

2012 LONDON OLYMPICS

The London Olympics begin July 27 and will be very exciting for swimming fans. As you saw in the Trials just a couple of weeks ago there are many super stars that will win a lot of medals. It will especially exciting for SBA to watch **Tyler Cleary** who was our guest speaker at last year's awards banquet. Many of our SBA members had the opportunity to speak and have pictures taken with Tyler. He will be competing in the 200 Backstroke and 200 Butterfly. Another local tie will be the Women's Head Coach, **Teri McKeever**. She grew up in Escondido and was a record setting swimmer in San Diego until moving on to swim at USC. She is also currently the Head Women's swim coach at UC Berkley. It will be a lot of fun to cheer for him and all of the USA Swimmers.

USA! USA! USA! USA! USA! USA!

SWIMMERS OF THE MONTH JUNE

Garrett Wesly Carmen Lima
Noah Glick Shawn Bautista
Terrence Davis Emilio Camarillo
Stephanie Clifton

CONGRATULATIONS!

JO MAX SUMMER WRAP-UP

SBA will be hosting the final meet of the season at the Loma Verde Pool August 10-12. All swimmers that have less than 6 JO qualifying times are eligible to enter, even first timers. Turn in all entries by Tuesday, July 31 to your coach.

JUNIOR OLYMPIC QUALIFIERS

With the Long Course Junior Olympics approaching fast we have our largest group of SBA swimmers qualified for the Championship meet ever. The meet will be held in Coronado July 26 – 29.

Here are the SBA JO qualifiers:

10/UNDER

Pia Davila	Humberto Najera
Laura Estrada	Nate Bjornstad
Julissa Arzave	Miles D'Agostino
Jimena De La Lama	Sam Gomez
Emily Hong	Eswin Inzunza
Karen Najera	Christian Mason
Brenna Pangelinan	Aaron Ruelas
Ashley Twiford	Emilio Camarillo
Paola Castillo	
Emily Lundgren	

11/12

Natalie Bautista	Cade Erickson
Valerie Chin	Carson Gossler
Karina Espinoza	Garrett Hail
Sofia Lopez	Cayden Pangelinan
Genova Lucatero	Garret Wesley
Elisabeth Lundgren	Seth Washabaugh
Kyra Mena	
Michelle Park	

13/14

Maria Davila	Patricio Rodriguez
Julie Parsons	Tristan Yam
Angelika Yngson	Ryan Gagarin
Isabel Park	Alex Lopez
Sarina Scott	Norbert Madero
	Ben Maley
	Chris Zamora
	Hector Cabrera

15/18

Laryssa Lucatero	John Randazzo
Lydia Espinoza	Anthony Ribal
Jana Miclat	Jian Miclat
	Matthew Switzer

19/OLDER

Justine Maher	Jason DeMoss
Taylor Stoddard	Jose Zamora
Jacquie Kimmel	

JULY 2012 BIRTHDAYS

Valerie Aguilar	30 th	11
Nico Camacho	13 th	12
Samantha Casas	27 th	14
Rogelio Cervante-Herrera	22 nd	14
Sammy De La Cruz	14 th	10
Sofia Gagarin	28 th	8
Alejandra Hagedwood	12 th	11
Griffin Heller	17 th	10
Canduy Jacobo	29 th	14
Danny Kelchner	19 th	15
Kyle Kramer	22 nd	12
Mirsha Lora	15 th	8
Aleza Martha	16 th	16
Christian Mason	27 th	11
Kyra Mena	30 th	13
Alejandra Muguia	16 th	9
Trina Muraoka	9 th	12
Daniella Rivas	12 th	8
Charlize Samperio	19 th	11
Andrea Simental	10 th	10
Kaitlin Smith	3 rd	9
Beyonce Torres	5 th	8
Alejando Vazquez	9 th	10
Max Vazquez	9 th	10
Izzy Wilson	24 th	12
Elizabeth Wood	5 th	13
Melanie Yngson	10 th	16

HAPPY BIRTHDAY!

PARENT MEETING

There will be a Parent Meeting for all SBA parents on **Tuesday, August 7**. All groups will have practice at Mater Dei High School Pool at 5:00 on that day while the parents meet in the football stadium bleachers at the same time. This is an important just before our upcoming swim meet the following weekend. There will also be Team Pictures at the same place at 4:30 just prior to the meeting. We hope everyone can attend.

WESTERN ZONE CHAMPIONSHIPS

The Western Zone Championship is the age group championship meet for the Western United States. San Diego – Imperial Swimming selects the All Star type team from the qualified swimmers from all of the teams in San Diego County. SBA hopes to have several swimmers selected to compete in this meet that will be held August 7-11 in Fort Collins, Colorado. Applications are available on the San Diego – Imperial Swimming web site and must be turned in by the end of preliminaries on Saturday of the JO's.

TEAM PICTURES

SBA will be having a Team Picture day at Mater Dei High School on Tuesday, August 7 at 4:30 p.m. The picture will be taken in the Football Stadium bleachers. The swimmers should be in a royal blue team suit if possible for the picture. Individual pictures days will be scheduled for each pool site for the week of August 13 – 16. The photographer will have order forms available at the team picture day with orders turned in and payments made at the individual pool days.

After the team picture there will be a parent meeting in the bleachers.

J.O. FIRE-UP PARTY

Our JO Fire-Up Party will be at Fuddrucker's on 3rd Ave. on Wednesday, July 25 at 6:30pm. This event is for all JO participants and their families. All practices will end at 6:00 for JO swimmers.

SWIM-A-THON / 24 HOUR RELAY

Our Annual SWIM-A-THON is coming up once again but this year with an added twist. All swimmers 12 and younger will do their normal SWIM-A-THON on Friday, August 18 at the Mater Dei High School Pool with times for each pool location to be determined. All 13 and older swimmers will have the opportunity to participate in our new “24 Hour Relay” fundraising swim. Along with swimming around the clock this event will include food, music a sleepover at the pool and more. Details about these important fund raising events will be distributed soon. This is our most important fund raising event of the year and all SBA team members are expected to participate.

SUMMER NOVICE SCHEDULE

The first two Novice meets of the summer has been swam and they were a great success with over 90 swimmers registering and participating. There are 2 more meets to go for the remainder of the summer. If you missed the first two but still want to participate in the other 2 you may still sign up at the next event on July 20 at Southwestern College (no parking permit required) USA swimming registrations must now be done through the swim office from this time forward. Talk to your coach for more information.

July 20 Southwestern College
August 3 Mater Dei Catholic H.S.
All events begin at 5:00 pm

GRUNION RUN

Bring your flashlights and buckets and don't miss a fun late night at the beach of Grunion Hunting. The grunion are scheduled to hit the beach between 10:45p.m. and 12:45a.m. on Friday night August 3rd. After finishing our final Novice meet of the summer that evening come out to Mission Beach for a fun evening. Nothing is provided, bring all of your own stuff to cook, sit on, swim in etc. Bring a friend!

LA JOLLA ROUGH WATER

The 82nd La Jolla Rough Water Swim will be held on Saturday, September 9 at the famous La Jolla Cove. This is the largest Open Water Competition in the country. All ages can participate in various distances. The 12 and under swimmers swim a 250 yard course, older swimmers swim the 1 mile course and for the ultra-distance swimmers there is the 3 mile Gatorman event. Age group swimmers must provide proof of USA Swimming registration to enter. You can get an entry form at www.ljrws.com. Swimmers enter on their own, do not turn in to SBA. The first entry deadline for the lowest entry price is July 25. The price increases after that date.

SPECIAL EVENTS COMING SOON!

Grunion Run	Aug. 3
Team Pictures	Aug. 7
Swim-A-Thon	Aug.18
Awards Banquet	Oct. 26

Watch for more information in future
“ON DECK” newsletters.

TEAM STORE

Anyone interested in team logo'd caps, shirts, sweatshirts, etc. should contact **Eva Chin** at evajchin@yahoo.com. She is currently gathering orders for "Personalized" Team Caps. Orders must be in 2 each and cost \$32 for the pair of silicone caps with last name.

TEAM PARKAS

The total cost for a parka is \$125 including lettering, embroidery and shipping to your home.

All Parka orders must be made directly through PARADOWSKI'S SWIM & SPORT, 858-569-6949

You may also order new items no longer available through the Team Store i.e Team logo'd suits, warm-ups, backpacks, fins, paddles and more from PARADOWSKI'S.

ALL SWIMMERS MUST REGISTER ON LINE

If you have not yet updated your information on the SBA website it is very important to do so. Go to southbayaquatics.org and click on the "[Register Here](#)" and fill in the blanks as if you were a first time team member.

All swimmers not registered on the team registration will be assessed a \$10 per month charge until they have done so.

Please sign in soon!

ATTENDANCE

May 29 – June 30

Senior Group 32 Practices Possible

John Randazzo	30
Tristan Yam	29
Matthew Switzer	29
David Saiadian	28
Isaac Noyola	27
Alex Lopez	27
Julie Parsons	24
Anthony Ribal	24
Jose Zamora	22
Melanie Yngson	20
Talissa Silva	20
Victoria Berardi	19
Taylor Stoddard	19
Chris Zamora	18
Justine Maher	18
Brigitte Bordanave	15
Sarina Scott	15
Lidia Espinoza	15
Laryssa Lucatero	14
Jess Harris	13
Yani Moyna	13
Jacque Kimmel	12
Dennis Sanchez	12
Michael Violante	6

Sr. Development

Michelle Park	31
Kyra Mena	30
Angelika Yngson	29
Isabel Park	28
Stephanie Clifton	26
Sofia Lopez	25
Karen Najera	24
Matthew Hong	24
David Faketty	24
Fernanda Nunez-Cazares	23
Elisa Levine	23
Adriana Meza	19
Patricio Rodriguez	18
Norbert Madero	17
Maria Davila	15
Casandra Hidalgo-Monroy	15
Steven Burden	12
Carson Gossler	12
Cade Erickson	11
Cayden Pangelinan	10
Ben Maley	6
Ryan Gagarin	5

Cesar Jimenez	3
Alec Drachenberg	1

**Loma Verde
Gold**

Garret Wesley	19
Victoria Valdez	18
Abigail Beha	18
Alexis Lopez	18
Andrea Beha	17
Luis Mora	17
Issac Perez	16
Martie Enloe	15
Ivana Gonzalez	13
Roger Cervantes	13
Bryan Giraldo	13
Chelsea Hernandez	11
Charlize Samperio	9
Chelsea Samperio	8

**Loma Verde
Silver**

Humberto Najera	24
Paola Castillo	23
Carmen Lima	21
Julissa Arzave	21
Sam Gomez	21
Vanessa Trovato	20
Aaron Ruelas	18
Eleena Jose	17
Monica Salcedo	17
Valerie Aguilar	15
Edwin Inzunza	14
Jennifer Lopez	14
Pablo Garcia	13
Paola Navarro	13
Anna Scott	11
Ashley Twiford	9
Kristine Tapia	9
Hugo Mora	9
Isaac Coss	7
Samantha Casas	2
Jacob Factora	1
Mia Factora	1

**Loma Verde
Bronze (Partial)
5:00**

Ricky Lima	15
Dayanyra Gonzalez	13
Richard Jose	12
Beyonce Torres	12
Alexa Geurrero	11
Tim Ordonio	11
Dominic San Miguel	11
Johanna Perez	11
Amanda Perez	11
Demiana Hanna	10
Bianca Grijalva	10
Lawrence Jose	10
Brenda Tamayo	10
AJ Grecia	10
Angel Sevilla	9
Steven Fernandez	9
Victoria Sevilla	7
Zoe Jones	7
Paola Navarro	7
Joshua Magangya	5
Kayla Magangya	5
Trina Fernandez	4
Sofia T.	2

6:00

Antonio Bustos	15
Nicole Balvaneda	13
Etevan Lomeli	13
Carlos Aragon	12
Diana Garcia	12
CJ Sterling	11
Faith Felkins	11
Eduardo Novarro	11
Emily Sterling	10
Tabi Burder	10
Diego Cueva	10
Maya Gutierrez	9
Ryan Smith	9
Charlsie Santana	9
Kaitlin Smith	8
Zac Curtis	7
Ian Escudero	5
Alexis	

Eastlake**Gold**

Emilio Camarillo	25
Mirsha Lora	24
Paola Rivas	23
Laura Estrada	23
Valerie Chin	23
Natalie Bautista	22
Jimena De La Lama	21
Alejandra Martha	20
Nicole Conner	19
Brenna Pangelinan	19
Garrett Hail	17
Elisabeth Lundgren	16
Seth Washabaugh	16
Justin Washabaugh	16
Aleza Martha	15
Emily Lundgren	15
Sofia El-Khazan	13
Benjamin Cook	13
Koen Zaizer	12
Brianna Mullalley	10
Katie Mercer	9
Emma Johnson	9
Jem Johnson	9
Elizabeth Wood	7
Jesse De Alva	7

Eastlake**Silver**

Daniella Rivas	21
Griffin Heller	18
Tanya Ahmed	18
Krista Conway	15
James Donnelly	13
Estefania Suro	12
Eduardo Baeza	11
Irina Lucas	11
Christian Parra	11
Taiya Gurule	7
Daichi Watanabe	7
Nicholas Camacho	6
Armando Vazquez	3

Eastlake**Bronze**

Sarah Heller	19
Charlotte Hesser	18
Ashley Conway	15
Sheldon Hedges	14
Isabella Clavijo	14
Andrew Karcher	14
Andrew Ontiveros	13
Richard Mercer	13
Paulette Suro	13
Xander Call	13
Tim Amerine	13
Jonathan Lundgren	13
Catilina Donnely	13
Kamryn Mena	12
Alexa Mendez	11
Galilee Estrada	10
Winter Geiger	10
Ian Amerine	9
Luis Pomar	8
Diego Camacho	8
Pablo Estrada	8
Breana Rodriguez	7
Nicole Lord	7
Jake Robertson	7
Maile Robertson	7
Ashley Huggins	7
Camila Camacho	7
Jamie Smargon	7
Alexa Rodriguez	6
Natalia Osario	6
Sofia Albee	6
Percilla Mayer	6
Maria Reyes	5
Alyssa Rodriguez	5
Aranza Martha	5
Annabell Trejo	3
Giankara Diferretti	3

Southwestern**Silver**

Nate Bjornstad	18
Jane Fomuso	18
Pia Davila	18
Seth D'Agostino	17
Brent D'Agostino	17
Miles D'Agostino	17
Arthur Saiadian	16
Cecilia Hagewood	16
Jaden Walz	15
Noah Glick	15
Sammy De La Cruz	14

Canduay Jacobo	14
Jasmin Liwag	14
Hunter Caron	14
Emily Harlow	14
Alexia Harlow	14
Paola Martinez	14
Campbell Caron	13
Christian Mason	13
Alejandra Hagewood	13
Jasmin Glaman	12
Rennick Martin	12
Jayana Walz	11
Kyle Kramer	11
Kiana Brandon	10
Ana Jarin	10
Marina Reyes	9
Zack Flaherty	8

Southwestern

Bronze

5:00 pm

Gina Fumoso	16
Kian Martin	14
Keely Larson	14
Shawn Bautista	13
Sabrina Phillips	13
Karol Jacobo	12
Matt Bjornstad	12
Karen Motty	12
Colby Parise	10
Austin Parise	10
Eli Stewart	10
Nicky Garcia	9
Ally Parise	8
Isabella Flower	7
Nicholas Sanchez	7
Andrew Lao	6
Kenneth Taylor	5
Drake Prince	4
Beyonce Torres	2

6:00pm

Terrence Davis	16
Joshua Pena	15
Jesus Pena	15
Karla Lajarda	12
Esteban Orozco	12
Eric Alvarado	12
Cosette Hamm.	11
Anthony Escobedo	11
Sedova Hinojosa	11
Gracie Escobedo	10
Ben Peraza	10

Alex Alsrete	10
Maria Isabela B.	9
Rosalinda B.	9
Kaitlynn Peterson	9
Gracie West	9
Adrian Cortez	6
Edgar Cortez	6
Tyler Black	6
Marcos Lopez	4
Rene Cortez	3
Dalia Krashny	2

MATER DEI

Bronze

Gery Sanchez-Cecenas	20
Ximina Aguilar	17
Hannah Burington	17
Ari Burington	16
Zoe Flores	16
Abigail Kern	16
Jaydon Carpadakis	14
Shane Cash	13
Andrea Lizardi	11
Arturo Lizardi	11
Sofia Patterson	11
Valeria Aguilar	10
Ana Valdez	10
Melanie Valdez	10
Heilyn Tronosco	6
Barbara Cano	5
Luis Corona	5
Heddy Tronsoco	5
Pricila Cano	5
Nico Sanchez	4
Emma Savoia	1
Naomi Sanchez	1

MATER DEI

Gold

Jordan Carpadakis	18
Yzatis Silva	16
Emily Hong	15
Genova Lucatero	14
Samantha Burden	10
Donna Parsons	10
Ellen Erickson	9
Daniel Ribal	7
Nick Quin	6