.85 (38.92)
 3:09.85 (40.00) 3:50.78 (40.93) 4:32.28 (41.50) 5:14.80 (42.52)
 5:57.61 (42.81) 6:39.69 (42.08)

--- Valley, Eric 49 South Sound Masters Swimmers 5:25.00 SCR

--- Seibert, Rich 46 Central Area Aquatics Team 5:30.00 SCR

Men 45-49 1000 Yard Freestyle

ZONE: 10:17.47 Z 5/20/2001 STEVE SUSSEX PNA

PNA: 10:17.47 P 5/20/2001 STEVE SUSSEX

1 Matthews, Scott 49 Blue Wave Aquatics 14:15.91 13:51.54
 34.83 1:12.94 (38.11) 1:53.17 (40.23) 2:33.72 (40.55)
 3:14.97 (41.25) 3:56.32 (41.35) 4:37.79 (41.47) 5:19.90 (42.11)
 6:02.87 (42.97) 6:45.93 (43.06) 7:29.01 (43.08) 8:11.72 (42.71)
 8:54.81 (43.09) 9:37.72 (42.91) 10:20.48 (42.76) 11:02.75 (42.27)
 11:45.24 (42.49) 12:28.08 (42.84) 13:10.48 (42.40) 13:51.54 (41.06)

--- Elander, Blair 49 Lake Washington Masters 14:00.00 SCR

Men 45-49 1650 Yard Freestyle

ZONE: 17:05.12 Z 4/11/2010 DENNIS BAKER OREG

PNA: 17:50.03 P 4/15/2007 PETE COLBECK

1 Matthews, Scott 49 Blue Wave Aquatics 24:10.88 23:37.97
 35.07 1:13.89 (38.82) 1:54.80 (40.91) 2:36.49 (41.69)
 3:18.55 (42.06) 4:01.25 (42.70) 4:43.81 (42.56) 5:26.91 (43.10)
 6:10.23 (43.32) 6:53.77 (43.54) 7:38.04 (44.27) 8:21.47 (43.43)
 9:05.49 (44.02) 9:49.90 (44.41) 10:34.63 (44.73) 11:19.38 (44.75)
 12:03.95 (44.57) 12:48.00 (44.05) 13:31.34 (43.34) 14:15.10 (43.76)
 14:59.45 (44.35) 15:43.13 (43.68) 16:26.70 (43.57) 17:11.18 (44.48)
 17:55.08 (43.90) 18:39.07 (43.99) 19:22.57 (43.50) 20:06.20 (43.63)
 20:49.38 (43.18) 21:32.11 (42.73) 22:14.86 (42.75) 22:57.76 (42.90) 23:37.97 (40.21)

--- Collins, Peter 46 Monroe YMCA Masters 23:00.00 SCR

Men 45-49 50 Yard Backstroke

ZONE: 25.65 Z 5/22/1988 ROBERT SMITH OREG

PNA: 26.15 P 5/20/2007 BRAD HERING

1 Seibert, Rich 46 Central Area Aquatics Team 31.00 30.02

2 Nguyen, Dung 47 Blue Wave Aquatics 55.00 49.30

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 45-49 50 Yard Breaststroke**

	ZONE:	27.09	Z	5/10/2009	JAMES CORBEAU		OREG
	PNA:	28.80	P	5/20/2007	JON BACA		
1	Elander, Blair			49	Lake Washington Masters	33.00	32.69
2	Bosselmann, Chip			49	Ymcapkc Sound Aquatic	40.00	33.64
3	Severns, Chris			49	Blue Wave Aquatics	34.00	34.78
4	Tacke, John			47	Blue Wave Aquatics	39.00	35.72
5	Cory, Rod			47	Ohana Swim Team	37.89	36.06
6	Nguyen, Dung			47	Blue Wave Aquatics	50.00	47.24
---	Kerasiotis, Erik			45	British Columbia Masters	31.31	X30.04
---	Barber, Bryan			48	Unattached Pna	32.00	NS
---	Lizarazo, Marco			45	Ohana Swim Team	2:00.00	NS

Men 45-49 100 Yard Breaststroke

	ZONE:	58.77	Z	5/10/2009	JAMES CORBEAU		OREG
	PNA:	1:03.04	P	5/18/1997	RICK COLELLA		
1	Smith, Daniel			48	Blue Wave Aquatics	1:08.87	1:11.34
		33.31				1:11.34 (38.03)	
2	Bosselmann, Chip			49	Ymcapkc Sound Aquatic	1:30.00	1:12.52
		34.29				1:12.52 (38.23)	
3	Elander, Blair			49	Lake Washington Masters	1:15.00	1:13.53
		33.68				1:13.53 (39.85)	
4	Pearson, Jay			49	Lake Washington Masters	1:17.00	1:16.64
		36.50				1:16.64 (40.14)	
5	Severns, Chris			49	Blue Wave Aquatics	1:18.00	1:16.74
		36.78				1:16.74 (39.96)	
6	Cory, Rod			47	Ohana Swim Team	1:18.12	1:23.57
		38.89				1:23.57 (44.68)	
---	Boone, Lou			49	Oregon Masters	1:13.00	X1:15.60
		36.00				1:15.60 (39.60)	
---	Lapin, Arthur			45	Blue Wave Aquatics	1:30.00	DQ
	False start						
		41.38				DQ (47.89)	

Men 45-49 200 Yard Breaststroke

	ZONE:	2:09.29	Z	5/10/2009	TOM FRISTOE		OREG
	PNA:	2:16.54	P	5/18/1997	RICK COLELLA		
1	Smith, Daniel			48	Blue Wave Aquatics	2:32.47	2:39.75
		34.98				1:15.51 (40.53)	1:57.36 (41.85)
						2:39.75 (42.39)	
2	Severns, Chris			49	Blue Wave Aquatics	3:10.00	2:53.98
		39.28				1:22.91 (43.63)	2:08.46 (45.55)
						2:53.98 (45.52)	
3	Cory, Rod			47	Ohana Swim Team	3:06.53	3:08.57
		40.98				1:26.86 (45.88)	2:16.04 (49.18)
						3:08.57 (52.53)	
4	Lapin, Arthur			45	Blue Wave Aquatics	3:20.00	3:13.92
		41.75				1:29.61 (47.86)	2:20.74 (51.13)
						3:13.92 (53.18)	
---	Boone, Lou			49	Oregon Masters	2:37.00	X2:48.55
		38.32				1:20.74 (42.42)	2:04.81 (44.07)
						2:48.55 (43.74)	

Men 45-49 50 Yard Butterfly

	ZONE:	23.89	Z	5/20/2007	BRAD HERING		PNA
	PNA:	23.89	P	5/20/2007	BRAD HERING		
1	Flury, Walt			47	Unattached Pna	27.00	27.31
2	Bosselmann, Chip			49	Ymcapkc Sound Aquatic	35.00	28.15
3	Martin, Rob			45	Lake Washington Masters	28.00	28.53

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4	Tacke, John	47	Blue Wave Aquatics	31.00	31.43
---	Cleaver, Oliver	47	Sawtooth Masters	26.95	XNS
---	Kerasiotis, Erik	45	British Columbia Masters	26.00	XNS

Men 45-49 100 Yard Butterfly

ZONE: 52.76		Z 4/22/2007	DENNIS BAKER		OREG
PNA: 53.95		P 5/20/2007	BRAD HERING		
1	Flury, Walt	47	Unattached Pna	1:00.00	1:02.09
	29.43		1:02.09 (32.66)		
2	Martin, Rob	45	Lake Washington Masters	1:04.50	1:03.73
	29.54		1:03.73 (34.19)		
3	Collins, Peter	46	Monroe YMCA Masters	1:20.00	1:16.68
	35.47		1:16.68 (41.21)		
---	Cleaver, Oliver	47	Sawtooth Masters	59.91	X1:03.94
	28.61		1:03.94 (35.33)		

Men 45-49 200 Yard Butterfly

ZONE: 1:51.97		Z 5/17/2007	DENNIS BAKER		OREG
PNA: 2:04.58		P 5/18/1997	RICK COLELLA		
1	Valley, Eric	49	South Sound Masters Swimmers	2:22.00	2:27.18
	34.04		1:12.03 (37.99) 1:49.97 (37.94) 2:27.18 (37.21)		
---	Boone, Lou	49	Oregon Masters	2:50.00	X3:01.04
	38.44		1:23.08 (44.64) 2:10.65 (47.57) 3:01.04 (50.39)		

Men 45-49 100 Yard IM

ZONE: 56.11		Z 5/20/2007	BRAD HERING		PNA
PNA: 56.11		P 5/20/2007	BRAD HERING		
1	Elander, Blair	49	Lake Washington Masters	1:08.00	1:05.83
	30.55		1:05.83 (35.28)		
2	Barber, Bryan	48	Unattached Pna	1:10.00	1:06.91
	31.11		1:06.91 (35.80)		
3	Pearson, Jay	49	Lake Washington Masters	1:07.98	1:07.01
	31.63		1:07.01 (35.38)		
4	Bosselmann, Chip	49	Ymcapkc Sound Aquatic	1:25.00	1:07.24
	30.88		1:07.24 (36.36)		
5	Smith, Daniel	48	Blue Wave Aquatics	1:05.98	1:08.12
	32.45		1:08.12 (35.67)		
6	Martin, Rob	45	Lake Washington Masters	1:09.00	1:08.13
	31.38		1:08.13 (36.75)		
7	Tacke, John	47	Blue Wave Aquatics	1:13.00	1:12.47
	34.93		1:12.47 (37.54)		
8	Collins, Peter	46	Monroe YMCA Masters	1:20.00	1:16.77
	36.36		1:16.77 (40.41)		
9	Nguyen, Dung	47	Blue Wave Aquatics	2:00.00	1:50.88
	51.32		1:50.88 (59.56)		
---	Kerasiotis, Erik	45	British Columbia Masters	1:02.00	X1:01.15
	28.95		1:01.15 (32.20)		
---	Cleaver, Oliver	47	Sawtooth Masters	1:10.00	X1:04.10
	29.91		1:04.10 (34.19)		
---	Boone, Lou	49	Oregon Masters	1:03.00	X1:06.83
	30.85		1:06.83 (35.98)		
---	Lizarazo, Marco	45	Ohana Swim Team	4:00.00	NS
---	Valley, Eric	49	South Sound Masters Swimmers	1:05.00	NS

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 45-49 200 Yard IM**

ZONE: 1:58.77		Z 5/10/2009	TOM FRISTOE	OREG	
PNA: 2:08.36		P 5/20/2001	STEVE SUSSEX		
1	Valley, Eric	49	South Sound Masters Swimmers	2:18.00	2:20.48
	30.40	1:06.42 (36.02)	1:48.97 (42.55)	2:20.48 (31.51)	
2	Sullenberger, Jon	48	South Sound Masters Swimmers	2:48.10	2:36.80
	32.40	1:13.59 (41.19)	2:01.04 (47.45)	2:36.80 (35.76)	
---	Boone, Lou	49	Oregon Masters	2:32.00	X2:32.03
	32.22	1:11.58 (39.36)	1:55.61 (44.03)	2:32.03 (36.42)	
---	Cleaver, Oliver	47	Sawtooth Masters	2:20.00	XNS

Men 45-49 400 Yard IM

ZONE: 4:14.17		Z 5/23/2010	DENNIS BAKER	OREG	
PNA: 4:26.93		P 5/18/1997	RICK COLELLA		
1	Valley, Eric	49	South Sound Masters Swimmers	4:55.00	4:55.73
	32.02	1:08.90 (36.88)	1:47.93 (39.03)	2:26.29 (38.36)	
	3:09.60 (43.31)	3:52.63 (43.03)	4:24.67 (32.04)	4:55.73 (31.06)	
2	Smith, Daniel	48	Blue Wave Aquatics	5:00.33	5:01.38
	29.94	1:05.46 (35.52)	1:47.96 (42.50)	2:29.87 (41.91)	
	3:11.11 (41.24)	3:53.90 (42.79)	4:28.57 (34.67)	5:01.38 (32.81)	
---	Boone, Lou	49	Oregon Masters	5:27.00	X5:27.91
	35.32	1:17.49 (42.17)	2:00.91 (43.42)	2:42.62 (41.71)	
	3:28.09 (45.47)	4:13.94 (45.85)	4:53.09 (39.15)	5:27.91 (34.82)	

Men 50-54 50 Yard Freestyle

ZONE: 22.68		Z 4/25/2004	LARRY KRAUSER	INWM	
PNA: 22.93		P 4/11/2010	NED STACK		
1	Stack, Ned	51	Lake Washington Masters	22.93	22.10Z
2	McGoorty, Mike	52	Logger Masters	23.40	23.56
3	Kelly, Mike	52	Gig Harbor Old Swimmers Team	25.52	23.79
4	Swanson, Vic	51	Logger Masters	26.00	24.37
5	Orr, Jay	52	Lake Washington Masters	26.20	25.88
6	Powell, Frank	51	Unattached Pna	26.80	26.59
7	Tupper, Rick	54	Lake Washington Masters	29.50	27.12
8	Farrell, Thomas	51	Downtown/Bellevue Swim Team	28.35	27.64
9	Keller, John	54	Monroe YMCA Masters	27.37	27.78
10	Havick, Paul	50	Blue Wave Aquatics	28.00	28.08
11	Bryan, Bret	54	South Sound Masters Swimmers	29.10	28.39
12	Allen, Jon	50	Skagit Valley Masters Swimming	32.00	28.66
13	Huckabee, John	52	North End Otters	33.00	31.49
14	Tebb, John	53	Blue Wave Aquatics	50.00	37.60
---	Dean, Robert	51	Blue Wave Aquatics	27.97	NS
---	Loudon, Rich	50	Unattached Pna	26.10	NS

Men 50-54 100 Yard Freestyle

ZONE: 48.25		Z 4/12/2008	RICK ABBOTT	AK	
PNA: 50.80		P 4/11/2010	NED STACK		
1	Stack, Ned	51	Lake Washington Masters	50.80	49.67P
	24.07	49.67 (25.60)			
2	Kelly, Mike	52	Gig Harbor Old Swimmers Team	58.85	55.86
	26.48	55.86 (29.38)			
3	Orr, Jay	52	Lake Washington Masters	57.20	56.54
	26.88	56.54 (29.66)			

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4	Powell, Frank	51	Unattached Pna	58.90	59.35
	28.59		59.35 (30.76)		
5	Tupper, Rick	54	Lake Washington Masters	1:03.00	1:00.61
	28.69		1:00.61 (31.92)		
6	Farrell, Thomas	51	Downtown/Bellevue Swim Team	1:01.85	1:01.04
	29.66		1:01.04 (31.38)		
7	Keller, John	54	Monroe YMCA Masters	1:04.52	1:01.80
	29.82		1:01.80 (31.98)		
8	Havick, Paul	50	Blue Wave Aquatics	1:04.00	1:02.81
	30.24		1:02.81 (32.57)		
9	Bryan, Bret	54	South Sound Masters Swimmers	1:03.00	1:04.18
	29.43		1:04.18 (34.75)		
10	Timmons, Jack	50	Downtown/Bellevue Swim Team	1:10.00	1:08.90
	33.77		1:08.90 (35.13)		
11	Allen, Jon	50	Skagit Valley Masters Swimming	1:22.00	1:13.40
	35.06		1:13.40 (38.34)		
---	Dean, Robert	51	Blue Wave Aquatics	1:04.57	NS
---	Jones, Michael	50	Mercer Island Redwoods	58.00	NS

Men 50-54 200 Yard Freestyle

ZONE: 1:49.58 Z 4/25/2004 LARRY KRAUSER INWM

PNA: 1:54.55 P 5/18/2003 SCOTT LAUTMAN

1	Nalli, Lyle	51	Logger Masters	1:55.00	1:56.71
	27.34		56.60 (29.26) 1:26.53 (29.93)	1:56.71 (30.18)	
2	Dean, Robert	51	Blue Wave Aquatics	2:38.19	2:24.87
	29.13		1:03.04 (33.91) 1:42.75 (39.71)	2:24.87 (42.12)	
3	Keller, John	54	Monroe YMCA Masters	2:38.18	2:29.29
	33.21		1:11.81 (38.60) 1:51.34 (39.53)	2:29.29 (37.95)	
4	Allen, Jon	50	Skagit Valley Masters Swimming	2:50.00	2:42.18
	35.09		1:17.06 (41.97) 2:01.13 (44.07)	2:42.18 (41.05)	
---	Smith, Matthew	54	Downtown/Bellevue Swim Team	2:15.00	NS

Men 50-54 500 Yard Freestyle

ZONE: 5:03.96 Z 5/14/2006 LARRY KRAUSER INWM

PNA: 5:08.62 P 5/23/2010 LYLE A NALLI

1	Rogers, Randy	52	Bainbridge Aquatic Masters	5:50.00	5:39.79
	30.44		1:04.23 (33.79) 1:39.09 (34.86)	2:14.07 (34.98)	
	2:48.94 (34.87)		3:22.84 (33.90) 3:56.62 (33.78)	4:31.06 (34.44)	
	5:05.80 (34.74)		5:39.79 (33.99)		
2	Underbrink, Dan	54	Monroe YMCA Masters	6:00.70	6:10.45
	32.55		1:08.72 (36.17) 1:46.64 (37.92)	2:24.57 (37.93)	
	3:02.69 (38.12)		3:41.08 (38.39) 4:18.91 (37.83)	4:57.06 (38.15)	
	5:35.32 (38.26)		6:10.45 (35.13)		
3	Dybdahl, Eric	51	Greenlake Aquaducks	6:20.00	6:15.42
	34.24		1:11.40 (37.16) 1:48.81 (37.41)	2:27.45 (38.64)	
	3:06.44 (38.99)		3:44.85 (38.41) 4:23.65 (38.80)	5:02.03 (38.38)	
	5:39.93 (37.90)		6:15.42 (35.49)		
4	Farrell, Thomas	51	Downtown/Bellevue Swim Team	5:59.01	6:20.41
	32.04		1:06.25 (34.21) 1:42.01 (35.76)	2:19.17 (37.16)	
	2:57.13 (37.96)		3:36.12 (38.99) 4:16.32 (40.20)	4:56.83 (40.51)	
	5:39.37 (42.54)		6:20.41 (41.04)		

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5	Timmons, Jack	50	Downtown/Bellevue Swim Team	7:18.86	7:03.58
	35.67	1:14.47 (38.80)	1:56.53 (42.06)	2:39.78 (43.25)	
	3:24.83 (45.05)	4:09.18 (44.35)	4:53.52 (44.34)	5:37.70 (44.18)	
	6:21.63 (43.93)	7:03.58 (41.95)			
---	Helm, Charlie	54	Oregon Masters	8:05.00	X8:10.36
	41.74	1:27.95 (46.21)	2:17.07 (49.12)	3:06.55 (49.48)	
	3:58.70 (52.15)	4:50.23 (51.53)	5:42.85 (52.62)	6:34.35 (51.50)	
	7:24.79 (50.44)	8:10.36 (45.57)			
---	Jones, Michael	50	Mercer Island Redwoods	5:58.22	NS
---	Nalli, Lyle	51	Logger Masters	5:08.00	SCR

Men 50-54 1000 Yard Freestyle

ZONE: 10:38.36 Z 2/15/2004 LARRY KRAUSER INWM
PNA: 10:38.42 P 5/7/2010 LYLE NALLI

1	Rogers, Randy	52	Bainbridge Aquatic Masters	12:00.00	11:52.43
	29.74	1:02.88 (33.14)	1:37.14 (34.26)	2:12.30 (35.16)	
	2:47.03 (34.73)	3:22.26 (35.23)	3:57.84 (35.58)	4:33.82 (35.98)	
	5:10.38 (36.56)	5:46.81 (36.43)	6:23.51 (36.70)	7:00.36 (36.85)	
	7:37.65 (37.29)	8:14.36 (36.71)	8:50.56 (36.20)	9:26.95 (36.39)	
	10:03.27 (36.32)	10:39.75 (36.48)	11:16.60 (36.85)	11:52.43 (35.83)	
2	Dybdahl, Eric	51	Greenlake Aquaducks	13:00.00	12:56.51
	35.30	1:13.52 (38.22)	1:53.20 (39.68)	2:32.87 (39.67)	
	3:12.67 (39.80)	3:52.40 (39.73)	4:31.45 (39.05)	5:10.33 (38.88)	
	5:50.31 (39.98)	6:29.23 (38.92)	7:07.35 (38.12)	7:45.97 (38.62)	
	8:25.30 (39.33)	9:04.94 (39.64)	9:44.25 (39.31)	10:22.67 (38.42)	
	11:01.37 (38.70)	11:39.96 (38.59)	12:18.65 (38.69)	12:56.51 (37.86)	
3	Tebb, John	53	Blue Wave Aquatics	23:00.00	20:10.57
	50.99	1:46.08 (55.09)	2:46.04 (59.96)	3:46.62 (1:00.58)	
	4:48.60 (1:01.98)	5:50.42 (1:01.82)	6:53.52 (1:03.10)	7:57.23 (1:03.71)	
	8:58.97 (1:01.74)	9:59.26 (1:00.29)	11:00.53 (1:01.27)	12:02.88 (1:02.35)	
	13:03.51 (1:00.63)	14:05.78 (1:02.27)	15:07.11 (1:01.33)	16:09.01 (1:01.90)	
	17:11.86 (1:02.85)	18:13.52 (1:01.66)	19:13.72 (1:00.20)	20:10.57 (56.85)	
---	Helm, Charlie	54	Oregon Masters	17:31.00	X17:11.71
	43.67	1:31.96 (48.29)	2:22.85 (50.89)	3:15.20 (52.35)	
	4:08.73 (53.53)	5:01.65 (52.92)	5:55.52 (53.87)	6:47.40 (51.88)	
	7:40.42 (53.02)	8:33.51 (53.09)	9:25.67 (52.16)	10:18.09 (52.42)	
	11:10.43 (52.34)	12:03.65 (53.22)	12:56.12 (52.47)	13:48.27 (52.15)	
	14:40.27 (52.00)	15:31.73 (51.46)	16:21.98 (50.25)	17:11.71 (49.73)	
---	Jones, Michael	50	Mercer Island Redwoods	12:30.00	SCR
---	Ikeda, Paul	51	Orca Swim Club	16:00.00	SCR

Men 50-54 1650 Yard Freestyle

ZONE: 17:36.81 Z 4/25/2004 LARRY KRAUSER INWM
PNA: 17:59.14 P 5/9/2010 LYLE NALLI

1	Rhinehart, Ron	52	North Whidbey Masters	20:30.00	20:55.57
		33:14.95 ()	20:55.57 ()		

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2	Dybdahl, Eric	51	Greenlake Aquaducks	22:00.00	22:03.46
	36.73	1:15.73 (39.00)	1:55.71 (39.98)	2:36.06 (40.35)	
	3:16.98 (40.92)	3:58.52 (41.54)	4:38.54 (40.02)	5:19.37 (40.83)	
	6:00.71 (41.34)	6:41.01 (40.30)	7:22.19 (41.18)	8:03.52 (41.33)	
	8:43.63 (40.11)	9:24.43 (40.80)	10:04.88 (40.45)	10:45.34 (40.46)	
	11:25.16 (39.82)	12:05.27 (40.11)	12:45.25 (39.98)	13:25.18 (39.93)	
	14:04.83 (39.65)	14:45.23 (40.40)	15:23.55 (38.32)	16:03.53 (39.98)	
	16:43.90 (40.37)	17:24.06 (40.16)	18:04.01 (39.95)	18:43.84 (39.83)	
	19:24.42 (40.58)	20:05.03 (40.61)	20:44.96 (39.93)	21:24.88 (39.92)	22:03.46 (38.58)
3	Raynolds, Bill	54	North End Otters	30:00.00	23:40.41
	38.17	1:20.68 (42.51)	2:03.44 (42.76)	2:46.59 (43.15)	
	3:30.13 (43.54)	4:13.91 (43.78)	4:56.89 (42.98)	5:40.33 (43.44)	
	6:23.29 (42.96)	7:06.62 (43.33)	7:49.91 (43.29)	8:33.66 (43.75)	
	9:17.16 (43.50)	10:00.76 (43.60)	10:44.34 (43.58)	11:27.82 (43.48)	
	12:11.79 (43.97)	12:55.27 (43.48)	13:38.54 (43.27)	14:21.75 (43.21)	
	15:05.29 (43.54)	15:48.87 (43.58)	16:32.48 (43.61)	17:15.70 (43.22)	
	17:59.23 (43.53)	18:42.25 (43.02)	19:25.00 (42.75)	20:07.79 (42.79)	
	20:50.46 (42.67)	21:33.74 (43.28)	22:16.14 (42.40)	22:58.98 (42.84)	23:40.41 (41.43)
4	Huckabee, John	52	North End Otters	28:26.00	28:54.99
	43.02	1:31.57 (48.55)	2:23.51 (51.94)	3:15.43 (51.92)	
	4:08.22 (52.79)	5:00.63 (52.41)	5:53.53 (52.90)	6:45.56 (52.03)	
	7:38.97 (53.41)	8:32.70 (53.73)	9:25.93 (53.23)	10:18.99 (53.06)	
	11:12.27 (53.28)	12:05.28 (53.01)	12:58.32 (53.04)	13:51.54 (53.22)	
	14:45.26 (53.72)	15:37.84 (52.58)	16:30.88 (53.04)	17:24.10 (53.22)	
	18:16.72 (52.62)	19:09.99 (53.27)	20:03.28 (53.29)	20:57.23 (53.95)	
	21:49.92 (52.69)	22:43.53 (53.61)	23:37.83 (54.30)	24:31.22 (53.39)	
	25:24.44 (53.22)	26:18.19 (53.75)	27:11.17 (52.98)	28:03.49 (52.32)	28:54.99 (51.50)
---	Rogers, Randy	52	Bainbridge Aquatic Masters	20:00.00	SCR
---	Helm, Charlie	54	Oregon Masters	28:44.00	SCR

Men 50-54 50 Yard Backstroke

	ZONE:	26.24	Z	5/23/1993	ROBERT SMITH		OREG
	PNA:	27.46	P	5/4/2008	MIKE MCGOORTY		
1	Portelance, Doug	52	Lake Washington Masters	29.10	27.97		
2	McGoorty, Mike	52	Logger Masters	27.90	28.47		
3	Swanson, Vic	51	Logger Masters	34.00	29.79		
4	Kelly, Mike	52	Gig Harbor Old Swimmers Team	30.78	30.33		
5	Underbrink, James	50	Mercer Island Redwoods	31.66	31.49		
6	Powell, Frank	51	Unattached Pna	31.60	32.04		
7	Farrell, Thomas	51	Downtown/Bellevue Swim Team	38.00	35.19		
8	Allen, Jon	50	Skagit Valley Masters Swimming	37.00	37.52		
9	Keller, John	54	Monroe YMCA Masters	38.66	37.78		
10	Huckabee, John	52	North End Otters	45.00	45.49		
---	Helm, Charlie	54	Oregon Masters	47.00	X49.26		
---	Littlefield, James	50	Blue Wave Aquatics	30.00	NS		

Men 50-54 100 Yard Backstroke

	ZONE:	56.16	Z	4/12/2008	RICK ABBOTT		AK
	PNA:	1:00.78	P	2/20/2011	DOUG PORTELANCE		
1	Portelance, Doug	52	Lake Washington Masters	1:00.78	1:00.09P		
	30.03	1:00.09 (30.06)					
2	Orr, Jay	52	Lake Washington Masters	1:10.92	1:08.06		
	33.03	1:08.06 (35.03)					

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3	Powell, Frank	51	Unattached Pna	1:09.61	1:08.32
	33.36				1:08.32 (34.96)
4	Underbrink, James	50	Mercer Island Redwoods	1:09.19	1:09.27
	33.52				1:09.27 (35.75)
5	Espinosa, Leo	50	Downtown/Bellevue Swim Team	1:15.00	1:09.56
	34.48				1:09.56 (35.08)
---	Littlefield, James	50	Blue Wave Aquatics	1:03.50	NS

Men 50-54 200 Yard Backstroke

ZONE: 2:01.39 Z 4/11/2010 LINCOLN DJANG IW
PNA: 2:08.27 P 5/7/2010 LYLE NALLI

1	Moore, Robert	50	Logger Masters	2:25.00	2:20.41
	32.76				1:09.11 (36.35) 1:45.62 (36.51) 2:20.41 (34.79)
2	Espinosa, Leo	50	Downtown/Bellevue Swim Team	2:50.00	2:27.09
	34.86				1:11.62 (36.76) 1:49.70 (38.08) 2:27.09 (37.39)
3	Powell, Frank	51	Unattached Pna	2:33.80	2:37.53
	33.58				1:52.81 (1:19.23) 2:42.55 (49.74) 2:37.53 ()
4	Dybdahl, Eric	51	Greenlake Aquaducks	2:40.00	2:41.28
	37.70				1:18.80 (41.10) 2:00.49 (41.69) 2:41.28 (40.79)
---	Littlefield, James	50	Blue Wave Aquatics	2:20.50	NS
---	Smith, Matthew	54	Downtown/Bellevue Swim Team	2:40.00	NS

Men 50-54 50 Yard Breaststroke

ZONE: 29.66 Z 5/10/2009 PATRICK ALLENDER OREG
PNA: 29.94 P 4/9/2006 CHRIS LAUTMAN

1	Jackson, Robert	51	Logger Masters	30.00	30.75
2	Swanson, Vic	51	Logger Masters	35.00	30.77
3	Kelly, Mike	52	Gig Harbor Old Swimmers Team	32.85	31.75
4	Howell, Richard	51	Unattached Pna	33.00	32.37
5	Allen, Jon	50	Skagit Valley Masters Swimming	38.00	34.44
6	Underbrink, James	50	Mercer Island Redwoods	35.53	35.10
7	Powell, Frank	51	Unattached Pna	36.01	35.60
8	Timmons, Jack	50	Downtown/Bellevue Swim Team	38.00	36.39
9	Raynolds, Bill	54	North End Otters	40.00	37.95
10	Ikeda, Paul	51	Orca Swim Club	38.98	38.56
11	Johnson, Robert	51	Blue Wave Aquatics	40.00	39.22
12	Tebb, John	53	Blue Wave Aquatics	55.00	44.32
---	Dowd, Mike	52	Oregon Masters	34.00	X35.13
---	Helm, Charlie	54	Oregon Masters	51.00	X51.40
---	Gevers, Willy	51	Issaquah Swim Team	31.94	NS

Men 50-54 100 Yard Breaststroke

ZONE: 1:02.57 Z 4/11/2010 LINCOLN DJANG IW
PNA: 1:08.04 P 4/9/2006 CHRIS LAUTMAN

1	Howell, Richard	51	Unattached Pna	1:13.00	1:13.05
	35.07				1:13.05 (37.98)
2	Espinosa, Leo	50	Downtown/Bellevue Swim Team	1:25.00	1:13.48
	34.98				1:13.48 (38.50)
3	Underbrink, James	50	Mercer Island Redwoods	1:14.00	1:16.73
	35.99				1:16.73 (40.74)
4	Underbrink, Dan	54	Monroe YMCA Masters	1:17.41	1:19.13
	39.03				1:19.13 (40.10)

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5	Timmons, Jack	50	Downtown/Bellevue Swim Team	1:21.00	1:20.84
	37.72			1:20.84 (43.12)	
6	Johnson, Robert	51	Blue Wave Aquatics	1:26.00	1:25.59
	40.57			1:25.59 (45.02)	
7	Raynolds, Bill	54	North End Otters	1:30.00	1:26.01
	41.10			1:26.01 (44.91)	
8	Ikeda, Paul	51	Orca Swim Club	1:25.83	1:27.58
	40.20			1:27.58 (47.38)	
---	Dowd, Mike	52	Oregon Masters	1:13.80	X1:16.94
	37.40			1:16.94 (39.54)	
---	Gevers, Willy	51	Issaquah Swim Team	1:11.00	NS

Men 50-54 200 Yard Breaststroke

ZONE: 2:16.35 Z 5/10/2009 PATRICK ALLENDER OREG

PNA: 2:25.52 P 5/9/2010 LYLE NALLI

1	Howell, Richard	51	Unattached Pna	2:42.00	2:42.02
	36.79			1:17.66 (40.87)	1:59.85 (42.19)
				2:42.02 (42.17)	
2	Espinosa, Leo	50	Downtown/Bellevue Swim Team	3:15.00	2:44.61
	37.92			1:19.46 (41.54)	2:01.46 (42.00)
				2:44.61 (43.15)	
3	Underbrink, Dan	54	Monroe YMCA Masters	2:45.84	2:51.46
	38.91			1:21.82 (42.91)	2:07.23 (45.41)
				2:51.46 (44.23)	
4	Timmons, Jack	50	Downtown/Bellevue Swim Team	3:05.00	2:55.25
	39.41			1:22.59 (43.18)	2:08.67 (46.08)
				2:55.25 (46.58)	
5	Raynolds, Bill	54	North End Otters	3:15.00	3:08.22
	43.03			1:31.40 (48.37)	2:21.98 (50.58)
				3:08.22 (46.24)	
6	Huckabee, John	52	North End Otters	3:12.00	3:09.45
	41.44			1:31.31 (49.87)	2:22.92 (51.61)
				3:09.45 (46.53)	
7	Ikeda, Paul	51	Orca Swim Club	3:20.10	3:18.49
	42.17			1:34.05 (51.88)	2:28.47 (54.42)
				3:18.49 (50.02)	
---	Dowd, Mike	52	Oregon Masters	2:40.00	X2:44.76
	37.47			1:18.47 (41.00)	2:01.98 (43.51)
				2:44.76 (42.78)	
---	Tebb, John	53	Blue Wave Aquatics	4:04.10	DQ
	Non-simultaneous touch				
	49.19			1:51.38 (1:02.19)	3:06.36 (1:14.98)
					DQ (1:09.07)

Men 50-54 50 Yard Butterfly

ZONE: 24.24 Z 4/15/2007 DONALD GRAHAM PNA

PNA: 24.24 P 4/15/2007 DONALD GRAHAM

1	Stack, Ned	51	Lake Washington Masters	24.84	24.47
2	Swanson, Vic	51	Logger Masters	32.00	26.63
3	Kelly, Mike	52	Gig Harbor Old Swimmers Team	29.38	27.04
4	Jones, Michael	50	Mercer Island Redwoods	29.00	28.33
5	Orr, Jay	52	Lake Washington Masters	31.45	29.23
6	Dean, Robert	51	Blue Wave Aquatics	31.91	30.30
7	Keller, John	54	Monroe YMCA Masters	31.16	31.21
8	Havick, Paul	50	Blue Wave Aquatics	33.00	32.57
9	Johnson, Robert	51	Blue Wave Aquatics	32.00	33.15
10	Raynolds, Bill	54	North End Otters	35.00	34.50
11	Ikeda, Paul	51	Orca Swim Club	34.48	35.08
---	Palmer, Kevin	51	Oregon Masters	30.03	X29.06
---	Helm, Charlie	54	Oregon Masters	45.00	X45.70
---	Gevers, Willy	51	Issaquah Swim Team	31.00	NS

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ZONE: 54.71		Z 4/25/2004	SCOTT LAUTMAN	PNA	
PNA: 54.71		P 4/25/2004	SCOTT LAUTMAN		
1	Stack, Ned	51	Lake Washington Masters	59.45	55.64
	25.73	55.64 (29.91)			
2	Moore, Robert	50	Logger Masters	1:02.00	1:01.58
	28.81	1:01.58 (32.77)			
3	Jones, Michael	50	Mercer Island Redwoods	1:03.00	1:02.06
	29.50	1:02.06 (32.56)			
4	Orr, Jay	52	Lake Washington Masters	1:07.00	1:11.07
	30.04	1:11.07 (41.03)			
---	Palmer, Kevin	51	Oregon Masters	1:13.00	X1:09.81
	33.65	1:09.81 (36.16)			

Men 50-54 200 Yard Butterfly

ZONE: 2:03.04		Z 4/25/2004	SCOTT LAUTMAN	PNA	
PNA: 2:03.04		P 4/25/2004	SCOTT LAUTMAN		
1	Dybdahl, Eric	51	Greenlake Aquaducks	2:40.00	2:44.11
	35.97	1:17.43 (41.46)	2:01.02 (43.59)	2:44.11 (43.09)	
---	Dowd, Mike	52	Oregon Masters	2:52.00	X2:47.22
	36.66	1:18.69 (42.03)	2:02.85 (44.16)	2:47.22 (44.37)	

Men 50-54 100 Yard IM

ZONE: 56.96		Z 2/21/2010	LINCOLN DJANG	INWM	
PNA: 57.99		P 4/15/2007	DONALD GRAHAM		
1	Nalli, Lyle	51	Logger Masters	1:01.00	59.79
	27.37	59.79 (32.42)			
2	Swanson, Vic	51	Logger Masters	1:08.50	1:02.12
	29.79	1:02.12 (32.33)			
3	Underbrink, James	50	Mercer Island Redwoods	1:08.16	1:06.78
	30.75	1:06.78 (36.03)			
4	Howell, Richard	51	Unattached Pna	1:08.50	1:08.50
	34.31	1:08.50 (34.19)			
5	Orr, Jay	52	Lake Washington Masters	1:09.47	1:08.61
	30.09	1:08.61 (38.52)			
6	Underbrink, Dan	54	Monroe YMCA Masters	1:11.93	1:13.23
	35.60	1:13.23 (37.63)			
7	Havick, Paul	50	Blue Wave Aquatics	1:15.00	1:15.20
	36.48	1:15.20 (38.72)			
8	Keller, John	54	Monroe YMCA Masters	1:30.00	1:17.25
	34.62	1:17.25 (42.63)			
9	Johnson, Robert	51	Blue Wave Aquatics	1:17.00	1:22.14
	39.61	1:22.14 (42.53)			
10	Allen, Jon	50	Skagit Valley Masters Swimming	1:40.00	1:22.54
	42.98	1:22.54 (39.56)			
---	Palmer, Kevin	51	Oregon Masters	1:14.17	X1:11.47
	34.67	1:11.47 (36.80)			
---	Dowd, Mike	52	Oregon Masters	1:15.00	X1:14.27
	36.27	1:14.27 (38.00)			
---	Smith, Matthew	54	Downtown/Bellevue Swim Team	1:17.00	NS

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ZONE: 2:08.46		Z 5/10/2009	PATRICK ALLENDER	OREG	
PNA: 2:09.22		P 5/9/2010	LYLE NALLI		
1	Nalli, Lyle	51	Logger Masters	2:09.22	2:13.19
	27.13	1:00.06 (32.93)	1:40.25 (40.19)	2:13.19 (32.94)	
2	Portelance, Doug	52	Lake Washington Masters	2:19.54	2:18.11
	30.75	1:05.33 (34.58)	1:47.00 (41.67)	2:18.11 (31.11)	
3	Howell, Richard	51	Unattached Pna	2:34.00	2:32.54
	31.96	1:15.67 (43.71)	1:56.88 (41.21)	2:32.54 (35.66)	
4	Underbrink, James	50	Mercer Island Redwoods	2:31.45	2:32.79
	31.98	1:12.33 (40.35)	1:58.23 (45.90)	2:32.79 (34.56)	
5	Underbrink, Dan	54	Monroe YMCA Masters	2:41.94	2:40.44
	35.68	1:17.91 (42.23)	2:05.29 (47.38)	2:40.44 (35.15)	
6	Ikeda, Paul	51	Orca Swim Club	3:03.76	3:06.42
	37.67	1:30.68 (53.01)	2:22.47 (51.79)	3:06.42 (43.95)	
---	Dowd, Mike	52	Oregon Masters	2:45.00	X2:48.11
	35.16	1:23.31 (48.15)	2:08.48 (45.17)	2:48.11 (39.63)	

Men 50-54 400 Yard IM

ZONE: 4:40.03		Z 5/23/2010	LYLE A NALLI	PNA	
PNA: 4:40.03		P 5/23/2010	LYLE A NALLI		
1	Underbrink, Dan	54	Monroe YMCA Masters	6:01.71	5:41.80
	37.44	1:22.97 (45.53)	2:10.08 (47.11)	2:56.17 (46.09)	
	3:42.46 (46.29)	4:28.80 (46.34)	5:06.04 (37.24)	5:41.80 (35.76)	
2	Dybdahl, Eric	51	Greenlake Aquaducks	6:00.00	5:54.00
	36.33	1:16.79 (40.46)	2:01.26 (44.47)	2:45.07 (43.81)	
	3:40.06 (54.99)	4:33.62 (53.56)	5:15.27 (41.65)	5:54.00 (38.73)	

Men 55-59 50 Yard Freestyle

ZONE: 22.90		Z 4/18/2009	MIKE TENNANT	OREG	
PNA: 24.00		P 5/4/2008	RONALD JACOBS		
1	Hannula, David	57	Ymcapkc Sound Aquatic	24.80	23.58P
2	Kendrick, Jim	58	Skagit Valley Masters Swimming	25.77	25.35
3	Neuhaus, Scott	56	South Sound Masters Swimmers	26.09	26.61
4	Morrison, Jeffrey	56	Thunderbird Aquatic Masters	27.65	27.86
---	Eagon, Kenyon	59	Oregon Masters	34.34	X31.50
---	Hackett, Ted	56	Unattached Pna	27.00	NS

Men 55-59 100 Yard Freestyle

ZONE: 51.21		Z 4/11/2009	MIKE TENNANT	OREG	
PNA: 53.13		P 5/7/2010	DONALD GRAHAM		
1	Hannula, David	57	Ymcapkc Sound Aquatic	54.50	53.90
	26.87	53.90 (27.03)			
2	Kendrick, Jim	58	Skagit Valley Masters Swimming	57.81	55.79
	26.75	55.79 (29.04)			
3	Sugg, Steve	55	Ymcapkc Sound Aquatic	1:03.00	1:02.65
	31.22	1:02.65 (31.43)			
---	Eagon, Kenyon	59	Oregon Masters	1:12.55	X1:12.43
	35.06	1:12.43 (37.37)			
---	Morrison, Jeffrey	56	Thunderbird Aquatic Masters	1:02.86	NS

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ZONE: 1:53.10 Z 5/10/2009		LARRY KRAUSER		INWM	
PNA: 1:58.78 P 5/10/2009		ALAN BELL			
1	Colella, Rick	59	Lake Washington Masters	1:58.50	1:59.27
	28.59	58.98 (30.39)	1:29.45 (30.47)	1:59.27 (29.82)	
2	Cardwell, Alan	58	Lake Washington Masters	2:05.00	2:02.79
	29.57	1:01.05 (31.48)	1:32.70 (31.65)	2:02.79 (30.09)	
3	Kendrick, Jim	58	Skagit Valley Masters Swimming	2:15.72	2:08.69
	29.46	1:02.01 (32.55)	1:35.41 (33.40)	2:08.69 (33.28)	
4	Sugg, Steve	55	Ymcapkc Sound Aquatic	2:25.00	2:23.36
	34.71	1:11.56 (36.85)	1:48.32 (36.76)	2:23.36 (35.04)	
---	Morrison, Jeffrey	56	Thunderbird Aquatic Masters	2:28.06	NS

Men 55-59 500 Yard Freestyle

ZONE: 5:13.20 Z 4/11/2010		LARRY KRAUSER		IW	
PNA: 5:20.35 P 5/10/2009		ALAN BELL			
1	Penn, Bill	59	South Sound Masters Swimmers	5:30.00	5:47.03
	32.55	1:07.69 (35.14)	1:43.80 (36.11)	2:19.95 (36.15)	
	2:55.80 (35.85)	3:31.29 (35.49)	4:06.10 (34.81)	4:40.32 (34.22)	
	5:14.38 (34.06)	5:47.03 (32.65)			
2	Kendrick, Jim	58	Skagit Valley Masters Swimming	6:20.00	6:09.01
	32.62	1:08.54 (35.92)	1:45.59 (37.05)	2:24.23 (38.64)	
	3:02.63 (38.40)	3:40.27 (37.64)	4:18.00 (37.73)	4:55.98 (37.98)	
	5:33.22 (37.24)	6:09.01 (35.79)			
3	Freeborn, Stephen	55	Blue Wave Aquatics	6:42.00	6:18.21
	32.33	1:09.15 (36.82)	1:47.57 (38.42)	2:26.62 (39.05)	
	3:05.94 (39.32)	3:45.27 (39.33)	4:23.92 (38.65)	5:02.53 (38.61)	
	5:40.98 (38.45)	6:18.21 (37.23)			
4	West, John	57	Greenlake Aquaducks	7:07.00	7:10.76
	37.70	1:19.21 (41.51)	2:01.77 (42.56)	2:46.32 (44.55)	
	3:31.05 (44.73)	4:15.68 (44.63)	5:00.14 (44.46)	5:45.17 (45.03)	
	6:30.09 (44.92)	7:10.76 (40.67)			

Men 55-59 1000 Yard Freestyle

ZONE: 11:01.00 Z 5/10/2009		ALAN BELL		PNA	
PNA: 11:01.00 P 5/10/2009		ALAN BELL			
---	Carter, Walt	55	Oregon Masters	17:34.00	X17:03.00
	45.66	1:35.43 (49.77)	2:26.80 (51.37)	3:19.46 (52.66)	
	4:11.64 (52.18)	5:04.35 (52.71)	5:56.78 (52.43)	6:49.09 (52.31)	
	7:41.63 (52.54)	8:33.21 (51.58)	9:24.74 (51.53)	10:16.70 (51.96)	
	11:09.01 (52.31)	12:01.25 (52.24)	12:52.80 (51.55)	13:43.87 (51.07)	
	14:35.37 (51.50)	15:26.77 (51.40)	16:16.50 (49.73)	17:03.00 (46.50)	

Men 55-59 1650 Yard Freestyle

ZONE: 18:22.20 Z 5/10/2009		LARRY KRAUSER		INWM	
PNA: 18:28.66 P 5/10/2009		ALAN BELL			
1	Penn, Bill	59	South Sound Masters Swimmers	20:10.00	20:59.49
		31:24.51 ()	20:59.49 ()		

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---	Carter, Walt	55	Oregon Masters	29:28.00	X29:02.36
	46.78	1:37.77 (50.99)	2:31.03 (53.26)	3:23.11 (52.08)	
	4:16.15 (53.04)	5:09.67 (53.52)	6:02.91 (53.24)	6:56.13 (53.22)	
	7:49.17 (53.04)	8:43.21 (54.04)	9:36.87 (53.66)	10:31.15 (54.28)	
	11:24.28 (53.13)	12:16.83 (52.55)	13:10.07 (53.24)	14:03.15 (53.08)	
	14:56.58 (53.43)	15:50.07 (53.49)	16:43.34 (53.27)	17:36.86 (53.52)	
	18:30.35 (53.49)	19:22.94 (52.59)	20:15.96 (53.02)	21:09.25 (53.29)	
	22:02.77 (53.52)	22:56.62 (53.85)	23:49.35 (52.73)	24:42.57 (53.22)	
	25:35.02 (52.45)	26:27.63 (52.61)	27:19.14 (51.51)	28:11.37 (52.23)	29:02.36 (50.99)
---	Moore, Hugh	56	Blue Wave Aquatics	24:30.00	SCR

Men 55-59 50 Yard Backstroke

	ZONE:	26.86	Z	2/6/1999	ROBERT SMITH	OREG
	PNA:	28.05	P	5/23/2010	DONALD GRAHAM	
1	West, John	57	Greenlake Aquaducks	40.00	40.64	
---	Hackett, Ted	56	Unattached Pna	32.50	NS	

Men 55-59 100 Yard Backstroke

	ZONE:	58.93	Z	4/4/2009	WES EDWARDS	OREG
	PNA:	1:01.56	P	5/18/1997	STEVEN THRASHER	
1	Freeborn, Stephen	55	Blue Wave Aquatics	1:10.00	1:13.39	
	35.70	1:13.39 (37.69)				
---	Morrison, Jeffrey	56	Thunderbird Aquatic Masters	1:25.00	NS	
---	Edwards, Wes	57	Southwest Washington Masters S	1:01.00	XNS	

Men 55-59 200 Yard Backstroke

	ZONE:	2:07.74	Z	4/4/2009	WES EDWARDS	OREG
	PNA:	2:16.60	P	5/18/1997	STEVEN THRASHER	
1	Davis, Dwight	57	Lake Washington Masters	2:36.35	2:33.78	
	35.98	1:14.33 (38.35)	1:53.44 (39.11)	2:33.78 (40.34)		
---	Morrison, Jeffrey	56	Thunderbird Aquatic Masters	2:50.00	NS	
---	Edwards, Wes	57	Southwest Washington Masters S	2:12.00	XNS	

Men 55-59 50 Yard Breaststroke

	ZONE:	28.74	Z	5/4/2008	RICK COLELLA	PNA
	PNA:	28.74	P	5/4/2008	RICK COLELLA	
1	Colella, Rick	59	Lake Washington Masters	30.04	29.72	
2	Hannula, David	57	Ymcapkc Sound Aquatic	33.50	31.31	
3	Lautman, Chris	56	Unattached Pna	31.00	32.21	
4	Baker, Loren	56	Downtown/Bellevue Swim Team	35.00	33.39	
5	Neuhaus, Scott	56	South Sound Masters Swimmers	34.38	35.32	
6	West, John	57	Greenlake Aquaducks	38.00	37.62	
---	Hackett, Ted	56	Unattached Pna	38.00	NS	

Men 55-59 100 Yard Breaststroke

	ZONE:	1:03.07	Z	5/4/2008	RICK COLELLA	PNA
	PNA:	1:03.07	P	5/4/2008	RICK COLELLA	
1	Lautman, Chris	56	Unattached Pna	1:10.00	1:12.34	
	33.92	1:12.34 (38.42)				
2	Baker, Loren	56	Downtown/Bellevue Swim Team	1:15.00	1:14.06	
	35.58	1:14.06 (38.48)				
3	Neuhaus, Scott	56	South Sound Masters Swimmers	1:16.96	1:18.31	
	36.65	1:18.31 (41.66)				

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4	West, John	57	Greenlake Aquaducks	1:20.00	1:21.89
	38.94		1:21.89 (42.95)		
---	Carter, Walt	55	Oregon Masters	1:59.06	X1:53.66
	55.40		1:53.66 (58.26)		

Men 55-59 200 Yard Breaststroke

ZONE: 2:17.05 Z 5/4/2008 RICK COLELLA PNA

PNA: 2:17.05 P 5/4/2008 RICK COLELLA

1	Neuhaus, Scott	56	South Sound Masters Swimmers	2:49.49	2:51.40
	38.60		1:22.90 (44.30) 2:08.07 (45.17) 2:51.40 (43.33)		
---	Carter, Walt	55	Oregon Masters	4:12.00	X3:58.82
	57.46		1:56.46 (59.00) 2:58.57 (1:02.11) 3:58.82 (1:00.25)		

Men 55-59 50 Yard Butterfly

ZONE: 24.78 Z 5/23/2010 DONALD GRAHAM PNA

PNA: 24.78 P 5/23/2010 DONALD GRAHAM

1	Hannula, David	57	Ymcapkc Sound Aquatic	28.00	25.90
2	Colella, Rick	59	Lake Washington Masters	28.19	27.27
3	Cardwell, Alan	58	Lake Washington Masters	28.00	27.89
4	Freeborn, Stephen	55	Blue Wave Aquatics	27.89	28.66
5	Neuhaus, Scott	56	South Sound Masters Swimmers	29.00	30.54
6	Moore, Hugh	56	Blue Wave Aquatics	33.00	32.86
7	West, John	57	Greenlake Aquaducks	34.00	35.08
---	Hackett, Ted	56	Unattached Pna	29.50	NS

Men 55-59 100 Yard Butterfly

ZONE: 56.14 Z 5/4/2008 SCOTT LAUTMAN PNA

PNA: 56.14 P 5/4/2008 SCOTT LAUTMAN

1	Colella, Rick	59	Lake Washington Masters	1:02.53	58.68
	27.99		58.68 (30.69)		
2	Cardwell, Alan	58	Lake Washington Masters	1:02.81	1:01.64
	28.94		1:01.64 (32.70)		
3	Freeborn, Stephen	55	Blue Wave Aquatics	1:05.25	1:07.41
	31.38		1:07.41 (36.03)		
4	Durban, Eric	55	Blue Wave Aquatics	1:15.00	1:13.47
	33.21		1:13.47 (40.26)		
5	Moore, Hugh	56	Blue Wave Aquatics	1:12.00	1:16.97
	34.80		1:16.97 (42.17)		

Men 55-59 100 Yard IM

ZONE: 58.64 Z 5/4/2008 RICK COLELLA PNA

PNA: 58.64 P 5/4/2008 RICK COLELLA

1	Hannula, David	57	Ymcapkc Sound Aquatic	1:02.00	59.81
	27.88		59.81 (31.93)		
2	Colella, Rick	59	Lake Washington Masters	1:03.07	1:00.14
	28.65		1:00.14 (31.49)		
3	Cardwell, Alan	58	Lake Washington Masters	1:06.70	1:06.61
	31.07		1:06.61 (35.54)		
4	Baker, Loren	56	Downtown/Bellevue Swim Team	1:07.00	1:06.76
	31.82		1:06.76 (34.94)		
5	Neuhaus, Scott	56	South Sound Masters Swimmers	1:09.33	1:09.54
	32.80		1:09.54 (36.74)		

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6	Freeborn, Stephen	55	Blue Wave Aquatics	1:08.38	1:09.90
	31.10		1:09.90 (38.80)		
7	Davis, Dwight	57	Lake Washington Masters	1:11.65	1:10.94
	32.33		1:10.94 (38.61)		
8	Kendrick, Jim	58	Skagit Valley Masters Swimming	1:20.00	1:12.51
	33.63		1:12.51 (38.88)		
9	Sugg, Steve	55	Ymcapkc Sound Aquatic	1:30.00	1:16.72
	37.76		1:16.72 (38.96)		
10	Durban, Eric	55	Blue Wave Aquatics	1:30.00	1:16.92
	35.79		1:16.92 (41.13)		
---	Morrison, Jeffrey	56	Thunderbird Aquatic Masters	1:19.70	NS
---	Hackett, Ted	56	Unattached Pna	1:12.50	NS

Men 55-59 200 Yard IM

	ZONE: 2:05.15	Z 5/4/2008	RICK COLELLA		PNA
	PNA: 2:05.15	P 5/4/2008	RICK COLELLA		
1	Freeborn, Stephen	55	Blue Wave Aquatics	2:28.70	2:37.60
	31.00		1:12.81 (41.81) 2:01.66 (48.85)	2:37.60 (35.94)	
2	Penn, Bill	59	South Sound Masters Swimmers	2:40.00	2:41.90
	35.49		1:20.96 (45.47) 2:09.63 (48.67)	2:41.90 (32.27)	
3	Moore, Hugh	56	Blue Wave Aquatics	2:50.00	2:48.97
	34.47		1:20.58 (46.11) 2:09.33 (48.75)	2:48.97 (39.64)	
4	West, John	57	Greenlake Aquaducks	2:50.00	2:58.07
	39.24		1:27.54 (48.30) 2:16.10 (48.56)	2:58.07 (41.97)	
---	Carter, Walt	55	Oregon Masters	3:49.00	X3:36.60
	50.26		1:50.82 (1:00.56) 2:50.70 (59.88)	3:36.60 (45.90)	
---	Hackett, Ted	56	Unattached Pna	2:35.00	NS

Men 55-59 400 Yard IM

	ZONE: 4:30.18	Z 5/4/2008	RICK COLELLA		PNA
	PNA: 4:30.18	P 5/4/2008	RICK COLELLA		
1	Moore, Hugh	56	Blue Wave Aquatics	6:10.00	6:15.29
	36.75		1:19.80 (43.05) 2:12.04 (52.24)	3:01.65 (49.61)	
	3:51.98 (50.33)		4:44.36 (52.38) 5:30.79 (46.43)	6:15.29 (44.50)	
---	Carter, Walt	55	Oregon Masters	7:49.57	X7:31.35
	49.52		1:44.67 (55.15) 2:46.26 (1:01.59)	3:48.99 (1:02.73)	
	4:48.95 (59.96)		5:50.61 (1:01.66) 6:42.39 (51.78)	7:31.35 (48.96)	

Men 60-64 50 Yard Freestyle

	ZONE: 23.87	Z 4/25/2004	ROBERT SMITH		OREG
	PNA: 24.89	P 5/23/2010	ALAN BELL		
1	Wright, Larry	62	Newport Hills Masters	26.25	26.66
2	Voegtlen, R Barney	62	Bainbridge Aquatic Masters	29.00	28.70
3	McCaffrey, William	60	Blue Wave Aquatics	30.00	29.10
4	Burge, John	60	Husky Masters	32.00	31.16
---	Kelber, Mike	63	Oregon Masters	30.02	X28.69

Men 60-64 100 Yard Freestyle

	ZONE: 54.26	Z 5/18/2003	TOM LANDIS		OREG
	PNA: 56.66	P 4/11/2010	JAMES MCCLEERY		
1	Wright, Larry	62	Newport Hills Masters	59.25	59.29
	28.70		59.29 (30.59)		

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 60-64 100 Yard Freestyle)**

2	Peterson, Steve	64	Old Olympic Peninsula Swimmers	1:04.80	1:07.02
	32.34			1:07.02 (34.68)	
3	Burge, John	60	Husky Masters	1:08.64	1:09.50
	34.12			1:09.50 (35.38)	
---	Kelber, Mike	63	Oregon Masters	1:06.00	X1:06.61
	31.88			1:06.61 (34.73)	
---	Stafford, Rick	63	Bainbridge Aquatic Masters	1:03.00	NS
---	Warner, Frank	62	Old Olympic Peninsula Swimmers	1:01.60	NS
---	McCaffrey, William	60	Blue Wave Aquatics	1:08.00	NS
---	Voegtlen, R Barney	62	Bainbridge Aquatic Masters	1:07.00	NS

Men 60-64 200 Yard Freestyle

ZONE: 1:56.73 Z 5/23/2010 ALAN BELL PNA

PNA: 1:56.73 P 5/23/2010 ALAN BELL

---	Warner, Frank	62	Old Olympic Peninsula Swimmers	2:12.50	NS
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Men 60-64 500 Yard Freestyle

ZONE: 5:17.25 Z 5/23/2010 ALAN BELL PNA

PNA: 5:17.25 P 5/23/2010 ALAN BELL

1	Burge, John	60	Husky Masters	7:00.00	6:49.73
	35.24			1:15.42 (40.18)	1:58.24 (42.82)
	3:21.52 (41.69)			4:04.45 (42.93)	4:46.95 (42.50)
	6:10.46 (41.28)			6:49.73 (39.27)	7:00.00 (41.59)
2	Hansen, Ron	61	Skagit Valley Masters Swimming	7:41.00	7:29.28
	39.37			1:23.31 (43.94)	2:09.59 (46.28)
	3:42.26 (46.24)			4:28.18 (45.92)	5:13.97 (45.79)
	6:46.20 (45.79)			7:29.28 (43.08)	7:41.00 (46.44)

Men 60-64 1000 Yard Freestyle

ZONE: 11:03.97 Z 5/23/2010 ALAN BELL PNA

PNA: 11:03.97 P 5/23/2010 ALAN BELL

1	Stafford, Rick	63	Bainbridge Aquatic Masters	13:40.00	14:16.69
	37.47			1:15.94 (38.47)	1:56.24 (40.30)
	3:21.15 (43.07)			4:03.98 (42.83)	4:47.17 (43.19)
	6:13.09 (42.73)			6:56.88 (43.79)	7:40.90 (44.02)
	9:09.28 (44.23)			9:54.12 (44.84)	10:38.69 (44.57)
	12:07.31 (44.02)			12:50.81 (43.50)	13:34.06 (43.25)
2	Burge, John	60	Husky Masters	14:44.52	14:21.65
	37.16			1:17.55 (40.39)	1:59.28 (41.73)
	3:26.57 (43.84)			4:10.82 (44.25)	4:53.81 (42.99)
	6:21.45 (44.19)			7:05.33 (43.88)	7:50.28 (44.95)
	9:17.37 (43.57)			10:01.45 (44.08)	10:45.60 (44.15)
	12:12.85 (43.71)			12:56.84 (43.99)	13:40.09 (43.25)
3	Hansen, Ron	61	Skagit Valley Masters Swimming	17:25.00	15:46.26
	42.82			1:29.28 (46.46)	2:16.59 (47.31)
	3:53.42 (48.88)			4:40.78 (47.36)	5:28.59 (47.81)
	7:03.12 (46.89)			7:50.80 (47.68)	8:38.83 (48.03)
	10:15.68 (48.24)			11:03.84 (48.16)	11:51.99 (48.15)
	13:27.93 (47.88)			14:16.27 (48.34)	15:03.15 (46.88)
---	Bell, Alan	61	Pro Sports Club	11:10.00	SCR

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 60-64 1650 Yard Freestyle**

ZONE: 18:24.00 Z 5/23/2010 ALAN BELL PNA
PNA: 18:24.00 P 5/23/2010 ALAN BELL

1	Hansen, Ron	61	Skagit Valley Masters Swimming	27:00.00	27:25.00
	40.25	1:24.86 (44.61)	2:11.76 (46.90)	2:58.58 (46.82)	
	3:45.10 (46.52)	4:31.94 (46.84)	5:18.97 (47.03)	6:07.27 (48.30)	
	6:55.36 (48.09)	7:43.56 (48.20)	8:31.32 (47.76)	9:19.44 (48.12)	
	10:08.18 (48.74)	10:56.44 (48.26)	11:45.44 (49.00)	12:34.99 (49.55)	
	13:23.50 (48.51)	14:11.60 (48.10)	15:00.55 (48.95)	15:49.59 (49.04)	
	16:38.42 (48.83)	17:27.58 (49.16)	18:17.42 (49.84)	19:06.28 (48.86)	
	19:54.82 (48.54)	20:44.74 (49.92)	21:34.53 (49.79)	22:24.52 (49.99)	
	23:14.58 (50.06)	24:04.74 (50.16)	24:54.85 (50.11)	25:45.03 (50.18)	27:25.00 (1:39.97)

Men 60-64 50 Yard Backstroke

ZONE: 27.62 Z 4/25/2004 ROBERT SMITH OREG
PNA: 29.59 P 4/14/2002 GARY CHASE

1	Spencer, Rick	63	Old Olympic Peninsula Swimmers	35.50	34.61
2	Voegtlen, R Barney	62	Bainbridge Aquatic Masters	37.00	38.02
3	Walker, Thomas	64	Columbia Athletic Masters-Pine	45.00	45.16
---	Warner, Frank	62	Old Olympic Peninsula Swimmers	31.00	NS

Men 60-64 100 Yard Backstroke

ZONE: 1:02.53 Z 4/25/2004 ROBERT SMITH OREG
PNA: 1:05.12 P 4/14/2002 GARY CHASE

1	Spencer, Rick	63	Old Olympic Peninsula Swimmers	1:15.00	1:13.70
	35.94	1:13.70 (37.76)			
2	McCaffrey, William	60	Blue Wave Aquatics	1:20.00	1:19.36
	37.41	1:19.36 (41.95)			
3	Walker, Thomas	64	Columbia Athletic Masters-Pine	1:40.00	1:38.35
	48.49	1:38.35 (49.86)			
---	Warner, Frank	62	Old Olympic Peninsula Swimmers	1:11.50	NS

Men 60-64 200 Yard Backstroke

ZONE: 2:16.70 Z 5/23/2010 ALAN BELL PNA
PNA: 2:16.70 P 5/23/2010 ALAN BELL

1	Bell, Alan	61	Pro Sports Club	2:23.00	2:21.69
	33.37	1:09.59 (36.22)	1:46.87 (37.28)	2:21.69 (34.82)	
2	Spencer, Rick	63	Old Olympic Peninsula Swimmers	2:50.00	2:41.92
	37.51	1:17.87 (40.36)	2:00.51 (42.64)	2:41.92 (41.41)	
3	Hansen, Ron	61	Skagit Valley Masters Swimming	3:30.00	3:30.45
	50.66	1:43.78 (53.12)	2:37.57 (53.79)	3:30.45 (52.88)	
4	Walker, Thomas	64	Columbia Athletic Masters-Pine	3:40.00	3:34.44
	50.18	1:45.31 (55.13)	2:41.41 (56.10)	3:34.44 (53.03)	
---	Warner, Frank	62	Old Olympic Peninsula Swimmers	2:35.00	NS

Men 60-64 50 Yard Breaststroke

ZONE: 30.35 Z 5/10/2009 ALLEN STARK OREG
PNA: 31.76 P 5/24/1992 AULIS KAHKONEN

1	Peterson, Steve	64	Old Olympic Peninsula Swimmers	33.80	34.41
---	Kelber, Mike	63	Oregon Masters	40.04	X40.12

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 60-64 100 Yard Breaststroke**

ZONE: 1:06.62 Z 5/10/2009 ALLEN STARK OREG

PNA: 1:12.24 P 5/24/1992 AULIS KAHKONEN

1	Peterson, Steve	64	Old Olympic Peninsula Swimmers	1:16.20	1:16.32	1:16.32
	36.79				1:16.32 (39.53)	
2	Stafford, Rick	63	Bainbridge Aquatic Masters	1:15.00		1:20.19
	37.70				1:20.19 (42.49)	
3	Voegtlen, R Barney	62	Bainbridge Aquatic Masters	1:30.00		1:27.91
	41.39				1:27.91 (46.52)	

Men 60-64 200 Yard Breaststroke

ZONE: 2:28.19 Z 5/10/2009 ALLEN STARK OREG

PNA: 2:40.49 P 5/20/2007 STEVEN PETERSON

1	Peterson, Steve	64	Old Olympic Peninsula Swimmers	2:45.60		2:47.28
	39.12				1:19.88 (40.76)	2:03.41 (43.53)
						2:47.28 (43.87)
---	Stafford, Rick	63	Bainbridge Aquatic Masters	2:49.00		NS

Men 60-64 50 Yard Butterfly

ZONE: 26.75 Z 2/7/2004 ROBERT SMITH OREG

PNA: 27.62 P 4/11/2010 LARRY WRIGHT

1	Wright, Larry	62	Newport Hills Masters	27.65		27.23P
---	McCaffrey, William	60	Blue Wave Aquatics	35.00		NS

Men 60-64 100 Yard Butterfly

ZONE: 58.83 Z 5/23/2010 ALAN BELL PNA

PNA: 58.83 P 5/23/2010 ALAN BELL

1	Wright, Larry	62	Newport Hills Masters	1:05.00		1:06.63
	30.76				1:06.63 (35.87)	
2	Burge, John	60	Husky Masters	1:37.87		1:30.92
	40.40				1:30.92 (50.52)	

Men 60-64 100 Yard IM

ZONE: 1:01.51 Z 4/25/2004 ROBERT SMITH OREG

PNA: 1:05.75 P 5/17/2002 GARY CHASE

1	Wright, Larry	62	Newport Hills Masters	1:06.75		1:06.79
	30.41				1:06.79 (36.38)	
2	Stafford, Rick	63	Bainbridge Aquatic Masters	1:13.00		1:14.91
	35.90				1:14.91 (39.01)	
3	Voegtlen, R Barney	62	Bainbridge Aquatic Masters	1:19.00		1:17.59
	35.37				1:17.59 (42.22)	
4	Burge, John	60	Husky Masters	1:31.31		1:29.40
	44.62				1:29.40 (44.78)	
5	Hansen, Ron	61	Skagit Valley Masters Swimming	1:42.00		1:37.51
	46.65				1:37.51 (50.86)	
6	Walker, Thomas	64	Columbia Athletic Masters-Pine	1:45.00		1:43.13
	51.28				1:43.13 (51.85)	
---	McCaffrey, William	60	Blue Wave Aquatics	1:22.00		NS

Men 60-64 200 Yard IM

ZONE: 2:23.68 Z 1/24/2004 ROBERT SMITH OREG

PNA: 2:26.23 P 5/14/2006 MICHAEL MCCOLLY

1	Peterson, Steve	64	Old Olympic Peninsula Swimmers	2:42.50		2:43.49
	37.54				1:22.38 (44.84)	2:05.58 (43.20)
						2:43.49 (37.91)
2	Hansen, Ron	61	Skagit Valley Masters Swimming	3:28.00		3:31.86
	45.96				1:44.49 (58.53)	2:47.27 (1:02.78)
						3:31.86 (44.59)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 60-64 200 Yard IM)**

3	Walker, Thomas	64	Columbia Athletic Masters-Pine	3:45.00	3:46.14
	1:00.65		1:55.84 (55.19)	2:59.61 (1:03.77)	3:46.14 (46.53)

Men 60-64 400 Yard IM

ZONE:	5:10.16	Z	5/14/2006	MICHAEL MCCOLLY	PNA
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PNA:	5:10.16	P	5/14/2006	MICHAEL MCCOLLY
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1	Bell, Alan	61	Pro Sports Club	5:30.00	5:10.37
	31.30		1:06.86 (35.56)	1:46.92 (40.06)	2:26.58 (39.66)
	3:16.97 (50.39)		4:05.33 (48.36)	4:40.06 (34.73)	5:10.37 (30.31)
2	Voegtlen, R Barney	62	Bainbridge Aquatic Masters	6:40.00	6:24.16
	42.66		1:34.43 (51.77)	2:22.81 (48.38)	3:11.82 (49.01)
	4:04.79 (52.97)		4:58.01 (53.22)	5:40.96 (42.95)	6:24.16 (43.20)
3	Walker, Thomas	64	Columbia Athletic Masters-Pine	8:00.00	7:57.21
	1:01.87		2:13.00 (1:11.13)	3:12.14 (59.14)	4:08.71 (56.57)
	5:13.52 (1:04.81)		6:17.28 (1:03.76)	7:10.03 (52.75)	7:57.21 (47.18)

Men 65-69 50 Yard Freestyle

ZONE:	24.36	Z	5/10/2009	ROBERT SMITH	OREG
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PNA:	26.38	P	4/11/2009	ROBERT PILGER
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1	Murphy, Paul	67	Team Luna	26.05	28.74
2	Penner, Craig	65	North End Otters	32.50	31.57
3	Winn, Hugh	69	Port Townsend Master Swimmers	35.00	31.70
4	Sawyer, Dennis	67	Bainbridge Aquatic Masters	33.92	32.81
5	Cook, Herb	69	Old Olympic Peninsula Swimmers	38.50	35.92
6	McKinlay, Michael	67	Downtown/Bellevue Swim Team	47.35	42.82
---	Magee, Patrick	69	Hydropower Masters Swim Club	45.19	X42.27
---	Davis, Bob	69	Blue Wave Aquatics	36.00	NS

Men 65-69 100 Yard Freestyle

ZONE:	54.53	Z	5/20/2007	TOM LANDIS	OREG
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PNA:	1:01.12	P	4/11/2009	ROBERT PILGER
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1	Murphy, Paul	67	Team Luna	59.55	1:08.71
	30.62		1:08.71 (38.09)		
2	Winn, Hugh	69	Port Townsend Master Swimmers	1:16.00	1:11.99
	34.32		1:11.99 (37.67)		
3	Cook, Herb	69	Old Olympic Peninsula Swimmers	1:24.00	1:22.13
	39.74		1:22.13 (42.39)		

Men 65-69 200 Yard Freestyle

ZONE:	2:01.36	Z	5/20/2007	TOM LANDIS	OREG
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PNA:	2:18.01	P	5/16/1994	BOB MILLER
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1	Winn, Hugh	69	Port Townsend Master Swimmers	2:45.00	2:39.44
	36.34		1:16.83 (40.49)	1:58.99 (42.16)	2:39.44 (40.45)
2	Davis, Bob	69	Blue Wave Aquatics	2:57.00	2:57.99
	38.10		1:21.97 (43.87)	2:08.93 (46.96)	2:57.99 (49.06)
3	Cook, Herb	69	Old Olympic Peninsula Swimmers	3:10.00	3:05.41
	42.00		1:28.05 (46.05)	2:16.43 (48.38)	3:05.41 (48.98)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 65-69 500 Yard Freestyle**

ZONE: 5:37.64 Z 5/20/2007 TOM LANDIS		OREG			
PNA: 6:03.21 P 2/20/2011 MIKE MCCOLLY					
1	McColly, Michael	65	North End Otters	9:00.00	5:59.57P
	33.22	1:08.98 (35.76)	1:45.63 (36.65)	2:23.03 (37.40)	
	3:00.27 (37.24)	3:37.28 (37.01)	4:13.69 (36.41)	4:49.72 (36.03)	
	5:25.24 (35.52)	5:59.57 (34.33)			
2	Penner, Craig	65	North End Otters	7:21.50	7:08.67
	36.47	1:17.55 (41.08)	2:00.28 (42.73)	2:43.66 (43.38)	
	3:27.34 (43.68)	4:12.24 (44.90)	4:57.48 (45.24)	5:41.76 (44.28)	
	6:25.31 (43.55)	7:08.67 (43.36)			
3	Smith, William	66	South Sound Masters Swimmers	8:00.00	7:55.93
	39.51	1:24.20 (44.69)	2:11.00 (46.80)	2:59.85 (48.85)	
	3:49.21 (49.36)	4:38.24 (49.03)	5:27.41 (49.17)	6:17.33 (49.92)	
	7:06.93 (49.60)	7:55.93 (49.00)			
4	Davis, Bob	69	Blue Wave Aquatics	7:55.00	8:10.56
	41.66	1:29.71 (48.05)	2:19.34 (49.63)	3:08.94 (49.60)	
	4:00.10 (51.16)	4:50.81 (50.71)	5:41.49 (50.68)	6:33.12 (51.63)	
	7:23.41 (50.29)	8:10.56 (47.15)			
---	Cook, Herb	69	Old Olympic Peninsula Swimmers	8:20.00	SCR

Men 65-69 1000 Yard Freestyle

ZONE: 11:41.40 Z 5/20/2007 TOM LANDIS		OREG			
PNA: 13:32.60 P 4/10/1999 BOB MILLER					
1	McColly, Michael	65	North End Otters	12:47.00	12:25.10P
	34.13	1:11.30 (37.17)	1:49.09 (37.79)	2:27.16 (38.07)	
	3:05.34 (38.18)	3:43.16 (37.82)	4:20.66 (37.50)	4:58.30 (37.64)	
	5:36.10 (37.80)	6:13.39 (37.29)	6:51.36 (37.97)	7:28.95 (37.59)	
	8:06.29 (37.34)	8:43.95 (37.66)	9:21.44 (37.49)	9:58.92 (37.48)	
	10:36.05 (37.13)	11:13.17 (37.12)	11:49.98 (36.81)	12:25.10 (35.12)	
2	Davis, Bob	69	Blue Wave Aquatics	16:40.00	17:01.62
	41.84	1:31.06 (49.22)	2:21.61 (50.55)	3:13.12 (51.51)	
	4:04.78 (51.66)	4:56.51 (51.73)	5:49.58 (53.07)	6:42.04 (52.46)	
	7:33.49 (51.45)	8:26.15 (52.66)	9:17.61 (51.46)	10:09.65 (52.04)	
	11:02.65 (53.00)	11:55.39 (52.74)	12:47.26 (51.87)	13:39.28 (52.02)	
	14:30.80 (51.52)	15:22.44 (51.64)	16:12.87 (50.43)	17:01.62 (48.75)	
---	Cook, Herb	69	Old Olympic Peninsula Swimmers	17:45.00	SCR

Men 65-69 1650 Yard Freestyle

ZONE: 19:16.25 Z 5/20/2007 TOM LANDIS		OREG			
PNA: 22:49.05 P 4/14/1996 THOMAS TAYLOR					
1	McCleery, James	65	North Whidbey Masters	20:35.00	19:58.60P
2	Nordby, Michael	69	North End Otters	26:00.00	24:39.95
	41.44	1:27.53 (46.09)	2:12.71 (45.18)	2:58.09 (45.38)	
	3:43.34 (45.25)	4:28.59 (45.25)	5:13.24 (44.65)	5:57.68 (44.44)	
	6:42.50 (44.82)	7:27.06 (44.56)	8:11.56 (44.50)	8:56.45 (44.89)	
	9:41.71 (45.26)	10:26.11 (44.40)	11:11.38 (45.27)	11:56.77 (45.39)	
	12:41.44 (44.67)	13:26.59 (45.15)	14:11.59 (45.00)	14:56.88 (45.29)	
	15:41.89 (45.01)	16:26.67 (44.78)	17:11.68 (45.01)	17:56.14 (44.46)	
	18:42.15 (46.01)	19:26.58 (44.43)	20:11.36 (44.78)	20:56.86 (45.50)	
	21:41.44 (44.58)	22:26.89 (45.45)	23:12.53 (45.64)	23:57.04 (44.51)	24:39.95 (42.91)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 65-69 50 Yard Backstroke**

ZONE: 28.46 Z 5/10/2009 ROBERT SMITH OREG
PNA: 30.93 P 3/6/2005 GARY CHASE

1	McKinlay, Michael	67	Downtown/Bellevue Swim Team	47.57	48.57
---	Magee, Patrick	69	Hydropower Masters Swim Club	1:03.12	X57.27

Men 65-69 100 Yard Backstroke

ZONE: 1:03.43 Z 5/10/2009 ROBERT SMITH OREG
PNA: 1:06.01 P 3/6/2005 GARY CHASE

1	McColly, Michael	65	North End Otters	1:12.01	1:10.84
	34.96		1:10.84 (35.88)		
2	Nordby, Michael	69	North End Otters	1:25.00	1:25.92
	42.28		1:25.92 (43.64)		
3	McKinlay, Michael	67	Downtown/Bellevue Swim Team	1:54.97	1:49.31
	53.65		1:49.31 (55.66)		
---	Magee, Patrick	69	Hydropower Masters Swim Club	2:18.00	X2:13.00
	59.36		2:13.00 (1:13.64)		

Men 65-69 200 Yard Backstroke

ZONE: 2:30.36 Z 2/20/2011 MIKE MCCOLLY PNA
PNA: 2:30.36 P 2/20/2011 MIKE MCCOLLY

1	McColly, Michael	65	North End Otters	2:31.01	2:30.30Z
	36.05		1:13.46 (37.41) 1:52.53 (39.07) 2:30.30 (37.77)		
2	Nordby, Michael	69	North End Otters	3:05.00	3:04.90
	43.87		1:30.28 (46.41) 2:18.32 (48.04) 3:04.90 (46.58)		
3	McKinlay, Michael	67	Downtown/Bellevue Swim Team	3:59.59	3:58.16
	53.62		1:55.53 (1:01.91) 2:58.51 (1:02.98) 3:58.16 (59.65)		
---	Magee, Patrick	69	Hydropower Masters Swim Club	5:30.00	X4:58.49
	1:07.63		2:25.08 (1:17.45) 3:43.03 (1:17.95) 4:58.49 (1:15.46)		

Men 65-69 50 Yard Breaststroke

ZONE: 32.91 Z 5/18/1997 NICK TEMPLEMAN UNAT
PNA: 32.91 P 5/18/1997 NICK TEMPLEMAN

1	Penner, Craig	65	North End Otters	37.59	37.33
2	Sawyer, Dennis	67	Bainbridge Aquatic Masters	37.53	37.84
3	Smith, William	66	South Sound Masters Swimmers	46.00	43.40
4	McKinlay, Michael	67	Downtown/Bellevue Swim Team	1:10.03	1:06.15
---	Magee, Patrick	69	Hydropower Masters Swim Club	1:10.90	X1:07.05

Men 65-69 100 Yard Breaststroke

ZONE: 1:13.78 Z 5/18/1997 NICK TEMPLEMAN UNAT
PNA: 1:13.78 P 5/18/1997 NICK TEMPLEMAN

1	Sawyer, Dennis	67	Bainbridge Aquatic Masters	1:25.93	1:24.19
	39.53		1:24.19 (44.66)		
2	Penner, Craig	65	North End Otters	1:24.50	1:24.26
	39.48		1:24.26 (44.78)		
3	Smith, William	66	South Sound Masters Swimmers	1:36.00	1:37.90
	45.54		1:37.90 (52.36)		

Men 65-69 200 Yard Breaststroke

ZONE: 2:47.50 Z 5/18/1997 NICK TEMPLEMAN UNAT
PNA: 2:47.50 P 5/18/1997 NICK TEMPLEMAN

1	Sawyer, Dennis	67	Bainbridge Aquatic Masters	3:13.93	3:16.00
	43.77		1:32.47 (48.70) 2:24.45 (51.98) 3:16.00 (51.55)		

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 65-69 200 Yard Breaststroke)**

2	Smith, William	66	South Sound Masters Swimmers	3:28.00	3:34.80
	47.14	1:40.10 (52.96)	2:36.27 (56.17)	3:34.80 (58.53)	

Men 65-69 50 Yard Butterfly

ZONE:	27.91	Z	5/20/2007	BERT PETERSEN	OREG
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PNA:	30.55	P	4/11/2009	SONNY GARRETT	
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1	Davis, Bob	69	Blue Wave Aquatics	43.00	44.30
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Men 65-69 100 Yard IM

ZONE:	1:06.23	Z	5/4/2008	TOM LANDIS	OREG
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PNA:	1:09.97	P	4/10/2005	GARY CHASE	
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1	Nordby, Michael	69	North End Otters	1:25.00	1:24.24
	38.92	1:24.24 (45.32)			

2	Sawyer, Dennis	67	Bainbridge Aquatic Masters	1:25.52	1:24.59
	40.96	1:24.59 (43.63)			

3	Smith, William	66	South Sound Masters Swimmers	1:36.00	1:34.42
	45.43	1:34.42 (48.99)			

Men 65-69 200 Yard IM

ZONE:	2:26.55	Z	4/13/2008	TOM LANDIS	OREG
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PNA:	2:32.24	P	4/10/2005	GARY CHASE	
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1	McColly, Michael	65	North End Otters	2:34.50	2:31.66P
	32.48	1:10.99 (38.51)	1:57.23 (46.24)	2:31.66 (34.43)	

2	Smith, William	66	South Sound Masters Swimmers	3:28.30	3:31.43
	48.11	1:46.43 (58.32)	2:43.83 (57.40)	3:31.43 (47.60)	

---	Nordby, Michael	69	North End Otters	3:05.00	NS
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Men 65-69 400 Yard IM

ZONE:	5:19.23	Z	5/20/2007	TOM LANDIS	OREG
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PNA:	5:28.39	P	2/20/2011	MIKE MCCOLLY	
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1	McColly, Michael	65	North End Otters	5:30.00	5:23.91P
	33.93	1:15.83 (41.90)	1:57.60 (41.77)	2:36.62 (39.02)	

	3:24.15 (47.53)	4:11.50 (47.35)	4:48.65 (37.15)	5:23.91 (35.26)	
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2	Nordby, Michael	69	North End Otters	6:30.00	6:31.14
	1:36.18	2:25.01 (48.83)	3:14.75 (49.74)	4:09.18 (54.43)	

	5:04.51 (55.33)	5:48.08 (43.57)	6:31.14 (43.06)	6:31.14 ()	
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Men 70-74 50 Yard Freestyle

ZONE:	27.03	Z	5/20/2007	DAVID RADCLIFF	OREG
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PNA:	28.52	P	4/29/1990	ANDREW HOLDEN	
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1	Jones, Ronald	70	Ymcapkc Sound Aquatic	31.50	30.26
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Men 70-74 100 Yard Freestyle

ZONE:	59.21	Z	5/20/2007	DAVID RADCLIFF	OREG
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PNA:	1:04.65	P	4/29/1990	ANDREW HOLDEN	
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1	Jones, Ronald	70	Ymcapkc Sound Aquatic	1:14.01	1:12.06
	35.92	1:12.06 (36.14)			

Men 70-74 200 Yard Freestyle

ZONE:	2:09.83	Z	5/20/2007	DAVID RADCLIFF	OREG
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PNA:	2:17.86	P	5/16/1999	ROBERT MILLER	
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1	Olmstead, Paul	71	Skagit Valley Masters Swimming	3:30.00	3:24.69
	48.62	1:38.85 (50.23)	2:32.49 (53.64)	3:24.69 (52.20)	

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 70-74 200 Yard Freestyle)**

---	Lake, Brent	72	Oregon Masters	2:45.00	X3:21.32
	45.85	1:36.93 (51.08)	2:30.22 (53.29)	3:21.32 (51.10)	

Men 70-74 500 Yard Freestyle

ZONE:	5:57.07	Z	5/20/2007	DAVID RADCLIFF	OREG
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PNA:	6:16.89	P	5/16/1999	ROBERT MILLER	
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1	Jones, Ronald	70	Ymcapkc Sound Aquatic	8:45.00	8:01.47
	40.03	1:25.71 (45.68)	2:12.35 (46.64)	2:59.62 (47.27)	
	3:48.25 (48.63)	4:38.08 (49.83)	5:28.13 (50.05)	6:19.35 (51.22)	
	7:10.90 (51.55)	8:01.47 (50.57)			

2	Olmstead, Paul	71	Skagit Valley Masters Swimming	9:30.00	9:14.40
	49.60	1:43.37 (53.77)	2:37.29 (53.92)	3:34.70 (57.41)	
	4:32.27 (57.57)	5:29.23 (56.96)	6:25.33 (56.10)	7:23.10 (57.77)	
	8:19.00 (55.90)	9:14.40 (55.40)			

---	Lake, Brent	72	Oregon Masters	8:30.00	X8:41.59
	46.40	1:37.99 (51.59)	2:31.27 (53.28)	3:24.92 (53.65)	
	4:18.19 (53.27)	5:11.52 (53.33)	6:04.78 (53.26)	6:58.60 (53.82)	
	7:50.93 (52.33)	8:41.59 (50.66)			

Men 70-74 1000 Yard Freestyle

ZONE:	12:24.51	Z	5/20/2007	DAVID RADCLIFF	OREG
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PNA:	13:52.50	P	4/8/2001	THOMAS TAYLOR	
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1	Jones, Ronald	70	Ymcapkc Sound Aquatic	17:30.00	16:57.85
	40.34	1:25.55 (45.21)	3:04.72 (1:39.17)	4:43.87 (1:39.15)	
	5:37.41 (53.54)	6:29.41 (52.00)	7:20.75 (51.34)	8:12.54 (51.79)	
	9:05.81 (53.27)	9:57.37 (51.56)	10:49.75 (52.38)	11:42.86 (53.11)	
	12:36.02 (53.16)	13:28.58 (52.56)	14:21.01 (52.43)	15:13.83 (52.82)	
	16:05.65 (51.82)	16:57.85 (52.20)	17:45.63 (47.78)	16:57.85 ()	

2	Olmstead, Paul	71	Skagit Valley Masters Swimming	19:30.00	19:22.22
	50.12	1:46.26 (56.14)	2:44.66 (58.40)	3:44.30 (59.64)	
	4:43.96 (59.66)	5:43.98 (1:00.02)	6:42.91 (58.93)	7:42.88 (59.97)	
	8:42.76 (59.88)	9:41.53 (58.77)	10:41.55 (1:00.02)	11:38.77 (57.22)	
	12:36.97 (58.20)	13:35.30 (58.33)	14:33.84 (58.54)	15:32.84 (59.00)	
	16:31.85 (59.01)	17:31.08 (59.23)	18:28.95 (57.87)	19:22.22 (53.27)	

---	Lake, Brent	72	Oregon Masters	18:00.00	SCR
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---	Sylva, Richard	72	Oregon Masters	16:30.00	SCR
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Men 70-74 1650 Yard Freestyle

ZONE:	20:53.73	Z	4/21/2006	DAVID RADCLIFF	OREG
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PNA:	22:56.78	P	5/20/2001	THOMAS TAYLOR	
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1	Olmstead, Paul	71	Skagit Valley Masters Swimming	33:00.00	33:14.88
	55.15	1:55.44 (1:00.29)	2:56.24 (1:00.80)	3:56.88 (1:00.64)	
	4:57.79 (1:00.91)	5:59.34 (1:01.55)	6:59.93 (1:00.59)	8:00.96 (1:01.03)	
	9:02.35 (1:01.39)	10:03.37 (1:01.02)	11:03.47 (1:00.10)	12:07.89 (1:04.42)	
	13:08.80 (1:00.91)	14:09.73 (1:00.93)	15:10.69 (1:00.96)	16:12.49 (1:01.80)	
	17:13.84 (1:01.35)	18:15.86 (1:02.02)	19:16.63 (1:00.77)	20:18.03 (1:01.40)	
	21:18.89 (1:00.86)	22:19.93 (1:01.04)	23:21.07 (1:01.14)	24:21.73 (1:00.66)	
	25:22.72 (1:00.99)	26:23.57 (1:00.85)	27:24.04 (1:00.47)	28:23.83 (59.79)	
	29:23.27 (59.44)	30:23.17 (59.90)	31:21.52 (58.35)	32:19.35 (57.83)	33:14.88 (55.53)

---	Sylva, Richard	72	Oregon Masters	27:30.00	SCR
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2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 70-74 50 Yard Backstroke**

ZONE:	33.30	Z	1/29/2011	CHRIS HIATT	OREG	
PNA:	36.37	P	4/29/1990	ANDREW HOLDEN		
---	Lake, Brent		72	Oregon Masters	50.00	X46.27

Men 70-74 100 Yard Backstroke

ZONE:	1:14.06	Z	5/16/1999	ROBERT MILLER	PNA	
PNA:	1:14.06	P	5/16/1999	ROBERT MILLER		
---	Lake, Brent		72	Oregon Masters	1:40.00	X1:41.71
	47.46			1:41.71 (54.25)		

Men 70-74 200 Yard Backstroke

ZONE:	2:37.63	Z	5/16/1999	ROBERT MILLER	PNA	
PNA:	2:37.63	P	5/16/1999	ROBERT MILLER		
---	Lake, Brent		72	Oregon Masters	3:50.00	X3:36.89
	48.89			1:45.65 (56.76)	2:43.63 (57.98)	3:36.89 (53.26)

Men 70-74 50 Yard Breaststroke

ZONE:	37.05	Z	5/18/2003	RON TAYLOR	AKMS	
PNA:	37.15	P	5/20/2001	THOMAS TAYLOR		
1	Jones, Ronald		70	Ymcapkc Sound Aquatic	41.53	38.73
2	Truong, Dominique		72	Unattached Pna	42.00	42.82

Men 70-74 100 Yard Breaststroke

ZONE:	1:24.31	Z	5/20/2001	THOMAS TAYLOR	PNA	
PNA:	1:24.31	P	5/20/2001	THOMAS TAYLOR		
1	Jones, Ronald		70	Ymcapkc Sound Aquatic	1:33.36	1:28.93
	41.28			1:28.93 (47.65)		
2	Truong, Dominique		72	Unattached Pna	1:36.00	1:37.79
	45.48			1:37.79 (52.31)		

Men 75-79 100 Yard Freestyle

ZONE:	58.68	Z	5/10/2009	DAVID RADCLIFF	OREG	
PNA:	1:14.24	P	5/20/2007	ROBERT DORSE		
1	Ellingson, Don		78	Ymcapkc Sound Aquatic	2:10.61	2:04.33
	1:00.79			2:04.33 (1:03.54)		
---	Thayer, George		75	Oregon Masters	1:13.50	X1:14.11
	35.93			1:14.11 (38.18)		
---	King, Bill		77	Oregon Masters	1:19.00	X1:15.57
	36.61			1:15.57 (38.96)		
---	Bevier, Jack		78	Hydropower Masters Swim Club	1:19.61	X1:24.18
	38.63			1:24.18 (45.55)		

Men 75-79 200 Yard Freestyle

ZONE:	2:08.77	Z	5/10/2009	DAVID RADCLIFF	OREG	
PNA:	2:35.93	P	4/10/2005	BOB MILLER		
1	Ellingson, Don		78	Ymcapkc Sound Aquatic	4:43.06	4:36.02
	1:06.80			2:17.69 (1:10.89)	3:32.17 (1:14.48)	4:36.02 (1:03.85)
---	Radcliff, Dave		76	Oregon Masters	2:17.00	X2:16.66
	31.60			1:05.81 (34.21)	1:40.94 (35.13)	2:16.66 (35.72)
---	Thayer, George		75	Oregon Masters	3:05.00	X2:54.07
	39.45			1:23.21 (43.76)	2:09.52 (46.31)	2:54.07 (44.55)
---	King, Bill		77	Oregon Masters	2:59.00	X3:00.87
	43.64			1:28.42 (44.78)	2:14.90 (46.48)	3:00.87 (45.97)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 75-79 200 Yard Freestyle)**

--- Bevier, Jack 78 Hydropower Masters Swim Club 3:00.00 X3:01.14
 39.38 1:26.63 (47.25) 2:15.63 (49.00) 3:01.14 (45.51)

Men 75-79 500 Yard Freestyle

ZONE: 6:03.87 Z 5/8/2010 DAVID RADCLIFF OREG

PNA: 7:07.00 P 5/20/2007 BOB MILLER

1 Ellingson, Don 78 Ymcapkc Sound Aquatic 12:23.71 12:26.11
 1:07.80 2:22.89 (1:15.09) 3:41.43 (1:18.54) 6:17.49 (2:36.06)
 8:51.37 (2:33.88) 11:21.46 (2:30.09) 12:15.56 (54.10) 12:16.18 (0.62)
 12:16.39 (0.21) 12:26.11 (9.72)

--- Radcliff, Dave 76 Oregon Masters 6:19.03 X6:15.30
 34.44 1:11.87 (37.43) 1:50.21 (38.34) 2:28.99 (38.78)
 3:07.95 (38.96) 3:46.69 (38.74) 4:25.29 (38.60) 5:03.68 (38.39)
 5:41.63 (37.95) 6:15.30 (33.67)

--- Bevier, Jack 78 Hydropower Masters Swim Club 8:20.03 X8:22.57
 41.47 1:30.19 (48.72) 2:20.37 (50.18) 3:10.83 (50.46)
 4:02.24 (51.41) 4:55.97 (53.73) 5:46.77 (50.80) 6:41.99 (55.22)
 7:34.13 (52.14) 8:22.57 (48.44)

--- King, Bill 77 Oregon Masters 8:20.00 SCR

Men 75-79 1000 Yard Freestyle

ZONE: 12:20.59 Z 5/10/2009 DAVID RADCLIFF OREG

PNA: 14:09.71 P 4/10/2005 BOB MILLER

1 Ellingson, Don 78 Ymcapkc Sound Aquatic 30:00.00 25:09.16
 1:08.84 2:25.00 (1:16.16) 3:42.59 (1:17.59) 4:58.55 (1:15.96)
 6:16.68 (1:18.13) 7:33.98 (1:17.30) 8:52.52 (1:18.54) 10:09.44 (1:16.92)
 11:26.94 (1:17.50) 12:44.60 (1:17.66) 14:03.10 (1:18.50) 15:19.18 (1:16.08)
 16:33.79 (1:14.61) 17:49.74 (1:15.95) 19:03.67 (1:13.93) 20:18.16 (1:14.49)
 21:34.08 (1:15.92) 22:47.09 (1:13.01) 23:59.15 (1:12.06) 25:09.16 (1:10.01)

--- Radcliff, Dave 76 Oregon Masters 13:03.00 X12:49.82
 35.98 1:14.39 (38.41) 1:53.71 (39.32) 2:33.26 (39.55)
 3:12.51 (39.25) 3:51.97 (39.46) 4:30.45 (38.48) 5:09.13 (38.68)
 5:48.11 (38.98) 6:26.83 (38.72) 7:06.13 (39.30) 7:45.20 (39.07)
 8:24.48 (39.28) 9:03.61 (39.13) 9:42.24 (38.63) 10:20.64 (38.40)
 10:58.77 (38.13) 11:37.25 (38.48) 12:15.14 (37.89) 12:49.82 (34.68)

--- King, Bill 77 Oregon Masters 16:40.00 SCR

Men 75-79 1650 Yard Freestyle

ZONE: 20:25.49 Z 5/10/2009 DAVID RADCLIFF OREG

PNA: 24:03.52 P 4/15/2007 BOB MILLER

--- King, Bill 77 Oregon Masters 28:40.00 SCR

Men 75-79 50 Yard Backstroke

ZONE: 37.32 Z 5/20/2007 BOB MILLER PNA

PNA: 37.32 P 5/20/2007 BOB MILLER

1 Ellingson, Don 78 Ymcapkc Sound Aquatic 1:20.55 1:26.52

--- Thayer, George 75 Oregon Masters 38.00 X38.21

Men 75-79 100 Yard Backstroke

ZONE: 1:19.83 Z 5/20/2007 BOB MILLER PNA

PNA: 1:19.83 P 5/20/2007 BOB MILLER

--- Thayer, George 75 Oregon Masters 1:26.00 X1:25.18

41.88 1:25.18 (43.30)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 75-79 50 Yard Breaststroke**

ZONE: 39.35 Z 3/11/2006 MILTON MARKS OREG

PNA: 40.00 P 2/26/2006 TOM TAYLOR

--- Thayer, George 75 Oregon Masters 44.00 X42.07

Men 75-79 50 Yard Butterfly

ZONE: 33.83 Z 5/16/1994 ANDREW HOLDEN OREG

PNA: 43.32 P 5/26/1984 JIM PENFIELD

--- Bevier, Jack 78 Hydropower Masters Swim Club 45.57 X44.77

Men 75-79 100 Yard Butterfly

ZONE: 1:23.77 Z 5/16/1994 ANDREW HOLDEN OREG

PNA: 1:46.77 P 3/14/2004 HARVEY PROSSER

--- Bevier, Jack 78 Hydropower Masters Swim Club 1:58.00 X1:54.93

51.42 1:54.93 (1:03.51)

Men 75-79 200 Yard Butterfly

ZONE: 3:29.52 Z 4/9/1995 GERALD HUESTIS OREG

PNA: 4:05.52 P 1/18/2004 HARVEY PROSSER

--- Bevier, Jack 78 Hydropower Masters Swim Club 4:47.44 X4:35.81

59.33 2:09.49 (1:10.16) 3:23.00 (1:13.51) 4:35.81 (1:12.81)

Men 75-79 100 Yard IM

ZONE: 1:21.41 Z 4/18/2009 DICK WEICK OREG

PNA: 1:25.18 P 5/20/2007 BOB MILLER

--- Thayer, George 75 Oregon Masters 1:30.00 X1:30.71

43.87 1:30.71 (46.84)

Women 18+ 200 Yard Freestyle Relay

ZONE: 1:43.57 Z 5/10/2009 PNA

L DAHL, A DOWDLE, T COULTER, S PIERCE

PNA: 1:43.57 P 5/10/2009 PNA

L DAHL, A DOWDLE, T COULTER, S PIERCE

- | | | | | |
|---|--------------------------|------------------------|---------------------------|----------------------------|
| 1 | Gig Harbor Old Swimmers | A | 1:54.45 | 1:52.99 |
| | 1) Ellis, Danielle W19 | 2) Litsch, Diana W31 | 3) Leaf, Lindsay W22 | 4) Jones, Amelia W22 |
| | 27.25 | 57.07 (29.82) | 1:25.38 (28.31) | 1:52.99 (27.61) |
| 2 | Skagit Valley Masters | A | 1:52.00 | 1:53.23 |
| | 1) Johnshoy, Barbara W24 | 2) Blank, Beth W36 | 3) Bohannon, Jennifer W40 | 4) Klovdahl, Jenny W26 |
| | 27.28 | 57.25 (29.97) | 1:27.46 (30.21) | 1:53.23 (25.77) |
| 3 | Blue Wave Aquatics | C | NT | 1:55.44 |
| | 1) Cox, Miranda W23 | 2) Casey, Shannon W33 | 3) Kim, Nellis W40 | 4) Roberts, Taunya W37 |
| | 29.27 | 59.01 (29.74) | 1:28.43 (29.42) | 1:55.44 (27.01) |
| 4 | Lake Washington Masters | A | 2:22.00 | 2:10.66 |
| | 1) Chapman, Linda W55 | 2) Moore, Sheila W52 | 3) Shafer, Sarah W22 | 4) Kucinski, Christine W42 |
| | 33.41 | 1:05.89 (32.48) | 1:39.66 (33.77) | 2:10.66 (31.00) |
| 5 | Blue Wave Aquatics | B | NT | 2:26.00 |
| | 1) Mahar, Rachel W33 | 2) Whiteside, Tina W36 | 3) Wulff, Eva W44 | 4) Davis, Natalie W24 |
| | 33.29 | 1:06.93 (33.64) | 1:52.06 (45.13) | 2:26.00 (33.94) |

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 18+ 200 Yard Medley Relay**

ZONE: 1:57.12 Z 5/23/2010 PNA

T A COULTER, L SHTIKEL, C B SWITAJ, J KLOVDAHL

PNA: 1:57.12 P 5/23/2010 PNA

T A COULTER, L SHTIKEL, C B SWITAJ, J KLOVDAHL

1	Blue Wave Aquatics	B	2:10.81	2:08.67
	1) Casey, Shannon W33	2) Kim, Nellis W40	3) Cox, Miranda W23	4) Roberts, Taunya W37
	33.60	1:11.26 (37.66)	1:41.61 (30.35)	2:08.67 (27.06)
2	Gig Harbor Old Swimmers	A	2:18.88	2:11.11
	1) Forelli, Krissy W23	2) Leaf, Lindsay W22	3) Litsch, Diana W31	4) Jones, Amelia W22
	32.74	1:09.67 (36.93)	1:43.79 (34.12)	2:11.11 (27.32)
3	Skagit Valley Masters	A	2:20.00	2:19.29
	1) Johnshoy, Barbara W24	2) Bohannon, Jennifer W40	3) Blank, Beth W36	4) Zappone, Peggy W52
	34.95	1:14.71 (39.76)	1:47.78 (33.07)	2:19.29 (31.51)
4	Lake Washington Masters	B	2:34.00	2:25.12
	1) Clarke, Heather W39	2) Matlock, Shannon W33	3) Lewis, Crissy W33	4) Shafer, Sarah W22
	43.69	1:19.55 (35.86)	1:51.66 (32.11)	2:25.12 (33.46)
---	Blue Wave Aquatics	D	2:56.11	NS
	1) Mott, Erika W26	2) Davis, Natalie W24	3) Wulff, Eva W44	4) Neely, Wendy W36

Women 25+ 200 Yard Freestyle Relay

ZONE: 1:43.13 Z 4/25/2004 PNA

T SIMSAK, R SMITH, E BURGMAN, L DAHL

PNA: 1:43.13 P 4/25/2004 PNA

T SIMSAK, R SMITH, E BURGMAN, L DAHL

1	Central Area Aquatics Team	A	1:48.90	1:49.62
	1) Dahl, Lisa W49	2) Welch, Sarah W64	3) Coulter, Tamara W34	4) Gengler Dahl, Sarah W48
	25.58	57.61 (32.03)	1:23.72 (26.11)	1:49.62 (25.90)
2	Greenlake Aquaducks	A	2:10.00	1:50.63
	1) Reichmann, Heather W30	2) Berg, Tonya W52	3) Tourigny, Brittany W27	4) Stenfjord, Tani W45
	26.23	56.91 (30.68)	1:24.04 (27.13)	1:50.63 (26.59)
3	Ymcapkc Sound Aquatic	A	2:10.00	2:10.82
	1) Kolp, Allison W30	2) Gow, Sherry W37	3) Trowbridge, Michelle W37	4) Behrens, Michelle W38
	27.49	1:06.47 (38.98)	1:39.03 (32.56)	2:10.82 (31.79)
4	Samena Masters	A	2:50.00	2:29.38
	1) Schneider, Janet W37	2) Atwood, Carrie W36	3) Oden, Lauren W48	4) Lindsay, Sarah W32
	37.91	1:17.02 (39.11)	1:53.76 (36.74)	2:29.38 (35.62)

Women 25+ 200 Yard Medley Relay

ZONE: 1:55.29 Z 4/10/1999 OREG

M DONAHUE, M HASLACH, F, K HAKANSON

PNA: 2:00.39 P 3/14/2004 PNA

R HUKKANEN, C NORDBERG, A HARRIS, J BARASHKOFF

1	South Sound Masters	A	2:20.00	2:19.48
	1) Ashmann, Chericka W37	2) Matayoshi, Brook W29	3) Vander Haegen, Geraldine	4) Christy, Aimee W38
	37.16	1:15.23 (38.07)	1:49.97 (34.74)	2:19.48 (29.51)
2	Blue Wave Aquatics	E	2:32.11	2:31.08
	1) Whiteside, Tina W36	2) Holt, Megan W40	3) Molen, Melody W30	4) Montiel, Julie W40
	38.72	1:23.25 (44.53)	1:53.26 (30.01)	2:31.08 (37.82)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Women 35+ 200 Yard Freestyle Relay**

ZONE: 1:45.00 Z 5/16/1999

OREG

KAREN ALLEN, M MORRELL, BARBARA HARRIS, C CHILCOTT

PNA: 1:46.91 P 5/18/1997

PNA

M CURRAN, Z COURTNEY, M LIPPOLD, B GUNDRED

1	South Sound Masters	A	1:53.00	1:52.71
	1) Vander Haegen, Geraldine	2) McCandless, Diana W41	3) Ashmann, Chericka W37	4) Werner, Haleigh W42
	28.68	1:03.39 (34.71)	1:32.68 (29.29)	1:52.71 (20.03)
2	Blue Wave Aquatics	A	NT	2:09.53
	1) Hare, Stephanie W41	2) Richards, Kelly W41	3) Holt, Megan W40	4) Outerson, Jenell W43
	32.54	1:06.48 (33.94)	1:40.42 (33.94)	2:09.53 (29.11)

Women 35+ 200 Yard Medley Relay

ZONE: 1:59.07 Z 5/18/1997

PNA

Z COURTNEY, L WILSON, M LIPPOLD, C DAVIS

PNA: 1:59.07 P 5/18/1997

PNA

Z COURTNEY, L WILSON, M LIPPOLD, C DAVIS

1	Blue Wave Aquatics	A	2:20.95	2:20.42
	1) Hickel, Jessie W52	2) Ball, Laurie W53	3) Outerson, Jenell W43	4) Menkens, Michelle W54
	40.77	1:17.26 (36.49)	1:49.53 (32.27)	2:20.42 (30.89)
2	Monroe YMCA Masters	A	2:48.00	2:55.08
	1) Lotz, Jacqui W55	2) Underbrink, Mary W51	3) Peterson, Terrie W48	4) Armstrong, Mary W43
	58.96	1:49.63 (50.67)	2:28.71 (39.08)	2:55.08 (26.37)
---	Seattle Athletic Club	A	2:38.00	DQ
	Early take-off swimmer #2			
	1) Linville, Jan W63	2) Wells, Lynn W57	3) Aginian, Marla W38	4) Farin, Lisa W53
	43.60	1:29.54 (45.94)	2:05.13 (35.59)	DQ (35.41)

Women 45+ 200 Yard Freestyle Relay

ZONE: 1:44.11 Z 5/23/2010

OREG

V JENKINS, A DELMAGE, M CASWELL, K

PNA: 1:45.48 P 5/17/2002

PNA

J MOORE, C DAVIS, D GLASSMAN, M LIPPOLD

1	North End Otters	B	2:18.80	2:10.59
	1) Huntamer, Nancy W46	2) Dillan, Gloria W51	3) North, Donnie W45	4) Diddams, Margaret W49
	41.00	1:05.41 (24.41)	2:10.59 (1:05.18)	
2	Blue Wave Aquatics	E	NT	2:30.26
	1) Sullivan, Linda W54	2) Foster, Mary W51	3) Moore, Jane W60	4) Menkens, Michelle W54
	36.38	1:17.16 (40.78)	2:00.26 (43.10)	2:30.26 (30.00)
3	South Sound Masters	B	2:50.00	2:44.92
	1) Ellwanger, Kimberly W52	2) Morris, Kathy W55	3) Sisco, Marilynn W77	4) Kassen, Elizabeth W59
	35.02	1:21.82 (46.80)	2:11.55 (49.73)	2:44.92 (33.37)
---	Monroe YMCA Masters	A	2:45.00	DQ
	Early take-off swimmer #4			
	1) Underbrink, Mary W51	2) Lotz, Jacqui W55	3) Wigney, Wendy W60	4) Fordham, Jennifer W47
	39.14	1:29.25 (50.11)	2:08.40 (39.15)	DQ (31.89)

Women 45+ 200 Yard Medley Relay

ZONE: 1:54.02 Z 5/23/2010

OREG

V JENKINS, C CRABBE, A DELMAGE, K

PNA: 2:00.49 P 5/20/2007

PNA

Z COURTNEY, A JAUNZEME, L DAHL, D GLASSMAN

1	North End Otters	B	2:23.30	2:15.75
	1) Davis, Charlotte W60	2) Diddams, Margaret W49	3) Dillan, Gloria W51	4) Lippold, Mary W55
	33.92	1:13.34 (39.42)	1:47.60 (34.26)	2:15.75 (28.15)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Women 45+ 200 Yard Medley Relay)**

2	Lake Washington Masters	A	2:29.00	2:21.44
	1) Voss, Julie W47	2) Chapman, Linda W55	3) Olsen, Kris W46	4) Pearson McJunkin, Jill W47
	36.60	1:17.23 (40.63)	1:50.58 (33.35)	2:21.44 (30.86)
3	Blue Wave Aquatics	C	2:41.81	2:56.35
	1) Sullivan, Linda W54	2) Foster, Mary W51	3) Blackburn, Jean W59	4) Cunningham, Patti W57
	49.03	1:40.43 (51.40)	2:20.00 (39.57)	2:56.35 (36.35)
4	Blue Wave Aquatics	F	3:00.11	3:22.18
	1) Duggan, Pat W57	2) Piennett, Cindy W53	3) Williams, Judy W62	4) Moore, Jane W60
	1:00.63	1:50.21 (49.58)	2:36.86 (46.65)	3:22.18 (45.32)

Women 55+ 200 Yard Freestyle Relay**ZONE: 1:57.59 Z 5/10/2009****PNA****S WELCH, S DILLS, D GLASSMAN, C DAVIS****PNA: 1:57.59 P 5/10/2009****PNA****S WELCH, S DILLS, D GLASSMAN, C DAVIS**

1	North End Otters	A	2:10.10	2:17.21
	1) Davis, Charlotte W60	2) Getzendaner, Janet W70	3) Severin, Jennifer W56	4) Lippold, Mary W55
	42.63	1:10.87 (28.24)	1:47.42 (36.55)	2:17.21 (29.79)
2	Blue Wave Aquatics	D	NT	2:28.35
	1) Blackburn, Jean W59	2) Cunningham, Patti W57	3) Williams, Judy W62	4) Duggan, Pat W57
	33.27	1:08.66 (35.39)	1:48.08 (39.42)	2:28.35 (40.27)

Women 55+ 200 Yard Medley Relay**ZONE: 2:15.54 Z 5/20/2007****PNA****S DILLS, S DILLON, C DAVIS, S WELCH****PNA: 2:15.54 P 5/20/2007****PNA****S DILLS, S DILLON, C DAVIS, S WELCH**

1	North End Otters	A	3:45.50	3:43.36
	1) Getzendaner, Janet W70	2) Kavadas, Janet W80	3) Severin, Jennifer W56	4) Keeney, Linda W56
	51.89	2:52.28 (2:00.39)	3:35.94 (43.66)	3:43.36 (7.42)

Men 18+ 200 Yard Freestyle Relay**ZONE: 1:27.86 Z 4/26/1992****MACO****J KEPPELER, D BURLESON, J KINGERY, D MARSHALL****PNA: 1:29.47 P 4/13/2003****PNA****M DELANEY, R HOWELLS, W CANN, K**

1	Lake Washington Masters	A	1:36.00	1:31.70
	1) Chapman, Chris M23	2) Yung, Cejih M25	3) Conroy, Chris M25	4) Postetter, David M24
	21.91	44.82 (22.91)	1:08.18 (23.36)	1:31.70 (23.52)
2	Blue Wave Aquatics	B	NT	1:35.68
	1) Brayman, Brook M34	2) Bush, Gabe M33	3) Cunningham, Tommy M20	4) Wensman, Mike M28
	24.50	49.56 (25.06)	1:11.74 (22.18)	1:35.68 (23.94)
3	Ymcapkc Sound Aquatic	A	1:55.00	1:41.94
	1) Lei, Cheok Hei M18	2) Sugg, Steve M55	3) Bosselmann, Chip M49	4) Hannula, David M57
	25.49	53.01 (27.52)	1:18.91 (25.90)	1:41.94 (23.03)
4	Husky Masters	A	1:47.80	1:46.07
	1) Margrave, David M40	2) Ringstad, Brandon M19	3) Burge, John M60	4) Wisniewski, Brian M33
	25.91	51.94 (26.03)	1:23.22 (31.28)	1:46.07 (22.85)
5	Blue Wave Aquatics	D	NT	1:57.27
	1) Moore, Hugh M56	2) Durban, Eric M55	3) Havick, Paul M50	4) Wilkin, Casey M20
	30.60	59.20 (28.60)	1:27.65 (28.45)	1:57.27 (29.62)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 18+ 200 Yard Medley Relay**

ZONE: 1:40.10 Z 4/9/1995

PNA

A CAPRON, T DOUGHERTY, J BRADEN, J SIEGAL

PNA: 1:40.10 P 4/9/1995

PNA

A CAPRON, T DOUGHERTY, J BRADEN, J SIEGAL

1	Lake Washington Masters	A	1:44.00	1:40.49
	1) Postetter, David M24	2) Yung, Cejih M25	3) Chapman, Chris M23	4) Conroy, Chris M25
	27.74	54.66 (26.92)	1:17.17 (22.51)	1:40.49 (23.32)
2	Blue Wave Aquatics	A	1:42.11	1:46.63
	1) Brayman, Brook M34	2) Cunningham, Tommy M20	3) Bush, Gabe M33	4) Wensman, Mike M28
	28.35	56.36 (28.01)	1:23.16 (26.80)	1:46.63 (23.47)
3	Husky Masters	A	1:50.00	1:49.13
	1) Wisniewski, Brian M33	2) Ringstad, Brandon M19	3) Nelson, Kirk M40	4) Margrave, David M40
	25.65	57.62 (31.97)	1:24.26 (26.64)	1:49.13 (24.87)
4	Blue Wave Aquatics	C	2:10.81	2:23.49
	1) Havick, Paul M50	2) Wilkin, Casey M20	3) Dean, Robert M51	4) Nguyen, Dung M47
	37.01	1:13.99 (36.98)	1:46.84 (32.85)	2:23.49 (36.65)

Men 25+ 200 Yard Freestyle Relay

ZONE: 1:28.11 Z 5/10/1998

UTAH

J HUGHES, E HANSSEN, J FROHLICH, E CRANKSHAW

PNA: 1:30.22 P 4/11/2009

PNA

K NELSON, S POLUCHA, A KROLL, B WISNIEWSKI

1	Downtown/Bellevue Swim	A	NT	1:37.66
	1) Axel, Bradford M42	2) Takahashi, Jason M34	3) Klein, Cameron M27	4) Inman, Andrew M36
	23.33	47.64 (24.31)	1:13.56 (25.92)	1:37.66 (24.10)
2	Monroe YMCA Masters	A	NT	1:46.81
	1) Latham, James M29	2) Keller, John M54	3) Underbrink, Dan M54	4) Larson, Dan M44
	25.75	53.22 (27.47)	1:21.74 (28.52)	1:46.81 (25.07)

Men 25+ 200 Yard Medley Relay

ZONE: 1:37.23 Z 4/30/2000

UTAH

T THORUM, M WALTERS, E HANSSEN, P HAYES

PNA: 1:41.69 P 4/5/1992

PNA

J CONNELLY, D BALDERSON, K DODGE, S SCHMIDT

1	Downtown/Bellevue Swim	A	1:51.95	1:53.61
	1) Takahashi, Jason M34	2) Hartman, Robert M33	3) Ruggeri, Luke M28	4) Klein, Cameron M27
	28.88	1:00.22 (31.34)	1:26.93 (26.71)	1:53.61 (26.68)
2	Ymcapkc Sound Aquatic	A	3:00.25	2:04.20
	1) Hannula, David M57	2) Bosselmann, Chip M49	3) Carlisle, Patrick M25	4) Jones, Ronald M70
	30.90	1:04.68 (33.78)	1:32.00 (27.32)	2:04.20 (32.20)
3	Blue Wave Aquatics	E	2:42.11	2:34.46
	1) Matthews, Scott M49	2) Lapin, Arthur M45	3) Durban, Eric M55	4) Chapman, Jayden M25
	40.06	1:19.94 (39.88)	1:50.89 (30.95)	2:34.46 (43.57)
---	British Columbia Masters	A	1:48.50	X1:45.45
	1) Ferguson, David M37	2) Hooper, James M39	3) Kerasiotis, Erik M45	4) Wilkins, Paul M29
	28.42	57.65 (29.23)	1:24.04 (26.39)	1:45.45 (21.41)
---	Monroe YMCA Masters	A	2:10.00	DQ
	Early take-off swimmer #4			
	1) Larson, Dan M44	2) Underbrink, Dan M54	3) Keller, John M54	4) Latham, James M29
	31.41	1:08.91 (37.50)	1:40.08 (31.17)	DQ (25.20)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Men 35+ 200 Yard Freestyle Relay****ZONE: 1:30.58 Z 5/18/1997 OREG****J WALKER, A ARATA, D KNAUER, S GEORGE****PNA: 1:31.52 P 5/20/2007 PNA****J KEPPELER, T DOHERTY, D KAYS, K NELSON**

1	Lake Washington Masters	C	2:01.00	1:43.82
	1) McKay, Greg M43	2) Greisen, Doug M38	3) Porter, Michael M44	4) Gray, Julian M40
	26.23	55.30 (29.07)	1:19.45 (24.15)	1:43.82 (24.37)
2	Downtown/Bellevue Swim	B	1:53.27	1:50.57
	1) Timmons, Jack M50	2) Espinosa, Leo M50	3) Farrell, Thomas M51	4) Gilmore, Robert M41
	30.81	57.89 (27.08)	1:24.73 (26.84)	1:50.57 (25.84)
3	Blue Wave Aquatics	C	NT	1:51.48
	1) Auer, Jonah M38	2) Cullen, Emmet M40	3) Lapin, Arthur M45	4) Morgan, Jason M41
	24.51	54.78 (30.27)	1:32.41 (37.63)	1:51.48 (19.07)
4	Skagit Valley Masters	A	1:51.00	1:55.14
	1) Ness, Kerry M41	2) Eldred, Marcus M43	3) Allen, Jon M50	4) Kendrick, Jim M58
	32.93	1:00.93 (28.00)	1:29.95 (29.02)	1:55.14 (25.19)

Men 35+ 200 Yard Medley Relay**ZONE: 1:44.57 Z 4/1/1984 OREG****R SMITH, A SMITH, D SMITH, K VON TAGEN****PNA: 1:46.05 P 5/10/2009 PNA****R SEIBERT, T SCHUTTE, P COLBECK, E VALLEY**

1	Lake Washington Masters	C	2:01.00	1:53.97
	1) Orr, Jay M52	2) Elander, Blair M49	3) Gray, Julian M40	4) Porter, Michael M44
	30.01	1:02.29 (32.28)	1:28.12 (25.83)	1:53.97 (25.85)
2	Bainbridge Aquatic Masters	A	2:00.00	1:56.27
	1) Keppeler, John M43	2) Stafford, Rick M63	3) Voegtlen, R Barney M62	4) Rogers, Randy M52
	25.55	1:01.52 (35.97)	1:36.01 (34.49)	1:56.27 (20.26)
3	Downtown/Bellevue Swim	B	1:56.45	1:59.24
	1) Espinosa, Leo M50	2) Baker, Loren M56	3) Gilmore, Robert M41	4) Inman, Andrew M36
	33.63	1:06.76 (33.13)	1:34.76 (28.00)	1:59.24 (24.48)
4	Blue Wave Aquatics	B	2:00.11	2:05.15
	1) Freeborn, Stephen M55	2) Severns, Chris M49	3) Johnson, Robert M51	4) Morgan, Jason M41
	33.83	1:07.98 (34.15)	1:41.25 (33.27)	2:05.15 (23.90)
5	Skagit Valley Masters	A	2:08.00	2:17.27
	1) Allen, Jon M50	2) Ness, Kerry M41	3) Kendrick, Jim M58	4) Eldred, Marcus M43
	39.87	1:18.52 (38.65)	1:49.96 (31.44)	2:17.27 (27.31)
---	South Sound Masters	A	2:20.00	NS
	1) Valley, Eric M49	2) Smith, William M66	3) Neuhaus, Scott M56	4) Norman, Charles M44

Men 45+ 200 Yard Freestyle Relay**ZONE: 1:30.56 Z 5/20/2007 PNA****BRAD HERING, RICH LOUDON, JAY LEIGH, KARL WEISS****PNA: 1:30.56 P 5/20/2007 PNA****BRAD HERING, RICH LOUDON, JAY LEIGH, KARL WEISS**

1	Logger Masters	A	1:36.00	1:37.47
	1) Swanson, Vic M51	2) McGoorty, Mike M52	3) Nalli, Lyle M51	4) Jackson, Robert M51
	23.51	47.54 (24.03)	1:13.24 (25.70)	1:37.47 (24.23)
2	Lake Washington Masters	B	1:50.00	1:40.26
	1) Orr, Jay M52	2) Tupper, Rick M54	3) Portelance, Doug M52	4) Stack, Ned M51
	25.33	52.57 (27.24)	1:17.79 (25.22)	1:40.26 (22.47)
3	Blue Wave Aquatics	A	NT	1:53.08
	1) Smith, Daniel M48	2) Tacke, John M47	3) Severns, Chris M49	4) Matthews, Scott M49
	26.05	54.81 (28.76)	1:24.59 (29.78)	1:53.08 (28.49)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Men 45+ 200 Yard Freestyle Relay)**

4	South Sound Masters	A	1:55.00	1:54.61
	1) Smith, William M66	2) Bryan, Bret M54	3) Neuhaus, Scott M56	4) Valley, Eric M49
	34.37	1:02.88 (28.51)	1:29.75 (26.87)	1:54.61 (24.86)
5	North End Otters	D	2:03.00	2:03.92
	1) McColly, Michael M65	2) Penner, Craig M65	3) Raynolds, Bill M54	4) Huckabee, John M52
	29.28	1:01.07 (31.79)	1:32.28 (31.21)	2:03.92 (31.64)

Men 45+ 200 Yard Medley Relay

ZONE: 1:43.23 Z 5/23/2010 OREG

D HATHAWAY, J CORBEAU, D BAKER, B SUMMERFIELD

PNA: 1:45.66 P 5/4/2008 PNA

M MCGOORTY, R JACKSON, L NALLI, V SWANSON

1	Logger Masters	A	1:54.00	1:49.27
	1) Nalli, Lyle M51	2) Jackson, Robert M51	3) Moore, Robert M50	4) Swanson, Vic M51
	28.41	58.37 (29.96)	1:25.30 (26.93)	1:49.27 (23.97)
2	Lake Washington Masters	B	1:56.00	1:51.05
	1) Davis, Dwight M57	2) Colella, Rick M59	3) Stack, Ned M51	4) Cardwell, Alan M58
	33.16	1:02.23 (29.07)	1:29.29 (27.06)	1:51.05 (21.76)
3	North End Otters	D	NT	2:11.91
	1) Nordby, Michael M69	2) Penner, Craig M65	3) McColly, Michael M65	4) Raynolds, Bill M54
	41.73	1:19.07 (37.34)	1:51.85 (32.78)	2:11.91 (20.06)
4	Blue Wave Aquatics	D	2:08.11	2:23.53
	1) Tacke, John M47	2) Smith, Daniel M48	3) Moore, Hugh M56	4) Tebb, John M53
	40.84	1:13.29 (32.45)	1:45.65 (32.36)	2:23.53 (37.88)

Mixed 18+ 200 Yard Freestyle Relay

ZONE: 1:34.22 Z 2/5/2011 PNA

K RICE, L TROYER, C ASHMANN, E VALLEY

PNA: 1:34.22 P 2/5/2011 PNA

K RICE, L TROYER, C ASHMANN, E VALLEY

1	Gig Harbor Old Swimmers	A	1:47.47	1:39.88
	1) Delano, Scott M23	2) Ellis, Danielle W19	3) Kelly, Mike M52	4) Forelli, Krissy W23
	24.44	50.78 (26.34)	1:13.96 (23.18)	1:39.88 (25.92)
2	Husky Masters	A	1:43.00	1:40.57
	1) Forinash, Debra W28	2) Braggin, Jacquelyn W24	3) Nelson, Kirk M40	4) Wisniewski, Brian M33
	26.41	54.26 (27.85)	1:18.39 (24.13)	1:40.57 (22.18)
3	Blue Wave Aquatics	B	2:02.81	1:44.53
	1) Cunningham, Tommy M20	2) Casey, Shannon W33	3) Cox, Miranda W23	4) Wensman, Mike M28
	22.27	51.75 (29.48)	1:20.40 (28.65)	1:44.53 (24.13)
4	Western Washington	A	1:58.00	1:47.47
	1) Dowdle, Angela W22	2) Lowder, Kaitlyn W18	3) Sage, Andrew M21	4) Phelan, Cole M19
	28.94	58.39 (29.45)	1:23.58 (25.19)	1:47.47 (23.89)
5	Ohana Swim Team	A	NT	1:49.46
	1) Minehan, Jill W24	2) Antilla, Kristine W42	3) Cory, Rod M47	4) Raygor, Adam M21
	27.16	57.67 (30.51)	1:24.50 (26.83)	1:49.46 (24.96)
6	Skagit Valley Masters	A	1:47.00	1:49.52
	1) Johnshoy, Barbara W24	2) Eldred, Marcus M43	3) Bohannon, Jennifer W40	4) Kendrick, Jim M58
	27.04	53.57 (26.53)	1:23.87 (30.30)	1:49.52 (25.65)
7	Lake Washington Masters	A	1:59.00	1:52.56
	1) Postetter, David M24	2) Shafer, Sarah W22	3) Chapman, Linda W55	4) Chapman, Chris M23
	23.90	58.64 (34.74)	1:31.21 (32.57)	1:52.56 (21.35)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Mixed 18+ 200 Yard Freestyle Relay)**

8 Blue Wave Aquatics	D	NT	1:55.80
1) Kim, Nellis W40	2) Davis, Natalie W24	3) Smith, Daniel M48	4) Tacke, John M47
26.38	54.32 (27.94)	1:26.35 (32.03)	1:55.80 (29.45)
--- Blue Wave Aquatics	G	NT	NS
	2) Mott, Erika W26	3) Wilkin, Casey M20	4) Auer, Jonah M38

Mixed 18+ 200 Yard Medley Relay

ZONE: 1:49.10 Z 5/18/1997

PNA

M, J LASERSOHN, M CURRAN, P MCCLUNG

PNA: 1:49.10 P 5/18/1997

PNA

M, J LASERSOHN, M CURRAN, P MCCLUNG

1 Gig Harbor Old Swimmers	A	NT	1:58.06
1) Forelli, Krissy W23	2) Kelly, Mike M52	3) Delano, Scott M23	4) Jones, Amelia W22
32.51	1:04.32 (31.81)	1:30.56 (26.24)	1:58.06 (27.50)
2 Lake Washington Masters	A	2:03.00	1:58.34
1) Matlock, Shannon W33	2) Yung, Cejih M25	3) Chapman, Chris M23	4) Shafer, Sarah W22
34.40	1:01.72 (27.32)	1:24.98 (23.26)	1:58.34 (33.36)
4 Western Washington	A	2:04.50	2:01.51
1) Phelan, Cole M19	2) Lecoq, Michela W19	3) Whitefield, Benjamin M21	4) Lowder, Kaitlyn W18
29.46	1:04.41 (34.95)	1:32.70 (28.29)	2:01.51 (28.81)
5 Skagit Valley Masters	C	2:00.00	2:02.53
1) Klovdahl, Jenny W26	2) Eldred, Marcus M43	3) Johnshoy, Barbara W24	4) Kendrick, Jim M58
30.30	1:03.41 (33.11)	1:37.02 (33.61)	2:02.53 (25.51)
6 Blue Wave Aquatics	B	NT	2:03.85
1) Cunningham, Tommy M20	2) Davis, Natalie W24	3) Cox, Miranda W23	4) Wensman, Mike M28
38.47	1:07.87 (29.40)	1:38.96 (31.09)	2:03.85 (24.89)
7 Ymcapkc Sound Aquatic	A	2:20.00	2:07.85
1) Carlisle, Patrick M25	2) Behrens, Michelle W38	3) Lei, Cheok Hei M18	4) Kolp, Allison W30
30.13	1:13.17 (43.04)	1:40.70 (27.53)	2:07.85 (27.15)
8 Blue Wave Aquatics	E	NT	3:00.44
1) Duggan, Pat W57	2) Lapin, Arthur M45	3) Wilkin, Casey M20	4) Williams, Judy W62
58.43	1:38.74 (40.31)	2:20.02 (41.28)	3:00.44 (40.42)

Mixed 25+ 200 Yard Freestyle Relay

ZONE: 1:34.91 Z 5/18/1997

PNA

S STONE, T SCHWERZLER, S BIRNIE, P MCCLUNG

PNA: 1:34.91 P 5/18/1997

PNA

S STONE, T SCHWERZLER, S BIRNIE, P MCCLUNG

1 Lake Washington Masters	A	1:50.00	1:40.95
1) Matlock, Shannon W33	2) Yung, Cejih M25	3) Lewis, Crissy W33	4) Conroy, Chris M25
26.27	48.70 (22.43)	1:17.25 (28.55)	1:40.95 (23.70)
2 Blue Wave Aquatics	F	NT	1:44.26
1) Roberts, Taunya W37	2) Molen, Melody W30	3) Brayman, Brook M34	4) Bush, Gabe M33
27.27	54.83 (27.56)	1:18.79 (23.96)	1:44.26 (25.47)
3 Downtown/Bellevue Swim	A	1:44.55	1:48.05
1) Chamberlin, Melissa W30	2) Takahashi, Jason M34	3) Brooks, Kathleen W27	4) Inman, Andrew M36
27.06	51.10 (24.04)	1:24.01 (32.91)	1:48.05 (24.04)
4 Monroe YMCA Masters	B	1:59.00	1:48.69
1) Latham, James M29	2) Fordham, Jennifer W47	3) Armstrong, Mary W43	4) Larson, Dan M44
26.07	57.16 (31.09)	1:23.37 (26.21)	1:48.69 (25.32)
5 North End Otters	G	2:03.40	1:56.80
1) Brittle, Zach M37	2) Hope, Carolyn W40	3) Dillan, Gloria W51	4) Rice, Jordan M26
28.68	1:02.95 (34.27)	1:33.58 (30.63)	1:56.80 (23.22)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Mixed 25+ 200 Yard Freestyle Relay)**

6 Ymcapkc Sound Aquatic	A	2:58.91	2:00.50
1) Sugg, Steve M55	2) Kolp, Allison W30	3) Gow, Sherry W37	4) Carlisle, Patrick M25
27.62	1:06.93 (39.31)	1:34.48 (27.55)	2:00.50 (26.02)
7 Blue Wave Aquatics	J	NT	2:51.35
1) Moore, Jane W60	2) Williams, Judy W62	3) Chapman, Jayden M25	4) Davis, Bob M69
47.04	1:27.28 (40.24)	2:13.18 (45.90)	2:51.35 (38.17)

Mixed 25+ 200 Yard Medley Relay**ZONE: 1:48.16 Z 4/30/2000 UTAH****E CRANKSHAW, A GREENBURG, P HAYES, S TOBEY****PNA: 1:49.73 P 5/23/2010 PNA****T A COULTER, R HARTMAN, D E KAYS, J KLOVDAHL**

1 Central Area Aquatics Team	A	1:49.80	1:48.45P
1) Coulter, Tamara W34	2) Morin, Justin M25	3) Dahl, Lisa W49	4) Seibert, Rich M46
28.98	56.04 (27.06)	1:23.84 (27.80)	1:48.45 (24.61)
2 Downtown/Bellevue Swim	A	2:05.00	1:59.83
1) Axel, Bradford M42	2) Hartman, Robert M33	3) Chamberlin, Melissa W30	4) Brooks, Kathleen W27
30.42	1:01.81 (31.39)	1:27.41 (25.60)	1:59.83 (32.42)
*3 Blue Wave Aquatics	G	NT	2:00.87
1) Casey, Shannon W33	2) Roberts, Taunya W37	3) Brayman, Brook M34	4) Bush, Gabe M33
33.65	1:05.39 (31.74)	1:35.60 (30.21)	2:00.87 (25.27)
*3 North End Otters	G	2:05.50	2:29.23
1) Rice, Jordan M26	2) Trettevik, Kate W31	3) Huntamer, Nancy W46	4) Huckabee, John M52
30.22	1:12.05 (41.83)	1:57.69 (45.64)	2:29.23 (31.54)
4 Monroe YMCA Masters	A	2:50.00	2:39.97
1) Larson, Dan M44	2) Underbrink, Mary W51	3) Latham, James M29	4) Lotz, Jacqui W55
31.80	1:21.38 (49.58)	1:49.75 (28.37)	2:39.97 (50.22)

Mixed 35+ 200 Yard Freestyle Relay**ZONE: 1:34.08 Z 5/18/1997 OREG****S LA PAY, G GODDARD, J WALKER, S GEORGE****PNA: 1:38.00 P 4/25/2004 PNA****D GRAHAM, E BURGMAN, L DAHL, R JACOBS**

1 South Sound Masters	A	1:57.00	1:53.84
1) Norman, Charles M44	2) Ashmann, Chericka W37	3) Vander Haegen, Geraldine	4) Neuhaus, Scott M56
26.31	57.50 (31.19)	1:26.32 (28.82)	1:53.84 (27.52)
2 Lake Washington Masters	D	2:07.00	1:55.10
1) Clarke, Heather W39	2) McCaig, Carol W48	3) Porter, Michael M44	4) Cardwell, Alan M58
33.78	1:05.44 (31.66)	1:30.05 (24.61)	1:55.10 (25.05)
3 Skagit Valley Masters	B	2:05.00	2:07.04
1) Ness, Kerry M41	2) Blank, Beth W36	3) Schuster, Belinda W46	4) Allen, Jon M50
35.17	1:05.56 (30.39)	1:37.51 (31.95)	2:07.04 (29.53)
4 Blue Wave Aquatics	H	NT	2:09.02
1) Whiteside, Tina W36	2) Holt, Megan W40	3) Severns, Chris M49	4) Matthews, Scott M49
33.82	1:07.49 (33.67)	1:39.52 (32.03)	2:09.02 (29.50)
5 Monroe YMCA Masters	A	2:10.00	2:23.97
1) Hansson, Johan M41	2) Lotz, Jacqui W55	3) Peterson, Terrie W48	4) Collins, Peter M46
30.67	1:19.68 (49.01)	1:54.59 (34.91)	2:23.97 (29.38)
6 Skagit Valley Masters	C	NT	2:30.41
1) Ohlson-Kiehn, Kristen W39	2) Hansen, Ron M61	3) Olmstead, Paul M71	4) Zappone, Peggy W52
37.59	1:13.98 (36.39)	1:57.45 (43.47)	2:30.41 (32.96)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****(Mixed 35+ 200 Yard Freestyle Relay)**

7 Blue Wave Aquatics	I	NT	2:34.78
1) Sullivan, Linda W54	2) Montiel, Julie W40	3) Tebb, John M53	4) Nguyen, Dung M47
37.57	1:15.82 (38.25)	1:55.07 (39.25)	2:34.78 (39.71)
--- Blue Wave Aquatics	A	2:04.00	DQ
Early take-off swimmer #4			
1) Outerson, Jenell W43	2) Menkens, Michelle W54	3) Freeborn, Stephen M55	4) Morgan, Jason M41
29.84	1:00.49 (30.65)	1:27.57 (27.08)	DQ (24.33)

Mixed 35+ 200 Yard Medley Relay**ZONE: 1:48.96 Z 5/18/1997 OREG****P METZGER, P ALLENDER, S LA PAY, G GODDARD****PNA: 1:52.74 P 5/14/2006 PNA****L DAHL, T DOHERTY, S LAUTMAN, C DAVIS**

1 Blue Wave Aquatics	A	NT	2:11.73
1) Freeborn, Stephen M55	2) Outerson, Jenell W43	3) Menkens, Michelle W54	4) Morgan, Jason M41
34.11	1:13.52 (39.41)	1:48.19 (34.67)	2:11.73 (23.54)
2 Blue Wave Aquatics	C	NT	2:14.46
1) Hare, Stephanie W41	2) Kim, Nellis W40	3) Smith, Daniel M48	4) Tacke, John M47
39.80	1:17.67 (37.87)	1:46.54 (28.87)	2:14.46 (27.92)
3 Ymcapkc Sound Aquatic	A	2:15.00	2:19.40
1) Trowbridge, Michelle W37	2) Bosselmann, Chip M49	3) Hannula, David M57	4) Gow, Sherry W37
40.91	1:14.23 (33.32)	1:40.55 (26.32)	2:19.40 (38.85)
4 South Sound Masters	A	NT	2:19.44
1) Ashmann, Chericka W37	2) Valley, Eric M49	3) Kassen, Elizabeth W59	4) Bryan, Bret M54
37.42	1:11.52 (34.10)	1:49.87 (38.35)	2:19.44 (29.57)
5 Blue Wave Aquatics	F	NT	2:23.67
1) Whiteside, Tina W36	2) Holt, Megan W40	3) Severns, Chris M49	4) Matthews, Scott M49
39.36	1:13.42 (34.06)	1:53.07 (39.65)	2:23.67 (30.60)
6 Skagit Valley Masters	B	2:14.00	2:24.70
1) Allen, Jon M50	2) Ness, Kerry M41	3) Blank, Beth W36	4) Bohannon, Jennifer W40
40.44	1:19.72 (39.28)	1:53.47 (33.75)	2:24.70 (31.23)
7 South Sound Masters	B	2:25.00	2:33.58
1) Ellwanger, Kimberly W52	2) Neuhaus, Scott M56	3) Durkin, Chris M36	4) McCandless, Diana W41
43.76	1:18.11 (34.35)	1:57.94 (39.83)	2:33.58 (35.64)
8 Blue Wave Aquatics	H	NT	2:39.51
1) Havick, Paul M50	2) Montiel, Julie W40	3) Richards, Kelly W41	4) Cullen, Emmet M40
37.94	1:29.88 (51.94)	2:08.45 (38.57)	2:39.51 (31.06)

Mixed 45+ 200 Yard Freestyle Relay**ZONE: 1:38.73 Z 5/23/2010 OREG****B SUMERFIELD, V JENKINS, K, D BROCKBANK****PNA: 1:39.99 P 5/17/2002 PNA****R JACOBS, M LIPPOLD, D GLASSMAN, D GRAHAM**

1 Lake Washington Masters	B	1:55.00	1:50.34
1) Voss, Julie W47	2) Olsen, Kris W46	3) Colella, Rick M59	4) Stack, Ned M51
25.24	57.30 (32.06)	1:28.18 (30.88)	1:50.34 (22.16)
2 North End Otters	F	2:00.00	1:54.33
1) Raynolds, Bill M54	2) McColly, Michael M65	3) Lippold, Mary W55	4) Davis, Charlotte W60
29.94	58.44 (28.50)	1:26.26 (27.82)	1:54.33 (28.07)
3 Lake Washington Masters	E	2:06.00	1:56.54
1) Pearson, Jay M49	2) Moore, Sheila W52	3) Pearson McJunkin, Jill W47	4) Martin, Rob M45
26.97	59.90 (32.93)	1:29.79 (29.89)	1:56.54 (26.75)

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4	Greenlake Aquaducks	A	2:30.00	1:56.89
	1) Stenfjord, Tani W45	2) Berg, Tonya W52	3) West, John M57	4) Dybdahl, Eric M51
	31.22	1:01.61 (30.39)	1:29.70 (28.09)	1:56.89 (27.19)
5	Blue Wave Aquatics	K	NT	2:27.76
	1) Duggan, Pat W57	2) Piennett, Cindy W53	3) Lapin, Arthur M45	4) Johnson, Robert M51
	39.49	1:21.66 (42.17)	1:56.07 (34.41)	2:27.76 (31.69)
---	Blue Wave Aquatics	C	NT	NS
	1) Hickel, Jessie W52	2) Foster, Mary W51	3) Havick, Paul M50	4) Dean, Robert M51

Mixed 45+ 200 Yard Medley Relay**ZONE: 1:45.57 Z 5/23/2010 OREG****V JENKINS, J CORBEAU, D BAKER, K****PNA: 1:51.97 P 5/20/2007 PNA****ZENA COURTNEY, JON BACA, LISA DAHL, RONALD JACOBS**

1	Lake Washington Masters	B	2:13.00	2:08.29
	1) Portelance, Doug M52	2) Chapman, Linda W55	3) Stack, Ned M51	4) Moore, Sheila W52
	28.54	1:10.11 (41.57)	1:35.71 (25.60)	2:08.29 (32.58)
2	North End Otters	F	2:05.50	2:15.78
	1) McColly, Michael M65	2) Raynolds, Bill M54	3) Lippold, Mary W55	4) Diddams, Margaret W49
	34.72	1:12.67 (37.95)	1:45.69 (33.02)	2:15.78 (30.09)
3	Greenlake Aquaducks	A	2:30.00	2:16.54
	1) West, John M57	2) Berg, Tonya W52	3) Dybdahl, Eric M51	4) Stenfjord, Tani W45
	41.33	1:17.75 (36.42)	1:49.21 (31.46)	2:16.54 (27.33)
4	Monroe YMCA Masters	B	2:40.00	2:23.24
	1) Fordham, Jennifer W47	2) Underbrink, Dan M54	3) Keller, John M54	4) Wigney, Wendy W60
	35.77	1:13.82 (38.05)	1:45.28 (31.46)	2:23.24 (37.96)
5	Skagit Valley Masters	C	2:43.00	2:45.40
	1) Hansen, Ron M61	2) Zappone, Peggy W52	3) Schuster, Belinda W46	4) Olmstead, Paul M71
	46.69	1:27.92 (41.23)	2:03.64 (35.72)	2:45.40 (41.76)

Mixed 55+ 200 Yard Freestyle Relay**ZONE: 1:42.86 Z 5/23/2010 PNA****A BELL, C M DAVIS, D A GLASSMAN, D GRAHAM****PNA: 1:42.86 P 5/23/2010 PNA****A BELL, C M DAVIS, D A GLASSMAN, D GRAHAM**

1	Blue Wave Aquatics	E	NT	2:09.48
	1) Blackburn, Jean W59	2) Cunningham, Patti W57	3) Moore, Hugh M56	4) Durban, Eric M55
	33.56	1:09.15 (35.59)	1:40.66 (31.51)	2:09.48 (28.82)
2	North End Otters	E	2:50.50	2:17.29
	1) Keeney, Linda W56	2) Getzendaner, Janet W70	3) Nordby, Michael M69	4) Penner, Craig M65
	43.46	1:16.02 (32.56)	1:50.63 (34.61)	2:17.29 (26.66)

Mixed 55+ 200 Yard Medley Relay**ZONE: 2:01.96 Z 5/10/2009 PNA****R JACOBS, S PETERSON, C DAVIS, D GLASSMAN****PNA: 2:01.96 P 5/10/2009 PNA****R JACOBS, S PETERSON, C DAVIS, D GLASSMAN**

1	North End Otters	E	2:38.80	2:30.43
	1) Nordby, Michael M69	2) Penner, Craig M65	3) Davis, Charlotte W60	4) Getzendaner, Janet W70
	41.67	1:01.70 (20.03)	1:21.85 (20.15)	2:30.43 (1:08.58)
2	Blue Wave Aquatics	D	NT	2:32.50
	1) Moore, Hugh M56	2) Cunningham, Patti W57	3) Blackburn, Jean W59	4) Durban, Eric M55
	38.97	1:24.91 (45.94)	2:04.29 (39.38)	2:32.50 (28.21)

2011 Steve Engle Memorial PNA Championship - 4/9/2011 to 4/10/2011**2011 NW Zone SC Champs & Steve Engle Memorial****Results****Mixed 65+ 200 Yard Freestyle Relay**

ZONE: 1:53.76 Z 5/10/2009

OREG

JOY WARD, ROBERT SMITH, BARBARA FRID, TOM LANDIS

PNA: 2:23.89 P 4/29/1990

PNA

W KLEIST, J MORRISH, M FLYNN, A HOLDEN

--- Oregon Masters

A

2:08.50

X2:08.40P

1) Thayer, George M75

2) Pierson, Ginger W65

3) Ward, Joy W68

4) Radcliff, Dave M76

31.30

1:06.94 (35.64)

1:39.45 (32.51)

2:08.40 (28.95)

Requested Splits:

Men 50-54 500 Free Ron Rhinehart 6:08.49

1000 Free 12:31.63

Men 65-69 1000 Free James McCleery 12:07.54 P

Men 18-24 50 Free Scott Delano 24.44