WISCONSIN MASTERS SHORT COURSE YARDS SWIM MEET OSHKOSH YMCA, SUNDAY, JANUARY 31, 2016

SPONSORED BY: The Wisconsin Masters Aquatic Club, Oshkosh YMCA Workout Group

SANCTIONED BY: Wisconsin LMSC for USMS, Inc. Sanction No. 206-S002

LOCATION: Oshkosh YMCA, 3303 West 20th Ave., Oshkosh, WI 54904

TIME: Doors open 7:30 AM. Warm-up 8:00 AM. Meet starts 9:00 AM.

FACILITIES: 8 Lane, 25 yard pool fixed wall pool. The length of the competition course without

a bulkhead is in compliance and on file with USMS in accordance with articles

105.1.7 and 107.2.1 (of the USMS Rule Book).

ELIGIBILITY: Open to all registered U.S. Masters Swimmers 18 years old or older. A **copy of**

the USMS registration card must accompany a mail-in entry.

RULES: Official U.S. Masters Rules govern this meet. All events are timed finals.

SEEDING: Heats will be pre-seeded slowest to fastest. Age groups and sexes will be

combined to expedite the meet.

TIMING: Automatic timing system backed up by buttons and watches.

WARM-UPS: Lane 8 will be a start/sprint lane in one direction only, exiting to the side or end.

Lanes 1-7 will be circle swimming only. Swimmers must enter the pool feet first in a cautious and controlled manner. Diving and backstroke starts shall be permitted only in the designated lanes. No hand paddles are allowed. (USMS Rule 102.4.2)

ENTER ON-LINE: Use the link below for On-Line meet entry.

https://www.clubassistant.com/club/meet information.cfm?c=1176&smid=7008 or use

the link on the www.swim-wimasters.org website.

ENTRY FEE: \$5.00/individual event, plus a \$15.00 pool surcharge. If entering with the mail-in

entry form, checks must be payable to **OSHY Masters Swimming** and payment must accompany mail-in entries. Deck entries for individual events will be accepted only until 8:15 AM and only for empty lanes. The fee for deck entries

shall be \$8.00/individual event plus the pool surcharge fee.

ENTRY LIMIT: Five individual events plus relays. The 1000 freestyle will NOT be limited to the

first xx entries received. The meet wants every swimmer that wants to swim the 1000 to be able to enter the 1000 freestyle. But, each swimmer entered in the 1000 will still be responsible for providing a person to count his/her laps.

ENTRY DEADLINE: Mail-in Entries must be in the Meet Directors hands no later than 6:00 PM,

Saturday, January 23, 2016. Entries received after the deadline will be subject to the deck entry fee. On-Line entries close at 11:59pm on **Thurs., Jan. 28, 2016**.

MEET Melinda Mann, 2970 Waldwic Lane, Oshkosh, WI 54904-8432

DIRECTOR: 920-233-0510 (H), 920-420-4425 (C), Email: <u>melindajmann@yahoo.com</u>

ENTRY FORM: For Mail-in Entries, the official Universal Meet Entry Form

(https://www.clubassistant.com/c/A0F3601/file/Docs/UNIVERSAL_ENTRY_FORM_.pdf) must be used, one person per form. The LIABILITY RELEASE (page 2) must be signed

without alterations and submitted with the mail-in entry.

AWARDS: Ribbons for 1st to 3rd place.

SPECIAL ANIMAL AWARD for the swimmers who enter & finish option #1 or #2 (5 of the longest events)

- 1. The 1000 freestyle, plus the choice of four of the following: 400 IM, 200 IM, 200 Fly, 200 BR, 200 Back or 200 Freestyle . **OR**
- 2. The 400 IM, plus the choice of four of the following: 200 IM, 200 Fly, 200 BR, 200 Back or 200 Freestyle

SCHEDULE OF EVENTS

10. 50 Butterfly
11. 100 Backstroke
12. 200 Free Relay**
13. 200 Breaststroke
14. 50 Freestyle
15. 100 Butterfly
16. 50 Backstroke
17. 200 Individual Medley
18. 1000 Freestyle

^{**}Submit relay entries at the meet. Relays may be all men, all women, or mixed (two men, two women)

POST MEET: Red Robin Restaurant in Oshkosh (burgers, Tex-Mex, salads, etc.) **RESULTS:** Meet results will be posted on our website: www.swim-wimasters.org

DIRECTIONS: From the North: Exit Hwy 41 at 9th St. Turn right and proceed to the 4 way stop

at Oakwood Rd. Turn left. Continue on Oakwood to the first set of lights which is

20th Ave. Turn right. The YMCA will be ½ mile on the left.

From the **South**: Exit Hwy 41 at Hwy 44. Turn left and proceed over Hwy 41 to the second set of stop lights. Turn right On Washburn. Take Washburn to the first set of lights. Go left on 20th Ave. The YMCA is about 1.5 miles on the left.